

Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024

Prova 32	Femin., 400m Estilos				Open
07/04/2024 - 16:00					Startlist Final
Rec Nac Open	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Sen	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Jun 17	4:52.12	KAMINSKAYA, Victoria	PIMP	Oeiras	27/07/2012
Rec Nac Jun 16	4:54.00	ROCHA, Ines Neto	SANNP	Gijón (ESP)	20/05/2017
Rec Nac Juv A	4:58.08	DURAES, Diana Margarida	FOCA	Povoia de Varzim	05/08/2011
Rec Nac Juv B	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24/07/2015

CEJun_Fem 14 - 18: 4:55.87 / CEPL : 4:44.10 / JO : 4:38.53 / TAC_Fem Juv B 50m: 5:47.19 - 25m: 5:37.05 /
Fem Juv A 50m: 5:39.15 - 25m: 5:29.24; Jun 16 50m: 5:31.11 - 25m: 5:21.44; Jun 17 50m: 5:29.51 - 25m: 5:19.88; Sen 1 50m: 5:23.08 -
25m: 5:13.64; Sen + 50m: 5:21.47 - 25m: 5:12.08

Lane Name	Clas.	Exc.C.	Ano	Lic.Num	Club	R. Time	
Final A							
0 MORGADO, Alice Jesus			04	131016	Sporting	5:16.07	_:._.:
1 LOPES, Daniela Magalhaes			05	130098	Famalicao	5:13.29	_:._.:
2 MENDES, Mariana Amaral			02	123959	Sporting	5:10.40	_:._.:
3 ANDRE, Angelica Maria			94	15497	Porto	4:59.94	_:._.:
4 DURAES, Diana Margarida			96	102992	Benfica	4:57.79	_:._.:
5 REBELO, Camila Rodrigues			03	122274	Louzan Natacao/EFAPEL	4:58.23	_:._.:
6 HENRIQUES, Ines Jacinto			00	120220	Louzan Natacao/EFAPEL	4:59.95	_:._.:
7 CARDEAL, Beatriz Nunes			04	124753	Individual ANCNP	5:12.05	_:._.:
8 PINTO, Leonor Filipa			06	132842	Porto	5:15.00	_:._.:
9 LOPES, Matilde Nunes			06	201711	Benfica	5:17.83	_:._.:

Final B							
0 FERREIRA, Constanca Santos			08	205945	Alges	5:25.74	_:._.:
1 RODRIGUES, Leonor Carreiro			07	205129	Benfica	5:23.60	_:._.:
2 ALMEIDA, Maria Emilia			07	131568	Colegio Efanor	5:23.27	_:._.:
3 CRAVEIRO, Luana Ferreira			09	144313	Nautico Marinha Grande	5:20.34	_:._.:
4 AMBRUS, Beatriz Alves			09	203309	Porto	5:18.41	_:._.:
5 PINTO, Margarida Vieira			07	204344	Braga	5:18.80	_:._.:
6 MATOS, Ana Rita			02	127501	Os Belenenses	5:21.78	_:._.:
7 GOMES, Francisca Martins			07	207830	Porto	5:23.39	_:._.:
8 TOMAS, Constanca Baptista			09	206496	Alcobaca	5:25.63	_:._.:
9 CUNHA, Maria Rita			10	206403	Colegio Efanor	5:26.22	_:._.:

Inscrições suplentes							
SILVA, Ana Francisca			06	200045	Alcobaca	5:27.59	_:._.:
RODRIGUES, Teresa Isabel			09	207950	Foca Quinta Da Lixa - Cnf	5:29.74	_:._.: