

Festival Regional de Cadetes
Ponta Delgada, 23 - 24/3/2024

Prova 12
23/03/2024 - 17:00

Femin., 400m Livres

Cadetes A, B
Resultados

Pontos: FINA 2023

Lugar	Ano	Tempo final	Pts
1. Maria Vieira, MARTINS	13	6:43.61	188
50m: 42.26 42.26	150m: 2:23.68 51.81	250m: 4:09.92 53.84	350m: 5:58.03 54.65
100m: 1:31.87 49.61	200m: 3:16.08 52.40	300m: 5:03.38 53.46	400m: 6:43.61 45.58
2. Sofia Rochate, ALMEIDA	14	6:58.87	168
50m: 41.94 41.94	150m: 2:25.34 52.96	250m: 4:17.93 56.97	350m: 6:08.76 55.48
100m: 1:32.38 50.44	200m: 3:20.96 55.62	300m: 5:13.28 55.35	400m: 6:58.87 50.11
3. Lara Gil, DAMASCENO	13	6:59.23	167
50m: 46.30 46.30	150m: 2:34.17 54.72	250m: 4:23.65 55.85	350m: 6:12.32 53.96
100m: 1:39.45 53.15	200m: 3:27.80 53.63	300m: 5:18.36 54.71	400m: 6:59.23 46.91