

Campeonato Regional de Juvenis e Absoluto 2024
Braga, 22 - 24/3/2024

Prova 35	Masc., 800m Livres				Absolutos
24/03/2024 - 9:58					Resultados
Rec. Reg. ANMinho Open	7:42.14	Jose Paulo Lopes	SCB	Felgueiras	20/12/2019
Rec. Reg. ANMinho Sen	7:42.14	Jose Paulo Lopes	SCB	Felgueiras	20/12/2019
Rec. Reg. ANMinho Jun 2	8:01.21	Jose Paulo Lopes	SCB	Porto	08/12/2017
Rec. Reg. ANMinho Jun 1	8:08.84	Jose Paulo Lopes	SCB	Funchal	11/12/2016
Rec. Reg. ANMinho Juv A	8:20.86	Jose Paulo Lopes	SCB	Ponte da Barca	02/07/2016
Rec. Reg. ANMinho Juv B	8:34.96	Jose Paulo Lopes	SCB	Ponte da Barca	04/07/2015

Pontos: FINA 2023

Lugar	Ano		Tempo final				Pts
Juvenis B							
1.	Dinis Lima Moreno	09 Braga	9:37.14				453
	50m: 30.14 30.14	300m: 3:29.33 1:13.22	600m: 7:11.71 1:14.12				
	100m: 1:03.93 33.79	400m: 4:43.04 1:13.71	700m: 8:25.27 1:13.56				
	200m: 2:16.11 1:12.18	500m: 5:57.59 1:14.55	800m: 9:37.14 1:11.87				
2.	Raul Ventura Barros	09 Braga	9:43.96				437
	50m: 31.50 31.50	300m: 3:30.33 1:12.18	600m: 7:13.28 1:15.13				
	100m: 1:06.34 34.84	400m: 4:43.78 1:13.45	700m: 8:29.78 1:16.50				
	200m: 2:18.15 1:11.81	500m: 5:58.15 1:14.37	800m: 9:43.96 1:14.18				
3.	Denis Yerygin	09 Braga	9:49.48				425
	100m: 1:04.70 1:04.70	300m: 3:35.03 1:16.11	700m: 8:56.96 4:06.30				
	200m: 2:18.92 1:14.22	400m: 4:50.66 1:15.63	800m: 9:49.48 52.52				
4.	Manuel Manso Goncalves	09 Desportiva de Viana	9:51.50				421
	50m: 33.59 33.59	300m: 3:40.50 1:14.98	600m: 7:27.39 1:15.25				
	100m: 1:10.56 36.97	400m: 4:56.53 1:16.03	700m: 8:41.94 1:14.55				
	200m: 2:25.52 1:14.96	500m: 6:12.14 1:15.61	800m: 9:51.50 1:09.56				
Juvenis A							
1.	Luis Pedro Goncalves	08 Braga	9:30.89				468
	50m: 30.62 30.62	300m: 3:27.21 1:11.79	600m: 7:07.37 1:15.10				
	100m: 1:04.69 34.07	400m: 4:38.61 1:11.40	700m: 8:21.18 1:13.81				
	200m: 2:15.42 1:10.73	500m: 5:52.27 1:13.66	800m: 9:30.89 1:09.71				
2.	Martim Goncalves Jesus	08 Sporting Caminha	9:34.04				460
	50m: 30.76 30.76	300m: 3:27.92 1:12.34	600m: 7:09.08 1:14.97				
	100m: 1:04.76 34.00	400m: 4:40.61 1:12.69	700m: 8:23.26 1:14.18				
	200m: 2:15.58 1:10.82	500m: 5:54.11 1:13.50	800m: 9:34.04 1:10.78				
Absolutos (Jun + Sen)							
1.	Filipe Manso Laranja	07 Desportiva de Viana	8:39.29				622
	50m: 28.40 28.40	300m: 3:11.03 1:05.55	600m: 6:28.44 1:06.29				
	100m: 1:00.40 32.00	400m: 4:16.94 1:05.91	700m: 7:34.91 1:06.47				
	200m: 2:05.48 1:05.08	500m: 5:22.15 1:05.21	800m: 8:39.29 1:04.38				
2.	Joao Maria Sousa	05 Braga	8:45.65				600
	50m: 28.97 28.97	300m: 3:11.59 1:05.69	600m: 6:31.88 1:07.92				
	100m: 1:00.62 31.65	400m: 4:17.27 1:05.68	700m: 7:39.59 1:07.71				
	200m: 2:05.90 1:05.28	500m: 5:23.96 1:06.69	800m: 8:45.65 1:06.06				
3.	Marcio Fernandes Gomes	04 Braga	8:47.18				595
	50m: 30.18 30.18	300m: 3:13.36 1:06.22	600m: 6:39.17 1:12.04				
	100m: 1:01.96 31.78	400m: 4:19.98 1:06.62	700m: 7:42.62 1:03.45				
	200m: 2:07.14 1:05.18	500m: 5:27.13 1:07.15	800m: 8:47.18 1:04.56				
4.	Yuri Toth Aita	07 Viana Natacao	9:21.53				492
	50m: 29.98 29.98	300m: 3:19.65 1:09.81	600m: 6:57.91 1:13.78				
	100m: 1:02.68 32.70	400m: 4:31.34 1:11.69	700m: 8:11.65 1:13.74				
	200m: 2:09.84 1:07.16	500m: 5:44.13 1:12.79	800m: 9:21.53 1:09.88				
5.	Afonso Miguel Nogueira	07 Braga	9:45.11				435
	50m: 28.56 28.56	300m: 3:13.57 1:06.89	600m: 7:10.59 1:17.88				
	100m: 1:00.54 31.98	400m: 4:15.00 1:01.43	700m: 8:28.29 1:17.70				
	200m: 2:06.68 1:06.14	500m: 5:52.71 1:37.71	800m: 9:45.11 1:16.82				

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Lugar			Ano				Tempo final	Pts
6.	Joao Pedro Tinoco		07		Braga		9:45.28	434
	50m:	32.97 32.97	300m:	3:32.30 1:12.14	600m:	7:15.38 1:13.26		
	100m:	1:08.66 35.69	400m:	4:45.76 1:13.46	700m:	8:31.05 1:15.67		
	200m:	2:20.16 1:11.50	500m:	6:02.12 1:16.36	800m:	9:45.28 1:14.23		