

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL  
Montréal, 7 au 9 juin 2024

Epreuve 218  
2024-06-08 - 17:47

Messieurs, 400m Libre

10 - 19 ans  
Liste résultats Finales

Points: FINA 2024

Rang			Age							Temps	Pts	
<b>10 - 12 ans</b>												
1.	GUERNI, Amine		12	Laval						<b>4:53.02</b>		
	50m:	34.82	34.82	150m:	1:50.13	37.87	250m:	3:05.64	37.47	350m:	4:18.97	36.36
	100m:	1:12.26	37.44	200m:	2:28.17	38.04	300m:	3:42.61	36.97	400m:	4:53.02	34.05
2.	MCDONALD, Jacob		12	Ddo						<b>4:55.47</b>		
	50m:	32.99	32.99	150m:	1:48.03	37.73	250m:	3:03.66	37.70	350m:	4:19.42	37.81
	100m:	1:10.30	37.31	200m:	2:25.96	37.93	300m:	3:41.61	37.95	400m:	4:55.47	36.05
3.	IVANCU, Lorenzee		11	Camo						<b>4:56.25</b>		
	50m:	33.84	33.84	150m:	1:48.80	37.26	250m:	3:04.10	36.53	350m:	4:19.66	38.04
	100m:	1:11.54	37.70	200m:	2:27.57	38.77	300m:	3:41.62	37.52	400m:	4:56.25	36.59
4.	LAMOUREUX, Cedric		12	Camo						<b>5:01.62</b>		
	50m:	32.61	32.61	150m:	1:49.71	37.70	250m:	3:06.35	38.82	350m:	4:24.19	38.75
	100m:	1:12.01	39.40	200m:	2:27.53	37.82	300m:	3:45.44	39.09	400m:	5:01.62	37.43
5.	TROTIER, Charles		12	Ddo						<b>5:07.45</b>		
	50m:	35.84	35.84	150m:	1:53.63	38.95	250m:	3:11.83	39.10	350m:	4:29.49	38.79
	100m:	1:14.68	38.84	200m:	2:32.73	39.10	300m:	3:50.70	38.87	400m:	5:07.45	37.96
6.	SANTAMARIA, Evan		11	Pointe-Claire Swim Club						<b>5:09.17</b>		
	50m:	35.03	35.03	150m:	1:53.02	39.49	250m:	3:11.37	39.22	350m:	4:30.87	39.56
	100m:	1:13.53	38.50	200m:	2:32.15	39.13	300m:	3:51.31	39.94	400m:	5:09.17	38.30
7.	FAN, Ryan		12	Pointe-Claire Swim Club						<b>5:10.00</b>		
	50m:	35.46	35.46	150m:	1:54.38	39.68	250m:	3:13.40	39.85	350m:	4:31.91	39.26
	100m:	1:14.70	39.24	200m:	2:33.55	39.17	300m:	3:52.65	39.25	400m:	5:10.00	38.09
8.	GALLO, Dante		12	Ddo						<b>5:27.81</b>		
	50m:	36.23	36.23	150m:	1:59.35	40.91	250m:	3:22.54	41.73	350m:	4:46.14	41.26
	100m:	1:18.44	42.21	200m:	2:40.81	41.46	300m:	4:04.88	42.34	400m:	5:27.81	41.67
9.	LAPARÉ-THIBAUT, Éliott		11	club aquatique st-eustache						<b>5:30.74</b>		
	50m:	37.11	37.11	150m:	2:01.73	42.58	250m:	3:25.84	42.23	350m:	4:49.93	41.98
	100m:	1:19.15	42.04	200m:	2:43.61	41.88	300m:	4:07.95	42.11	400m:	5:30.74	40.81
10.	WANG, Yechen		11	Pointe-Claire Swim Club						<b>5:44.48</b>		
	50m:	38.96	38.96	150m:	2:04.01	43.14	250m:	3:31.93	43.88	350m:	5:00.75	44.51
	100m:	1:20.87	41.91	200m:	2:48.05	44.04	300m:	4:16.24	44.31	400m:	5:44.48	43.73
<b>13 - 14 ans</b>												
1.	VENDITTI, Marcus		14	Bbf						<b>4:14.82</b>		
	50m:	28.76	28.76	150m:	1:32.66	32.14	250m:	2:37.65	32.22	350m:	3:43.06	32.67
	100m:	1:00.52	31.76	200m:	2:05.43	32.77	300m:	3:10.39	32.74	400m:	4:14.82	31.76
2.	BOULAAJOU, Marwan		14	Camo						<b>4:22.98</b>		
	50m:	29.46	29.46	150m:	1:35.78	33.66	250m:	2:43.43	33.90	350m:	3:50.94	33.47
	100m:	1:02.12	32.66	200m:	2:09.53	33.75	300m:	3:17.47	34.04	400m:	4:22.98	32.04
3.	CORTEZ, Matthew		14	Camo						<b>4:25.54</b>		
	50m:	29.42	29.42	150m:	1:35.98	33.89	250m:	2:43.50	33.90	350m:	3:51.70	33.86
	100m:	1:02.09	32.67	200m:	2:09.60	33.62	300m:	3:17.84	34.34	400m:	4:25.54	33.84
4.	AUGER, Mikael		14	Neptune Natation						<b>4:29.52</b>		
	50m:	30.32	30.32	150m:	1:38.19	34.47	250m:	2:47.22	33.89	350m:	3:56.23	34.57
	100m:	1:03.72	33.40	200m:	2:13.33	35.14	300m:	3:21.66	34.44	400m:	4:29.52	33.29

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Epreuve 218, Garçons, 400m Libre, Finale, 13 - 14 ans

Rang				Age						Temps	Pts	
5.	COOPER, William			13	Ddo						<b>4:32.66</b>	
	50m:	30.82	30.82	150m:	1:39.30	34.62	250m:	2:48.92	35.10	350m:	3:58.36	34.49
	100m:	1:04.68	33.86	200m:	2:13.82	34.52	300m:	3:23.87	34.95	400m:	4:32.66	34.30
6.	NYKANOROV, Matthew			14	Pointe-Claire Swim Club						<b>4:33.78</b>	
	50m:	30.08	30.08	150m:	1:38.64	34.75	250m:	2:49.38	35.53	350m:	3:59.96	34.94
	100m:	1:03.89	33.81	200m:	2:13.85	35.21	300m:	3:25.02	35.64	400m:	4:33.78	33.82
7.	MENARD, Elliot			14	Pointe-Claire Swim Club						<b>4:33.84</b>	
	50m:	30.86	30.86	150m:	1:39.87	34.54	250m:	2:50.73	35.80	350m:	4:00.80	34.87
	100m:	1:05.33	34.47	200m:	2:14.93	35.06	300m:	3:25.93	35.20	400m:	4:33.84	33.04
8.	EZZINA, Skander			14	club aquatique st-eustache						<b>4:34.36</b>	
	50m:	30.35	30.35	150m:	1:38.81	34.54	250m:	2:49.52	35.66	350m:	4:00.47	34.83
	100m:	1:04.27	33.92	200m:	2:13.86	35.05	300m:	3:25.64	36.12	400m:	4:34.36	33.89
9.	DUMAIS, Darius			14	Neptune Natation						<b>4:37.46</b>	
	50m:	30.81	30.81	150m:	1:40.56	35.09	250m:	2:51.48	35.62	350m:	4:03.12	36.07
	100m:	1:05.47	34.66	200m:	2:15.86	35.30	300m:	3:27.05	35.57	400m:	4:37.46	34.34
10.	MOSKUN, Nikolas			13	Pointe-Claire Swim Club						<b>4:40.27</b>	
	50m:	31.08	31.08	150m:	1:41.53	35.79	250m:	2:53.73	36.15	350m:	4:05.82	35.72
	100m:	1:05.74	34.66	200m:	2:17.58	36.05	300m:	3:30.10	36.37	400m:	4:40.27	34.45

15 - 19 ans

1.	TRÉPANIÉ, Loic			19	club aquatique st-eustache						<b>4:08.98</b>	
	50m:	27.22	27.22	150m:	1:29.91	31.77	250m:	2:34.21	32.00	350m:	3:39.48	32.66
	100m:	58.14	30.92	200m:	2:02.21	32.30	300m:	3:06.82	32.61	400m:	4:08.98	29.50
2.	TROTIER, Louis			17	Ddo						<b>4:09.44</b>	
	50m:	27.93	27.93	150m:	1:29.70	30.91	250m:	2:34.24	32.23	350m:	3:38.75	31.71
	100m:	58.79	30.86	200m:	2:02.01	32.31	300m:	3:07.04	32.80	400m:	4:09.44	30.69
3.	DUMAIS, Jules			18	Cdndg						<b>4:11.32</b>	
	50m:	28.55	28.55	150m:	1:31.42	32.03	250m:	2:35.70	32.12	350m:	3:40.07	32.10
	100m:	59.39	30.84	200m:	2:03.58	32.16	300m:	3:07.97	32.27	400m:	4:11.32	31.25
4.	ZHAO, Yiming			17	Pointe-Claire Swim Club						<b>4:12.88</b>	
	50m:	28.02	28.02	150m:	1:31.14	31.77	250m:	2:35.29	32.20	350m:	3:40.60	32.99
	100m:	59.37	31.35	200m:	2:03.09	31.95	300m:	3:07.61	32.32	400m:	4:12.88	32.28
5.	CLEARY, Evan			15	Ddo						<b>4:14.16</b>	
	50m:	29.42	29.42	150m:	1:33.35	32.07	250m:	2:37.50	31.62	350m:	3:42.14	32.44
	100m:	1:01.28	31.86	200m:	2:05.88	32.53	300m:	3:09.70	32.20	400m:	4:14.16	32.02
6.	DZHAMAIEV, Timur			18	Dorval						<b>4:16.99</b>	
	50m:	27.87	27.87	150m:	1:30.70	31.74	250m:	2:36.46	33.17	350m:	3:43.81	34.04
	100m:	58.96	31.09	200m:	2:03.29	32.59	300m:	3:09.77	33.31	400m:	4:16.99	33.18
7.	HUNT, Liam			15	Dorval						<b>4:19.03</b>	
	50m:	28.27	28.27	150m:	1:32.36	32.52	250m:	2:38.82	33.87	350m:	3:45.77	33.47
	100m:	59.84	31.57	200m:	2:04.95	32.59	300m:	3:12.30	33.48	400m:	4:19.03	33.26
8.	GARCEAU, Frédéric			17	club aquatique st-eustache						<b>4:20.81</b>	
	50m:	29.11	29.11	150m:	1:34.42	32.92	250m:	2:40.60	33.13	350m:	3:47.67	33.64
	100m:	1:01.50	32.39	200m:	2:07.47	33.05	300m:	3:14.03	33.43	400m:	4:20.81	33.14
9.	PARENT, Nicolas			16	Gamin						<b>4:22.03</b>	
	50m:	30.11	30.11	150m:	1:35.64	32.82	250m:	2:42.42	33.40	350m:	3:49.02	33.39
	100m:	1:02.82	32.71	200m:	2:09.02	33.38	300m:	3:15.63	33.21	400m:	4:22.03	33.01

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Epreuve 218, Messieurs, 400m Libre, Finale, 15 - 19 ans

Rang			Age						Temps	Pts		
10.	NEWMAN, Elliot		16	Bbf					<b>4:22.80</b>			
	50m:	29.58	29.58	150m:	1:35.83	33.36	250m:	2:42.97	33.45	350m:	3:50.06	33.55
	100m:	1:02.47	32.89	200m:	2:09.52	33.69	300m:	3:16.51	33.54	400m:	4:22.80	32.74