

GPSK 2024
Lago Kortrijk Weide, 27 - 28/4/2024

Programmanr. 28
28/04/2024 - 10:34

Heren, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2023

| Rang | | | | Inschr. | Tijd | Pnt | | | |
|---------------------|-------------------------|---------|-------|-----------------------|---------|----------------|-------|---------|-------|
| 11 - 12 jaar | | | | | | | | | |
| 1. | Vansteenkiste Victor | | | TiMe/11026/12 | 5:04.02 | 5:00.15 | 394 | | |
| | 50m: | 34.59 | 34.59 | 150m: | 1:50.97 | 38.37 | 250m: | 3:08.94 | 38.86 |
| | 100m: | 1:12.60 | 38.01 | 200m: | 2:30.08 | 39.11 | 300m: | 3:48.27 | 39.33 |
| | | | | | | | 350m: | 4:24.97 | 36.70 |
| | | | | | | | 400m: | 5:00.15 | 35.18 |
| 13 - 14 jaar | | | | | | | | | |
| 1. | Kindt Liam | | | TZT/11075/10 | 4:30.72 | 4:30.87 | 536 | | |
| | 50m: | 31.62 | 31.62 | 150m: | 1:40.05 | 34.39 | 250m: | 2:49.39 | 34.57 |
| | 100m: | 1:05.66 | 34.04 | 200m: | 2:14.82 | 34.77 | 300m: | 3:23.78 | 34.39 |
| | | | | | | | 350m: | 3:57.89 | 34.11 |
| | | | | | | | 400m: | 4:30.87 | 32.98 |
| 2. | Vandekerckhove Jerome | | | TZT/11115/10 | 4:34.25 | 4:41.75 | 476 | | |
| | 50m: | 31.64 | 31.64 | 150m: | 1:43.31 | 35.93 | 250m: | 2:54.90 | 35.83 |
| | 100m: | 1:07.38 | 35.74 | 200m: | 2:19.07 | 35.76 | 300m: | 3:31.57 | 36.67 |
| | | | | | | | 350m: | 4:06.49 | 34.92 |
| | | | | | | | 400m: | 4:41.75 | 35.26 |
| 3. | Baert Miel | | | TiMe/11030/11 | 4:45.43 | 4:42.50 | 472 | | |
| | 50m: | 31.67 | 31.67 | 150m: | 1:43.35 | 36.33 | 250m: | 2:56.08 | 36.40 |
| | 100m: | 1:07.02 | 35.35 | 200m: | 2:19.68 | 36.33 | 300m: | 3:32.40 | 36.32 |
| | | | | | | | 350m: | 4:08.12 | 35.72 |
| | | | | | | | 400m: | 4:42.50 | 34.38 |
| 4. | Coppens Quinten | | | STA/11050/10 | 5:01.39 | 4:56.53 | 408 | | |
| | 50m: | 33.22 | 33.22 | 150m: | 1:47.68 | 37.77 | 250m: | 3:03.33 | 38.00 |
| | 100m: | 1:09.91 | 36.69 | 200m: | 2:25.33 | 37.65 | 300m: | 3:41.35 | 38.02 |
| | | | | | | | 350m: | 4:18.80 | 37.45 |
| | | | | | | | 400m: | 4:56.53 | 37.73 |
| 5. | De Cock Emiel | | | STA/11053/10 | 5:04.72 | 4:56.64 | 408 | | |
| | 50m: | 33.15 | 33.15 | 150m: | 1:46.92 | 37.27 | 250m: | 3:02.98 | 37.96 |
| | 100m: | 1:09.65 | 36.50 | 200m: | 2:25.02 | 38.10 | 300m: | 3:41.46 | 38.48 |
| | | | | | | | 350m: | 4:19.37 | 37.91 |
| | | | | | | | 400m: | 4:56.64 | 37.27 |
| 6. | Rudik Aleksander | | | KVZP/11070/10 | 5:04.03 | 4:57.53 | 404 | | |
| | 50m: | 33.81 | 33.81 | 150m: | 1:48.56 | 37.85 | 250m: | 3:04.25 | 38.10 |
| | 100m: | 1:10.71 | 36.90 | 200m: | 2:26.15 | 37.59 | 300m: | 3:42.70 | 38.45 |
| | | | | | | | 350m: | 4:20.95 | 38.25 |
| | | | | | | | 400m: | 4:57.53 | 36.58 |
| 7. | Huysentruyt Ferre-Louis | | | UZKZ/11093/10 | 5:02.69 | 4:58.21 | 401 | | |
| | 50m: | 34.85 | 34.85 | 150m: | 1:50.15 | 37.98 | 250m: | 3:06.57 | 38.37 |
| | 100m: | 1:12.17 | 37.32 | 200m: | 2:28.20 | 38.05 | 300m: | 3:44.75 | 38.18 |
| | | | | | | | 350m: | 4:23.36 | 38.61 |
| | | | | | | | 400m: | 4:58.21 | 34.85 |
| 8. | Sabbe Louis | | | TiMe/11029/10 | 4:57.95 | 4:58.36 | 401 | | |
| | 50m: | 32.78 | 32.78 | 150m: | 1:48.41 | 38.39 | 250m: | 3:06.71 | 38.79 |
| | 100m: | 1:10.02 | 37.24 | 200m: | 2:27.92 | 39.51 | 300m: | 3:45.12 | 38.41 |
| | | | | | | | 350m: | 4:22.81 | 37.69 |
| | | | | | | | 400m: | 4:58.36 | 35.55 |
| 9. | Hooghe Mauro | | | ISWIM/11087/11 | 5:07.53 | 5:01.46 | 389 | | |
| | 50m: | 33.83 | 33.83 | 150m: | 1:50.08 | 38.36 | 250m: | 3:07.55 | 39.12 |
| | 100m: | 1:11.72 | 37.89 | 200m: | 2:28.43 | 38.35 | 300m: | 3:46.55 | 39.00 |
| | | | | | | | 350m: | 4:24.71 | 38.16 |
| | | | | | | | 400m: | 5:01.46 | 36.75 |
| 10. | Galle Lauris | | | TiMe/11058/11 | 5:18.61 | 5:08.59 | 362 | | |
| | 50m: | 35.43 | 35.43 | 150m: | 1:54.16 | 40.08 | 250m: | 3:14.36 | 40.53 |
| | 100m: | 1:14.08 | 38.65 | 200m: | 2:33.83 | 39.67 | 300m: | 3:53.61 | 39.25 |
| | | | | | | | 350m: | 4:33.09 | 39.48 |
| | | | | | | | 400m: | 5:08.59 | 35.50 |
| 11. | Fauche Emile | | | BOUST/010897/15:28.13 | | 5:11.41 | 352 | | |
| | 50m: | 33.55 | 33.55 | 150m: | 1:51.63 | 39.94 | 250m: | 3:13.70 | 42.09 |
| | 100m: | 1:11.69 | 38.14 | 200m: | 2:31.61 | 39.98 | 300m: | 3:53.64 | 39.94 |
| | | | | | | | 350m: | 4:34.53 | 40.89 |
| | | | | | | | 400m: | 5:11.41 | 36.88 |
| 12. | Declerck Lukas | | | TZT/11099/11 | 5:11.98 | 5:12.53 | 349 | | |
| | 50m: | 35.46 | 35.46 | 150m: | 1:54.79 | 40.18 | 250m: | 3:15.10 | 39.67 |
| | 100m: | 1:14.61 | 39.15 | 200m: | 2:35.43 | 40.64 | 300m: | 3:55.21 | 40.11 |
| | | | | | | | 350m: | 4:34.90 | 39.69 |
| | | | | | | | 400m: | 5:12.53 | 37.63 |
| 15 - 16 jaar | | | | | | | | | |
| 1. | Druwel Mauro | | | TiMe/11024/08 | 4:43.93 | 4:27.58 | 556 | | |
| | 50m: | 29.71 | 29.71 | 150m: | 1:39.68 | 35.50 | 250m: | 2:50.48 | 35.53 |
| | 100m: | 1:04.18 | 34.47 | 200m: | 2:14.95 | 35.27 | 300m: | 3:24.73 | 34.25 |
| | | | | | | | 350m: | 3:57.77 | 33.04 |
| | | | | | | | 400m: | 4:27.58 | 29.81 |
| 2. | Visser Mats | | | 8087 | 4:40.00 | 4:29.64 | 543 | | |
| | 50m: | 29.07 | 29.07 | 150m: | 1:35.35 | 33.14 | 250m: | 2:44.32 | 34.47 |
| | 100m: | 1:02.21 | 33.14 | 200m: | 2:09.85 | 34.50 | 300m: | 3:19.81 | 35.49 |
| | | | | | | | 350m: | 3:55.02 | 35.21 |
| | | | | | | | 400m: | 4:29.64 | 34.62 |

GPSK 2024
Lago Kortrijk Weide, 27 - 28/4/2024

Programmanr. 28, Jongens, 400m vrije slag, 15 - 16 jaar

| Rang | | | | | Inschr. | Tijd | Pnt | | | | | |
|------------------|-----------------------|---------|-------|-------|---------------|---------|----------------|---------|-------|-------|---------|-------|
| 3. | Housen Korneel | | | | TZT/11091/09 | 4:31.20 | 4:32.79 | 525 | | | | |
| | 50m: | 31.27 | 31.27 | 150m: | 1:39.83 | 34.52 | 250m: | 2:49.51 | 35.03 | 350m: | 3:58.89 | 34.55 |
| | 100m: | 1:05.31 | 34.04 | 200m: | 2:14.48 | 34.65 | 300m: | 3:24.34 | 34.83 | 400m: | 4:32.79 | 33.90 |
| 4. | Vanderstichelen Oscar | | | | CNT/009497/08 | 4:25.09 | 4:32.81 | 524 | | | | |
| | 50m: | 29.92 | 29.92 | 150m: | 1:38.21 | 34.94 | 250m: | 2:48.84 | 35.73 | 350m: | 3:59.41 | 35.40 |
| | 100m: | 1:03.27 | 33.35 | 200m: | 2:13.11 | 34.90 | 300m: | 3:24.01 | 35.17 | 400m: | 4:32.81 | 33.40 |
| 5. | Pirlet Wout | | | | TZT/11082/08 | 4:29.30 | 4:32.84 | 524 | | | | |
| | 50m: | 30.67 | 30.67 | 150m: | 1:39.16 | 34.83 | 250m: | 2:49.20 | 35.01 | 350m: | 3:58.87 | 35.01 |
| | 100m: | 1:04.33 | 33.66 | 200m: | 2:14.19 | 35.03 | 300m: | 3:23.86 | 34.66 | 400m: | 4:32.84 | 33.97 |
| 6. | Bollu Luca | | | | KVZP/11050/08 | 4:35.32 | 4:33.48 | 521 | | | | |
| | 50m: | 30.57 | 30.57 | 150m: | 1:38.02 | 34.16 | 250m: | 2:47.97 | 34.77 | 350m: | 3:58.97 | 35.42 |
| | 100m: | 1:03.86 | 33.29 | 200m: | 2:13.20 | 35.18 | 300m: | 3:23.55 | 35.58 | 400m: | 4:33.48 | 34.51 |
| 7. | Baert Warre | | | | TiMe/31031/09 | 4:48.11 | 4:36.69 | 503 | | | | |
| | 50m: | 30.39 | 30.39 | 150m: | 1:38.99 | 35.37 | 250m: | 2:51.68 | 36.62 | 350m: | 4:03.70 | 35.23 |
| | 100m: | 1:03.62 | 33.23 | 200m: | 2:15.06 | 36.07 | 300m: | 3:28.47 | 36.79 | 400m: | 4:36.69 | 32.99 |
| 8. | François Tijts | | | | TZT/11063/08 | 4:39.76 | 4:43.47 | 467 | | | | |
| | 50m: | 31.22 | 31.22 | 150m: | 1:41.68 | 35.90 | 250m: | 2:54.28 | 36.22 | 350m: | 4:08.17 | 36.83 |
| | 100m: | 1:05.78 | 34.56 | 200m: | 2:18.06 | 36.38 | 300m: | 3:31.34 | 37.06 | 400m: | 4:43.47 | 35.30 |
| 9. | Feys Jonah | | | | KZK/11102/09 | 4:46.66 | 4:45.42 | 458 | | | | |
| | 50m: | 31.22 | 31.22 | 150m: | 1:44.21 | 37.39 | 250m: | 2:58.03 | 36.87 | 350m: | 4:11.65 | 36.83 |
| | 100m: | 1:06.82 | 35.60 | 200m: | 2:21.16 | 36.95 | 300m: | 3:34.82 | 36.79 | 400m: | 4:45.42 | 33.77 |
| 10. | Declerck Simon | | | | TZT/11088/09 | 4:45.65 | 4:48.38 | 444 | | | | |
| | 50m: | 31.63 | 31.63 | 150m: | 1:42.31 | 35.76 | 250m: | 2:56.26 | 36.80 | 350m: | 4:11.49 | 37.59 |
| | 100m: | 1:06.55 | 34.92 | 200m: | 2:19.46 | 37.15 | 300m: | 3:33.90 | 37.64 | 400m: | 4:48.38 | 36.89 |
| 11. | Keisers Tibo | | | | AZV/11060/09 | 4:31.80 | 4:53.33 | 422 | | | | |
| | 50m: | 32.78 | 32.78 | 150m: | 1:46.51 | 37.43 | 250m: | 3:01.82 | 37.67 | 350m: | 4:16.42 | 37.48 |
| | 100m: | 1:09.08 | 36.30 | 200m: | 2:24.15 | 37.64 | 300m: | 3:38.94 | 37.12 | 400m: | 4:53.33 | 36.91 |
| 12. | Claerhout Wolf | | | | TiMe/11020/09 | 4:53.60 | 4:54.67 | 416 | | | | |
| | 50m: | 32.65 | 32.65 | 150m: | 1:47.13 | 37.81 | 250m: | 3:02.87 | 37.83 | 350m: | 4:18.24 | 37.64 |
| | 100m: | 1:09.32 | 36.67 | 200m: | 2:25.04 | 37.91 | 300m: | 3:40.60 | 37.73 | 400m: | 4:54.67 | 36.43 |
| 13. | Abraham Noa | | | | CNT/009119/09 | 4:54.07 | 4:59.62 | 396 | | | | |
| | 50m: | 32.15 | 32.15 | 150m: | 1:46.98 | 38.13 | 250m: | 3:03.94 | 38.42 | 350m: | 4:21.51 | 39.53 |
| | 100m: | 1:08.85 | 36.70 | 200m: | 2:25.52 | 38.54 | 300m: | 3:41.98 | 38.04 | 400m: | 4:59.62 | 38.11 |
| 14. | De Moor Maxime | | | | MZK/11094/09 | 5:12.47 | 5:08.92 | 361 | | | | |
| | 50m: | 33.25 | 33.25 | 150m: | 1:50.80 | 39.65 | 250m: | 3:10.42 | 40.01 | 350m: | 4:30.39 | 40.21 |
| | 100m: | 1:11.15 | 37.90 | 200m: | 2:30.41 | 39.61 | 300m: | 3:50.18 | 39.76 | 400m: | 5:08.92 | 38.53 |
| 15. | Pallemaerts Mats | | | | DMI/11062/09 | 5:13.20 | 5:09.46 | 359 | | | | |
| | 50m: | 33.95 | 33.95 | 150m: | 1:53.66 | 40.74 | 250m: | 3:14.76 | 40.44 | 350m: | 4:34.16 | 39.54 |
| | 100m: | 1:12.92 | 38.97 | 200m: | 2:34.32 | 40.66 | 300m: | 3:54.62 | 39.86 | 400m: | 5:09.46 | 35.30 |
| 16. | Debecker Arnaud | | | | DMI/11075/09 | 5:27.20 | 5:18.62 | 329 | | | | |
| | 50m: | 36.41 | 36.41 | 150m: | 1:59.56 | 41.42 | 250m: | 3:20.66 | 40.93 | 350m: | 4:41.49 | 40.43 |
| | 100m: | 1:18.14 | 41.73 | 200m: | 2:39.73 | 40.17 | 300m: | 4:01.06 | 40.40 | 400m: | 5:18.62 | 37.13 |
| 17 jaar en ouder | | | | | | | | | | | | |
| 1. | Dehaut Fernando | | | | MZK/11029/05 | 3:53.37 | 4:07.62 | 701 | | | | |
| | 50m: | 29.08 | 29.08 | 150m: | 1:32.87 | 31.95 | 250m: | 2:35.15 | 30.09 | 350m: | 3:37.05 | 31.14 |
| | 100m: | 1:00.92 | 31.84 | 200m: | 2:05.06 | 32.19 | 300m: | 3:05.91 | 30.76 | 400m: | 4:07.62 | 30.57 |
| 2. | Kindt Levi | | | | TZT/11048/07 | 3:58.43 | 4:09.30 | 687 | | | | |
| | 50m: | 28.91 | 28.91 | 150m: | 1:32.74 | 32.06 | 250m: | 2:36.51 | 31.50 | 350m: | 3:39.29 | 31.23 |
| | 100m: | 1:00.68 | 31.77 | 200m: | 2:05.01 | 32.27 | 300m: | 3:08.06 | 31.55 | 400m: | 4:09.30 | 30.01 |
| 3. | Verheye Miel | | | | MZK/11142/06 | 4:11.80 | 4:20.16 | 605 | | | | |
| | 50m: | 29.40 | 29.40 | 150m: | 1:35.53 | 33.43 | 250m: | 2:42.30 | 33.64 | 350m: | 3:49.16 | 33.52 |
| | 100m: | 1:02.10 | 32.70 | 200m: | 2:08.66 | 33.13 | 300m: | 3:15.64 | 33.34 | 400m: | 4:20.16 | 31.00 |

GPSK 2024
Lago Kortrijk Weide, 27 - 28/4/2024

Programmanr. 28, Heren, 400m vrije slag, 17 jaar en ouder

| Rang | | | | | Inschr. | Tijd | | Pnt | | | | |
|------|-------------------|---------|---------------|-------|---------|----------------|-------|---------|-------|-------|---------|-------|
| 4. | Christiaens Stijn | | TZT/11060/06 | | 4:10.73 | 4:20.52 | | 602 | | | | |
| | 50m: | 30.10 | 30.10 | 150m: | 1:36.02 | 33.01 | 250m: | 2:42.46 | 33.18 | 350m: | 3:48.77 | 33.05 |
| | 100m: | 1:03.01 | 32.91 | 200m: | 2:09.28 | 33.26 | 300m: | 3:15.72 | 33.26 | 400m: | 4:20.52 | 31.75 |
| 5. | Claassen Ilario | | AZV/11045/07 | | 4:08.48 | 4:26.83 | | 561 | | | | |
| | 50m: | 28.94 | 28.94 | 150m: | 1:34.70 | 33.75 | 250m: | 2:43.76 | 35.19 | 350m: | 3:52.40 | 34.35 |
| | 100m: | 1:00.95 | 32.01 | 200m: | 2:08.57 | 33.87 | 300m: | 3:18.05 | 34.29 | 400m: | 4:26.83 | 34.43 |
| 6. | François Wout | | TZT/11047/07 | | 4:22.80 | 4:28.97 | | 547 | | | | |
| | 50m: | 30.91 | 30.91 | 150m: | 1:39.18 | 34.03 | 250m: | 2:47.54 | 33.96 | 350m: | 3:56.31 | 34.57 |
| | 100m: | 1:05.15 | 34.24 | 200m: | 2:13.58 | 34.40 | 300m: | 3:21.74 | 34.20 | 400m: | 4:28.97 | 32.66 |
| 7. | Vlamijnck Robin | | STA/11005/03 | | 4:30.61 | 4:29.46 | | 544 | | | | |
| | 50m: | 30.21 | 30.21 | 150m: | 1:37.06 | 33.67 | 250m: | 2:45.13 | 34.36 | 350m: | 3:55.09 | 35.18 |
| | 100m: | 1:03.39 | 33.18 | 200m: | 2:10.77 | 33.71 | 300m: | 3:19.91 | 34.78 | 400m: | 4:29.46 | 34.37 |
| 8. | Decupere Cedric | | KZK/11086/07 | | 4:37.16 | 4:34.60 | | 514 | | | | |
| | 50m: | 30.01 | 30.01 | 150m: | 1:39.72 | 34.78 | 250m: | 2:50.15 | 35.17 | 350m: | 4:00.79 | 35.22 |
| | 100m: | 1:04.94 | 34.93 | 200m: | 2:14.98 | 35.26 | 300m: | 3:25.57 | 35.42 | 400m: | 4:34.60 | 33.81 |
| 9. | Roobaert Jurre | | KVZP/11024/06 | | 4:28.39 | 4:39.25 | | 489 | | | | |
| | 50m: | 30.49 | 30.49 | 150m: | 1:39.18 | 34.97 | 250m: | 2:51.22 | 36.18 | 350m: | 4:04.13 | 36.46 |
| | 100m: | 1:04.21 | 33.72 | 200m: | 2:15.04 | 35.86 | 300m: | 3:27.67 | 36.45 | 400m: | 4:39.25 | 35.12 |
| 10. | Das Joran | | KVZP/11027/06 | | 4:45.29 | 4:40.82 | | 481 | | | | |
| | 50m: | 31.26 | 31.26 | 150m: | 1:40.38 | 35.37 | 250m: | 2:53.00 | 36.02 | 350m: | 4:06.26 | 36.48 |
| | 100m: | 1:05.01 | 33.75 | 200m: | 2:16.98 | 36.60 | 300m: | 3:29.78 | 36.78 | 400m: | 4:40.82 | 34.56 |