

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL  
Montréal, 7 au 9 juin 2024

Epreuve 217  
2024-06-09 - 17:42

Dames, 400m Libre

10 - 19 ans  
Liste résultats Finales

Points: FINA 2024

Rang				Age					Temps	Pts		
<b>10 - 12 ans</b>												
1.	BRENNAN, Savannah			12	Pointe-Claire Swim Club				<b>5:05.61</b>			
	50m:	35.25	35.25	150m:	1:52.01	38.58	250m:	3:10.06	39.00	350m:	4:28.60	39.00
	100m:	1:13.43	38.18	200m:	2:31.06	39.05	300m:	3:49.60	39.54	400m:	5:05.61	37.01
2.	MCIVER, Emerson			11	Pointe-Claire Swim Club				<b>5:05.79</b>			
	50m:	34.98	34.98	150m:	1:53.15	39.14	250m:	3:11.40	39.24	350m:	4:30.52	39.57
	100m:	1:14.01	39.03	200m:	2:32.16	39.01	300m:	3:50.95	39.55	400m:	5:05.79	35.27
3.	LAPOINTE, Alexandra			12	Pointe-Claire Swim Club				<b>5:11.68</b>			
	50m:	36.03	36.03	150m:	1:55.78	40.25	250m:	3:15.29	39.75	350m:	4:34.31	39.20
	100m:	1:15.53	39.50	200m:	2:35.54	39.76	300m:	3:55.11	39.82	400m:	5:11.68	37.37
4.	MAXIMENCO, Sophia			12	Ddo				<b>5:13.52</b>			
	50m:	34.50	34.50	150m:	1:52.18	39.28	250m:	3:11.87	39.73	350m:	4:34.27	41.35
	100m:	1:12.90	38.40	200m:	2:32.14	39.96	300m:	3:52.92	41.05	400m:	5:13.52	39.25
5.	BOUHAREVICH, Olivia			11	Ddo				<b>5:19.13</b>			
	50m:	36.25	36.25	150m:	1:57.95	41.34	250m:	3:20.34	41.89	350m:	4:41.64	41.51
	100m:	1:16.61	40.36	200m:	2:38.45	40.50	300m:	4:00.13	39.79	400m:	5:19.13	37.49
6.	NYKANOROV, Emma			11	Pointe-Claire Swim Club				<b>5:22.38</b>			
	50m:	36.46	36.46	150m:	1:58.47	41.20	250m:	3:20.66	41.00	350m:	4:43.18	41.28
	100m:	1:17.27	40.81	200m:	2:39.66	41.19	300m:	4:01.90	41.24	400m:	5:22.38	39.20
7.	CHEN, Helena			11	Pointe-Claire Swim Club				<b>5:22.78</b>			
	50m:	36.12	36.12	150m:	1:56.48	40.76	250m:	3:18.57	41.12	350m:	4:41.49	41.23
	100m:	1:15.72	39.60	200m:	2:37.45	40.97	300m:	4:00.26	41.69	400m:	5:22.78	41.29
8.	BONNEVILLE, Naomi			10	Camo				<b>5:24.11</b>			
	50m:	36.65	36.65	150m:	1:59.49	41.81	250m:	3:21.98	41.05	350m:	4:44.67	40.81
	100m:	1:17.68	41.03	200m:	2:40.93	41.44	300m:	4:03.86	41.88	400m:	5:24.11	39.44
9.	MARIN, Elizabeth			12	Gamin				<b>5:26.45</b>			
	50m:	35.75	35.75	150m:	1:56.88	41.69	250m:	3:21.50	42.23	350m:	4:45.71	42.32
	100m:	1:15.19	39.44	200m:	2:39.27	42.39	300m:	4:03.39	41.89	400m:	5:26.45	40.74
10.	SPOTO, Marlene			11	Mtl Nord Natation				<b>5:35.32</b>			
	50m:	36.79	36.79	150m:	2:00.70	42.49	250m:	3:27.20	43.44	350m:	4:53.13	42.90
	100m:	1:18.21	41.42	200m:	2:43.76	43.06	300m:	4:10.23	43.03	400m:	5:35.32	42.19
<b>13 - 14 ans</b>												
1.	FERGUSON, Taylor			13	Pointe-Claire Swim Club				<b>4:34.45</b>			
	50m:	31.16	31.16	150m:	1:40.06	34.89	250m:	2:50.14	35.16	350m:	4:00.20	35.09
	100m:	1:05.17	34.01	200m:	2:14.98	34.92	300m:	3:25.11	34.97	400m:	4:34.45	34.25
2.	CHEN, Michelle			13	Ddo				<b>4:38.23</b>			
	50m:	31.02	31.02	150m:	1:41.38	35.79	250m:	2:53.34	35.78	350m:	4:04.34	35.02
	100m:	1:05.59	34.57	200m:	2:17.56	36.18	300m:	3:29.32	35.98	400m:	4:38.23	33.89
3.	POMERLEAU, Mikaelle			14	Pointe-Claire Swim Club				<b>4:39.31</b>			
	50m:	30.82	30.82	150m:	1:40.09	34.97	250m:	2:51.40	35.93	350m:	4:04.22	36.54
	100m:	1:05.12	34.30	200m:	2:15.47	35.38	300m:	3:27.68	36.28	400m:	4:39.31	35.09
4.	MONETTE, Mathilde			14	Neptune Natation				<b>4:40.88</b>			
	50m:	30.93	30.93	150m:	1:41.43	36.32	250m:	2:54.08	36.26	350m:	4:06.12	36.02
	100m:	1:05.11	34.18	200m:	2:17.82	36.39	300m:	3:30.10	36.02	400m:	4:40.88	34.76

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Epreuve 217, Filles, 400m Libre, Finale, 13 - 14 ans

Rang				Age						Temps	Pts	
5.	DUPUY, Marianne			14	Neptune Natation					<b>4:53.24</b>		
	50m:	33.84	33.84	150m:	1:48.88	37.82	250m:	3:03.95	37.41	350m:	4:18.17	36.89
	100m:	1:11.06	37.22	200m:	2:26.54	37.66	300m:	3:41.28	37.33	400m:	4:53.24	35.07
	VAILLANCOURT, Flavie			14	Camo					<b>4:53.24</b>		
	50m:	32.14	32.14	150m:	1:46.26	37.59	250m:	3:00.74	37.20	350m:	4:16.62	38.07
	100m:	1:08.67	36.53	200m:	2:23.54	37.28	300m:	3:38.55	37.81	400m:	4:53.24	36.62
7.	MAGHRAOUI, Rimess			14	Camo					<b>4:54.22</b>		
	50m:	32.00	32.00	150m:	1:45.03	36.81	250m:	3:00.35	37.84	350m:	4:18.08	38.24
	100m:	1:08.22	36.22	200m:	2:22.51	37.48	300m:	3:39.84	39.49	400m:	4:54.22	36.14
8.	LAPOINTE, Catherine			13	Pointe-Claire Swim Club					<b>4:54.31</b>		
	50m:	33.08	33.08	150m:	1:48.39	38.38	250m:	3:04.10	37.77	350m:	4:18.85	37.38
	100m:	1:10.01	36.93	200m:	2:26.33	37.94	300m:	3:41.47	37.37	400m:	4:54.31	35.46
9.	COMAND, Christina			14	Pointe-Claire Swim Club					<b>4:57.44</b>		
	50m:	33.65	33.65	150m:	1:48.87	38.05	250m:	3:04.95	37.94	350m:	4:21.03	38.07
	100m:	1:10.82	37.17	200m:	2:27.01	38.14	300m:	3:42.96	38.01	400m:	4:57.44	36.41
10.	DION, Chloe			13	Ddo					<b>4:58.95</b>		
	50m:	34.96	34.96	150m:	1:50.07	37.80	250m:	3:05.82	38.04	350m:	4:21.91	38.22
	100m:	1:12.27	37.31	200m:	2:27.78	37.71	300m:	3:43.69	37.87	400m:	4:58.95	37.04

15 - 19 ans

1.	PONTON, Emma			18	Ddo					<b>4:28.75</b>		
	50m:	30.18	30.18	150m:	1:36.86	33.58	250m:	2:45.21	34.22	350m:	3:55.27	34.85
	100m:	1:03.28	33.10	200m:	2:10.99	34.13	300m:	3:20.42	35.21	400m:	4:28.75	33.48
2.	MARCON, Isabella			17	Ddo					<b>4:32.69</b>		
	50m:	32.16	32.16	150m:	1:40.41	34.18	250m:	2:49.83	34.89	350m:	3:58.98	34.57
	100m:	1:06.23	34.07	200m:	2:14.94	34.53	300m:	3:24.41	34.58	400m:	4:32.69	33.71
3.	QUEVILLON, Liliane			18	Neptune Natation					<b>4:32.82</b>		
	50m:	30.22	30.22	150m:	1:38.21	34.20	250m:	2:48.76	35.23	350m:	3:59.73	35.42
	100m:	1:04.01	33.79	200m:	2:13.53	35.32	300m:	3:24.31	35.55	400m:	4:32.82	33.09
4.	DURAN, Christina			19	Camo					<b>4:33.21</b>		
	50m:	30.98	30.98	150m:	1:39.39	34.78	250m:	2:49.16	34.76	350m:	3:59.30	34.81
	100m:	1:04.61	33.63	200m:	2:14.40	35.01	300m:	3:24.49	35.33	400m:	4:33.21	33.91
5.	DROUIN, Laurie			17	club aquatique st-eustache					<b>4:37.04</b>		
	50m:	31.36	31.36	150m:	1:40.26	34.60	250m:	2:51.22	35.58	350m:	4:02.40	35.46
	100m:	1:05.66	34.30	200m:	2:15.64	35.38	300m:	3:26.94	35.72	400m:	4:37.04	34.64
6.	SYLVESTRE, Justine			17	Neptune Natation					<b>4:37.38</b>		
	50m:	32.29	32.29	150m:	1:42.60	35.31	250m:	2:53.39	35.27	350m:	4:03.70	34.97
	100m:	1:07.29	35.00	200m:	2:18.12	35.52	300m:	3:28.73	35.34	400m:	4:37.38	33.68
7.	PAYANT, Léa			16	Dorval					<b>4:37.43</b>		
	50m:	31.45	31.45	150m:	1:41.07	35.47	250m:	2:51.96	35.47	350m:	4:03.26	35.64
	100m:	1:05.60	34.15	200m:	2:16.49	35.42	300m:	3:27.62	35.66	400m:	4:37.43	34.17
8.	GAUTHIER, Rébecca			16	Neptune Natation					<b>4:38.32</b>		
	50m:	31.64	31.64	150m:	1:41.46	35.13	250m:	2:52.19	35.29	350m:	4:03.12	35.82
	100m:	1:06.33	34.69	200m:	2:16.90	35.44	300m:	3:27.30	35.11	400m:	4:38.32	35.20
9.	MATTE, Eve			16	Neptune Natation					<b>4:39.58</b>		
	50m:	31.40	31.40	150m:	1:40.35	34.87	250m:	2:51.56	35.85	350m:	4:03.79	36.21
	100m:	1:05.48	34.08	200m:	2:15.71	35.36	300m:	3:27.58	36.02	400m:	4:39.58	35.79

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Epreuve 217, Dames, 400m Libre, Finale, 15 - 19 ans

Rang			Age						Temps	Pts
10.	ANDREOLI, Catherine		16	Camo					<b>4:40.93</b>	
	50m:	32.07 32.07	150m:	1:42.15 35.42	250m:	2:53.62 35.76	350m:	4:05.91 36.11		
	100m:	1:06.73 34.66	200m:	2:17.86 35.71	300m:	3:29.80 36.18	400m:	4:40.93 35.02		