

Limiet LB Oosterhout  
Oosterhout, 7-4-2024

Programmanr. 5  
7-4-2024 - 14:28

Dames, 400m wisselslag

Senioren Open  
Resultaten

rang	naam	vereniging	intijd				tijd				RT	
1.	Meike van de Ree	Hzpc	5:11.26				200402646				<b>5:31.00</b>	
	50m: 34.80	34.80	150m: 1:58.57	41.58	250m: 3:26.64	47.29	350m: 4:53.48	38.44				
	100m: 1:16.99	42.19	200m: 2:39.35	40.78	300m: 4:15.04	48.40	400m: 5:31.00	37.52				
2.	Renske van den Bosch	V.Z.V. Njord	5:48.47				201001828				<b>5:53.26</b>	
	50m: 38.58	38.58	150m: 2:08.85	43.91	250m: 3:43.74	51.14	350m: 5:13.93	38.48				
	100m: 1:24.94	46.36	200m: 2:52.60	43.75	300m: 4:35.45	51.71	400m: 5:53.26	39.33				
3.	Jayna Wagemakers	Hieronymus	5:59.88				201000226				<b>5:58.16</b>	
	50m: 39.39	39.39	150m: 2:12.33	44.83	250m: 3:46.06	49.17	350m: 5:19.75	42.94				
	100m: 1:27.50	48.11	200m: 2:56.89	44.56	300m: 4:36.81	50.75	400m: 5:58.16	38.41				
4.	Lise Markes	Sbc2000	5:58.16				201101276				<b>6:08.78</b>	
	50m: 38.10	38.10	150m: 2:12.96	47.71	250m: 3:50.31	49.51	350m: 5:27.21	43.97				
	100m: 1:25.25	47.15	200m: 3:00.80	47.84	300m: 4:43.24	52.93	400m: 6:08.78	41.57				
5.	Annelotte Lagendaal	O.Z. & P.C. De Warande	6:50.59				201003354				<b>6:27.08</b>	
	50m: 42.24	42.24	150m: 2:23.81	49.10	250m: 4:06.76	53.92	350m: 5:45.54	43.18				
	100m: 1:34.71	52.47	200m: 3:12.84	49.03	300m: 5:02.36	55.60	400m: 6:27.08	41.54				
6.	Eva Steggerda	Sbc2000	NT				200901506				<b>6:39.45</b>	
	50m: 45.79	45.79	150m: 2:29.52	50.51	250m: 4:15.33	56.80	350m: 5:56.87	44.90				
	100m: 1:39.01	53.22	200m: 3:18.53	49.01	300m: 5:11.97	56.64	400m: 6:39.45	42.58				