

Limiet LB Oosterhout
Oosterhout, 7-4-2024

Programmanr. 29
7-4-2024 - 17:09

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Isa Jansen	Sbc2000	4:45.97	200701176	5:02.70			
	50m: 32.42	32.42	150m: 1:48.51	38.83	250m: 3:06.58	39.27	350m: 4:24.87	39.17
	100m: 1:09.68	37.26	200m: 2:27.31	38.80	300m: 3:45.70	39.12	400m: 5:02.70	37.83
2.	Tamar Roosen	V.Z.V. Njord	5:27.59	200501168	5:16.20			
	50m: 34.57	34.57	150m: 1:52.86	40.06	250m: 3:14.51	40.87	350m: 4:36.51	41.02
	100m: 1:12.80	38.23	200m: 2:33.64	40.78	300m: 3:55.49	40.98	400m: 5:16.20	39.69
3.	Jessey van Gils	V.Z.V. Njord	5:38.66	200803070	5:35.34			
	50m: 37.71	37.71	150m: 2:05.22	44.78	250m: 3:32.98	43.84	350m: 4:58.12	41.78
	100m: 1:20.44	42.73	200m: 2:49.14	43.92	300m: 4:16.34	43.36	400m: 5:35.34	37.22
4.	Isa van der Sanden	De Krabben	NT	200903452	5:36.43			
	50m: 37.60	37.60	150m: 2:03.66	43.29	250m: 3:31.27	43.56	350m: 4:58.01	42.97
	100m: 1:20.37	42.77	200m: 2:47.71	44.05	300m: 4:15.04	43.77	400m: 5:36.43	38.42
5.	Chantal Verhoeff	Old Dutch Breda	5:30.83	197900912	5:36.69			
	50m: 36.62	36.62	150m: 2:01.88	43.23	250m: 3:28.06	42.80	350m: 4:54.56	43.25
	100m: 1:18.65	42.03	200m: 2:45.26	43.38	300m: 4:11.31	43.25	400m: 5:36.69	42.13
6.	Dagmar Wierckx	Sbc2000	6:02.81	201101278	5:42.97			
	50m: 38.76	38.76	150m: 2:05.13	43.88	250m: 3:34.12	44.21	350m: 5:01.88	42.87
	100m: 1:21.25	42.49	200m: 2:49.91	44.78	300m: 4:19.01	44.89	400m: 5:42.97	41.09
7.	Patricia Brooijmans <i>*bu 400m</i>	Old Dutch Breda	5:35.00	197901608	5:47.62			
	50m: 38.29	38.29	150m: 2:03.80	43.35	250m: 3:32.29	44.37	350m: 5:01.81	44.55
	100m: 1:20.45	42.16	200m: 2:47.92	44.12	300m: 4:17.26	44.97	400m: 5:47.62	45.81
8.	Door van Haperen	Sbc2000	5:51.64	201002874	5:49.28			
	50m: 37.59	37.59	150m: 2:05.83	45.04	250m: 3:36.26	45.94	350m: 5:06.00	45.02
	100m: 1:20.79	43.20	200m: 2:50.32	44.49	300m: 4:20.98	44.72	400m: 5:49.28	43.28