

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL  
Montréal, 7 au 9 juin 2024

Epreuve 117  
2024-06-09 - 17:33

Dames, 400m Libre

10 - 19 ans  
Liste résultats Finales

Points: FINA 2024

| Rang               |                      |         | Age   |                              |         |       |       |         |       | Temps          | Pts     |       |
|--------------------|----------------------|---------|-------|------------------------------|---------|-------|-------|---------|-------|----------------|---------|-------|
| <b>10 - 12 ans</b> |                      |         |       |                              |         |       |       |         |       |                |         |       |
| 1.                 | MUSSELY, Olivia      |         | 12    | Camo                         |         |       |       |         |       | <b>5:09.55</b> |         |       |
|                    | 50m:                 | 33.64   | 33.64 | 150m:                        | 1:51.78 | 39.61 | 250m: | 3:11.58 | 40.06 | 350m:          | 4:31.72 | 40.44 |
|                    | 100m:                | 1:12.17 | 38.53 | 200m:                        | 2:31.52 | 39.74 | 300m: | 3:51.28 | 39.70 | 400m:          | 5:09.55 | 37.83 |
| 2.                 | MARTIN, Alizé        |         | 12    | ICI                          |         |       |       |         |       | <b>5:10.86</b> |         |       |
|                    | 50m:                 | 34.91   | 34.91 | 150m:                        | 1:52.93 | 39.35 | 250m: | 3:12.36 | 40.11 | 350m:          | 4:31.96 | 40.05 |
|                    | 100m:                | 1:13.58 | 38.67 | 200m:                        | 2:32.25 | 39.32 | 300m: | 3:51.91 | 39.55 | 400m:          | 5:10.86 | 38.90 |
| 3.                 | MARMOUZ, Siane       |         | 12    | Dorval                       |         |       |       |         |       | <b>5:17.49</b> |         |       |
|                    | 50m:                 | 36.69   | 36.69 | 150m:                        | 1:56.60 | 40.54 | 250m: | 3:18.03 | 40.37 | 350m:          | 4:39.15 | 40.22 |
|                    | 100m:                | 1:16.06 | 39.37 | 200m:                        | 2:37.66 | 41.06 | 300m: | 3:58.93 | 40.90 | 400m:          | 5:17.49 | 38.34 |
| 4.                 | HERRON, Nivia        |         | 12    | Pointe-Claire Swim Club      |         |       |       |         |       | <b>5:22.26</b> |         |       |
|                    | 50m:                 | 37.38   | 37.38 | 150m:                        | 1:58.21 | 40.76 | 250m: | 3:20.31 | 40.82 | 350m:          | 4:41.89 | 40.82 |
|                    | 100m:                | 1:17.45 | 40.07 | 200m:                        | 2:39.49 | 41.28 | 300m: | 4:01.07 | 40.76 | 400m:          | 5:22.26 | 40.37 |
| 5.                 | COROVINA, Elizaveta  |         | 12    | Cote Saint-Luc Aquatics      |         |       |       |         |       | <b>5:22.64</b> |         |       |
|                    | 50m:                 | 36.06   | 36.06 | 150m:                        | 1:58.16 | 41.50 | 250m: | 3:19.83 | 40.55 | 350m:          | 4:43.13 | 41.44 |
|                    | 100m:                | 1:16.66 | 40.60 | 200m:                        | 2:39.28 | 41.12 | 300m: | 4:01.69 | 41.86 | 400m:          | 5:22.64 | 39.51 |
| 6.                 | LEHAD, Milissa       |         | 12    | Mtl Nord Natation            |         |       |       |         |       | <b>5:23.84</b> |         |       |
|                    | 50m:                 | 34.43   | 34.43 | 150m:                        | 1:56.33 | 41.65 | 250m: | 3:19.02 | 41.32 | 350m:          | 4:43.34 | 41.67 |
|                    | 100m:                | 1:14.68 | 40.25 | 200m:                        | 2:37.70 | 41.37 | 300m: | 4:01.67 | 42.65 | 400m:          | 5:23.84 | 40.50 |
| 7.                 | VAN SICKLE, Madeline |         | 12    | Pointe-Claire Swim Club      |         |       |       |         |       | <b>5:24.47</b> |         |       |
|                    | 50m:                 | 36.51   | 36.51 | 150m:                        | 1:58.22 | 41.69 | 250m: | 3:21.40 | 41.57 | 350m:          | 4:43.70 | 41.01 |
|                    | 100m:                | 1:16.53 | 40.02 | 200m:                        | 2:39.83 | 41.61 | 300m: | 4:02.69 | 41.29 | 400m:          | 5:24.47 | 40.77 |
| 8.                 | AN, Cathy            |         | 12    | Club Aquatique Calac Lasalle |         |       |       |         |       | <b>5:26.77</b> |         |       |
|                    | 50m:                 | 35.83   | 35.83 | 150m:                        | 1:56.89 | 40.91 | 250m: | 3:20.22 | 41.75 | 350m:          | 4:44.82 | 42.53 |
|                    | 100m:                | 1:15.98 | 40.15 | 200m:                        | 2:38.47 | 41.58 | 300m: | 4:02.29 | 42.07 | 400m:          | 5:26.77 | 41.95 |
| 9.                 | DÉSILETS, Léanne     |         | 12    | Neptune Natation             |         |       |       |         |       | <b>5:31.25</b> |         |       |
|                    | 50m:                 | 37.25   | 37.25 | 150m:                        | 2:01.89 | 42.46 | 250m: | 3:28.38 | 43.42 | 350m:          | 4:51.70 | 41.63 |
|                    | 100m:                | 1:19.43 | 42.18 | 200m:                        | 2:44.96 | 43.07 | 300m: | 4:10.07 | 41.69 | 400m:          | 5:31.25 | 39.55 |
| 10.                | LENET, Cadence       |         | 12    | Pointe-Claire Swim Club      |         |       |       |         |       | <b>5:35.12</b> |         |       |
|                    | 50m:                 | 37.27   | 37.27 | 150m:                        | 2:01.09 | 42.20 | 250m: | 3:27.67 | 43.12 | 350m:          | 4:54.22 | 43.03 |
|                    | 100m:                | 1:18.89 | 41.62 | 200m:                        | 2:44.55 | 43.46 | 300m: | 4:11.19 | 43.52 | 400m:          | 5:35.12 | 40.90 |
| <b>13 - 14 ans</b> |                      |         |       |                              |         |       |       |         |       |                |         |       |
| 1.                 | ANDERSON, Lillian    |         | 14    | Cote Saint-Luc Aquatics      |         |       |       |         |       | <b>4:54.58</b> |         |       |
|                    | 50m:                 | 32.89   | 32.89 | 150m:                        | 1:46.13 | 37.04 | 250m: | 3:01.84 | 37.92 | 350m:          | 4:18.47 | 38.08 |
|                    | 100m:                | 1:09.09 | 36.20 | 200m:                        | 2:23.92 | 37.79 | 300m: | 3:40.39 | 38.55 | 400m:          | 4:54.58 | 36.11 |
| 2.                 | BÉRUBÉ, Alizée       |         | 14    | club aquatique st-eustache   |         |       |       |         |       | <b>5:00.95</b> |         |       |
|                    | 50m:                 | 33.35   | 33.35 | 150m:                        | 1:47.98 | 37.78 | 250m: | 3:05.48 | 38.70 | 350m:          | 4:23.22 | 38.99 |
|                    | 100m:                | 1:10.20 | 36.85 | 200m:                        | 2:26.78 | 38.80 | 300m: | 3:44.23 | 38.75 | 400m:          | 5:00.95 | 37.73 |
| 3.                 | MERAIHI, Sara-Laadra |         | 14    | Camo                         |         |       |       |         |       | <b>5:01.61</b> |         |       |
|                    | 50m:                 | 35.11   | 35.11 | 150m:                        | 1:51.71 | 38.21 | 250m: | 3:07.77 | 38.04 | 350m:          | 4:24.90 | 38.89 |
|                    | 100m:                | 1:13.50 | 38.39 | 200m:                        | 2:29.73 | 38.02 | 300m: | 3:46.01 | 38.24 | 400m:          | 5:01.61 | 36.71 |
| 4.                 | ROTH, Heidi          |         | 13    | Neptune Natation             |         |       |       |         |       | <b>5:08.00</b> |         |       |
|                    | 50m:                 | 35.72   | 35.72 | 150m:                        | 1:54.37 | 39.56 | 250m: | 3:14.07 | 40.01 | 350m:          | 4:31.77 | 38.17 |
|                    | 100m:                | 1:14.81 | 39.09 | 200m:                        | 2:34.06 | 39.69 | 300m: | 3:53.60 | 39.53 | 400m:          | 5:08.00 | 36.23 |

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Epreuve 117, Filles, 400m Libre, Finale, 13 - 14 ans

| Rang |                        |         |       | Age   |                            |       |       |         | Temps          | Pts   |         |       |
|------|------------------------|---------|-------|-------|----------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 5.   | COULOMBE, Justine      |         |       | 13    | Neptune Natation           |       |       |         | <b>5:10.74</b> |       |         |       |
|      | 50m:                   | 35.64   | 35.64 | 150m: | 1:55.13                    | 40.19 | 250m: | 3:14.45 | 39.21          | 350m: | 4:32.65 | 39.24 |
|      | 100m:                  | 1:14.94 | 39.30 | 200m: | 2:35.24                    | 40.11 | 300m: | 3:53.41 | 38.96          | 400m: | 5:10.74 | 38.09 |
| 6.   | PATEL, Anvita          |         |       | 13    | Ddo                        |       |       |         | <b>5:13.47</b> |       |         |       |
|      | 50m:                   | 34.38   | 34.38 | 150m: | 1:52.67                    | 39.81 | 250m: | 3:14.37 | 40.40          | 350m: | 4:34.65 | 41.05 |
|      | 100m:                  | 1:12.86 | 38.48 | 200m: | 2:33.97                    | 41.30 | 300m: | 3:53.60 | 39.23          | 400m: | 5:13.47 | 38.82 |
| 7.   | HOULE, Charlie         |         |       | 14    | club aquatique st-eustache |       |       |         | <b>5:14.86</b> |       |         |       |
|      | 50m:                   | 35.75   | 35.75 | 150m: | 1:55.29                    | 40.40 | 250m: | 3:16.17 | 40.37          | 350m: | 4:37.04 | 40.60 |
|      | 100m:                  | 1:14.89 | 39.14 | 200m: | 2:35.80                    | 40.51 | 300m: | 3:56.44 | 40.27          | 400m: | 5:14.86 | 37.82 |
| 8.   | BROUILLETTE, Emma-Rose |         |       | 13    | ICI                        |       |       |         | <b>5:15.67</b> |       |         |       |
|      | 50m:                   | 34.96   | 34.96 | 150m: | 1:54.71                    | 39.83 | 250m: | 3:15.59 | 40.62          | 350m: | 4:36.29 | 40.07 |
|      | 100m:                  | 1:14.88 | 39.92 | 200m: | 2:34.97                    | 40.26 | 300m: | 3:56.22 | 40.63          | 400m: | 5:15.67 | 39.38 |
| 9.   | PARISÉ, Chloé          |         |       | 14    | Camo                       |       |       |         | <b>5:17.09</b> |       |         |       |
|      | 50m:                   | 35.05   | 35.05 | 150m: | 1:53.76                    | 39.69 | 250m: | 3:14.25 | 40.08          | 350m: | 4:36.48 | 41.48 |
|      | 100m:                  | 1:14.07 | 39.02 | 200m: | 2:34.17                    | 40.41 | 300m: | 3:55.00 | 40.75          | 400m: | 5:17.09 | 40.61 |
| 10.  | VISKI, Daria           |         |       | 14    | Neptune Natation           |       |       |         | <b>5:25.32</b> |       |         |       |
|      | 50m:                   | 36.77   | 36.77 | 150m: | 1:57.81                    | 40.90 | 250m: | 3:20.68 | 41.45          | 350m: | 4:43.95 | 41.65 |
|      | 100m:                  | 1:16.91 | 40.14 | 200m: | 2:39.23                    | 41.42 | 300m: | 4:02.30 | 41.62          | 400m: | 5:25.32 | 41.37 |

15 - 19 ans

|    |                                |         |       |       |                            |       |       |         |                |       |         |       |
|----|--------------------------------|---------|-------|-------|----------------------------|-------|-------|---------|----------------|-------|---------|-------|
| 1. | EGHTESAD, Ava                  |         |       | 16    | Camo                       |       |       |         | <b>4:48.25</b> |       |         |       |
|    | 50m:                           | 32.55   | 32.55 | 150m: | 1:45.41                    | 36.81 | 250m: | 2:59.42 | 36.97          | 350m: | 4:13.51 | 37.11 |
|    | 100m:                          | 1:08.60 | 36.05 | 200m: | 2:22.45                    | 37.04 | 300m: | 3:36.40 | 36.98          | 400m: | 4:48.25 | 34.74 |
| 2. | PERREAU, Simone                |         |       | 16    | Camo                       |       |       |         | <b>4:48.46</b> |       |         |       |
|    | 50m:                           | 33.29   | 33.29 | 150m: | 1:45.91                    | 36.74 | 250m: | 2:59.59 | 36.84          | 350m: | 4:13.68 | 36.91 |
|    | 100m:                          | 1:09.17 | 35.88 | 200m: | 2:22.75                    | 36.84 | 300m: | 3:36.77 | 37.18          | 400m: | 4:48.46 | 34.78 |
| 3. | ST-HILAIRE, Emma               |         |       | 17    | club aquatique st-eustache |       |       |         | <b>4:49.50</b> |       |         |       |
|    | 50m:                           | 33.24   | 33.24 | 150m: | 1:46.04                    | 36.54 | 250m: | 3:00.22 | 37.20          | 350m: | 4:14.32 | 37.04 |
|    | 100m:                          | 1:09.50 | 36.26 | 200m: | 2:23.02                    | 36.98 | 300m: | 3:37.28 | 37.06          | 400m: | 4:49.50 | 35.18 |
| 4. | ADMANE, Hiba                   |         |       | 15    | Camo                       |       |       |         | <b>4:50.65</b> |       |         |       |
|    | 50m:                           | 32.91   | 32.91 | 150m: | 1:45.76                    | 36.68 | 250m: | 2:59.87 | 36.78          | 350m: | 4:14.43 | 37.61 |
|    | 100m:                          | 1:09.08 | 36.17 | 200m: | 2:23.09                    | 37.33 | 300m: | 3:36.82 | 36.95          | 400m: | 4:50.65 | 36.22 |
| 5. | MIRELES-TROTIGNON, Clara       |         |       | 15    | Camo                       |       |       |         | <b>4:53.78</b> |       |         |       |
|    | 50m:                           | 32.94   | 32.94 | 150m: | 1:46.55                    | 37.25 | 250m: | 3:01.29 | 37.16          | 350m: | 4:17.04 | 37.82 |
|    | 100m:                          | 1:09.30 | 36.36 | 200m: | 2:24.13                    | 37.58 | 300m: | 3:39.22 | 37.93          | 400m: | 4:53.78 | 36.74 |
| 6. | MCDONALD, Avery                |         |       | 15    | Ddo                        |       |       |         | <b>4:56.42</b> |       |         |       |
|    | 50m:                           | 33.69   | 33.69 | 150m: | 1:48.10                    | 37.71 | 250m: | 3:04.07 | 38.24          | 350m: | 4:20.25 | 37.78 |
|    | 100m:                          | 1:10.39 | 36.70 | 200m: | 2:25.83                    | 37.73 | 300m: | 3:42.47 | 38.40          | 400m: | 4:56.42 | 36.17 |
| 7. | NÉMORIN, Joelle                |         |       | 17    | club aquatique st-eustache |       |       |         | <b>5:04.02</b> |       |         |       |
|    | 50m:                           | 34.37   | 34.37 | 150m: | 1:50.20                    | 38.44 | 250m: | 3:07.44 | 38.74          | 350m: | 4:25.62 | 39.10 |
|    | 100m:                          | 1:11.76 | 37.39 | 200m: | 2:28.70                    | 38.50 | 300m: | 3:46.52 | 39.08          | 400m: | 5:04.02 | 38.40 |
| 8. | LIZAOLA REYES, Itzel Guadalupe |         |       | 15    | Camo                       |       |       |         | <b>5:05.43</b> |       |         |       |
|    | 50m:                           | 34.27   | 34.27 | 150m: | 1:48.45                    | 37.18 | 250m: | 3:06.01 | 39.18          | 350m: | 4:25.81 | 40.11 |
|    | 100m:                          | 1:11.27 | 37.00 | 200m: | 2:26.83                    | 38.38 | 300m: | 3:45.70 | 39.69          | 400m: | 5:05.43 | 39.62 |
| 9. | LAVIGNE, Daphnée               |         |       | 16    | Neptune Natation           |       |       |         | <b>5:09.72</b> |       |         |       |
|    | 50m:                           | 35.24   | 35.24 | 150m: | 1:52.37                    | 38.82 | 250m: | 3:10.79 | 39.23          | 350m: | 4:30.79 | 40.04 |
|    | 100m:                          | 1:13.55 | 38.31 | 200m: | 2:31.56                    | 39.19 | 300m: | 3:50.75 | 39.96          | 400m: | 5:09.72 | 38.93 |

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Epreuve 117, Dames, 400m Libre, Finale, 15 - 19 ans

| Rang | Age            |         |       |       |                |       | Temps | Pts     |       |       |         |       |
|------|----------------|---------|-------|-------|----------------|-------|-------|---------|-------|-------|---------|-------|
| 10.  | YANKOV, Karina |         | 15    | Cdndg | <b>5:28.74</b> |       |       |         |       |       |         |       |
|      | 50m:           | 35.84   | 35.84 | 150m: | 1:59.42        | 42.40 | 250m: | 3:24.58 | 42.60 | 350m: | 4:48.07 | 41.29 |
|      | 100m:          | 1:17.02 | 41.18 | 200m: | 2:41.98        | 42.56 | 300m: | 4:06.78 | 42.20 | 400m: | 5:28.74 | 40.67 |