

Coupe des régions ANMLLL - Hiver 2024
Saint-Eustache, 15- - 17-3-2024

Epreuve 9
2024-03-15 - 18:18

Dames, 400m Libre

Cat. générale
Liste résultats

CQCSR 50m: 4:45.32 - 25m: 4:37.01 / CQjr/sr - 11 50m: 5:34.97 - 25m: 5:25.21; 12 50m: 5:19.02 - 25m: 5:09.72; 13 50m: 5:03.65 - 25m: 4:54.81; 14 50m: 4:56.97 - 25m: 4:48.32; 15 50m: 4:47.48 - 25m: 4:39.11; 16 50m: 4:44.64 - 25m: 4:36.35; 17 + 50m: 4:41.82 - 25m: 4:33.61

Points: FINA 2024

Rang			Age					Temps	Pts			
12 ans et moins												
1.	LOISELLE, Camille		12	club aquatique st-eustache				5:10.90				
	50m:	34.76	34.76	150m:	1:53.13	39.58	250m:	3:12.55	39.78	350m:	4:32.48	39.88
	100m:	1:13.55	38.79	200m:	2:32.77	39.64	300m:	3:52.60	40.05	400m:	5:10.90	38.42
2.	TRUDEL, Maika		12	club aquatique st-eustache				5:29.27				
	50m:	36.36	36.36	150m:	1:58.51	41.50	250m:	3:23.62	42.25	350m:	4:48.54	42.13
	100m:	1:17.01	40.65	200m:	2:41.37	42.86	300m:	4:06.41	42.79	400m:	5:29.27	40.73
3.	LEMIRE, Zoé		12	Mégophias				5:32.44				
	50m:	37.56	37.56	150m:	2:01.12	42.72	250m:	3:27.80		350m:	4:51.56	41.29
	100m:	1:18.40	40.84	200m:			300m:	4:10.27	42.47	400m:	5:32.44	40.88
4.	FORGET, Romane		12	Neptune Natation				5:39.39				
	50m:	38.08	38.08	150m:	2:04.35	43.98	250m:	3:30.99	42.47	350m:	4:57.09	42.32
	100m:	1:20.37	42.29	200m:	2:48.52	44.17	300m:	4:14.77	43.78	400m:	5:39.39	42.30
5.	DÉSILETS, Léanne		12	Neptune Natation				5:40.84				
	50m:	38.09	38.09	150m:	2:04.75	44.04	250m:	3:33.03	44.11	350m:	4:59.61	43.33
	100m:	1:20.71	42.62	200m:	2:48.92	44.17	300m:	4:16.28	43.25	400m:	5:40.84	41.23
6.	SOUCY, Satyana		11	Mégophias				6:06.18				
	50m:	40.03	40.03	150m:	2:13.21	48.38	250m:	3:48.87	47.43	350m:	5:23.99	47.38
	100m:	1:24.83	44.80	200m:	3:01.44	48.23	300m:	4:36.61	47.74	400m:	6:06.18	42.19
13 - 14 ans												
1.	LACOSTE, Éliane		14	club aquatique st-eustache				4:43.99				
	50m:	32.69	32.69	150m:	1:43.09	35.45	250m:	2:55.42	36.31	350m:	4:08.41	36.60
	100m:	1:07.64	34.95	200m:	2:19.11	36.02	300m:	3:31.81	36.39	400m:	4:43.99	35.58
2.	BRASSARD, Alixia		13	Mégophias				4:53.83				
	50m:	32.50	32.50	150m:	1:45.33	36.98	250m:	3:00.58	37.91	350m:	4:17.38	38.45
	100m:	1:08.35	35.85	200m:	2:22.67	37.34	300m:	3:38.93	38.35	400m:	4:53.83	36.45
3.	DESTREMPES, Rafaele		14	Neptune Natation				4:56.25				
	50m:	32.87	32.87	150m:	1:46.59	37.36	250m:	3:03.02	38.28	350m:	4:19.80	38.29
	100m:	1:09.23	36.36	200m:	2:24.74	38.15	300m:	3:41.51	38.49	400m:	4:56.25	36.45
4.	LAROSE, Elishka		14	Neptune Natation				4:57.49				
	50m:	32.76	32.76	150m:	1:46.06	37.31	250m:	3:02.14	38.40	350m:	4:20.18	39.51
	100m:	1:08.75	35.99	200m:	2:23.74	37.68	300m:	3:40.67	38.53	400m:	4:57.49	37.31
5.	LAPERRIÈRE, Flavie		13	Mégophias				5:03.83				
	50m:	33.15	33.15	150m:	1:46.21	36.94	250m:	3:03.79	39.03	350m:	4:24.51	40.54
	100m:	1:09.27	36.12	200m:	2:24.76	38.55	300m:	3:43.97	40.18	400m:	5:03.83	39.32
6.	BÉRUBÉ, Alizée		14	club aquatique st-eustache				5:04.48				
	50m:	34.34	34.34	150m:	1:49.99	38.90	250m:	3:09.07	40.02	350m:	4:27.09	38.61
	100m:	1:11.09	36.75	200m:	2:29.05	39.06	300m:	3:48.48	39.41	400m:	5:04.48	37.39
7.	HOULE, Charlie		14	club aquatique st-eustache				5:13.70				
	50m:	34.83	34.83	150m:	1:51.22	39.38	250m:	3:10.99	40.23	350m:	4:33.20	41.31
	100m:	1:11.84	37.01	200m:	2:30.76	39.54	300m:	3:51.89	40.90	400m:	5:13.70	40.50

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Epreuve 9, Filles, 400m Libre, 13 - 14 ans

Rang				Age						Temps	Pts	
8.	JACOB, Fanny			14	Mégophias					5:14.30		
	50m:	35.54	35.54	150m:	1:52.81	38.70	250m:	3:12.74	40.53	350m:	4:34.17	40.54
	100m:	1:14.11	38.57	200m:	2:32.21	39.40	300m:	3:53.63	40.89	400m:	5:14.30	40.13
9.	POIRIER, Maika			13	club aquatique st-eustache					5:20.22		
	50m:	34.42	34.42	150m:	1:54.94	41.07	250m:	3:17.69	41.68	350m:	4:40.92	41.15
	100m:	1:13.87	39.45	200m:	2:36.01	41.07	300m:	3:59.77	42.08	400m:	5:20.22	39.30
10.	BROUILLETTE, Emma-Rose			13	ICI					5:20.29		
	50m:	34.47	34.47	150m:	1:54.07	40.80	250m:	3:17.06	41.65	350m:	4:41.17	42.01
	100m:	1:13.27	38.80	200m:	2:35.41	41.34	300m:	3:59.16	42.10	400m:	5:20.29	39.12
11.	DÉSILETS, Élie			13	Neptune Natation					5:24.65		
	50m:	35.89	35.89	150m:	1:58.23	41.78	250m:	3:20.70	40.45	350m:	4:45.37	41.64
	100m:	1:16.45	40.56	200m:	2:40.25	42.02	300m:	4:03.73	43.03	400m:	5:24.65	39.28
12.	TANGUAY, Lou-Ann			14	club aquatique st-eustache					5:25.57		
	50m:	35.85	35.85	150m:	1:56.39	41.29	250m:	3:21.22	42.61	350m:	4:45.21	41.73
	100m:	1:15.10	39.25	200m:	2:38.61	42.22	300m:	4:03.48	42.26	400m:	5:25.57	40.36
13.	GUERNI, Inès			14	Laval					5:32.66		
	50m:	35.87	35.87	150m:	1:56.90	41.18	250m:	3:23.31	43.70	350m:	4:50.38	43.53
	100m:	1:15.72	39.85	200m:	2:39.61	42.71	300m:	4:06.85	43.54	400m:	5:32.66	42.28
14.	FRÉMIOT, Juliette			13	Neptune Natation					5:38.58		
	50m:	37.86	37.86	150m:	2:02.61	42.81	250m:	3:29.72	43.23	350m:	4:55.72	43.00
	100m:	1:19.80	41.94	200m:	2:46.49	43.88	300m:	4:12.72	43.00	400m:	5:38.58	42.86

15 - 16 ans

1.	GAUTHIER, Rébecca			16	Neptune Natation					4:33.11		
	50m:	31.61	31.61	150m:	1:40.55	34.53	250m:	2:49.91	34.40	350m:	3:59.37	35.00
	100m:	1:06.02	34.41	200m:	2:15.51	34.96	300m:	3:24.37	34.46	400m:	4:33.11	33.74
2.	SYLVESTRE, Justine			16	Neptune Natation					4:34.36		
	50m:	31.75	31.75	150m:	1:41.17	35.12	250m:	2:51.54	35.12	350m:	4:00.77	34.28
	100m:	1:06.05	34.30	200m:	2:16.42	35.25	300m:	3:26.49	34.95	400m:	4:34.36	33.59
3.	MATTE, Eve			16	Neptune Natation					4:39.25		
	50m:	31.23	31.23	150m:	1:39.79	34.64	250m:	2:50.97	35.88	350m:	4:03.25	36.23
	100m:	1:05.15	33.92	200m:	2:15.09	35.30	300m:	3:27.02	36.05	400m:	4:39.25	36.00
4.	RIOUX, Sarah-Jade			15	club aquatique st-eustache					4:41.17		
	50m:	31.12	31.12	150m:	1:40.86	35.47	250m:	2:53.12	36.06	350m:	4:05.55	36.52
	100m:	1:05.39	34.27	200m:	2:17.06	36.20	300m:	3:29.03	35.91	400m:	4:41.17	35.62
5.	SINCOVICI, Ana-Maria			15	Groupe aquatique Mille-Îles Nord					4:42.75		
	50m:	33.07	33.07	150m:	1:43.98	35.80	250m:	2:55.84	35.98	350m:	4:07.75	35.86
	100m:	1:08.18	35.11	200m:	2:19.86	35.88	300m:	3:31.89	36.05	400m:	4:42.75	35.00
6.	ORTEGA-LEMAY, Alyssa			16	Neptune Natation					4:43.75		
	50m:	32.48	32.48	150m:	1:43.14	35.51	250m:	2:55.43	36.54	350m:	4:08.22	36.38
	100m:	1:07.63	35.15	200m:	2:18.89	35.75	300m:	3:31.84	36.41	400m:	4:43.75	35.53
7.	DROUIN, Marilou			15	club aquatique st-eustache					4:49.08		
	50m:	32.33	32.33	150m:	1:44.37	36.53	250m:	2:57.96	36.94	350m:	4:12.99	38.04
	100m:	1:07.84	35.51	200m:	2:21.02	36.65	300m:	3:34.95	36.99	400m:	4:49.08	36.09
8.	MILETTE-KÉGLE, Zaraève			15	Mégophias					4:56.55		
	50m:	32.83	32.83	150m:	1:45.50	37.11	250m:	3:01.00	37.36	350m:	4:18.57	38.56
	100m:	1:08.39	35.56	200m:	2:23.64	38.14	300m:	3:40.01	39.01	400m:	4:56.55	37.98

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Epreuve 9, Filles, 400m Libre, 15 - 16 ans

Rang				Age					Temps	Pts		
9.	TOURANGEAU, Émy			16	Mégophias				4:56.95			
	50m:	31.01	31.01	150m:	1:43.47	36.81	250m:	3:00.80	38.75	350m:	4:19.01	39.04
	100m:	1:06.66	35.65	200m:	2:22.05	38.58	300m:	3:39.97	39.17	400m:	4:56.95	37.94
10.	COUTURE, Rosianne			15	club aquatique st-eustache				4:57.64			
	50m:	33.40	33.40	150m:	1:47.62	37.70	250m:	3:03.64	38.07	350m:	4:20.64	38.64
	100m:	1:09.92	36.52	200m:	2:25.57	37.95	300m:	3:42.00	38.36	400m:	4:57.64	37.00
11.	LANGELIER, Laurianne			16	Neptune Natation				5:03.12			
	50m:	33.97	33.97	150m:	1:50.22	38.60	250m:	3:07.83	38.70	350m:	4:25.63	38.78
	100m:	1:11.62	37.65	200m:	2:29.13	38.91	300m:	3:46.85	39.02	400m:	5:03.12	37.49
12.	BOLDUC, Carolane			15	club aquatique st-eustache				5:18.03			
	50m:	34.68	34.68	150m:	1:53.31	40.18	250m:	3:15.70	41.28	350m:	4:38.37	41.38
	100m:	1:13.13	38.45	200m:	2:34.42	41.11	300m:	3:56.99	41.29	400m:	5:18.03	39.66
13.	PLANQUE, Chloé			15	club aquatique st-eustache				5:19.83			
	50m:	35.51	35.51	150m:	1:55.42	40.53	250m:	3:16.97	40.54	350m:	4:39.27	41.19
	100m:	1:14.89	39.38	200m:	2:36.43	41.01	300m:	3:58.08	41.11	400m:	5:19.83	40.56
14.	ALTUBOR, Yasmine			15	Neptune Natation				5:27.63			
	50m:	37.05	37.05	150m:	2:02.63	43.32	250m:	3:27.24	42.59	350m:	4:49.40	41.00
	100m:	1:19.31	42.26	200m:	2:44.65	42.02	300m:	4:08.40	41.16	400m:	5:27.63	38.23
15.	BERTRAND, Charlotte			16	Neptune Natation				5:28.04			
	50m:	37.80	37.80	150m:	2:01.84	42.27	250m:	3:25.62	41.64	350m:	4:48.53	41.47
	100m:	1:19.57	41.77	200m:	2:43.98	42.14	300m:	4:07.06	41.44	400m:	5:28.04	39.51
16.	TOUCHETTE, Charlize			16	Laval				5:39.50			
	50m:	37.23	37.23	150m:	2:03.05	43.47	250m:	3:29.84	43.56	350m:	4:57.57	43.78
	100m:	1:19.58	42.35	200m:	2:46.28	43.23	300m:	4:13.79	43.95	400m:	5:39.50	41.93

17 ans et plus

1.	QUEVILLON, Liliane			18	Neptune Natation				4:34.68			
	50m:	30.37	30.37	150m:	1:38.54	34.45	250m:	2:48.89	35.09	350m:	4:00.26	35.87
	100m:	1:04.09	33.72	200m:	2:13.80	35.26	300m:	3:24.39	35.50	400m:	4:34.68	34.42
2.	SÉGUIN, Daphnée			19	club aquatique st-eustache				4:41.11			
	50m:	32.06	32.06	150m:	1:41.86	35.19	250m:	2:53.27	35.78	350m:	4:05.61	36.14
	100m:	1:06.67	34.61	200m:	2:17.49	35.63	300m:	3:29.47	36.20	400m:	4:41.11	35.50
3.	NÉMORIN, Joelle			17	club aquatique st-eustache				4:52.91			
	50m:	32.46	32.46	150m:	1:45.10	36.69	250m:	2:59.51	37.47	350m:	4:15.29	37.93
	100m:	1:08.41	35.95	200m:	2:22.04	36.94	300m:	3:37.36	37.85	400m:	4:52.91	37.62
4.	LESSARD, Arianne			21	Mégophias				5:13.05			
	50m:	33.34	33.34	150m:	1:50.03	39.28	250m:	3:10.78	40.35	350m:	4:32.80	41.06
	100m:	1:10.75	37.41	200m:	2:30.43	40.40	300m:	3:51.74	40.96	400m:	5:13.05	40.25
hc.	DROUIN, Laurie			17	club aquatique st-eustache				4:29.40			
	50m:	31.30	31.30	150m:	1:39.33	34.31	250m:	2:47.30	33.56	350m:	3:55.95	34.33
	100m:	1:05.02	33.72	200m:	2:13.74	34.41	300m:	3:21.62	34.32	400m:	4:29.40	33.45