

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL  
Montréal, 7 au 9 juin 2024

Epreuve 118  
2024-06-08 - 10:15

Messieurs, 400m Libre

10 - 19 ans  
Liste résultats Eliminatoires

Points: FINA 2024

Rang	Age				Temps				Pts			
10 - 12 ans												
1.	CARBERY, Tristan				12	Mégophias				<b>5:14.92</b>	Q	
	50m:	35.88	35.88	150m:	1:56.38	40.33	250m:	3:16.10	39.87	350m:	4:35.98	39.91
	100m:	1:16.05	40.17	200m:	2:36.23	39.85	300m:	3:56.07	39.97	400m:	5:14.92	38.94
2.	BOUDREAU, Owen				12	Bbf				<b>5:17.65</b>	Q	
	50m:	35.49	35.49	150m:	1:56.10	40.69	250m:	3:17.13	40.06	350m:	4:38.23	40.35
	100m:	1:15.41	39.92	200m:	2:37.07	40.97	300m:	3:57.88	40.75	400m:	5:17.65	39.42
3.	RICCI, Adriano				12	Pointe-Claire Swim Club				<b>5:18.37</b>	Q	
	50m:	34.50	34.50	150m:	1:53.07	39.70	250m:	3:15.27	40.65	350m:	4:37.22	41.10
	100m:	1:13.37	38.87	200m:	2:34.62	41.55	300m:	3:56.12	40.85	400m:	5:18.37	41.15
4.	LIN, Lucas				12	Montreal Institute of Swimming				<b>5:20.14</b>	Q	
	50m:	34.96	34.96	150m:	1:54.27	39.77	250m:	3:16.26	41.37	350m:	4:39.60	42.07
	100m:	1:14.50	39.54	200m:	2:34.89	40.62	300m:	3:57.53	41.27	400m:	5:20.14	40.54
5.	SESEN, Alinur				12	Cdndg				<b>5:24.49</b>	Q	
	50m:	38.77	38.77	150m:	1:59.95	40.05	250m:	3:22.49	42.04	350m:	4:44.96	41.16
	100m:	1:19.90	41.13	200m:	2:40.45	40.50	300m:	4:03.80	41.31	400m:	5:24.49	39.53
6.	PAQUET, Tom				12	Neptune Natation				<b>5:27.52</b>	Q	
	50m:	37.24	37.24	150m:	2:01.21	42.06	250m:	3:24.89	41.82	350m:	4:48.71	41.66
	100m:	1:19.15	41.91	200m:	2:43.07	41.86	300m:	4:07.05	42.16	400m:	5:27.52	38.81
7.	NEWTON, Liam				12	Bbf				<b>5:30.53</b>	Q	
	50m:	38.07	38.07	150m:	2:03.87	42.94	250m:	3:28.88	42.23	350m:	4:52.01	41.31
	100m:	1:20.93	42.86	200m:	2:46.65	42.78	300m:	4:10.70	41.82	400m:	5:30.53	38.52
8.	COLOOS, Justin				12	club aquatique st-eustache				<b>5:31.18</b>	Q	
	50m:	37.41	37.41	150m:	2:01.33	42.48	250m:	3:26.75	42.68	350m:	4:51.58	41.80
	100m:	1:18.85	41.44	200m:	2:44.07	42.74	300m:	4:09.78	43.03	400m:	5:31.18	39.60
9.	YANG, Zhichong				12	Pointe-Claire Swim Club				<b>5:36.41</b>	Q	
	50m:	37.91	37.91	150m:	2:04.40	43.54	250m:	3:30.41	42.73	350m:	4:55.02	42.70
	100m:	1:20.86	42.95	200m:	2:47.68	43.28	300m:	4:12.32	41.91	400m:	5:36.41	41.39
10.	KASMI, Adel				12	Mtl Nord Natation				<b>5:37.18</b>	Q	
	50m:	38.16	38.16	150m:	2:03.61	43.29	250m:	3:30.01		350m:	4:55.96	43.13
	100m:	1:20.32	42.16	200m:			300m:	4:12.83	42.82	400m:	5:37.18	41.22
11.	PAQUETTE, Zack				12	Club de Natation Mont-Tremblant				<b>5:41.17</b>	R	
	50m:	39.48	39.48	150m:	2:07.71	44.08	250m:	3:34.72	43.55	350m:	5:00.86	42.61
	100m:	1:23.63	44.15	200m:	2:51.17	43.46	300m:	4:18.25	43.53	400m:	5:41.17	40.31
12.	ROYER, Arno				12	Caem				<b>5:43.71</b>	R	
	50m:	36.07	36.07	150m:	2:02.99	44.58	250m:	3:31.30	44.60	350m:	4:59.84	44.56
	100m:	1:18.41	42.34	200m:	2:46.70	43.71	300m:	4:15.28	43.98	400m:	5:43.71	43.87
13.	SELAMI, Ahmed-Yacine				11	Mtl Nord Natation				<b>5:47.62</b>		
	50m:	38.33	38.33	150m:			250m:	3:38.81	45.46	350m:	5:08.66	45.00
	100m:	1:23.04	44.71	200m:	2:53.35		300m:	4:23.66	44.85	400m:	5:47.62	38.96
14.	TAJ, Youssef				11	Cdndg				<b>5:47.63</b>		
	50m:	39.38	39.38	150m:	2:07.16	45.41	250m:	4:22.97		350m:	5:07.52	
	100m:	1:21.75	42.37	200m:			300m:			400m:	5:47.63	40.11
15.	ROUSSEAU, Elliot				12	Caem				<b>5:48.63</b>		
	50m:	38.71	38.71	150m:	2:08.48	45.71	250m:	3:38.56	44.16	350m:	5:07.36	43.67
	100m:	1:22.77	44.06	200m:	2:54.40	45.92	300m:	4:23.69	45.13	400m:	5:48.63	41.27

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Epreuve 118, Garçons, 400m Libre, Elimatoire, 10 - 12 ans

Rang			Age						Temps	Pts		
16.	SERGERIE, Alexander		10	Pointe-Claire Swim Club					<b>5:49.80</b>			
	50m:	38.59	38.59	150m:	2:08.14	45.44	250m:	3:39.25	45.00	350m:	5:08.91	44.78
	100m:	1:22.70	44.11	200m:	2:54.25	46.11	300m:	4:24.13	44.88	400m:	5:49.80	40.89
17.	SILVERWOOD-YOUNG, Owen		11	Dorval					<b>5:59.04</b>			
	50m:	41.10	41.10	150m:	2:11.60	45.95	250m:	3:44.88	47.36	350m:	5:15.23	44.79
	100m:	1:25.65	44.55	200m:	2:57.52	45.92	300m:	4:30.44	45.56	400m:	5:59.04	43.81
18.	SISLIAN, Rafael		10	Camo					<b>6:07.01</b>			
	50m:	42.20	42.20	150m:			250m:	4:38.73		350m:		
	100m:	1:29.68	47.48	200m:			300m:			400m:	6:07.01	
19.	CHEDID, William		11	Camo					<b>6:07.57</b>			
	50m:	40.36	40.36	150m:	2:13.26	47.30	250m:	3:46.89	46.84	350m:	5:21.87	47.79
	100m:	1:25.96	45.60	200m:	3:00.05	46.79	300m:	4:34.08	47.19	400m:	6:07.57	45.70
20.	POULIN, Olivier		11	Camo					<b>6:17.08</b>			
	50m:			150m:	2:13.90		250m:	3:52.08		350m:	5:29.94	49.97
	100m:			200m:			300m:	4:39.97	47.89	400m:	6:17.08	47.14
21.	CUI, Gabriel Jiarui		10	Pointe-Claire Swim Club					<b>6:21.97</b>			
	50m:	42.20	42.20	150m:	2:21.16	50.01	250m:	4:00.73	49.19	350m:	5:37.58	47.62
	100m:	1:31.15	48.95	200m:	3:11.54	50.38	300m:	4:49.96	49.23	400m:	6:21.97	44.39
22.	LY, Sacha		10	Cdndg					<b>6:37.69</b>			
	50m:	43.32	43.32	150m:	2:23.25	50.65	250m:	4:04.90	50.54	350m:	5:47.17	57.76
	100m:	1:32.60	49.28	200m:	3:14.36	51.11	300m:	4:49.41	44.51	400m:	6:37.69	50.52
disq.	SERVIO, Aidan		12	Ddo								
13 - 14 ans												
1.	KHIAR, Mohamed		14	Neptune Natation					<b>4:40.37</b>	Q		
	50m:	31.39	31.39	150m:	1:41.63	35.55	250m:	2:53.98	36.06	350m:	4:06.17	36.05
	100m:	1:06.08	34.69	200m:	2:17.92	36.29	300m:	3:30.12	36.14	400m:	4:40.37	34.20
2.	BISSADA, Brandon		13	Camo					<b>4:52.35</b>	Q		
	50m:	33.16	33.16	150m:	1:48.08	37.76	250m:	3:03.55	37.76	350m:	4:18.92	37.32
	100m:	1:10.32	37.16	200m:	2:25.79	37.71	300m:	3:41.60	38.05	400m:	4:52.35	33.43
3.	ZWEIG, Harley		13	Ddo					<b>4:52.42</b>	Q		
	50m:	33.18	33.18	150m:	1:47.12	37.44	250m:	3:02.40	37.72	350m:	4:18.02	38.11
	100m:	1:09.68	36.50	200m:	2:24.68	37.56	300m:	3:39.91	37.51	400m:	4:52.42	34.40
4.	MASSEY, Aidan		13	Pointe-Claire Swim Club					<b>4:53.01</b>	Q		
	50m:	33.14	33.14	150m:	1:47.74	37.63	250m:	3:03.24	37.68	350m:	4:17.59	37.00
	100m:	1:10.11	36.97	200m:	2:25.56	37.82	300m:	3:40.59	37.35	400m:	4:53.01	35.42
5.	DESROCHERS, Mathieu		14	Bbf					<b>4:53.95</b>	Q		
	50m:	32.74	32.74	150m:	1:46.53	37.29	250m:	3:01.96	37.68	350m:	4:17.38	37.72
	100m:	1:09.24	36.50	200m:	2:24.28	37.75	300m:	3:39.66	37.70	400m:	4:53.95	36.57
6.	FORTIER, William		14	Neptune Natation					<b>4:58.70</b>	Q		
	50m:	33.56	33.56	150m:	1:48.97	38.16	250m:	3:05.64	38.09	350m:	4:22.27	37.89
	100m:	1:10.81	37.25	200m:	2:27.55	38.58	300m:	3:44.38	38.74	400m:	4:58.70	36.43
7.	SFESTAROF, Harald		14	Cote Saint-Luc Aquatics					<b>5:03.55</b>	Q		
	50m:	33.25	33.25	150m:	1:48.77	38.45	250m:	3:06.93	38.95	350m:	4:25.14	38.41
	100m:	1:10.32	37.07	200m:	2:27.98	39.21	300m:	3:46.73	39.80	400m:	5:03.55	38.41
8.	BARTEKIAN, Liam		13	Laval					<b>5:04.61</b>	Q		
	50m:	35.01	35.01	150m:	1:53.92	39.46	250m:	3:12.96	39.52	350m:	4:29.13	37.26
	100m:	1:14.46	39.45	200m:	2:33.44	39.52	300m:	3:51.87	38.91	400m:	5:04.61	35.48

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Epreuve 118, Garçons, 400m Libre, Elimatoire, 13 - 14 ans

Rang				Age						Temps	Pts	
9.	POTEL, Logan			13	Ddo					<b>5:05.93</b>	Q	
	50m:	34.53	34.53	150m:	1:51.69	39.04	250m:	3:09.47	38.87	350m:	4:28.18	39.48
	100m:	1:12.65	38.12	200m:	2:30.60	38.91	300m:	3:48.70	39.23	400m:	5:05.93	37.75
10.	GRANT-GRIMARD, Jules			14	Neptune Natation					<b>5:06.14</b>	Q	
	50m:	33.44	33.44	150m:	1:53.31	41.62	250m:	3:12.97	39.00	350m:	4:30.37	38.92
	100m:	1:11.69	38.25	200m:	2:33.97	40.66	300m:	3:51.45	38.48	400m:	5:06.14	35.77
11.	DROUIN, Matthew			14	Neptune Natation					<b>5:07.46</b>	R	
	50m:	33.55	33.55	150m:	1:52.08	39.99	250m:	3:11.03	38.60	350m:	4:29.79	39.71
	100m:	1:12.09	38.54	200m:	2:32.43	40.35	300m:	3:50.08	39.05	400m:	5:07.46	37.67
12.	BLAIS, Malyk			14	Mégophias					<b>5:09.37</b>	R	
	50m:	35.16	35.16	150m:	1:54.83	40.36	250m:	3:13.89	39.25	350m:	4:32.39	39.08
	100m:	1:14.47	39.31	200m:	2:34.64	39.81	300m:	3:53.31	39.42	400m:	5:09.37	36.98
13.	POULIN, Étienne			14	R2p					<b>5:09.67</b>		
	50m:	34.24	34.24	150m:	1:49.76	38.16	250m:	3:09.26	40.06	350m:	4:30.27	40.59
	100m:	1:11.60	37.36	200m:	2:29.20	39.44	300m:	3:49.68	40.42	400m:	5:09.67	39.40
14.	WANG, Yannick Immanuel			13	Dorval					<b>5:15.39</b>		
	50m:	33.58	33.58	150m:	1:51.48	40.00	250m:	3:14.38	41.36	350m:	4:37.19	41.60
	100m:	1:11.48	37.90	200m:	2:33.02	41.54	300m:	3:55.59	41.21	400m:	5:15.39	38.20
15.	ST-AUBIN, Zacharie			13	club aquatique st-eustache					<b>5:17.49</b>		
	50m:	34.68	34.68	150m:	1:54.56	40.51	250m:	3:14.36	40.07	350m:	4:34.97	40.20
	100m:	1:14.05	39.37	200m:	2:34.29	39.73	300m:	3:54.77	40.41	400m:	5:17.49	42.52
16.	LEBLOND, Alexis			13	Mtl Nord Natation					<b>5:18.39</b>		
	50m:	36.04	36.04	150m:	1:58.57	41.81	250m:	3:20.90	40.81	350m:	4:41.05	39.56
	100m:	1:16.76	40.72	200m:	2:40.09	41.52	300m:	4:01.49	40.59	400m:	5:18.39	37.34
17.	LINCOURT, Sebastien			13	Neptune Natation					<b>5:20.94</b>		
	50m:	35.11	35.11	150m:	1:55.32	40.75	250m:	3:17.77	41.52	350m:	4:40.34	41.23
	100m:	1:14.57	39.46	200m:	2:36.25	40.93	300m:	3:59.11	41.34	400m:	5:20.94	40.60
18.	O'DOHERTY, Charles			13	Camo					<b>5:22.69</b>		
	50m:	36.23	36.23	150m:	1:57.76	41.48	250m:	3:21.56	41.73	350m:	4:44.73	41.28
	100m:	1:16.28	40.05	200m:	2:39.83	42.07	300m:	4:03.45	41.89	400m:	5:22.69	37.96
19.	GAGNÉ, Peter Andres			14	Camo					<b>5:24.96</b>		
	50m:	34.52	34.52	150m:	1:52.62	39.71	250m:	3:16.59	42.85	350m:	4:46.10	44.77
	100m:	1:12.91	38.39	200m:	2:33.74	41.12	300m:	4:01.33	44.74	400m:	5:24.96	38.86
20.	YANKOV, Daniel			13	Cdndg					<b>5:25.50</b>		
	50m:	35.34	35.34	150m:	1:58.73	42.45	250m:	3:22.93	42.13	350m:	4:46.16	40.38
	100m:	1:16.28	40.94	200m:	2:40.80	42.07	300m:	4:05.78	42.85	400m:	5:25.50	39.34
21.	FRÉMIOT, Bastien			14	Neptune Natation					<b>5:29.72</b>		
	50m:	34.93	34.93	150m:	1:58.95	43.19	250m:			350m:	4:47.93	42.82
	100m:	1:15.76	40.83	200m:	2:40.86	41.91	300m:	4:05.11		400m:	5:29.72	41.79

15 - 19 ans

1.	PAGEL, Luka			16	Ddo					<b>4:32.71</b>	Q	
	50m:	31.86	31.86	150m:	1:41.56	34.84	250m:	2:51.48	34.66	350m:	3:59.95	33.85
	100m:	1:06.72	34.86	200m:	2:16.82	35.26	300m:	3:26.10	34.62	400m:	4:32.71	32.76
2.	ALEXANDRESCU, Victor			15	Pointe-Claire Swim Club					<b>4:37.53</b>	Q	
	50m:	31.32	31.32	150m:	1:42.04	35.81	250m:	2:52.96	35.48	350m:	4:03.51	35.16
	100m:	1:06.23	34.91	200m:	2:17.48	35.44	300m:	3:28.35	35.39	400m:	4:37.53	34.02

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Epreuve 118, Messieurs, 400m Libre, Elimatoire, 15 - 19 ans

Rang				Age						Temps	Pts	
3.	BOYER, Sébastien			16	Ddo					<b>4:37.89</b>	Q	
	50m:	31.86	31.86	150m:	1:41.61	34.89	250m:	2:51.93	35.03	350m:	4:04.06	36.41
	100m:	1:06.72	34.86	200m:	2:16.90	35.29	300m:	3:27.65	35.72	400m:	4:37.89	33.83
4.	BLANCHARD, Émile			15	Neptune Natation					<b>4:38.40</b>	Q	
	50m:	31.86	31.86	150m:	1:42.20	35.61	250m:	2:53.14	35.54	350m:	4:03.87	35.14
	100m:	1:06.59	34.73	200m:	2:17.60	35.40	300m:	3:28.73	35.59	400m:	4:38.40	34.53
5.	BEAUMADIER, Alexandre			16	Neptune Natation					<b>4:42.16</b>	Q	
	50m:	31.68	31.68	150m:	1:43.53	36.26	250m:	2:56.21	36.32	350m:	4:07.88	35.29
	100m:	1:07.27	35.59	200m:	2:19.89	36.36	300m:	3:32.59	36.38	400m:	4:42.16	34.28
6.	FAKIH, Houssein			16	Cdndg					<b>4:42.51</b>	Q	
	50m:	31.62	31.62	150m:	1:42.58	36.10	250m:	2:56.88	37.35	350m:	4:06.92	33.43
	100m:	1:06.48	34.86	200m:	2:19.53	36.95	300m:	3:33.49	36.61	400m:	4:42.51	35.59
7.	ASMAR, Damian			15	club aquatique st-eustache					<b>4:43.03</b>	Q	
	50m:	31.80	31.80	150m:	1:42.67	35.90	250m:	2:54.26	35.97	350m:	4:07.32	36.65
	100m:	1:06.77	34.97	200m:	2:18.29	35.62	300m:	3:30.67	36.41	400m:	4:43.03	35.71
8.	KHELLADI, Noa Hami			15	Laval					<b>4:46.05</b>	Q	
	50m:	32.22	32.22	150m:	1:43.33	35.95	250m:	2:56.81	36.84	350m:	4:11.37	36.51
	100m:	1:07.38	35.16	200m:	2:19.97	36.64	300m:	3:34.86	38.05	400m:	4:46.05	34.68
9.	NAGIRNEAC, Alex			15	Dorval					<b>4:49.20</b>	Q	
	50m:	33.03	33.03	150m:	1:46.24	36.86	250m:	3:01.43	36.97	350m:	4:15.18	36.33
	100m:	1:09.38	36.35	200m:	2:24.46	38.22	300m:	3:38.85	37.42	400m:	4:49.20	34.02
10.	TESSIER, Laurent			15	R2p					<b>4:53.41</b>	Q	
	50m:	33.78	33.78	150m:	1:47.79	37.14	250m:	3:03.79	38.15	350m:	4:19.37	37.22
	100m:	1:10.65	36.87	200m:	2:25.64	37.85	300m:	3:42.15	38.36	400m:	4:53.41	34.04
11.	KLIL-DRORI, Rely			16	Bbf					<b>4:53.77</b>	R	
	50m:	32.90	32.90	150m:	1:46.12	36.91	250m:	3:01.16	37.33	350m:	4:17.66	38.56
	100m:	1:09.21	36.31	200m:	2:23.83	37.71	300m:	3:39.10	37.94	400m:	4:53.77	36.11
12.	SNANE, Samy			15	Mtl Nord Natation					<b>4:55.50</b>	R	
	50m:	32.54	32.54	150m:	1:46.52	37.64	250m:	3:02.92	38.23	350m:	4:18.94	37.74
	100m:	1:08.88	36.34	200m:	2:24.69	38.17	300m:	3:41.20	38.28	400m:	4:55.50	36.56
13.	MONAGHAN, Noah Aaron			15	Ddo					<b>4:58.70</b>		
	50m:	34.41	34.41	150m:	1:48.81	37.13	250m:	3:04.39	37.93	350m:	4:20.49	37.49
	100m:	1:11.68	37.27	200m:	2:26.46	37.65	300m:	3:43.00	38.61	400m:	4:58.70	38.21
14.	EL KASMI, Rhali Mohammed			15	Mtl Nord Natation					<b>5:00.74</b>		
	50m:	31.73	31.73	150m:	1:43.86	36.87	250m:	3:01.09	38.46	350m:	4:21.05	40.51
	100m:	1:06.99	35.26	200m:	2:22.63	38.77	300m:	3:40.54	39.45	400m:	5:00.74	39.69
15.	MUNOZ, Kyle			15	Camo					<b>5:04.69</b>		
	50m:	33.96	33.96	150m:	1:51.88	39.20	250m:	3:09.86	39.04	350m:	4:26.95	38.51
	100m:	1:12.68	38.72	200m:	2:30.82	38.94	300m:	3:48.44	38.58	400m:	5:04.69	37.74