

Íslands- og unglíngameistaramótið í 50m laug 2024  
Reykjavík, 12. - 14.4.2024

Event 24  
13.04.2024 - 18:33

Women, 800m Freestyle

Open  
Results

Íslandsmet	8:53.76	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	11.03.2012
Unglingamet	9:08.86	Freyja Birkisdóttir	UBK	Reykjavík	28.01.2022
Aldursflokkamet	9:09.32	Freyja Birkisdóttir	UBK	Reykjavík	24.04.2021

ÓL OQT (A) : 8:26.71 / ÓL OCT (B) : 8:29.24 / EM50 Opið : 8:57.99 / EM50 2003-2005 19 - 21: 9:03.48 / EMU 2006-2008 16 - 18: 9:12.95 / NÆM 2008-2010 14 - 16: 9:35.76 / A-landslið : 9:08.97 / Úrvalshópur 2003 21: 9:11.55 / Úrvalshópur 2004 20: 9:14.08 / Úrvalshópur 2005 19: 9:19.18 / Unglingalandslið 2006 18: 9:24.24 / Unglingalandslið 2007 17: 9:28.30 / Unglingalandslið 2008 16: 9:35.76 / Framtíðarhópur 2009 15: 9:43.23 / Framtíðarhópur 2010 14: 9:55.64 / Framtíðarhópur 2011 13: 10:15.02

Points: FINA 2024

Rank			YB			Time			Pts	
Open										
1.	Freyja Birkisdóttir		06	Breiðablik		<b>9:12.10</b>	677	EMU UNG		
	100m: 1:05.19	1:05.19	300m: 3:23.18	1:09.09	500m: 5:42.51	1:09.52	700m: 8:03.36	1:10.40		
	200m: 2:14.09	1:08.90	400m: 4:32.99	1:09.81	600m: 6:52.96	1:10.45	800m: 9:12.10	1:08.74		
2.	Asdis Steindorsdóttir		09	Breiðablik		<b>9:13.22</b>	672	NÆM FRAM		
	100m: 1:04.82	1:04.82	300m: 3:24.01	1:09.91	500m: 5:43.85	1:09.73	700m: 8:04.54	1:10.46		
	200m: 2:14.10	1:09.28	400m: 4:34.12	1:10.11	600m: 6:54.08	1:10.23	800m: 9:13.22	1:08.68		
3.	Kátja Lilja Andriydsdóttir		06	SH		<b>9:20.57</b>	646	UNG		
	100m: 1:04.40	1:04.40	300m: 3:23.81	1:09.78	500m: 5:45.08	1:10.72	700m: 8:09.49	1:12.13		
	200m: 2:14.03	1:09.63	400m: 4:34.36	1:10.55	600m: 6:57.36	1:12.28	800m: 9:20.57	1:11.08		
4.	Sólveig Freyja Hákonardóttir		09	Breiðablik		<b>9:35.29</b>	598	NÆM FRAM		
	100m: 1:06.60	1:06.60	300m: 3:29.53	1:12.22	500m: 5:55.62	1:13.09	700m: 8:21.96	1:13.22		
	200m: 2:17.31	1:10.71	400m: 4:42.53	1:13.00	600m: 7:08.74	1:13.12	800m: 9:35.29	1:13.33		
5.	Hulda Björg Magnúsdóttir Nilsen		08	Ægir		<b>9:49.88</b>	555			
	100m: 1:09.38	1:09.38	300m: 3:39.56	1:15.15	500m: 6:08.41	1:14.31	700m: 8:37.64	1:14.38		
	200m: 2:24.41	1:15.03	400m: 4:54.10	1:14.54	600m: 7:23.26	1:14.85	800m: 9:49.88	1:12.24		
6.	Kátla María Brynjarsdóttir		07	ÍRB		<b>9:59.73</b>	528			
	100m: 1:09.32	1:09.32	300m: 3:39.99	1:15.78	500m: 6:11.73	1:16.19	700m: 8:44.19	1:16.09		
	200m: 2:24.21	1:14.89	400m: 4:55.54	1:15.55	600m: 7:28.10	1:16.37	800m: 9:59.73	1:15.54		
7.	Alicja Julia Kempisty		10	Óðinn		<b>10:07.51</b>	508			
	100m: 1:13.23	1:13.23	300m: 3:47.10	1:17.96	500m: 6:23.66	1:17.99	700m: 8:55.76	1:15.69		
	200m: 2:29.14	1:15.91	400m: 5:05.67	1:18.57	600m: 7:40.07	1:16.41	800m: 10:07.51	1:11.75		
8.	Karen Sif Helgadóttir		10	Fjölnir		<b>10:14.86</b>	490			
	100m: 1:09.92	1:09.92	300m: 3:44.62	1:18.09	500m: 6:21.91	1:19.06	700m: 8:58.58	1:17.54		
	200m: 2:26.53	1:16.61	400m: 5:02.85	1:18.23	600m: 7:41.04	1:19.13	800m: 10:14.86	1:16.28		
9.	Guðrún Ísöld Harðardóttir		11	Breiðablik		<b>10:16.02</b>	487			
	100m: 1:10.45	1:10.45	300m: 3:45.52	1:18.23	500m: 6:22.81	1:18.55	700m: 8:59.46	1:18.15		
	200m: 2:27.29	1:16.84	400m: 5:04.26	1:18.74	600m: 7:41.31	1:18.50	800m: 10:16.02	1:16.56		
10.	Þorgerður Freyja Helgadóttir		11	Breiðablik		<b>10:18.75</b>	480			
	100m: 1:11.33	1:11.33	300m: 3:48.03	1:19.29	500m: 6:25.18	1:18.39	700m: 9:02.22	1:18.28		
	200m: 2:28.74	1:17.41	400m: 5:06.79	1:18.76	600m: 7:43.94	1:18.76	800m: 10:18.75	1:16.53		
11.	Ema Austa Pratusyte		10	SH		<b>10:25.81</b>	464			
	100m: 1:11.98	1:11.98	300m: 3:51.31	1:20.26	500m: 6:32.67	1:20.57	700m: 9:11.76	1:19.30		
	200m: 2:31.05	1:19.07	400m: 5:12.10	1:20.79	600m: 7:52.46	1:19.79	800m: 10:25.81	1:14.05		
12.	Hildur Erla Hákonardóttir		10	SH		<b>10:30.12</b>	455			
	100m: 1:14.67	1:14.67	300m: 3:55.72	1:20.68	500m: 6:34.54	1:18.87	700m: 9:13.35	1:19.17		
	200m: 2:35.04	1:20.37	400m: 5:15.67	1:19.95	600m: 7:54.18	1:19.64	800m: 10:30.12	1:16.77		
13.	Nicole Jona Johannsdóttir		08	SH		<b>10:40.89</b>	432			
	100m: 1:12.59	1:12.59	300m: 3:53.24	1:20.89	500m: 6:36.30	1:21.87	700m: 9:20.60	1:22.18		
	200m: 2:32.35	1:19.76	400m: 5:14.43	1:21.19	600m: 7:58.42	1:22.12	800m: 10:40.89	1:20.29		



Event 24, Women, 800m Freestyle, Open

Rank			YB				Time		Pts
14.	Aldís Ögmundsdóttir		09	KR				<b>10:41.64</b>	431
	100m:	1:14.14 1:14.14	300m:	3:53.80 1:20.03	500m:	6:37.92 1:22.13	700m:	9:22.12 1:21.75	
	200m:	2:33.77 1:19.63	400m:	5:15.79 1:21.99	600m:	8:00.37 1:22.45	800m:	10:41.64 1:19.52	
15.	Natalía Eir Curtis		10	Ármann				<b>10:48.80</b>	417
	100m:	1:18.61 1:18.61	300m:	4:04.00 1:22.13	500m:	6:47.99 1:21.96	700m:	9:30.89 1:20.87	
	200m:	2:41.87 1:23.26	400m:	5:26.03 1:22.03	600m:	8:10.02 1:22.03	800m:	10:48.80 1:17.91	
16.	Bergey Huld Arnarsdóttir		11	Breiðablik				<b>10:55.32</b>	404
	100m:	1:17.70 1:17.70	300m:	4:04.27 1:23.59	500m:	6:48.77 1:22.36	700m:	9:35.01 1:22.85	
	200m:	2:40.68 1:22.98	400m:	5:26.41 1:22.14	600m:	8:12.16 1:23.39	800m:	10:55.32 1:20.31	
17.	Hanna Steinunn Guðnadóttir		11	ÍRB				<b>11:09.90</b>	378
	100m:	1:19.76 1:19.76	300m:	4:10.32 1:23.30	500m:	6:59.32 1:24.08	700m:	9:48.00 1:24.85	
	200m:	2:47.02 1:27.26	400m:	5:35.24 1:24.92	600m:	8:23.15 1:23.83	800m:	11:09.90 1:21.90	
18.	Lilja Rakel Hannesdóttir Bridde		11	Breiðablik				<b>11:28.56</b>	349
	100m:	1:17.08 1:17.08	300m:	4:10.04 1:27.65	500m:	7:04.40 1:26.18	700m:	10:00.46 1:27.20	
	200m:	2:42.39 1:25.31	400m:	5:38.22 1:28.18	600m:	8:33.26 1:28.86	800m:	11:28.56 1:28.10	

18 years and younger

1.	Freyja Birkisdóttir		06	Breiðablik				<b>9:12.10</b>	677	EMU UNG
	100m:	1:05.19 1:05.19	300m:	3:23.18 1:09.09	500m:	5:42.51 1:09.52	700m:	8:03.36 1:10.40		
	200m:	2:14.09 1:08.90	400m:	4:32.99 1:09.81	600m:	6:52.96 1:10.45	800m:	9:12.10 1:08.74		
2.	Asdis Steindorsdottir		09	Breiðablik				<b>9:13.22</b>	672	NÆM FRAM
	100m:	1:04.82 1:04.82	300m:	3:24.01 1:09.91	500m:	5:43.85 1:09.73	700m:	8:04.54 1:10.46		
	200m:	2:14.10 1:09.28	400m:	4:34.12 1:10.11	600m:	6:54.08 1:10.23	800m:	9:13.22 1:08.68		
3.	Katja Lilja Andriydsdottir		06	SH				<b>9:20.57</b>	646	UNG
	100m:	1:04.40 1:04.40	300m:	3:23.81 1:09.78	500m:	5:45.08 1:10.72	700m:	8:09.49 1:12.13		
	200m:	2:14.03 1:09.63	400m:	4:34.36 1:10.55	600m:	6:57.36 1:12.28	800m:	9:20.57 1:11.08		
4.	Sólveig Freyja Hákonardóttir		09	Breiðablik				<b>9:35.29</b>	598	NÆM FRAM
	100m:	1:06.60 1:06.60	300m:	3:29.53 1:12.22	500m:	5:55.62 1:13.09	700m:	8:21.96 1:13.22		
	200m:	2:17.31 1:10.71	400m:	4:42.53 1:13.00	600m:	7:08.74 1:13.12	800m:	9:35.29 1:13.33		
5.	Hulda Bjorg Magnúsdóttir Nilsen		08	Ægir				<b>9:49.88</b>	555	
	100m:	1:09.38 1:09.38	300m:	3:39.56 1:15.15	500m:	6:08.41 1:14.31	700m:	8:37.64 1:14.38		
	200m:	2:24.41 1:15.03	400m:	4:54.10 1:14.54	600m:	7:23.26 1:14.85	800m:	9:49.88 1:12.24		
6.	Katría María Brynjarsdóttir		07	ÍRB				<b>9:59.73</b>	528	
	100m:	1:09.32 1:09.32	300m:	3:39.99 1:15.78	500m:	6:11.73 1:16.19	700m:	8:44.19 1:16.09		
	200m:	2:24.21 1:14.89	400m:	4:55.54 1:15.55	600m:	7:28.10 1:16.37	800m:	9:59.73 1:15.54		
7.	Alicja Julia Kempisty		10	Óðinn				<b>10:07.51</b>	508	
	100m:	1:13.23 1:13.23	300m:	3:47.10 1:17.96	500m:	6:23.66 1:17.99	700m:	8:55.76 1:15.69		
	200m:	2:29.14 1:15.91	400m:	5:05.67 1:18.57	600m:	7:40.07 1:16.41	800m:	10:07.51 1:11.75		
8.	Karen Sif Helgadóttir		10	Fjölnir				<b>10:14.86</b>	490	
	100m:	1:09.92 1:09.92	300m:	3:44.62 1:18.09	500m:	6:21.91 1:19.06	700m:	8:58.58 1:17.54		
	200m:	2:26.53 1:16.61	400m:	5:02.85 1:18.23	600m:	7:41.04 1:19.13	800m:	10:14.86 1:16.28		
9.	Guðrún Ísöld Harðardóttir		11	Breiðablik				<b>10:16.02</b>	487	
	100m:	1:10.45 1:10.45	300m:	3:45.52 1:18.23	500m:	6:22.81 1:18.55	700m:	8:59.46 1:18.15		
	200m:	2:27.29 1:16.84	400m:	5:04.26 1:18.74	600m:	7:41.31 1:18.50	800m:	10:16.02 1:16.56		
10.	Þorgerður Freyja Helgadóttir		11	Breiðablik				<b>10:18.75</b>	480	
	100m:	1:11.33 1:11.33	300m:	3:48.03 1:19.29	500m:	6:25.18 1:18.39	700m:	9:02.22 1:18.28		
	200m:	2:28.74 1:17.41	400m:	5:06.79 1:18.76	600m:	7:43.94 1:18.76	800m:	10:18.75 1:16.53		



Event 24, Girls, 800m Freestyle, 18 years and younger

Rank	YB								Time	Pts		
11.	Ema Austa Pratusyte								<b>10:25.81</b>	464		
	100m:	1:11.98	1:11.98	300m:	3:51.31	1:20.26	500m:	6:32.67	1:20.57	700m:	9:11.76	1:19.30
	200m:	2:31.05	1:19.07	400m:	5:12.10	1:20.79	600m:	7:52.46	1:19.79	800m:	10:25.81	1:14.05
12.	Hildur Erla Hakonardottir								<b>10:30.12</b>	455		
	100m:	1:14.67	1:14.67	300m:	3:55.72	1:20.68	500m:	6:34.54	1:18.87	700m:	9:13.35	1:19.17
	200m:	2:35.04	1:20.37	400m:	5:15.67	1:19.95	600m:	7:54.18	1:19.64	800m:	10:30.12	1:16.77
13.	Nicole Jona Johannsdottir								<b>10:40.89</b>	432		
	100m:	1:12.59	1:12.59	300m:	3:53.24	1:20.89	500m:	6:36.30	1:21.87	700m:	9:20.60	1:22.18
	200m:	2:32.35	1:19.76	400m:	5:14.43	1:21.19	600m:	7:58.42	1:22.12	800m:	10:40.89	1:20.29
14.	Aldís Ögmundsdóttir								<b>10:41.64</b>	431		
	100m:	1:14.14	1:14.14	300m:	3:53.80	1:20.03	500m:	6:37.92	1:22.13	700m:	9:22.12	1:21.75
	200m:	2:33.77	1:19.63	400m:	5:15.79	1:21.99	600m:	8:00.37	1:22.45	800m:	10:41.64	1:19.52
15.	Natalía Eir Curtis								<b>10:48.80</b>	417		
	100m:	1:18.61	1:18.61	300m:	4:04.00	1:22.13	500m:	6:47.99	1:21.96	700m:	9:30.89	1:20.87
	200m:	2:41.87	1:23.26	400m:	5:26.03	1:22.03	600m:	8:10.02	1:22.03	800m:	10:48.80	1:17.91
16.	Bergey Huld Arnarsdóttir								<b>10:55.32</b>	404		
	100m:	1:17.70	1:17.70	300m:	4:04.27	1:23.59	500m:	6:48.77	1:22.36	700m:	9:35.01	1:22.85
	200m:	2:40.68	1:22.98	400m:	5:26.41	1:22.14	600m:	8:12.16	1:23.39	800m:	10:55.32	1:20.31
17.	Hanna Steinunn Guðnadóttir								<b>11:09.90</b>	378		
	100m:	1:19.76	1:19.76	300m:	4:10.32	1:23.30	500m:	6:59.32	1:24.08	700m:	9:48.00	1:24.85
	200m:	2:47.02	1:27.26	400m:	5:35.24	1:24.92	600m:	8:23.15	1:23.83	800m:	11:09.90	1:21.90
18.	Lilja Rakel Hannesdóttir Bridde								<b>11:28.56</b>	349		
	100m:	1:17.08	1:17.08	300m:	4:10.04	1:27.65	500m:	7:04.40	1:26.18	700m:	10:00.46	1:27.20
	200m:	2:42.39	1:25.31	400m:	5:38.22	1:28.18	600m:	8:33.26	1:28.86	800m:	11:28.56	1:28.10