

4 Regio cup 17-03-2024 Sint Truiden
Sint-Truiden, 17/3/2024

Programmanr. 1
17/03/2024 - 14:00

Dames, 200m rugslag

11 jaar en ouder
Resultaten

Punten: FINA 2023

| Rang | Geb. | Tijd | Pnt | 50m | 100m | 150m | 200m | | |
|----------------|---|------|------|----------------|------|-------|-------|-------|-------|
| 11 jaar | | | | | | | | | |
| 1. | Theuwissen Nore | 13 | DMB | 2:49.14 | 347 | 39.44 | 43.29 | 45.14 | 41.27 |
| 2. | Nijs Alani | 13 | DBT | 3:09.41 | 247 | 43.82 | 49.34 | 48.51 | 47.74 |
| 3. | Janssens Lieze | 13 | DBT | 3:24.47 | 196 | 48.48 | 51.75 | 52.11 | 52.13 |
| 4. | Desair Anna-louise | 13 | HZS | 3:38.33 | 161 | 52.75 | 56.18 | 57.55 | 51.85 |
| 5. | Van Guyse Ada | 13 | HZS | 3:38.92 | 160 | 49.48 | 56.15 | 56.76 | 56.53 |
| dis | Beckers Fien | 13 | DMB | | | | | | |
| | <i>SW 6.4.a - Muur niet geraakt bij KP</i> | | | | | | | | |
| 12 jaar | | | | | | | | | |
| 1. | Joriskes Lore | 12 | DMB | 2:51.99 | 330 | 40.99 | 44.45 | 44.93 | 41.62 |
| 2. | Maes Leonie | 12 | PZC | 2:58.15 | 297 | 43.32 | 45.43 | 46.77 | 42.63 |
| 3. | Franssen Lyna | 12 | HZS | 3:07.54 | 255 | 46.27 | 48.12 | 48.43 | 44.72 |
| 4. | Vanbrabant Manon | 12 | DBT | 3:17.20 | 219 | 46.66 | 50.68 | 51.34 | 48.52 |
| 5. | Moors Nora | 12 | DBT | 3:18.47 | 215 | 47.71 | 51.93 | 51.00 | 47.83 |
| 6. | Vos Birthe | 12 | ZDKB | 3:28.18 | 186 | 49.11 | 54.79 | 54.03 | 50.25 |
| dis | Gabriëls Amelia | 12 | GZVN | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| dis | Ardu Peppa Jolene | 12 | DBT | | | | | | |
| | <i>SW 4.1 - verkeerde starthouding aangehouden of aangenomen</i> | | | | | | | | |
| dis | Brebels Maartje | 12 | DBT | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| dis | Huskens Liene | 12 | DMB | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| 13 jaar | | | | | | | | | |
| 1. | Verleysen Noa | 11 | HZS | 2:41.68 | 398 | 39.62 | 42.08 | 42.09 | 37.89 |
| 2. | Sargesjan Nala | 11 | HZS | 2:43.11 | 387 | 38.64 | 41.36 | 42.09 | 41.02 |
| 3. | Thewissen Mirthe | 11 | HZS | 2:48.25 | 353 | 40.43 | 43.81 | 44.30 | 39.71 |
| 4. | Copermans Sam | 11 | HZS | 2:48.89 | 349 | 39.83 | 43.24 | 44.15 | 41.67 |
| 5. | Poel Maren | 11 | DBT | 2:50.38 | 340 | 40.64 | 43.84 | 44.90 | 41.00 |
| 6. | Cypers de Landrecy J. | 11 | PZC | 3:11.06 | 241 | 46.19 | 50.11 | 50.23 | 44.53 |
| 7. | Plasschaert Martha | 11 | ZDKB | 3:38.45 | 161 | 51.52 | 55.18 | 56.34 | 55.41 |
| dis | Bousson Julie | 11 | DMB | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| dis | Lambrigts Gitte | 11 | DMB | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| dis | Vangeloven Fran | 11 | DMB | | | | | | |
| | <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | |
| 14 jaar | | | | | | | | | |
| 1. | Stokmans Emma | 10 | LWB | 2:37.46 | 430 | 36.17 | 39.28 | 41.10 | 40.91 |
| 2. | Maes Helene | 10 | PZC | 2:42.30 | 393 | 38.23 | 40.71 | 42.22 | 41.14 |
| 3. | Tekay Sedef | 10 | PZC | 3:04.42 | 268 | 43.59 | 47.42 | 47.62 | 45.79 |
| 4. | Wolfs Lola | 10 | ZDKB | 3:19.00 | 213 | 47.00 | 50.78 | 51.92 | 49.30 |

4 Regio cup 17-03-2024 Sint Truiden
Sint-Truiden, 17/3/2024

Programmanr. 1, Meisjes, 200m rugslag, 14 jaar

| Rang | Geb. | Tijd | Pnt | 50m | 100m | 150m | 200m |
|---|-----------------|------|------|-----|------|------|------|
| dis | Pannemans Tessa | 10 | GZVN | | | | |
| <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | |

15 - 16 jaar

| | | | | | | | | | |
|---|-----------------------|----|------|----------------|-----|-------|-------|-------|-------|
| 1. | Gerets Sieglinde | 08 | HZS | 2:32.94 | 470 | 37.04 | 39.53 | 38.30 | 38.07 |
| 2. | Meers Lien | 08 | HZS | 2:35.14 | 450 | 37.97 | 38.80 | 39.40 | 38.97 |
| 3. | Meertens Jody | 09 | GZVN | 2:40.32 | 408 | 35.99 | 39.39 | 41.98 | 42.96 |
| 4. | Theuwis Lisabet | 09 | DMB | 2:43.24 | 386 | 39.22 | 41.46 | 41.48 | 41.08 |
| 5. | Huybregts Jolien | 09 | DMB | 2:46.06 | 367 | 39.81 | 42.00 | 42.66 | 41.59 |
| 6. | Hermans Yo-Lynne | 08 | DBT | 2:46.38 | 365 | 38.86 | 42.12 | 43.32 | 42.08 |
| 7. | Beylemans Katho | 08 | PZC | 2:51.78 | 331 | 41.73 | 44.39 | 44.33 | 41.33 |
| 8. | Odeur Lore | 09 | GZVN | 3:11.17 | 240 | 44.06 | 49.14 | 51.83 | 46.14 |
| 9. | Luyten Lore | 08 | HZS | 3:16.30 | 222 | 47.95 | 50.36 | 49.82 | 48.17 |
| dis | Castillo Ronquillo B. | 08 | PZC | | | | | | |
| <i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i> | | | | | | | | | |

17 jaar en ouder

| | | | | | | | | | |
|----|---------------|----|-----|----------------|-----|-------|-------|-------|-------|
| 1. | Deckers Maite | 06 | DMB | 2:29.08 | 507 | 34.55 | 37.55 | 38.65 | 38.33 |
| 2. | Vinken Amélie | 07 | DMB | 2:33.81 | 462 | 34.99 | 38.64 | 40.65 | 39.53 |