

Prova 32 Open
07/04/2024 - 9:00 Startlist Elimin
Femin., 400m Estilos

Rec Nac Open	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Sen	4:40.11	KAMINSKAYA, Victoria	POR	Pontevedra (ESP)	09/04/2017
Rec Nac Jun 17	4:52.12	KAMINSKAYA, Victoria	PIMP	Oeiras	27/07/2012
Rec Nac Jun 16	4:54.00	ROCHA, Ines Neto	SANNP	Gijón (ESP)	20/05/2017
Rec Nac Juv A	4:58.08	DURAES, Diana Margarida	FOCA	Povoa de Varzim	05/08/2011
Rec Nac Juv B	5:01.00	ROCHA, Ines Neto	CAP	Coimbra	24/07/2015

CEJun_Fem 14 - 18: 4:55.87 / CEPL : 4:44.10 / JO : 4:38.53 / TAC_Fem Juv B 50m: 5:47.19 - 25m: 5:37.05 /
Fem Juv A 50m: 5:39.15 - 25m: 5:29.24; Jun 16 50m: 5:31.11 - 25m: 5:21.44; Jun 17 50m: 5:29.51 - 25m: 5:19.88; Sen 1 50m: 5:23.08 -
25m: 5:13.64; Sen + 50m: 5:21.47 - 25m: 5:12.08

Lane Name	Clas.	Exc.C.	Ano Lic.Num	Club	R. Time
Série 1 de 5					
0 NOGUEIRA, Ana Laura	10		209772	Braga	5:36.05 25m : : . . .
1 MARTINS, Leonor Sombreireiro	10		211313	BUZIOS - Coruche	5:32.23 25m : : . . .
2 BERNAT, Alicia Del Rio	10		212723	Alges	5:37.78 50m : : . . .
3 AZEVEDO, Constanca Lourenco	10		213367	Lagoa Academico Clube	5:18.83 25m : : . . .
4 SIMOES, Maria Neto	10		208358	Condeixa Aqua Clube	5:14.42 25m : : . . .
5 CUNHA, Maria Rita	10		206403	Colegio Efanor	5:27.90 50m : : . . .
6 CARDEAL, Leonor Nunes	10		201021	Individual ANCNP	5:23.59 25m : : . . .
7 GANTE, Maria Ines	10		211156	Nautico Academico	5:39.29 50m : : . . .
8 GOMES, Rita Braga	10		213921	Sporting	5:34.20 25m : : . . .
9 VIEIRA, Matilde Santos	10		214518	Nautico Marinha Grande	5:46.38 50m : : . . .

Série 2 de 5					
1 SILVA, Marta Oliveira	09		208167	Sanjoanense/FEPSA	5:26.17 25m : : . . .
2 MATEUS, Eleine Vieira	09		206350	Desportivo Nacional	5:18.63 25m : : . . .
3 RODRIGUES, Teresa Isabel	09		207950	Foca Quinta Da Lixa - Cnf	5:24.08 50m : : . . .
4 CRAVEIRO, Luana Ferreira	09		144313	Nautico Marinha Grande	5:21.91 50m : : . . .
5 AMBRUS, Beatriz Alves	09		203309	Porto	5:23.15 50m : : . . .
6 TOMAS, Constanca Baptista	09		206496	Alcobaca	5:15.54 25m : : . . .
7 NETO, Maria Ines	09		202390	Bombeiros de Ponta Delgada	5:25.54 25m : : . . .
8 MARTINS, Carolina Correia	09		206183	Porto	5:37.21 50m : : . . .

Série 3 de 5					
0 CRUZ, Laura Maria	07		203984	Colegio Int Monte Maior	5:14.35 25m : : . . .
1 ALVES, Catarina Alexandra	07		205924	Geslours	5:22.84 50m : : . . .
2 CAMARA, Ines Cruz	07		131346	Desportivo Nacional	5:19.07 50m : : . . .
3 SANTOS, Rita Machita	07		205379	Naval Setubalense	5:15.00 50m : : . . .
4 PINTO, Margarida Vieira	07		204344	Braga	5:01.29 25m : : . . .
5 ALMEIDA, Maria Emilia	07		131568	Colegio Efanor	5:03.88 25m : : . . .
6 FERREIRA, Constanca Santos	08		205945	Alges	5:06.35 25m : : . . .
7 NUNES, Carolina Mendes	08		205710	Estarreja/PROZINCO	5:11.09 25m : : . . .
8 RODRIGUES, Leonor Carreiro	07		205129	Benfica	5:23.29 50m : : . . .
9 GOMES, Francisca Martins	07		207830	Porto	5:14.83 25m : : . . .

Prova 32, Femin., 400m Estilos, Elimin

Série 4 de 5

0 PINTO, Leonor Filipa	06	132842	Porto	4:57.66	25m	___:___:___
1 CARDEAL, Beatriz Nunes	04	124753	Individual ANCNP	4:57.54	50m	___:___:___
2 HENRIQUES, Ines Jacinto	00	120220	Louzan Natacao/EFAPEL	4:55.63	50m	___:___:___
3 DURAES, Diana Margarida	96	102992	Benfica	4:43.85	25m	___:___:___
DNS 4 DE VALDES ALVAREZ, Maria	98		Spain	4:50.62	50m	___:___:___
5 ANDRE, Angelica Maria	94	15497	Porto	4:43.69	25m	___:___:___
6 MENDES, Mariana Amaral	02	123959	Sporting	4:43.90	25m	___:___:___
7 REBELO, Camila Rodrigues	03	122274	Louzan Natacao/EFAPEL	4:48.15	25m	___:___:___
8 LOPES, Daniela Magalhaes	05	130098	Famalicao	4:53.91	25m	___:___:___
9 LOPES, Matilde Nunes	06	201711	Benfica	4:58.69	25m	___:___:___

Série 5 de 5

0 GOMES, Rita Cunha	07	132782	Viana Natacao	5:18.65	25m	___:___:___
1 FREITAS, Diana Gomes	08	202656	Amigos da Montanha	5:18.39	25m	___:___:___
2 COSTA, Maria Joao	08	201391	Vilacondense	5:15.01	25m	___:___:___
3 SILVA, Ana Francisca	06	200045	Alcobaca	5:11.33	25m	___:___:___
4 MORGADO, Alice Jesus	04	131016	Sporting	5:08.38	25m	___:___:___
5 MONTEIRO, Ana Carolina	04	129474	Clube Uniao 1919	5:11.08	25m	___:___:___
6 MATOS, Ana Rita	02	127501	Os Belenenses	5:11.46	25m	___:___:___
7 FERREIRA, Carolina Amadeu	08	202815	Leixoes Sport Clube	5:25.03	50m	___:___:___
8 BARROS, Adriana Ribeiro	08	201050	Braga	5:27.82	50m	___:___:___