

Limiet LB Oosterhout
Oosterhout, 7-4-2024

Programmanr. 6
7-4-2024 - 14:36

Heren, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT
1.	Tijn van Kuijk	Hzpc		4:43.36		200501087		5:04.10
	50m: 32.59	32.59	150m: 1:51.23	40.32	250m: 3:12.31	40.78	350m: 4:29.83	35.49
	100m: 1:10.91	38.32	200m: 2:31.53	40.30	300m: 3:54.34	42.03	400m: 5:04.10	34.27
2.	Richard van der Horst	ZV De Meer		5:18.82		199700179		5:25.68
	50m: 33.81	33.81	150m: 1:58.02	44.64	250m: 3:25.73	43.32	350m: 4:47.96	37.27
	100m: 1:13.38	39.57	200m: 2:42.41	44.39	300m: 4:10.69	44.96	400m: 5:25.68	37.72
3.	Tomas Brilleman	O.Z. & P.C. De Warande		NT		200801071		5:56.89
	50m: 37.46	37.46	150m: 2:11.26	47.11	250m: 3:46.87	50.49	350m: 5:18.94	39.51
	100m: 1:24.15	46.69	200m: 2:56.38	45.12	300m: 4:39.43	52.56	400m: 5:56.89	37.95
4.	Davy Zwiers	Sbc2000		NT		201000419		6:42.10
	50m: 39.17	39.17	150m: 2:21.73	50.12	250m: 4:07.72	57.63	350m: 5:56.26	48.41
	100m: 1:31.61	52.44	200m: 3:10.09	48.36	300m: 5:07.85	1:00.13	400m: 6:42.10	45.84