

XXI Ida-Virumaa Meistrivõistlused
Kohtla-Järve, 12. - 13.4.2024

Event 20 Men, 400m Medley Open Results
13.04.2024 - 12:20

Estonian Age Group Records - 18	4:19.83	ZIRK, Kregor	USK	Tallinn	19.12.2016
Estonian Age Group Records - 16	4:21.47	ZIRK, Kregor	USK	Tallinn	21.12.2015
Estonian Age Group Records - 14	4:38.43	DENISSOV, Aleksei	GARANT	Tallinn	13.11.2022
Estonian Records	4:12.15	LIIVAMÄGI, Martin	KUK	Istanbul (TUR)	11.12.2009

Points: FINA 2023

Rank			YB					Time	Pts	
2008 and younger										
1.	ZIGADLO, Jegor		08	Ujumisklubi Aktiiv				5:10.43	432	
	50m:	31.20 31.20	150m:	1:46.99	39.66	250m:	3:11.47	45.73	350m:	4:35.14 36.52
	100m:	1:07.33 36.13	200m:	2:25.74	38.75	300m:	3:58.62	47.15	400m:	5:10.43 35.29
2.	VERENITS, Ruslan		09	Ujumisklubi Aktiiv				5:35.77	341	
	50m:	37.15 37.15	150m:	2:00.16	41.29	250m:	3:31.23	50.49	350m:	4:58.31 36.99
	100m:	1:18.87 41.72	200m:	2:40.74	40.58	300m:	4:21.32	50.09	400m:	5:35.77 37.46
3.	LEMBINEN, Kristjan		11	Ujumisklubi Aktiiv				5:39.03	332	
	50m:	35.75 35.75	150m:	2:04.98	43.34	250m:	3:37.30	49.92	350m:	5:04.54 36.25
	100m:	1:21.64 45.89	200m:	2:47.38	42.40	300m:	4:28.29	50.99	400m:	5:39.03 34.49
4.	DJAKOV, Mark		12	Narva SK/Energia				5:51.57	297	
	50m:	37.48 37.48	150m:	2:12.13	46.06	250m:	3:44.42	48.00	350m:	5:12.83 38.77
	100m:	1:26.07 48.59	200m:	2:56.42	44.29	300m:	4:34.06	49.64	400m:	5:51.57 38.74
5.	ANDREJEV, Gleb		12	Ujumisklubi Aktiiv				5:54.83	289	
	50m:	41.89 41.89	150m:	2:17.61	44.53	250m:	3:46.75	46.16	350m:	5:14.70 40.94
	100m:	1:33.08 51.19	200m:	3:00.59	42.98	300m:	4:33.76	47.01	400m:	5:54.83 40.13

2007 and older

1.	MAKSIMOV, Pavel		06	Sillamae Ujumisklubi Kalev				5:23.12	383	
	50m:	32.05 32.05	150m:	1:58.76	45.31	250m:	3:24.00	42.10	350m:	4:46.14 39.16
	100m:	1:13.45 41.40	200m:	2:41.90	43.14	300m:	4:06.98	42.98	400m:	5:23.12 36.98
2.	NIINE, Johannes		06	Ujumisklubi Aktiiv				5:26.82	370	
	50m:	33.38 33.38	150m:	1:54.88	40.21	250m:	3:22.34	48.16	350m:	4:47.53 37.48
	100m:	1:14.67 41.29	200m:	2:34.18	39.30	300m:	4:10.05	47.71	400m:	5:26.82 39.29