

Prova 12 Open
05/04/2024 - 10:30 Startlist Elimin
Femin., 400m Livres

Rec Nac Open	4:08.77	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	14/05/2023
Rec Nac Sen	4:08.77	MARTINS, Francisca Soares	FOCA	Canet-en-Roussillion (FRA)	14/05/2023
Rec Nac Jun 17	4:14.67	HOLUB, Tamila Hryhorivna	SCB	Oeiras	23/07/2016
Rec Nac Jun 16	4:20.37	FERREIRA, Marta Andreia	POR	Berlim (GER)	04/08/2002
Rec Nac Juv A	4:20.78	HOLUB, Tamila Hryhorivna	POR	Porto	07/06/2014
Rec Nac Juv B	4:26.20	CABRAL, Maria Francisca	FCP	Oeiras	26/07/2014

CEJun_Fem 14 - 18: 4:23.44 / CEPL : 4:12.86 / JO : 4:07.90 / TAC_Fem Juv B 50m: 5:02.08 - 25m: 4:53.50 /
Fem Juv A 50m: 4:55.08 - 25m: 4:46.71; Jun 16 50m: 4:48.09 - 25m: 4:39.91; Jun 17 50m: 4:46.69 - 25m: 4:38.55; Sen 1 50m: 4:41.10 -
25m: 4:33.12; Sen + 50m: 4:39.70 - 25m: 4:31.76

Lane Name	Clas.	Exc.C.	Ano Lic.Num	Club	R. Time
Série 1 de 6					
0 NOGUEIRA, Ana Laura			10 209772	Braga	4:52.28 25m : : . . .
1 PEDROSO, Madalena Gracio			10 144100	Nautico Marinha Grande	4:51.08 25m : : . . .
2 MARTINS, Leonor Sombreiroiro			10 211313	BUZIOS - Coruche	4:46.13 25m : : . . .
3 CARDEAL, Leonor Nunes			10 201021	Individual ANCPN	4:42.36 25m : : . . .
4 MARCELO, Camila Duarte			10 208416	Condeixa Aqua Clube	4:40.34 50m : : . . .
5 SANTOS, Rita Lucas			10 208356	Condeixa Aqua Clube	4:45.88 50m : : . . .
6 MARQUES, Ana Jose			10 210414	Braga	4:44.52 25m : : . . .
7 CUNHA, Maria Rita			10 206403	Colegio Efanor	4:47.06 25m : : . . .
8 MENDES, Bianca Balbino			10 206074	Naval de Peniche	4:51.88 25m : : . . .
9 PROENCA, Victoria Sales			10 211478	Benfica	4:52.46 25m : : . . .

Série 2 de 6					
0 JORDAO, Beatriz Silva			09 206785	Individual ANL	4:44.28 25m : : . . .
1 CARDOSO, Raquel Campos			09 153184	Bombeiros de Ponta Delgada	4:40.42 25m : : . . .
2 MOREIRA, Madalena Valente			09 207969	Colegio Efanor	4:45.96 50m : : . . .
3 PINTO, Maria Carvalho			09 206343	Viana Natacao	4:34.76 25m : : . . .
4 CRAVEIRO, Luana Ferreira			09 144313	Nautico Marinha Grande	4:35.92 50m : : . . .
5 MAIA, Lara Catarina			09 205712	Estarreja/PROZINCO	4:39.57 50m : : . . .
6 MATIAS, Alana Costa			09 209589	Clube Uniao 1919	4:41.11 50m : : . . .
7 RICARDO, Francisca Martingo			09 206171	Porto	4:39.85 25m : : . . .
8 MADEIRA, Carolina Marques			09 208728	Nacional de Natacao	4:43.72 25m : : . . .
9 GALANTE, Filipa Carvalho			09 203195	Vilacondense	4:44.34 25m : : . . .

Série 3 de 6					
0 FREITAS, Diana Gomes			08 202656	Amigos da Montanha	4:42.00 50m : : . . .
1 RODRIGUES, Leonor Carreiro			07 205129	Benfica	4:34.48 25m : : . . .
2 AGUILAR, Marta Andre			07 132766	Nautico Academico	4:33.22 25m : : . . .
3 CABRAL, Carolina Vizinho			07 206307	CN Vagos	4:31.28 50m : : . . .
4 FRANCO, Catarina Andrade			07 203865	Benfica	4:21.12 25m : : . . .
5 LOURO, Beatriz Silva			07 129303	Louletano / Loule Concelho	4:24.54 25m : : . . .
6 NEVES, Maria Gomes			08 204347	Braga	4:28.40 25m : : . . .
7 ALMEIDA, Bianca Filipa			07 204110	Alges e Agueda XXI	4:34.02 25m : : . . .
8 FERREIRA, Carolina Amadeu			08 202815	Leixoes Sport Clube	4:41.46 50m : : . . .
9 SANTOS, Leonor Castanho			07 150848	Sporting	4:37.08 25m : : . . .

Prova 12, Femin., 400m Livres, Elimin

Série 4 de 6

0 FOMINA, Anna	02	208146	Sporting	4:22.91	50m	___:___:___
1 DE VALDES ALVAREZ, Maria	98		Spain	4:15.80	50m	___:___:___
2 CARMONA VILLAPLANA, Marta	05		Spain	4:07.57	25m	___:___:___
3 MARTINEZ GUILLEN, Angela	04		Spain	4:10.95	50m	___:___:___
4 MARTINS, Francisca Soares	03	126504	Foca Quinta Da Lixa - Cnf	4:08.77	50m	___:___:___
5 OTERO FERNANDEZ, Paula	04		Spain	4:10.50	50m	___:___:___
WDR6 HOLUB, Tamila Hryhorivna	99	116887	Braga	4:11.04	50m	___:___:___
7 DURAES, Diana Margarida	96	102992	Benfica	4:14.41	50m	___:___:___
8 CONCEICAO, Ema Jeronimo	03	129812	Benfica	4:12.08	25m	___:___:___
9 CARDEAL, Beatriz Nunes	04	124753	Individual ANCPN	4:24.40	50m	___:___:___

Série 5 de 6

0 RAMOS, Joana Barbas	06	153484	Gafanha da Encarnacao	4:30.50	25m	___:___:___
1 LOPES, Francisca Macedo	05	129982	Vilacondense	4:34.11	50m	___:___:___
2 FERREIRA, Maria Neto	06	131467	Nautico Academico	4:31.90	50m	___:___:___
3 AMORIM, Ines Santos	06	200626	Escola Desportiva de Viana	4:27.10	50m	___:___:___
4 VIANA, Carolina Pereira	04	129199	Sporting	4:19.23	25m	___:___:___
5 MOURA, Maria Ferreira	04	131382	Sporting	4:26.45	50m	___:___:___
6 RODRIGUES, Helena Nunes	03	125022	Condeixa Aqua Clube	4:23.77	25m	___:___:___
7 ARMAS, Maria Ornelas	98	106961	Clube Oriental de Lisboa	4:27.57	25m	___:___:___
8 PEIXOTO, Carolina Esteves	06	133308	Braga	4:29.15	25m	___:___:___
9 FARIA, Leonor Verissimo	06	143779	Nautico Academico	4:30.47	25m	___:___:___

Série 6 de 6

0 PAIVA, Leonor Antunes		10	211155	Nautico Academico	5:01.14	50m	___:___:___	
EXH 1 VEIGA, Susana Pereira	S9	9	00	121936	Colegio Vasco da Gama	4:52.36	25m	___:___:___
2 UVA, Sofia Monteiro			09	209405	Alges	4:46.53	25m	___:___:___
3 LUIZ, Margarida Maria			08	211814	Lagoa Academico Clube	4:47.59	50m	___:___:___
4 LOPES, Catarina Maria			08	203020	Benfica	4:37.33	25m	___:___:___
5 ALVES, Sara Sofia			07	202517	Palmela Desporto	4:44.25	50m	___:___:___
6 NUNES, Francisca Ramos			09	204735	Naval de Peniche	4:46.34	25m	___:___:___
7 PEDREIRO, Francisca Soreto			09	139907	Galitos / Bresimar	4:53.91	50m	___:___:___
8 REGO, Filipa Correia			10	216769	Vilacondense	5:00.36	50m	___:___:___
9 MENDES, Ana Nabais			10	211556	Laranjeiro	5:01.40	50m	___:___:___