

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL
Montréal, 7 au 9 juin 2024

Epreuve 216
2024-06-09 - 9:40

Messieurs, 400m 4 nages

10 - 19 ans
Liste résultats Eliminatoires

Points: FINA 2024

Rang				Age					Temps	Pts		
10 - 12 ans												
1.	XIE, Steven			12	Pointe-Claire Swim Club				5:50.87	Q		
	50m:	35.03	35.03	150m:	2:03.92	45.06	250m:	3:40.91	52.41	350m:	5:12.52	39.17
	100m:	1:18.86	43.83	200m:	2:48.50	44.58	300m:	4:33.35	52.44	400m:	5:50.87	38.35
2.	MCMICHAEL, Harvey			11	Pointe-Claire Swim Club				5:57.42	Q		
	50m:	38.66	38.66	150m:	2:12.01	48.37	250m:	3:46.87	49.02	350m:	5:18.50	41.11
	100m:	1:23.64	44.98	200m:	2:57.85	45.84	300m:	4:37.39	50.52	400m:	5:57.42	38.92
3.	HILLIER, Malcolm			11	Pointe-Claire Swim Club				6:05.05	Q		
	50m:	42.71	42.71	150m:	2:20.62	46.04	250m:	3:58.38	52.15	350m:	5:27.99	38.39
	100m:	1:34.58	51.87	200m:	3:06.23	45.61	300m:	4:49.60	51.22	400m:	6:05.05	37.06
4.	CHOWN, Tristan			11	Pointe-Claire Swim Club				6:09.25	Q		
	50m:	41.08	41.08	150m:	2:16.78	47.35	250m:	3:56.53	54.99	350m:	5:32.97	41.06
	100m:	1:29.43	48.35	200m:	3:01.54	44.76	300m:	4:51.91	55.38	400m:	6:09.25	36.28
5.	MACLEOD, Logan			11	Pointe-Claire Swim Club				6:25.88	Q		
	50m:	40.86	40.86	150m:	2:25.76	50.31	250m:	4:06.68	53.32	350m:	5:45.90	44.67
	100m:	1:35.45	54.59	200m:	3:13.36	47.60	300m:	5:01.23	54.55	400m:	6:25.88	39.98
6.	SHAO, Yiming			10	Pointe-Claire Swim Club				6:26.41	Q		
	50m:	40.08	40.08	150m:	2:17.45	48.31	250m:	4:02.00	56.93	350m:	5:44.20	44.35
	100m:	1:29.14	49.06	200m:	3:05.07	47.62	300m:	4:59.85	57.85	400m:	6:26.41	42.21
13 - 14 ans												
1.	LEBEL, Théo			13	Neptune Natation				4:57.24	Q		
	50m:	31.69	31.69	150m:	1:46.65	39.07	250m:	3:06.72	43.09	350m:	4:23.92	34.48
	100m:	1:07.58	35.89	200m:	2:23.63	36.98	300m:	3:49.44	42.72	400m:	4:57.24	33.32
2.	DUMAIS, Darius			14	Neptune Natation				5:09.92	Q		
	50m:	32.58	32.58	150m:	1:51.70	41.46	250m:	3:14.46	42.90	350m:	4:34.73	36.91
	100m:	1:10.24	37.66	200m:	2:31.56	39.86	300m:	3:57.82	43.36	400m:	5:09.92	35.19
3.	COOK, Ronan			13	Ddo				5:12.59	Q		
	50m:	32.54	32.54	150m:	1:52.82	42.00	250m:	3:15.69	42.01	350m:	4:36.30	37.02
	100m:	1:10.82	38.28	200m:	2:33.68	40.86	300m:	3:59.28	43.59	400m:	5:12.59	36.29
4.	BOULAAJOUL, Marwan			14	Camo				5:13.77	Q		
	50m:	34.40	34.40	150m:	1:56.54	42.70	250m:	3:21.36	44.80	350m:	4:40.94	33.85
	100m:	1:13.84	39.44	200m:	2:36.56	40.02	300m:	4:07.09	45.73	400m:	5:13.77	32.83
5.	COOPER, William			13	Ddo				5:17.43	Q		
	50m:	34.33	34.33	150m:	1:55.61	41.45	250m:	3:19.23	44.42	350m:	4:41.84	36.02
	100m:	1:14.16	39.83	200m:	2:34.81	39.20	300m:	4:05.82	46.59	400m:	5:17.43	35.59
6.	BAUTISTA, Mikaelangelo			13	Cdndg				5:21.84	Q		
	50m:	33.63	33.63	150m:	1:52.75	39.42	250m:	3:18.80	47.30	350m:	4:44.84	37.98
	100m:	1:13.33	39.70	200m:	2:31.50	38.75	300m:	4:06.86	48.06	400m:	5:21.84	37.00
7.	NEWMAN, Aiden			14	Bbf				5:22.26	Q		
	50m:	32.84	32.84	150m:	1:57.12	44.59	250m:	3:25.86	45.83	350m:	4:47.86	34.61
	100m:	1:12.53	39.69	200m:	2:40.03	42.91	300m:	4:13.25	47.39	400m:	5:22.26	34.40
8.	GAGNÉ, Victor			14	Gamin				5:23.29	Q		
	50m:	33.99	33.99	150m:	1:54.49	40.59	250m:	3:21.02	46.58	350m:	4:47.50	37.93
	100m:	1:13.90	39.91	200m:	2:34.44	39.95	300m:	4:09.57	48.55	400m:	5:23.29	35.79

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Epreuve 216, Garçons, 400m 4 nages, Elimatoire, 13 - 14 ans

Rang				Age						Temps	Pts	
9.	CASEY, Mathew			13	Club de Natation Mont-Tremblant					5:24.60	Q	
	50m:	32.44	32.44	150m:	1:52.30	40.56	250m:	3:20.76	49.18	350m:	4:48.40	38.69
	100m:	1:11.74	39.30	200m:	2:31.58	39.28	300m:	4:09.71	48.95	400m:	5:24.60	36.20
10.	COULTER, Dylan			13	Bbf					5:24.70	Q	
	50m:	34.13	34.13	150m:	1:57.91	42.82	250m:	3:25.65	44.19	350m:	4:48.97	37.89
	100m:	1:15.09	40.96	200m:	2:41.46	43.55	300m:	4:11.08	45.43	400m:	5:24.70	35.73
11.	MENARD, Elliot			14	Pointe-Claire Swim Club					5:24.76	R	
	50m:	36.36	36.36	150m:	2:03.05	43.62	250m:	3:29.71	45.38	350m:	4:50.82	35.89
	100m:	1:19.43	43.07	200m:	2:44.33	41.28	300m:	4:14.93	45.22	400m:	5:24.76	33.94
12.	POLIO, César			13	Club de Natation Mont-Tremblant					5:29.65	R	
	50m:	35.06	35.06	150m:	1:59.71	43.48	250m:	3:30.44	48.22	350m:	4:55.04	36.30
	100m:	1:16.23	41.17	200m:	2:42.22	42.51	300m:	4:18.74	48.30	400m:	5:29.65	34.61
13.	BELL, Justin			13	Cote Saint-Luc Aquatics					5:30.36		
	50m:	35.74	35.74	150m:	1:59.73	42.83	250m:	3:30.53	47.98	350m:	4:55.49	37.07
	100m:	1:16.90	41.16	200m:	2:42.55	42.82	300m:	4:18.42	47.89	400m:	5:30.36	34.87
14.	ONORATI, Matteo			14	Ddo					5:30.74		
	50m:	33.03	33.03	150m:	1:52.25	40.36	250m:	3:22.30	50.35	350m:	4:52.59	38.93
	100m:	1:11.89	38.86	200m:	2:31.95	39.70	300m:	4:13.66	51.36	400m:	5:30.74	38.15
15.	CHIN, Jonah			13	Ddo					5:34.25		
	50m:	37.14	37.14	150m:	2:06.65	43.45	250m:	3:35.20	47.01	350m:	4:59.50	37.42
	100m:	1:23.20	46.06	200m:	2:48.19	41.54	300m:	4:22.08	46.88	400m:	5:34.25	34.75
16.	LACHARITÉ, Samuel			13	Neptune Natation					5:35.47		
	50m:	36.79	36.79	150m:	2:01.12	41.90	250m:	3:30.48	48.17	350m:	4:58.85	38.95
	100m:	1:19.22	42.43	200m:	2:42.31	41.19	300m:	4:19.90	49.42	400m:	5:35.47	36.62

15 - 19 ans

1.	JANVIER, Mikael			17	Pointe-Claire Swim Club					4:45.64	Q	
	50m:	29.66	29.66	150m:	1:41.64	37.12	250m:	2:57.48	39.72	350m:	4:12.62	34.70
	100m:	1:04.52	34.86	200m:	2:17.76	36.12	300m:	3:37.92	40.44	400m:	4:45.64	33.02
2.	TRÉPANIÉ, Loïc			19	club aquatique st-eustache					4:48.04	Q	
	50m:	28.86	28.86	150m:	1:41.02	37.96	250m:	3:00.71	41.48	350m:	4:16.24	33.30
	100m:	1:03.06	34.20	200m:	2:19.23	38.21	300m:	3:42.94	42.23	400m:	4:48.04	31.80
3.	TROTIER, Louis			17	Ddo					4:51.99	Q	
	50m:	32.54	32.54	150m:	1:48.35	37.65	250m:	3:06.62	42.04	350m:	4:21.28	31.72
	100m:	1:10.70	38.16	200m:	2:24.58	36.23	300m:	3:49.56	42.94	400m:	4:51.99	30.71
4.	PARENT, Nicolas			16	Gamin					4:56.15	Q	
	50m:	31.31	31.31	150m:	1:47.11	39.41	250m:	3:06.47	40.90	350m:	4:23.45	35.09
	100m:	1:07.70	36.39	200m:	2:25.57	38.46	300m:	3:48.36	41.89	400m:	4:56.15	32.70
5.	VERGNANO MCRAE, Kyle			17	Ddo					4:57.03	Q	
	50m:	31.29	31.29	150m:	1:44.73	37.52	250m:	3:05.40	43.70	350m:	4:24.65	34.00
	100m:	1:07.21	35.92	200m:	2:21.70	36.97	300m:	3:50.65	45.25	400m:	4:57.03	32.38
6.	WONG, Drazic			16	Ddo					4:59.59	Q	
	50m:	31.14	31.14	150m:	1:46.36	39.03	250m:	3:07.86	43.71	350m:	4:26.65	34.75
	100m:	1:07.33	36.19	200m:	2:24.15	37.79	300m:	3:51.90	44.04	400m:	4:59.59	32.94
7.	HANS, Charles			15	Gamin					5:05.24	Q	
	50m:	32.50	32.50	150m:	1:51.22	39.93	250m:	3:11.87	41.50	350m:	4:30.15	36.38
	100m:	1:11.29	38.79	200m:	2:30.37	39.15	300m:	3:53.77	41.90	400m:	5:05.24	35.09

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Epreuve 216, Messieurs, 400m 4 nages, Eliminatoire, 15 - 19 ans

Rang				Age				Temps	Pts			
8.	JINGAN, Samir			15	Gamin			5:14.93	Q			
	50m:	31.99	31.99	150m:	1:50.49	40.70	250m:	3:16.48	46.74	350m:	4:41.29	38.54
	100m:	1:09.79	37.80	200m:	2:29.74	39.25	300m:	4:02.75	46.27	400m:	5:14.93	33.64
9.	COULOMBE, Olivier			16	Neptune Natation			5:18.88	Q			
	50m:	32.78	32.78	150m:	1:52.78	41.30	250m:	3:20.97	47.49	350m:	4:44.31	34.92
	100m:	1:11.48	38.70	200m:	2:33.48	40.70	300m:	4:09.39	48.42	400m:	5:18.88	34.57
10.	TRUONG, Jake			15	Neptune Natation			5:24.52	Q			
	50m:	33.90	33.90	150m:	1:56.45	42.14	250m:	3:22.91	45.48	350m:	4:48.33	38.57
	100m:	1:14.31	40.41	200m:	2:37.43	40.98	300m:	4:09.76	46.85	400m:	5:24.52	36.19