

Prova 11
23/03/2024 - 16:50

Masc., 400m Livres

Cadetes A, B
Resultados

Pontos: FINA 2023

Lugar	Ano		Tempo final						Pts
1. Rodrigo Candido, TOSTE	12	Naval Praia da Vitoria	6:36.98						152
50m: 44.94 44.94	150m: 2:27.20	51.51	250m: 4:10.33	51.83	350m: 5:51.96	51.69			
100m: 1:35.69 50.75	200m: 3:18.50	51.30	300m: 5:00.27	49.94	400m: 6:36.98	45.02			
2. Miguel Ganhao, MOTA	12	Clube Naval de Ponta Delgada	6:38.24						151
50m: 43.06 43.06	150m: 2:22.16	50.75	250m: 4:06.46	52.32	350m: 5:51.59	52.76			
100m: 1:31.41 48.35	200m: 3:14.14	51.98	300m: 4:58.83	52.37	400m: 6:38.24	46.65			
3. Joao Luz, FONSECA	12	Bombeiros de Ponta Delgada	6:40.53						148
50m: 46.91 46.91	150m: 2:29.33	50.59	250m: 4:14.00	53.09	350m: 5:54.57	50.03			
100m: 1:38.74 51.83	200m: 3:20.91	51.58	300m: 5:04.54	50.54	400m: 6:40.53	45.96			
4. Afonso Raposo, PONTE	12	Clube Desportivo Escolar de Ag	6:44.45						144
50m: 45.11 45.11	150m: 2:29.43	53.45	250m: 4:15.53	53.37	350m: 5:59.72	50.95			
100m: 1:35.98 50.87	200m: 3:22.16	52.73	300m: 5:08.77	53.24	400m: 6:44.45	44.73			
5. Joao Rocha, LEONARDO	13	Academia Desportiva dos Açores	6:52.99						135
50m: 46.13 46.13	150m: 2:29.65	51.73	250m: 4:14.65	53.60	350m: 6:01.17	53.79			
100m: 1:37.92 51.79	200m: 3:21.05	51.40	300m: 5:07.38	52.73	400m: 6:52.99	51.82			
6. Diogo Giesta, RAPOSO	12	Clube Naval de Ponta Delgada	6:57.46						131
50m: 46.76 46.76	150m: 2:33.73	54.20	250m: 4:22.27	53.99	350m: 6:10.15	54.85			
100m: 1:39.53 52.77	200m: 3:28.28	54.55	300m: 5:15.30	53.03	400m: 6:57.46	47.31			
7. Francisco Leite, CARREIRO	12	Clube Naval de Ponta Delgada	7:03.57						125
50m: 45.99 45.99	150m: 2:34.08	55.19	250m: 4:24.31	55.74	350m: 6:13.62	53.39			
100m: 1:38.89 52.90	200m: 3:28.57	54.49	300m: 5:20.23	55.92	400m: 7:03.57	49.95			
8. Eduardo Sousa, FERREIRA	14	Naval Praia da Vitoria	7:51.75						91
50m: 51.24 51.24	150m: 2:56.00	1:02.30	250m: 4:56.12	59.72	350m: 6:57.23	59.12			
100m: 1:53.70 1:02.46	200m: 3:56.40	1:00.40	300m: 5:58.11	1:01.99	400m: 7:51.75	54.52			
9. Mauro Silva, MELO	12	Núcleo Sporting	8:08.10						82
50m: 55.44 55.44	150m: 3:00.27	1:02.31	250m: 5:06.75	1:02.02	350m: 7:10.38	1:00.98			
100m: 1:57.96 1:02.52	200m: 4:04.73	1:04.46	300m: 6:09.40	1:02.65	400m: 8:08.10	57.72			