

Coupe des régions Été 2024 - ANBM - ANLSL - ANMLLL  
Montréal, 7 au 9 juin 2024

Epreuve 116  
2024-06-09 - 17:54

Messieurs, 400m 4 nages

10 - 19 ans  
Liste résultats Finales

Points: FINA 2024

Rang			Age							Temps	Pts	
<b>10 - 12 ans</b>												
1.	PAQUET, Tom		12	Neptune Natation						<b>6:11.35</b>		
	50m:	42.59	42.59	150m:	2:22.81	48.73	250m:	3:58.61	47.58	350m:	5:31.96	41.89
	100m:	1:34.08	51.49	200m:	3:11.03	48.22	300m:	4:50.07	51.46	400m:	6:11.35	39.39
2.	YANG, Zhichong		12	Pointe-Claire Swim Club						<b>6:23.63</b>		
	50m:	43.18	43.18	150m:	2:27.31	50.91	250m:	4:05.99	48.92	350m:	5:41.75	45.76
	100m:	1:36.40	53.22	200m:	3:17.07	49.76	300m:	4:55.99	50.00	400m:	6:23.63	41.88
3.	KASMI, Adel		12	Mtl Nord Natation						<b>6:33.14</b>		
	50m:	45.84	45.84	150m:	2:28.51	48.39	250m:	4:14.60	57.71	350m:	5:53.00	41.43
	100m:	1:40.12	54.28	200m:	3:16.89	48.38	300m:	5:11.57	56.97	400m:	6:33.14	40.14
4.	DAOUD, Nicolas		12	Ddo						<b>6:34.82</b>		
	50m:	44.87	44.87	150m:	2:27.95	47.25	250m:	4:11.33	57.21	350m:	5:52.34	42.51
	100m:	1:40.70	55.83	200m:	3:14.12	46.17	300m:	5:09.83	58.50	400m:	6:34.82	42.48
5.	MCCAULEY, Liam		10	Pointe-Claire Swim Club						<b>6:41.19</b>		
	50m:	41.86	41.86	150m:	2:25.92	49.02	250m:	4:10.58	57.45	350m:	5:57.68	47.17
	100m:	1:36.90	55.04	200m:	3:13.13	47.21	300m:	5:10.51	59.93	400m:	6:41.19	43.51
6.	JAREMA, Cedar		12	Pointe-Claire Swim Club						<b>6:44.39</b>		
	50m:	45.35	45.35	150m:	2:32.53	51.05	250m:	4:19.73	58.20	350m:	6:02.30	44.70
	100m:	1:41.48	56.13	200m:	3:21.53	49.00	300m:	5:17.60	57.87	400m:	6:44.39	42.09
7.	WU, ZeHui		11	Cdndg						<b>6:57.29</b>		
	50m:	43.00	43.00	150m:	2:29.28	50.89	250m:	4:18.58	58.70	350m:	6:08.69	48.57
	100m:	1:38.39	55.39	200m:	3:19.88	50.60	300m:	5:20.12	1:01.54	400m:	6:57.29	48.60
disq.	KOJIC, Alvin		12	Mtl Nord Natation								
<b>13 - 14 ans</b>												
1.	KHIAR, Mohamed		14	Neptune Natation						<b>5:22.22</b>		
	50m:	35.13	35.13	150m:	1:57.85	40.81	250m:	3:24.71	47.16	350m:	4:48.41	36.62
	100m:	1:17.04	41.91	200m:	2:37.55	39.70	300m:	4:11.79	47.08	400m:	5:22.22	33.81
2.	POTEL, Logan		13	Ddo						<b>5:52.80</b>		
	50m:	37.98	37.98	150m:	2:08.09	45.55	250m:	3:45.04	51.77	350m:	5:15.65	38.88
	100m:	1:22.54	44.56	200m:	2:53.27	45.18	300m:	4:36.77	51.73	400m:	5:52.80	37.15
3.	EL HAJI, Zayd		13	Mtl Nord Natation						<b>5:53.64</b>		
	50m:	39.10	39.10	150m:	2:11.46	45.75	250m:	3:45.78	49.75	350m:	5:16.49	39.55
	100m:	1:25.71	46.61	200m:	2:56.03	44.57	300m:	4:36.94	51.16	400m:	5:53.64	37.15
4.	SHAO, Daniel		13	Pointe-Claire Swim Club						<b>6:07.42</b>		
	50m:	38.08	38.08	150m:	2:10.74	45.05	250m:	3:49.47	54.68	350m:	5:25.10	42.45
	100m:	1:25.69	47.61	200m:	2:54.79	44.05	300m:	4:42.65	53.18	400m:	6:07.42	42.32

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15 - 19 ans

1.	BEUMADIER, Alexandre	16	Neptune Natation	<b>5:02.74</b>
	50m: 32.65 32.65	150m: 1:49.42 40.27	250m: 3:11.84 42.96	350m: 4:29.89 34.45
	100m: 1:09.15 36.50	200m: 2:28.88 39.46	300m: 3:55.44 43.60	400m: 5:02.74 32.85
2.	BLANCHARD, Émile	15	Neptune Natation	<b>5:09.77</b>
	50m: 32.25 32.25	150m: 1:50.22 39.93	250m: 3:14.92 46.50	350m: 4:36.70 35.31
	100m: 1:10.29 38.04	200m: 2:28.42 38.20	300m: 4:01.39 46.47	400m: 5:09.77 33.07
3.	THERRIEN, Jessy	15	club aquatique st-eustache	<b>5:10.35</b>
	50m: 32.25 32.25	150m: 1:50.48 41.30	250m: 3:16.36 45.60	350m: 4:37.40 35.08
	100m: 1:09.18 36.93	200m: 2:30.76 40.28	300m: 4:02.32 45.96	400m: 5:10.35 32.95
4.	EL KASMI, Rhali Mohammed	15	Mtl Nord Natation	<b>5:41.05</b>
	50m: 35.19 35.19	150m: 2:03.36 43.54	250m: 3:36.01 50.21	350m: 5:02.75 37.44
	100m: 1:19.82 44.63	200m: 2:45.80 42.44	300m: 4:25.31 49.30	400m: 5:41.05 38.30