

Torregri III / Torneio das Tecnicas Combinadas  
Mexilhoeira Grande, 10 - 11/6/2023

Prova 2  
10/06/2023 - 15:56

Masc., 400m Livres

Cadetes A  
Resultados

Pontos: FINA 2022

Lugar			Ano					Tempo final	Pts
1.	Daniel, FISTICANU		11	Naval de Faro				<b>5:25.12</b>	278
	50m:	34.46 34.46	150m:	1:56.91	42.01	250m:	3:20.81 41.55	350m:	4:44.67 41.77
	100m:	1:14.90 40.44	200m:	2:39.26	42.35	300m:	4:02.90 42.09	400m:	5:25.12 40.45
2.	Isaac Salavessa, HORTA		11	Nautico do Guadiana				<b>6:02.52</b>	200
	50m:	38.18 38.18	150m:	2:08.97	45.85	250m:	3:42.55 47.19	350m:	5:16.59 46.82
	100m:	1:23.12 44.94	200m:	2:55.36	46.39	300m:	4:29.77 47.22	400m:	6:02.52 45.93
3.	Joao Agueda, MESTRE		11	RIA Aqua Tavira				<b>6:10.20</b>	188
	50m:	36.69 36.69	150m:	2:08.49	47.34	250m:	3:43.76 47.92	350m:	5:21.59 49.91
	100m:	1:21.15 44.46	200m:	2:55.84	47.35	300m:	4:31.68 47.92	400m:	6:10.20 48.61
4.	Henrique Afonso, VIEIRA		11	RIA Aqua Tavira				<b>6:47.90</b>	140
	50m:	42.41 42.41	150m:	2:24.93	53.36	250m:	4:09.83 52.10	350m:	5:58.90 53.38
	100m:	1:31.57 49.16	200m:	3:17.73	52.80	300m:	5:05.52 55.69	400m:	6:47.90 49.00
5.	Rafael Palma, MATOS		11	Naval de Faro				<b>6:55.01</b>	133
	50m:	45.74 45.74	150m:	2:32.93	52.75	250m:	4:20.07 53.04	350m:	6:04.51 50.49
	100m:	1:40.18 54.44	200m:	3:27.03	54.10	300m:	5:14.02 53.95	400m:	6:55.01 50.50
6.	Alexandre Vitor, FEDORIV		11	FC Ferreiras/AlgarExperience				<b>7:04.79</b>	124
	50m:	46.34 46.34	150m:	2:33.89	54.42	250m:	4:21.45 54.01	350m:	6:05.31 51.45
	100m:	1:39.47 53.13	200m:	3:27.44	53.55	300m:	5:13.86 52.41	400m:	7:04.79 59.48
7.	Francisco Lourenco, VELHINHO		11	Lagoa AC				<b>7:12.11</b>	118
	50m:	47.49 47.49	150m:	2:36.38	56.76	250m:	4:26.47 54.96	350m:	6:16.94 57.29
	100m:	1:39.62 52.13	200m:	3:31.51	55.13	300m:	5:19.65 53.18	400m:	7:12.11 55.17
8.	Joshua Paulo, FEGAN		11	Louletano / Loule Concelho				<b>7:31.79</b>	103
	50m:	50.41 50.41	150m:	2:46.58	58.45	250m:	4:44.88 59.58	350m:	6:40.73 56.62
	100m:	1:48.13 57.72	200m:	3:45.30	58.72	300m:	5:44.11 59.23	400m:	7:31.79 51.06
DSQ	Qi Sen, CHEN		11	Naval de Faro					
	<i>SW 4.4 - Falsa partida</i>								