

Kohtla-Järve linna lahtised MV ujumises  
Kohtla-Jarve, 30.3.2024

Event 26 Men, 400m Medley 2012 and older  
30.03.2024 - 13:50 Results

Estonian Records	4:12.15	LIIVAMÄGI, Martin	KUK	Istanbul (TUR)	11.12.2009
Estonian Age Group Records - 18	4:19.83	ZIRK, Kregor	USK	Tallinn	19.12.2016
Estonian Age Group Records - 16	4:21.47	ZIRK, Kregor	USK	Tallinn	21.12.2015
Estonian Age Group Records - 14	4:38.43	DENISSOV, Aleksei	GARANT	Tallinn	13.11.2022

Points: FINA 2023

Rank			YB			Time	Pts	
<b>YOB 2010 - 2012</b>								
1.	SYNIUHIN, Mykhailo		11	Kohtla-Jarve Veespordiklubi		<b>5:11.53</b>	428	
	50m:	32.80 32.80	150m:	1:50.07 38.25	250m:	3:14.91 47.08	350m:	4:37.21 35.10
	100m:	1:11.82 39.02	200m:	2:27.83 37.76	300m:	4:02.11 47.20	400m:	5:11.53 34.32
2.	TSIKALJOV, Deniss		10	Narva SK/Energia		<b>5:16.85</b>	406	
	50m:	33.81 33.81	150m:	1:52.94 38.96	250m:	3:16.84 44.87	350m:	4:39.72 38.18
	100m:	1:13.98 40.17	200m:	2:31.97 39.03	300m:	4:01.54 44.70	400m:	5:16.85 37.13
3.	SKOLOZHABSKYY, Nikita		10	Kohtla-Jarve Veespordiklubi		<b>5:47.42</b>	308	
	50m:	36.38 36.38	150m:	2:10.11 48.84	250m:	3:43.10 48.05	350m:	5:10.70 39.11
	100m:	1:21.27 44.89	200m:	2:55.05 44.94	300m:	4:31.59 48.49	400m:	5:47.42 36.72
4.	OPEHTIN, Maksim		11	Narva SK/Energia		<b>6:02.41</b>	271	
	50m:	43.62 43.62	150m:	2:18.08 43.35	250m:	3:50.16 50.93	350m:	5:23.03 41.72
	100m:	1:34.73 51.11	200m:	2:59.23 41.15	300m:	4:41.31 51.15	400m:	6:02.41 39.38

**YOB 2007 - 2009**

1.	MOTASNJOV, Maksim		09	NRK Kalev		<b>5:06.36</b>	450	
	50m:	31.62 31.62	150m:	1:51.09 40.30	250m:	3:13.30 42.71	350m:	4:32.18 34.49
	100m:	1:10.79 39.17	200m:	2:30.59 39.50	300m:	3:57.69 44.39	400m:	5:06.36 34.18
2.	ZGURO, Arseni		09	NRK Kalev		<b>5:36.20</b>	340	
	50m:	32.58 32.58	150m:	2:01.96 45.66	250m:	3:31.67 46.05	350m:	4:59.26 41.20
	100m:	1:16.30 43.72	200m:	2:45.62 43.66	300m:	4:18.06 46.39	400m:	5:36.20 36.94
3.	KORSAKOV, Nikita		08	NRK Kalev		<b>6:06.68</b>	262	
	50m:	38.98 38.98	150m:	2:18.96 49.58	250m:	3:54.64 49.71	350m:	5:25.35 40.27
	100m:	1:29.38 50.40	200m:	3:04.93 45.97	300m:	4:45.08 50.44	400m:	6:06.68 41.33