

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL
Montréal, 7 au 9 juin 2024

Epreuve 118
2024-06-08 - 17:49

Messieurs, 400m Libre

10 - 19 ans
Liste résultats Finales

Points: FINA 2024

Rang			Age							Temps	Pts	
10 - 12 ans												
1.	RICCI, Adriano		12	Pointe-Claire Swim Club						5:09.60		
	50m:	34.42	34.42	150m:	1:52.39	39.24	250m:	3:11.76	39.98	350m:	4:31.10	39.71
	100m:	1:13.15	38.73	200m:	2:31.78	39.39	300m:	3:51.39	39.63	400m:	5:09.60	38.50
2.	CARBERY, Tristan		12	Mégophias						5:13.27		
	50m:	35.25	35.25	150m:	1:53.63	39.41	250m:	3:12.56	39.88	350m:	4:32.42	42.07
	100m:	1:14.22	38.97	200m:	2:32.68	39.05	300m:	3:50.35	37.79	400m:	5:13.27	40.85
3.	LIN, Lucas		12	Montreal Institute of Swimming						5:16.17		
	50m:	35.80	35.80	150m:	1:55.14	40.65	250m:	3:15.68	40.15	350m:	4:38.10	41.06
	100m:	1:14.49	38.69	200m:	2:35.53	40.39	300m:	3:57.04	41.36	400m:	5:16.17	38.07
4.	BOUDREAU, Owen		12	Bbf						5:16.26		
	50m:	34.98	34.98	150m:	1:53.96	40.07	250m:	3:13.36	39.81	350m:	4:33.61	41.13
	100m:	1:13.89	38.91	200m:	2:33.55	39.59	300m:	3:52.48	39.12	400m:	5:16.26	42.65
5.	PAQUET, Tom		12	Neptune Natation						5:18.49		
	50m:	36.31	36.31	150m:	1:57.26	40.96	250m:	3:19.44	41.29	350m:	4:40.49	40.42
	100m:	1:16.30	39.99	200m:	2:38.15	40.89	300m:	4:00.07	40.63	400m:	5:18.49	38.00
6.	NEWTON, Liam		12	Bbf						5:23.38		
	50m:	35.36	35.36	150m:	1:57.44	41.62	250m:	3:21.75	42.57	350m:	4:44.43	41.81
	100m:	1:15.82	40.46	200m:	2:39.18	41.74	300m:	4:02.62	40.87	400m:	5:23.38	38.95
7.	SESEN, Alinur		12	Cdndg						5:25.24		
	50m:	37.58	37.58	150m:	2:00.02	41.31	250m:	3:22.85	41.56	350m:	4:45.63	41.09
	100m:	1:18.71	41.13	200m:	2:41.29	41.27	300m:	4:04.54	41.69	400m:	5:25.24	39.61
8.	COLOOS, Justin		12	club aquatique st-eustache						5:26.69		
	50m:	35.89	35.89	150m:	1:57.79	41.48	250m:	3:21.52	41.91	350m:	4:45.55	42.52
	100m:	1:16.31	40.42	200m:	2:39.61	41.82	300m:	4:03.03	41.51	400m:	5:26.69	41.14
9.	YANG, Zhichong		12	Pointe-Claire Swim Club						5:35.64		
	50m:	37.14	37.14	150m:	2:01.53	42.42	250m:	3:26.76	42.77	350m:	4:53.55	43.19
	100m:	1:19.11	41.97	200m:	2:43.99	42.46	300m:	4:10.36	43.60	400m:	5:35.64	42.09
10.	KASMI, Adel		12	Mtl Nord Natation						5:37.72		
	50m:	37.83	37.83	150m:	2:03.01	43.01	250m:	3:29.13	42.83	350m:	4:55.36	43.34
	100m:	1:20.00	42.17	200m:	2:46.30	43.29	300m:	4:12.02	42.89	400m:	5:37.72	42.36
13 - 14 ans												
1.	KHIAR, Mohamed		14	Neptune Natation						4:41.19		
	50m:	31.36	31.36	150m:	1:41.98	35.94	250m:	2:53.82	36.04	350m:	4:05.44	35.77
	100m:	1:06.04	34.68	200m:	2:17.78	35.80	300m:	3:29.67	35.85	400m:	4:41.19	35.75
2.	MASSEY, Aidan		13	Pointe-Claire Swim Club						4:51.40		
	50m:	32.72	32.72	150m:	1:46.10	36.94	250m:	3:00.37	37.16	350m:	4:14.56	36.93
	100m:	1:09.16	36.44	200m:	2:23.21	37.11	300m:	3:37.63	37.26	400m:	4:51.40	36.84
3.	FORTIER, William		14	Neptune Natation						4:52.18		
	50m:	33.42	33.42	150m:	1:48.73	37.52	250m:	3:04.32	37.47	350m:	4:18.10	36.68
	100m:	1:11.21	37.79	200m:	2:26.85	38.12	300m:	3:41.42	37.10	400m:	4:52.18	34.08
4.	ZWEIG, Harley		13	Ddo						4:52.99		
	50m:	32.43	32.43	150m:	1:46.87	37.85	250m:	3:03.00	38.78	350m:	4:17.63	37.17
	100m:	1:09.02	36.59	200m:	2:24.22	37.35	300m:	3:40.46	37.46	400m:	4:52.99	35.36

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Epreuve 118, Garçons, 400m Libre, Finale, 13 - 14 ans

Rang				Age					Temps	Pts		
5.	SFESTAROF, Harald			14	Cote Saint-Luc Aquatics				5:01.06			
	50m:	32.60	32.60	150m:	250m:	3:06.00	39.80	350m:	4:23.30	38.72		
	100m:	1:09.44	36.84	200m:	2:26.20	300m:	3:44.58	38.58	400m:	5:01.06	37.76	
6.	GRANT-GRIMARD, Jules			14	Neptune Natation				5:01.93			
	50m:	32.15	32.15	150m:	1:48.72	38.71	250m:	3:07.88	38.82	350m:	4:25.42	37.44
	100m:	1:10.01	37.86	200m:	2:29.06	40.34	300m:	3:47.98	40.10	400m:	5:01.93	36.51
7.	DROUIN, Matthew			14	Neptune Natation				5:03.30			
	50m:	32.84	32.84	150m:	1:49.59	38.84	250m:	3:06.66	38.38	350m:	4:25.10	39.35
	100m:	1:10.75	37.91	200m:	2:28.28	38.69	300m:	3:45.75	39.09	400m:	5:03.30	38.20
8.	BISSADA, Brandon			13	Camo				5:04.16			
	50m:	32.69	32.69	150m:	1:49.13	38.68	250m:	3:06.73	38.89	350m:	4:25.64	39.71
	100m:	1:10.45	37.76	200m:	2:27.84	38.71	300m:	3:45.93	39.20	400m:	5:04.16	38.52
9.	BARTEKIAN, Liam			13	Laval				5:04.67			
	50m:	35.37	35.37	150m:	1:54.35	39.18	250m:	3:11.95	38.82	350m:	4:29.08	38.08
	100m:	1:15.17	39.80	200m:	2:33.13	38.78	300m:	3:51.00	39.05	400m:	5:04.67	35.59
10.	POTEL, Logan			13	Ddo				5:05.62			
	50m:	34.34	34.34	150m:	1:52.22	39.48	250m:	3:10.18	38.66	350m:	4:27.84	38.83
	100m:	1:12.74	38.40	200m:	2:31.52	39.30	300m:	3:49.01	38.83	400m:	5:05.62	37.78

15 - 19 ans

1.	ALEXANDRESCU, Victor			15	Pointe-Claire Swim Club				4:30.22			
	50m:	31.08	31.08	150m:	1:39.99	34.46	250m:	2:49.44	34.65	350m:	3:57.95	34.06
	100m:	1:05.53	34.45	200m:	2:14.79	34.80	300m:	3:23.89	34.45	400m:	4:30.22	32.27
2.	PAGEL, Luka			16	Ddo				4:30.27			
	50m:	31.14	31.14	150m:	1:39.78	34.47	250m:	2:49.52	34.89	350m:	3:58.36	34.34
	100m:	1:05.31	34.17	200m:	2:14.63	34.85	300m:	3:24.02	34.50	400m:	4:30.27	31.91
3.	BOYER, Sébastien			16	Ddo				4:33.68			
	50m:	30.84	30.84	150m:	1:39.65	34.81	250m:	2:49.17	34.64	350m:	3:58.90	35.04
	100m:	1:04.84	34.00	200m:	2:14.53	34.88	300m:	3:23.86	34.69	400m:	4:33.68	34.78
4.	BLANCHARD, Émile			15	Neptune Natation				4:38.87			
	50m:	31.30	31.30	150m:	1:40.92	35.30	250m:	2:51.18	35.02	350m:	4:02.98	36.60
	100m:	1:05.62	34.32	200m:	2:16.16	35.24	300m:	3:26.38	35.20	400m:	4:38.87	35.89
5.	KHELLADI, Noa Hami			15	Laval				4:40.99			
	50m:	30.94	30.94	150m:	1:41.38	35.77	250m:	2:53.95	36.32	350m:	4:06.54	35.81
	100m:	1:05.61	34.67	200m:	2:17.63	36.25	300m:	3:30.73	36.78	400m:	4:40.99	34.45
6.	FAKIH, Houssein			16	Cdndg				4:42.65			
	50m:	30.27	30.27	150m:	1:40.12	35.57	250m:	2:53.81	37.31	350m:	4:07.28	36.23
	100m:	1:04.55	34.28	200m:	2:16.50	36.38	300m:	3:31.05	37.24	400m:	4:42.65	35.37
7.	ASMAR, Damian			15	club aquatique st-eustache				4:42.91			
	50m:	31.09	31.09	150m:	1:41.44	35.71	250m:	2:54.15	36.52	350m:	4:07.30	36.74
	100m:	1:05.73	34.64	200m:	2:17.63	36.19	300m:	3:30.56	36.41	400m:	4:42.91	35.61
8.	NAGIRNEAC, Alex			15	Dorval				4:50.67			
	50m:	31.55	31.55	150m:	1:42.66	36.35	250m:	2:58.38	37.64	350m:	4:13.62	37.50
	100m:	1:06.31	34.76	200m:	2:20.74	38.08	300m:	3:36.12	37.74	400m:	4:50.67	37.05
9.	TESSIER, Laurent			15	R2p				4:54.87			
	50m:	32.70	32.70	150m:	1:47.42	37.99	250m:	3:03.81	37.79	350m:	4:19.67	37.75
	100m:	1:09.43	36.73	200m:	2:26.02	38.60	300m:	3:41.92	38.11	400m:	4:54.87	35.20