

Coupe des régions ANMLLL - Hiver 2024
Saint-Eustache, 15- - 17-3-2024

Epreuve 21
2024-03-16 - 18:43

Dames, 400m 4 nages

Cat. générale
Liste résultats

CQCSR 50m: 5:29.18 - 25m: 5:27.62 / CQjr/sr - 11 50m: 6:22.58 - 25m: 6:11.43; 12 50m: 6:04.36 - 25m: 5:46.81; 13 50m: 5:46.81 - 25m: 5:36.71; 14 50m: 5:39.18 - 25m: 5:26.01; 15 50m: 5:30.01 - 25m: 5:20.40; 16 50m: 5:26.74 - 25m: 5:18.83; 17 + 50m: 5:25.14 - 25m: 5:15.67

Points: FINA 2024

Rang			Age					Temps	Pts		
12 ans et moins											
1.	LOISELLE, Camille		12	club aquatique st-eustache				5:46.42	417		
	50m:		150m:	250m:			350m:				
	100m:	1:19.98	200m:	300m:	4:27.40		400m:	5:46.42			
13 - 14 ans											
1.	LACOSTE, Éliane		14	club aquatique st-eustache				5:15.61	552		
	50m:	33.41 33.41	150m:	1:53.14	42.38	250m:	3:18.37	44.18	350m:	4:39.98	37.22
	100m:	1:10.76 37.35	200m:	2:34.19	41.05	300m:	4:02.76	44.39	400m:	5:15.61	35.63
2.	DESTREMPES, Rafaela		14	Neptune Natation				5:35.50	459		
	50m:	37.19 37.19	150m:	2:02.70	41.49	250m:	3:32.07	48.25	350m:	4:58.54	38.66
	100m:	1:21.21 44.02	200m:	2:43.82	41.12	300m:	4:19.88	47.81	400m:	5:35.50	36.96
3.	TAILLEUR, Jasmine		14	Neptune Natation				6:08.84	346		
	50m:	42.07 42.07	150m:	2:18.15	46.76	250m:	3:54.26	51.31	350m:	5:28.06	41.50
	100m:	1:31.39 49.32	200m:	3:02.95	44.80	300m:	4:46.56	52.30	400m:	6:08.84	40.78
15 - 16 ans											
1.	SYLVESTRE, Justine		16	Neptune Natation				5:13.64	562		
	50m:	34.01 34.01	150m:	1:54.68	41.37	250m:	3:19.83	45.41	350m:	4:39.68	34.83
	100m:	1:13.31 39.30	200m:	2:34.42	39.74	300m:	4:04.85	45.02	400m:	5:13.64	33.96
2.	MATTE, Eve		16	Neptune Natation				5:27.80	492		
	50m:	33.64 33.64	150m:	1:55.51	42.04	250m:	3:26.18	49.66	350m:	4:51.93	35.92
	100m:	1:13.47 39.83	200m:	2:36.52	41.01	300m:	4:16.01	49.83	400m:	5:27.80	35.87
3.	PLANQUE, Chloé		15	club aquatique st-eustache				5:59.29	374		
	50m:	38.30 38.30	150m:	2:13.30	48.04	250m:	3:48.59	48.39	350m:	5:18.86	42.00
	100m:	1:25.26 46.96	200m:	3:00.20	46.90	300m:	4:36.86	48.27	400m:	5:59.29	40.43
hc.	TANGUAY, Daphnée		17	Groupe aquatique Mille-Îles Nord				5:12.67	567		
	50m:		150m:		250m:		350m:				
	100m:	1:09.86	200m:	2:32.79	300m:	4:00.81	400m:	5:12.67			
hc.	RIOUX, Sarah-Jade		15	club aquatique st-eustache				5:18.02	539		
	50m:	33.90 33.90	150m:	1:52.92	40.02	250m:	3:19.04	46.65	350m:	4:42.48	36.84
	100m:	1:12.90 39.00	200m:	2:32.39	39.47	300m:	4:05.64	46.60	400m:	5:18.02	35.54
hc.	BRUCHIG, Larissa		16	Club de Natation Mont-Tremblant				5:19.91	530		
	50m:	33.82 33.82	150m:	1:54.41	41.30	250m:	3:19.90	44.94	350m:	4:43.67	37.87
	100m:	1:13.11 39.29	200m:	2:34.96	40.55	300m:	4:05.80	45.90	400m:	5:19.91	36.24
hc.	SÉGUIN, Daphnée		19	club aquatique st-eustache				5:20.51	527		
	50m:		150m:		250m:		350m:				
	100m:	1:11.62	200m:	2:33.24	300m:	4:08.78	400m:	5:20.51			
hc.	FORTIN, Alix		13	Neptune Natation				5:26.41	499		
	50m:	33.71 33.71	150m:	1:56.51	43.17	250m:	3:23.21	44.64	350m:	4:48.48	39.85
	100m:	1:13.34 39.63	200m:	2:38.57	42.06	300m:	4:08.63	45.42	400m:	5:26.41	37.93