

Campeonato Regional de Juvenis e Absoluto 2024
Braga, 22 - 24/3/2024

Prova 29 Femin., 1500m Livres Absolutos
23/03/2024 - 16:28 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Sen	16:17.11	Tamila Hryhorivna Holub	SCB	Felgueiras	21/12/2018
Rec. Reg. ANMinho Jun 2	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 1	16:44.26	Tamila Hryhorivna Holub	SCB	Porto	19/12/2014
Rec. Reg. ANMinho Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	16/03/2014
Rec. Reg. ANMinho Juv B	17:17.43	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	30/06/2013

Pontos: FINA 2023

Lugar Ano Tempo final Pts
Juvenis B

1. Ana Jose Marques	10	Braga	18:38.72	535
50m: 33.69 33.69	400m: 4:48.87	1:14.38	800m: 9:49.79	1:15.71
100m: 1:09.08 35.39	500m: 6:03.34	1:14.47	900m: 11:05.34	1:15.55
200m: 2:21.24 1:12.16	600m: 7:18.43	1:15.09	1000m: 12:21.24	1:15.90
300m: 3:34.49 1:13.25	700m: 8:34.08	1:15.65	1100m: 13:37.18	1:15.94
			1200m: 14:53.87	1:16.69
			1300m: 16:09.91	1:16.04
			1400m: 17:25.21	1:15.30
			1500m: 18:38.72	1:13.51
2. Ana Laura Nogueira	10	Braga	19:08.87	494
50m: 34.59 34.59	400m: 4:58.90	1:15.82	800m: 10:05.70	1:17.14
100m: 1:11.53 36.94	500m: 6:15.43	1:16.53	900m: 11:22.93	1:17.23
200m: 2:27.44 1:15.91	600m: 7:31.86	1:16.43	1000m: 12:40.55	1:17.62
300m: 3:43.08 1:15.64	700m: 8:48.56	1:16.70	1100m: 13:58.40	1:17.85
			1200m: 15:16.48	1:18.08
			1300m: 16:34.40	1:17.92
			1400m: 17:51.93	1:17.53
			1500m: 19:08.87	1:16.94

Absolutos (Jun + Sen)

1. Carolina Esteves Peixoto	06	Braga	17:27.03	652
50m: 32.00 32.00	400m: 4:33.48	1:09.58	800m: 9:12.49	1:10.03
100m: 1:05.65 33.65	500m: 5:42.97	1:09.49	900m: 10:22.77	1:10.28
200m: 2:14.44 1:08.79	600m: 6:52.68	1:09.71	1000m: 11:33.84	1:11.07
300m: 3:23.90 1:09.46	700m: 8:02.46	1:09.78	1100m: 12:45.48	1:11.64
			1200m: 13:56.25	1:10.77
			1300m: 15:06.90	1:10.65
			1400m: 16:18.06	1:11.16
			1500m: 17:27.03	1:08.97
2. Diana Gomes Freitas	08	Amigos da Montanha	18:54.85	512
50m: 37.83 37.83	400m: 4:49.50	1:13.92	800m: 9:54.23	1:17.07
100m: 1:08.66 30.83	500m: 6:04.93	1:15.43	900m: 11:12.36	1:18.13
200m: 2:21.65 1:12.99	600m: 7:20.48	1:15.55	1000m: 12:29.87	1:17.51
300m: 3:35.58 1:13.93	700m: 8:37.16	1:16.68	1100m: 13:46.86	1:16.99
			1200m: 15:04.03	1:17.17
			1300m: 16:21.65	1:17.62
			1400m: 17:41.05	1:19.40
			1500m: 18:54.85	1:13.80
3. Mafalda Miranda Vieira	07	Sporting Caminha	20:57.16	377
50m: 36.02 36.02	400m: 5:27.56	1:24.83	800m: 11:07.73	1:25.27
100m: 1:16.71 40.69	500m: 6:52.58	1:25.02	900m: 12:32.95	1:25.22
200m: 2:38.96 1:22.25	600m: 8:17.23	1:24.65	1000m: 13:58.71	1:25.76
300m: 4:02.73 1:23.77	700m: 9:42.46	1:25.23	1100m: 14:41.22	42.51
			1200m: 16:48.55	2:07.33
			1300m: 18:13.56	1:25.01
			1400m: 19:36.39	1:22.83
			1500m: 20:57.16	1:20.77

EXH Maria Ines Mesquita	10	Ginasio de Vila Real	21:56.79	328
50m: 40.18 40.18	400m: 5:49.11	1:28.20	800m: 11:43.36	1:28.36
100m: 1:24.49 44.31	500m: 7:17.21	1:28.10	900m: 13:13.05	1:29.69
200m: 2:52.14 1:27.65	600m: 8:45.91	1:28.70	1000m: 14:41.55	1:28.50
300m: 4:20.91 1:28.77	700m: 10:15.00	1:29.09	1100m: 16:10.66	1:29.11
			1200m: 17:39.47	1:28.81
			1300m: 19:06.12	1:26.65
			1400m: 20:32.90	1:26.78
			1500m: 21:56.79	1:23.89