

Prova 22 Masc., 400m Estilos Open
06/04/2024 - 17:00 Resultados Final

Rec Nac Open	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Sen	4:15.84	SANTOS, Alexis Manacas	POR	Rio de Janeiro (BRA)	06/08/2016
Rec Nac Jun 18	4:21.42	LOPES, Jose Paulo	POR	Helsinki (FIN)	08/07/2018
Rec Nac Jun 17	4:25.23	VITAL, Joao Alexandre	POR	Singapore (SGP)	29/08/2015
Rec Nac Juv A	4:32.66	VITAL, Joao Alexandre	ADRCIMM	Coimbra	01/06/2014
Rec Nac Juv B	4:37.06	VITAL, Joao Alexandre	POR	Utrecht (NED)	16/07/2013

CEJun_Masc 15 - 18: 4:33.58 / CEPL : 4:17.55 / JO : 4:12.50 / TAC_Masc Juv B 50m: 5:15.96 - 25m: 5:05.79 /
Masc Juv A 50m: 5:08.71 - 25m: 4:58.78; Jun 17 50m: 5:00.02 - 25m: 4:50.36; Jun 18 50m: 4:58.57 - 25m: 4:48.96;
Sen 1º 50m: 4:51.32 - 25m: 4:41.94; Sen + 50m: 4:49.87 - 25m: 4:40.54

Pontos: FINA 2024

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
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Final A

1.	LOPES, Gabriel Jose	97	POR	Louzan Natacao/EFAPEL	4:24.78	+0,61	768
	50m: 27.26 27.26	150m: 1:34.16 34.78	250m: 2:46.01 37.26	350m: 3:55.01 31.32			
	100m: 59.38 32.12	200m: 2:08.75 34.59	300m: 3:23.69 37.68	400m: 4:24.78 29.77			
2.	LOPES, Jose Paulo	00	POR	Braga	4:26.07	+0,65	757
	50m: 27.61 27.61	150m: 1:33.29 34.32	250m: 2:46.34 39.15	350m: 3:56.00 30.69			
	100m: 58.97 31.36	200m: 2:07.19 33.90	300m: 3:25.31 38.97	400m: 4:26.07 30.07			
3.	AZEVEDO, Gabriel Arteiro	00	BRA	Naval do Funchal	4:32.53	+0,68	704
	50m: 28.87 28.87	150m: 1:35.98 35.33	250m: 2:50.73 40.33	350m: 4:02.83 31.64			
	100m: 1:00.65 31.78	200m: 2:10.40 34.42	300m: 3:31.19 40.46	400m: 4:32.53 29.70			
4.	FOMIN, Yury	06	RUS	Louletano / Loule Concelho	4:34.23	+0,71	691
	50m: 28.09 28.09	150m: 1:35.63 35.70	250m: 2:50.14 39.99	350m: 4:02.96 32.17			
	100m: 59.93 31.84	200m: 2:10.15 34.52	300m: 3:30.79 40.65	400m: 4:34.23 31.27			
5.	BASTOS, Lucas Pereira	00	POR	Nautico Academico	4:34.87	+0,71	686
	50m: 28.09 28.09	150m: 1:35.44 34.87	250m: 2:49.85 39.91	350m: 4:02.94 32.99			
	100m: 1:00.57 32.48	200m: 2:09.94 34.50	300m: 3:29.95 40.10	400m: 4:34.87 31.93			
6.	CARDOSO, Diogo Santos	01	POR	Sporting	4:37.59	+0,74	666
	50m: 29.41 29.41	150m: 1:40.86 37.93	250m: 2:57.21 39.08	350m: 4:07.75 31.34			
	100m: 1:02.93 33.52	200m: 2:18.13 37.27	300m: 3:36.41 39.20	400m: 4:37.59 29.84			
7.	GOUVEIA, Luis Galvao	05	POR	Desportivo Nacional	4:37.97	+0,68	663
	50m: 28.18 28.18	150m: 1:36.76 36.09	250m: 2:52.60 40.56	350m: 4:06.43 32.66			
	100m: 1:00.67 32.49	200m: 2:12.04 35.28	300m: 3:33.77 41.17	400m: 4:37.97 31.54			
8.	CORDEIRO, Tiago Roberto	00	POR	Os Belenenses	4:40.85	+0,67	643
	50m: 27.97 27.97	150m: 1:37.97 37.52	250m: 2:55.03 40.12	350m: 4:08.73 32.93			
	100m: 1:00.45 32.48	200m: 2:14.91 36.94	300m: 3:35.80 40.77	400m: 4:40.85 32.12			
9.	SARREIRA, Tomas Amor	05	POR	Porto	4:41.45	+0,75	639
	50m: 28.38 28.38	150m: 1:38.52 36.33	250m: 2:54.75 41.11	350m: 4:10.00 32.70			
	100m: 1:02.19 33.81	200m: 2:13.64 35.12	300m: 3:37.30 42.55	400m: 4:41.45 31.45			

DSQ CATALAO, Daniel Nogueira 00 POR Sporting
609 - Não terminou percurso de costas na posição dorsal - SW 6.5

Final B

11.	CRUZ, Leonardo Jose	07	POR	Alcobaca	4:40.80	+0,67	644
	50m: 28.72 28.72	150m: 1:38.18 36.27	250m: 2:53.10 39.04	350m: 4:07.87 33.83			
	100m: 1:01.91 33.19	200m: 2:14.06 35.88	300m: 3:34.04 40.94	400m: 4:40.80 32.93			

Camp. Nacional JUV., JUN. e ABS - OPEN Portugal
Coimbra, 4 - 7/4/2024

Prova 22, Masc., 400m Estilos, Final, Open

Lugar	Name	Ano	Nac	Club	Time	TReac	AQUA
12.	REIS, Leonardo Conceicao	07	POR	Sporting	4:45.95	+0,69	609
	50m: 29.30 29.30	150m: 1:38.99	36.78	250m: 2:56.42	41.21	350m: 4:13.07	35.09
	100m: 1:02.21 32.91	200m: 2:15.21	36.22	300m: 3:37.98	41.56	400m: 4:45.95	32.88
13.	SOARES, Guilherme Costa	08	POR	Vilacondense	4:47.16	+0,79	602
	50m: 29.54 29.54	150m: 1:42.01	37.26	250m: 3:00.52	42.08	350m: 4:15.66	33.19
	100m: 1:04.75 35.21	200m: 2:18.44	36.43	300m: 3:42.47	41.95	400m: 4:47.16	31.50
14.	ALVES, Andre Correia	06	POR	Benfica	4:49.10	+0,68	590
	50m: 29.35 29.35	150m: 1:41.30	36.77	250m: 3:00.77	42.35	350m: 4:17.13	33.02
	100m: 1:04.53 35.18	200m: 2:18.42	37.12	300m: 3:44.11	43.34	400m: 4:49.10	31.97
15.	ZHUKOV, Mark	06	POR	Braga	4:49.26	+0,62	589
	50m: 29.26 29.26	150m: 1:41.86	38.38	250m: 3:00.21	41.46	350m: 4:16.41	34.44
	100m: 1:03.48 34.22	200m: 2:18.75	36.89	300m: 3:41.97	41.76	400m: 4:49.26	32.85
16.	RELVAS, David Ferreira	03	POR	Nautico Marinha Grande	4:49.56	+0,78	587
	50m: 28.75 28.75	150m: 1:40.84	38.60	250m: 3:01.69	42.76	350m: 4:17.66	33.65
	100m: 1:02.24 33.49	200m: 2:18.93	38.09	300m: 3:44.01	42.32	400m: 4:49.56	31.90
17.	SIMOES, Francisco Marques	07	POR	CNLeiria	4:50.84	+0,64	579
	50m: 29.30 29.30	150m: 1:41.82	37.66	250m: 3:01.67	43.06	350m: 4:18.29	34.25
	100m: 1:04.16 34.86	200m: 2:18.61	36.79	300m: 3:44.04	42.37	400m: 4:50.84	32.55
18.	TEIXEIRA, Renato Gouveia	07	POR	Foca Quinta Da Lixa - Cnf	4:51.88	+0,71	573
	50m: 30.11 30.11	150m: 1:41.88	38.27	250m: 3:02.28	42.57	350m: 4:19.05	33.93
	100m: 1:03.61 33.50	200m: 2:19.71	37.83	300m: 3:45.12	42.84	400m: 4:51.88	32.83
19.	REIS, Diogo Damasceno	09	POR	Sporting	4:59.96	+0,71	528
	50m: 30.42 30.42	150m: 1:46.91	39.60	250m: 3:08.20	41.64	350m: 4:26.74	35.07
	100m: 1:07.31 36.89	200m: 2:26.56	39.65	300m: 3:51.67	43.47	400m: 4:59.96	33.22
DSQ	CARVALHO, Goncalo Duarte	05	POR	Benfica		+0,66	
	<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>						