



Sundgrein 14

karla, 1500m skriðsund

Opinn  
Úrslitalistar

13.04.2024 - 17:11

Íslandsmet	15:27.08	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	15:45.21	Anton Sveinn McKee	AEGIR	Canet-en-Roussillon (FRA)	09.06.2011
Aldursflokkamet	16:12.57	Hólmar Grétarsson	SH	Gzira (MLT)	02.06.2023

ÓL OQT (A) : 15:00.99 / ÓL OCT (B) : 15:05.49 / EM50 Opið : 15:39.74 / EM50 2003-2005 19 - 21: 15:49.33 / EMU 2006-2008 16 - 18: 16:08.21 / NÆM 2008-2010 14 - 16: 17:00.00 / A-landslíð : 15:58.92 / Úrvalshópur 2003 21: 16:06.21 / Úrvalshópur 2004 20: 16:13.40 / Úrvalshópur 2005 19: 16:20.69 / Unglingalandslið 2006 18: 16:27.97 / Unglingalandslið 2007 17: 16:42.93 / Unglingalandslið 2008 16: 17:00.00 / Framtíðarhópur 2009 15: 17:32.03 / Framtíðarhópur 2010 14: 18:13.45 / Framtíðarhópur 2011 13: 19:15.98

Stig: FINA 2024

Sæti			F.ár				Tími		Stig		
Opinn											
1.	Hólmar Grétarsson		08	SH			<b>16:40.85</b>		659	NÆM UNG	
	100m:	1:02.81 1:02.81	500m:	5:31.79 1:07.32	900m:	10:02.58 1:07.32	1300m:	14:31.16 1:06.53			
	200m:	2:09.68 1:06.87	600m:	6:39.49 1:07.70	1000m:	11:09.95 1:07.37	1400m:	15:37.31 1:06.15			
	300m:	3:16.99 1:07.31	700m:	7:47.41 1:07.92	1100m:	12:17.36 1:07.41	1500m:	16:40.85 1:03.54			
	400m:	4:24.47 1:07.48	800m:	8:55.26 1:07.85	1200m:	13:24.63 1:07.27					
2.	Andri Már Kristjánsson		06	SH			<b>17:05.76</b>		612		
	100m:	1:02.62 1:02.62	500m:	5:36.47 1:09.41	900m:	10:11.48 1:08.10	1300m:	14:49.59 1:09.67			
	200m:	2:10.16 1:07.54	600m:	6:45.57 1:09.10	1000m:	11:20.38 1:08.90	1400m:	15:59.53 1:09.94			
	300m:	3:18.14 1:07.98	700m:	7:55.21 1:09.64	1100m:	12:29.88 1:09.50	1500m:	17:05.76 1:06.23			
	400m:	4:27.06 1:08.92	800m:	9:03.38 1:08.17	1200m:	13:39.92 1:10.04					
3.	Karl Björnsson		08	SH			<b>17:07.27</b>		609		
	100m:	1:02.87 1:02.87	500m:	5:34.99 1:08.39	900m:	10:11.33 1:09.77	1300m:	14:51.00 1:09.75			
	200m:	2:10.26 1:07.39	600m:	6:44.06 1:09.07	1000m:	11:20.98 1:09.65	1400m:	16:00.60 1:09.60			
	300m:	3:18.35 1:08.09	700m:	7:53.00 1:08.94	1100m:	12:31.14 1:10.16	1500m:	17:07.27 1:06.67			
	400m:	4:26.60 1:08.25	800m:	9:01.56 1:08.56	1200m:	13:41.25 1:10.11					
4.	Kristjón Hrafn Kjartansson		11	SH			<b>19:01.33</b>		444	FRAM	
	100m:	1:11.21 1:11.21	500m:	6:18.86 1:17.13	900m:	11:24.53 1:16.41	1300m:	16:30.80			
	200m:	2:28.06 1:16.85	600m:	7:35.69 1:16.83	1000m:	12:40.71 1:16.18	1400m:				
	300m:	3:44.96 1:16.90	700m:	8:51.95 1:16.26	1100m:	13:57.51 1:16.80	1500m:	19:01.33			
	400m:	5:01.73 1:16.77	800m:	10:08.12 1:16.17	1200m:						
5.	Halldór Ingi Hafþórsson		08	SH			<b>19:12.51</b>		431		
	100m:	1:08.12 1:08.12	500m:	6:14.99 1:16.90	900m:	11:27.88 1:17.92	1300m:	16:40.33 1:18.35			
	200m:	2:23.90 1:15.78	600m:	7:33.43 1:18.44	1000m:	12:46.00 1:18.12	1400m:	17:57.81 1:17.48			
	300m:	3:40.68 1:16.78	700m:	8:51.63 1:18.20	1100m:	14:04.25 1:18.25	1500m:	19:12.51 1:14.70			
	400m:	4:58.09 1:17.41	800m:	10:09.96 1:18.33	1200m:	15:21.98 1:17.73					
6.	Þór Eli Gunnarsson		11	SH			<b>19:40.40</b>		401		
	100m:	1:11.16 1:11.16	500m:	6:28.54 1:19.88	900m:	11:47.70 1:20.17	1300m:	17:06.67 1:19.88			
	200m:	2:29.25 1:18.09	600m:	7:48.06 1:19.52	1000m:	13:07.42 1:19.72	1400m:	18:25.46 1:18.79			
	300m:	3:48.71 1:19.46	700m:	9:07.82 1:19.76	1100m:	14:27.42 1:20.00	1500m:	19:40.40 1:14.94			
	400m:	5:08.66 1:19.95	800m:	10:27.53 1:19.71	1200m:	15:46.79 1:19.37					
7.	Magni Rafn Ragnarsson		10	Óðinn			<b>19:57.19</b>		385		
	100m:	1:11.54 1:11.54	500m:	6:28.87 1:20.16	900m:	11:50.67 1:20.90	1300m:	17:16.94 1:22.13			
	200m:	2:29.18 1:17.64	600m:	7:49.23 1:20.36	1000m:	13:11.42 1:20.75	1400m:	18:37.68 1:20.74			
	300m:	3:48.17 1:18.99	700m:	9:09.39 1:20.16	1100m:	14:32.96 1:21.54	1500m:	19:57.19 1:19.51			
	400m:	5:08.71 1:20.54	800m:	10:29.77 1:20.38	1200m:	15:54.81 1:21.85					



Sundgrein 14, karla, 1500m skriðsund

18 ára og yngri

<b>1. Hólmar Grétarsson</b>	<b>08</b>	<b>SH</b>						<b>16:40.85</b>	<b>659</b>	<b>NÆM UNG</b>
100m: 1:02.81 1:02.81	500m: 5:31.79 1:07.32	900m: 10:02.58 1:07.32	1300m: 14:31.16 1:06.53							
200m: 2:09.68 1:06.87	600m: 6:39.49 1:07.70	1000m: 11:09.95 1:07.37	1400m: 15:37.31 1:06.15							
300m: 3:16.99 1:07.31	700m: 7:47.41 1:07.92	1100m: 12:17.36 1:07.41	1500m: 16:40.85 1:03.54							
400m: 4:24.47 1:07.48	800m: 8:55.26 1:07.85	1200m: 13:24.63 1:07.27								
<b>2. Andri Már Kristjánsson</b>	<b>06</b>	<b>SH</b>						<b>17:05.76</b>	<b>612</b>	
100m: 1:02.62 1:02.62	500m: 5:36.47 1:09.41	900m: 10:11.48 1:08.10	1300m: 14:49.59 1:09.67							
200m: 2:10.16 1:07.54	600m: 6:45.57 1:09.10	1000m: 11:20.38 1:08.90	1400m: 15:59.53 1:09.94							
300m: 3:18.14 1:07.98	700m: 7:55.21 1:09.64	1100m: 12:29.88 1:09.50	1500m: 17:05.76 1:06.23							
400m: 4:27.06 1:08.92	800m: 9:03.38 1:08.17	1200m: 13:39.92 1:10.04								
<b>3. Karl Björnsson</b>	<b>08</b>	<b>SH</b>						<b>17:07.27</b>	<b>609</b>	
100m: 1:02.87 1:02.87	500m: 5:34.99 1:08.39	900m: 10:11.33 1:09.77	1300m: 14:51.00 1:09.75							
200m: 2:10.26 1:07.39	600m: 6:44.06 1:09.07	1000m: 11:20.98 1:09.65	1400m: 16:00.60 1:09.60							
300m: 3:18.35 1:08.09	700m: 7:53.00 1:08.94	1100m: 12:31.14 1:10.16	1500m: 17:07.27 1:06.67							
400m: 4:26.60 1:08.25	800m: 9:01.56 1:08.56	1200m: 13:41.25 1:10.11								
<b>4. Kristjón Hrafn Kjartansson</b>	<b>11</b>	<b>SH</b>						<b>19:01.33</b>	<b>444</b>	<b>FRAM</b>
100m: 1:11.21 1:11.21	500m: 6:18.86 1:17.13	900m: 11:24.53 1:16.41	1300m: 16:30.80							
200m: 2:28.06 1:16.85	600m: 7:35.69 1:16.83	1000m: 12:40.71 1:16.18	1400m:							
300m: 3:44.96 1:16.90	700m: 8:51.95 1:16.26	1100m: 13:57.51 1:16.80	1500m: 19:01.33							
400m: 5:01.73 1:16.77	800m: 10:08.12 1:16.17	1200m:								
<b>5. Halldór Ingi Hafþórsson</b>	<b>08</b>	<b>SH</b>						<b>19:12.51</b>	<b>431</b>	
100m: 1:08.12 1:08.12	500m: 6:14.99 1:16.90	900m: 11:27.88 1:17.92	1300m: 16:40.33 1:18.35							
200m: 2:23.90 1:15.78	600m: 7:33.43 1:18.44	1000m: 12:46.00 1:18.12	1400m: 17:57.81 1:17.48							
300m: 3:40.68 1:16.78	700m: 8:51.63 1:18.20	1100m: 14:04.25 1:18.25	1500m: 19:12.51 1:14.70							
400m: 4:58.09 1:17.41	800m: 10:09.96 1:18.33	1200m: 15:21.98 1:17.73								
<b>6. Þór Eli Gunnarsson</b>	<b>11</b>	<b>SH</b>						<b>19:40.40</b>	<b>401</b>	
100m: 1:11.16 1:11.16	500m: 6:28.54 1:19.88	900m: 11:47.70 1:20.17	1300m: 17:06.67 1:19.88							
200m: 2:29.25 1:18.09	600m: 7:48.06 1:19.52	1000m: 13:07.42 1:19.72	1400m: 18:25.46 1:18.79							
300m: 3:48.71 1:19.46	700m: 9:07.82 1:19.76	1100m: 14:27.42 1:20.00	1500m: 19:40.40 1:14.94							
400m: 5:08.66 1:19.95	800m: 10:27.53 1:19.71	1200m: 15:46.79 1:19.37								
<b>7. Magni Rafn Ragnarsson</b>	<b>10</b>	<b>Óðinn</b>						<b>19:57.19</b>	<b>385</b>	
100m: 1:11.54 1:11.54	500m: 6:28.87 1:20.16	900m: 11:50.67 1:20.90	1300m: 17:16.94 1:22.13							
200m: 2:29.18 1:17.64	600m: 7:49.23 1:20.36	1000m: 13:11.42 1:20.75	1400m: 18:37.68 1:20.74							
300m: 3:48.17 1:18.99	700m: 9:09.39 1:20.16	1100m: 14:32.96 1:21.54	1500m: 19:57.19 1:19.51							
400m: 5:08.71 1:20.54	800m: 10:29.77 1:20.38	1200m: 15:54.81 1:21.85								