



Event 2
12.04.2024 - 17:10

Men, 400m Freestyle

Open
Results Final

Íslandsmet	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Unglingamet	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Aldursflokkamet	4:08.86	Hólmur Grétarsson	SH	Maribor (SLO)	24.07.2023

ÓL OQT (A) : 3:46.78 / ÓL OCT (B) : 3:47.91 / EM50 Opið : 3:57.00 / EM50 2003-2005 19 - 21: 3:59.42 / EMU 2006-2008 16 - 18: 4:04.18 / NÆM 2008-2010 14 - 16: 4:17.24 / A-landslið : 4:01.84 / Úrvalshópur 2003 21: 4:03.68 / Úrvalshópur 2004 20: 4:05.49 / Úrvalshópur 2005 19: 4:07.33 / Unglingalandslið 2006 18: 4:09.17 / Unglingalandslið 2007 17: 4:12.94 / Unglingalandslið 2008 16: 4:17.24 / Framtíðarhópur 2009 15: 4:25.32 / Framtíðarhópur 2010 14: 4:35.77 / Framtíðarhópur 2011 13: 4:51.54

Points: FINA 2024

Rank	YB				Time	Pts	100m	200m	300m	400m		
1.	Veigar Hrafn Sigthorsson	05	SH		4:09.44	686	1:00.07	1:04.20	1:04.38	1:00.79		
	50m:	28.59	28.59	150m:	1:31.98	31.91	250m:	2:36.28	32.01	350m:	3:39.61	30.96
	100m:	1:00.07	31.48	200m:	2:04.27	32.29	300m:	3:08.65	32.37	400m:	4:09.44	29.83
2.	Magnus Vidir Jonsson	08	SH		4:10.46	678	NÆM U1:00.03	1:04.78	1:04.60	1:01.05		
	50m:	28.66	28.66	150m:	1:32.24	32.21	250m:	2:37.10	32.29	350m:	3:40.58	31.17
	100m:	1:00.03	31.37	200m:	2:04.81	32.57	300m:	3:09.41	32.31	400m:	4:10.46	29.88
3.	Holmar Gretarsson	08	SH		4:12.85	659	NÆM U1:00.71	1:04.78	1:04.40	1:02.96		
	50m:	29.37	29.37	150m:	1:33.17	32.46	250m:	2:37.50	32.01	350m:	3:41.99	32.10
	100m:	1:00.71	31.34	200m:	2:05.49	32.32	300m:	3:09.89	32.39	400m:	4:12.85	30.86
4.	Guðmundur Karl Karlsson	05	ÍRB		4:17.42	624	1:00.19	1:05.01	1:06.30	1:05.92		
	50m:	28.47	28.47	150m:	1:32.27	32.08	250m:	2:38.17	32.97	350m:	3:44.97	33.47
	100m:	1:00.19	31.72	200m:	2:05.20	32.93	300m:	3:11.50	33.33	400m:	4:17.42	32.45
5.	Karl Bjornsson	08	SH		4:19.61	609	1:01.43	1:05.27	1:07.00	1:05.91		
	50m:	29.42	29.42	150m:	1:33.47	32.04	250m:	2:39.83	33.13	350m:	3:47.27	33.57
	100m:	1:01.43	32.01	200m:	2:06.70	33.23	300m:	3:13.70	33.87	400m:	4:19.61	32.34
6.	Andri Mar Kristjansson	06	SH		4:21.02	599	1:01.44	1:07.50	1:07.82	1:04.26		
	50m:	28.90	28.90	150m:	1:35.24	33.80	250m:	2:42.76	33.82	350m:	3:50.44	33.68
	100m:	1:01.44	32.54	200m:	2:08.94	33.70	300m:	3:16.76	34.00	400m:	4:21.02	30.58
7.	Bartosz Henke	05	SH		4:21.11	598	1:01.72	1:06.99	1:07.64	1:04.76		
	50m:	29.21	29.21	150m:	1:34.99	33.27	250m:	2:42.56	33.85	350m:	3:49.77	33.42
	100m:	1:01.72	32.51	200m:	2:08.71	33.72	300m:	3:16.35	33.79	400m:	4:21.11	31.34
8.	Stefan Ingi Olafsson	06	Ægir		4:27.27	558	1:02.72	1:07.84	1:09.37	1:07.34		
	50m:	29.77	29.77	150m:	1:36.50	33.78	250m:	2:45.28	34.72	350m:	3:54.12	34.19
	100m:	1:02.72	32.95	200m:	2:10.56	34.06	300m:	3:19.93	34.65	400m:	4:27.27	33.15