

Torregri III / Torneio das Tecnicas Combinadas
Mexilhoeira Grande, 10 - 11/6/2023

Prova 1
10/06/2023 - 15:30

Femin., 400m Livres

Cadetes A
Resultados

Pontos: FINA 2022

| Lugar | | | Ano | | | | | Tempo final | Pts |
|-------|-------------------------|-----------------|-------|----------------------------|---------|-------|-----------------|----------------|-----------------|
| 1. | Mariana Canarias, JESUS | | 12 | Lagoa AC | | | | 5:23.29 | 378 |
| | 50m: | 36.68 36.68 | 150m: | 1:58.38 | 41.82 | 250m: | 3:21.24 42.04 | 350m: | 4:45.05 41.60 |
| | 100m: | 1:16.56 39.88 | 200m: | 2:39.20 | 40.82 | 300m: | 4:03.45 42.21 | 400m: | 5:23.29 38.24 |
| 2. | Rita Maria, LOURA | | 12 | Naval de Faro | | | | 6:13.55 | 245 |
| | 50m: | 41.30 41.30 | 150m: | 2:17.85 | 48.41 | 250m: | 3:54.36 48.46 | 350m: | 5:30.13 47.52 |
| | 100m: | 1:29.44 48.14 | 200m: | 3:05.90 | 48.05 | 300m: | 4:42.61 48.25 | 400m: | 6:13.55 43.42 |
| 3. | Bruna Filipa, BORRALHO | | 12 | Lagoa AC | | | | 6:19.82 | 233 |
| | 50m: | 41.20 41.20 | 150m: | 2:17.81 | 48.87 | 250m: | 3:56.42 49.19 | 350m: | 5:34.91 49.23 |
| | 100m: | 1:28.94 47.74 | 200m: | 3:07.23 | 49.42 | 300m: | 4:45.68 49.26 | 400m: | 6:19.82 44.91 |
| 4. | Ann Crous, RYLIE | | 12 | Lagoa AC | | | | 6:22.31 | 229 |
| | 50m: | 47.03 47.03 | 150m: | 2:23.16 | 48.19 | 250m: | 4:00.49 49.02 | 350m: | 5:36.45 46.91 |
| | 100m: | 1:34.97 47.94 | 200m: | 3:11.47 | 48.31 | 300m: | 4:49.54 49.05 | 400m: | 6:22.31 45.86 |
| 5. | Laura Beatriz, PITEIRA | | 12 | Naval de Faro | | | | 6:49.50 | 186 |
| | 50m: | 44.39 44.39 | 150m: | 2:28.02 | 52.36 | 250m: | 4:13.33 52.63 | 350m: | 6:00.32 53.66 |
| | 100m: | 1:35.66 51.27 | 200m: | 3:20.70 | 52.68 | 300m: | 5:06.66 53.33 | 400m: | 6:49.50 49.18 |
| 6. | Petra Rodrigues, DUARTE | | 12 | Naval de Faro | | | | 6:53.25 | 181 |
| | 50m: | 41.84 41.84 | 150m: | 2:23.12 | 51.95 | 250m: | 4:11.33 54.70 | 350m: | 6:00.92 54.62 |
| | 100m: | 1:31.17 49.33 | 200m: | 3:16.63 | 53.51 | 300m: | 5:06.30 54.97 | 400m: | 6:53.25 52.33 |
| 7. | Lara Ramos, MARQUES | | 12 | Lagoa AC | | | | 6:56.95 | 176 |
| | 50m: | 45.49 45.49 | 150m: | 2:29.70 | 52.36 | 250m: | 4:17.56 53.80 | 350m: | 6:05.37 53.07 |
| | 100m: | 1:37.34 51.85 | 200m: | 3:23.76 | 54.06 | 300m: | 5:12.30 54.74 | 400m: | 6:56.95 51.58 |
| 8. | Rita Videira, FERNANDES | | 12 | Naval de Faro | | | | 7:10.08 | 160 |
| | 50m: | 45.82 45.82 | 150m: | 2:33.00 | 53.88 | 250m: | 4:24.54 55.33 | 350m: | 6:17.61 56.43 |
| | 100m: | 1:39.12 53.30 | 200m: | 3:29.21 | 56.21 | 300m: | 5:21.18 56.64 | 400m: | 7:10.08 52.47 |
| 9. | Lara Sofia, SILVA | | 12 | Louletano / Loule Concelho | | | | 7:19.28 | 151 |
| | 50m: | 48.73 48.73 | 150m: | 2:40.30 | 55.82 | 250m: | 4:34.84 57.72 | 350m: | 6:29.49 57.56 |
| | 100m: | 1:44.48 55.75 | 200m: | 3:37.12 | 56.82 | 300m: | 5:31.93 57.09 | 400m: | 7:19.28 49.79 |
| 10. | Sara Marques, MADEIRA | | 12 | Louletano / Loule Concelho | | | | 7:36.03 | 134 |
| | 50m: | 46.59 46.59 | 150m: | 2:42.31 | 57.76 | 250m: | 4:44.19 1:02.62 | 350m: | 6:43.72 59.82 |
| | 100m: | 1:44.55 57.96 | 200m: | 3:41.57 | 59.26 | 300m: | 5:43.90 59.71 | 400m: | 7:36.03 52.31 |
| 11. | Elisa Martins, PESCADA | | 12 | Naval de Faro | | | | 7:52.35 | 121 |
| | 50m: | 48.28 48.28 | 150m: | 2:45.55 | 1:00.92 | 250m: | 4:50.22 1:02.69 | 350m: | 6:55.58 1:02.93 |
| | 100m: | 1:44.63 56.35 | 200m: | 3:47.53 | 1:01.98 | 300m: | 5:52.65 1:02.43 | 400m: | 7:52.35 56.77 |
| 12. | Laura Isabel, PINELO | | 12 | Naval de Faro | | | | 7:59.57 | 116 |
| | 50m: | 49.31 49.31 | 150m: | 2:51.20 | 1:01.51 | 250m: | 4:55.52 1:02.59 | 350m: | 6:58.10 1:01.94 |
| | 100m: | 1:49.69 1:00.38 | 200m: | 3:52.93 | 1:01.73 | 300m: | 5:56.16 1:00.64 | 400m: | 7:59.57 1:01.47 |