



XIX Troféu Cidade Caldas da Rainha Masters
Caldas da rainha, 20/4/2024

Prova 3	Femin., 200m Estilos				18 - 104 anos
20/04/2024 - 16:08					Resultados
Rec. Nac	2:26.69	Bruna Martins, RIESENBERGER	CIRL	Caldas da Rainha	26/01/2024
Rec. Nac	2:27.16	Vania Soares, NEVES	VNC	Caldas da Rainha	26/01/2024
Rec. Nac	2:27.95	Ana Paula, GRILO	UDCA	Inatel	04/02/2006
Rec. Nac	2:30.13	Susana Clara, GOMES	CNF	Vila Franca de Xira	19/01/2018
Rec. Nac	2:35.09	Susana Clara, GOMES	CNF	Caldas da Rainha	27/01/2023
Rec. Nac	2:48.74	Maria Helena, CARMO	SAD	Vila Franca de Xira	19/01/2018
Rec. Nac	3:01.29	Elena Nikolaevna, KRAEVA	ADRCIMM	Tomar	30/01/2016
Rec. Nac		,			
Rec. Nac	3:54.03	Ana Maria, FERREIRA	SAD	Caldas da Rainha	27/01/2023
Rec. Nac	4:00.92	Luisa Bessone, BASTO	SAD	Caldas da Rainha	13/04/2019
Rec. Nac	59:00.00	start,			
Rec. Nac	59:00.00	start,			

Pontos: DSV Masters 22

Lugar	Ano	Tempo final				Pts
Grupo A						
1. Ana Margarida, RODRIGUES	96	Galitos / Bresimar				674
50m: 33.12 33.12	100m: 1:14.29	41.17	150m: 2:02.59	48.30	200m: 2:40.78	38.19
2. Raquel Fernandes, SANTOS	98	Masters de Almada				541
50m: 37.42 37.42	100m: 1:25.84	48.42	150m: 2:14.45	48.61	200m: 2:52.93	38.48
Grupo B						
1. Daniela Ferreira, PINHEIRO	94	Alcobaca				526
50m: 39.11 39.11	100m: 1:23.93	44.82	150m: 2:14.45	50.52	200m: 2:56.98	42.53
2. Solange Ramalho, PEREIRA	90	Ba-Leiria				351
50m: 42.42 42.42	100m: 1:33.56	51.14	150m: 2:33.66	1:00.10	200m: 3:22.42	48.76
3. Catarina Pereira, SALVADO	93	Ba-Leiria				224
50m: 49.27 49.27	100m: 1:48.61	59.34	150m: 3:01.46	1:12.85	200m: 3:55.21	53.75
Grupo C						
1. Joana Pereira, BARBARA	87	Masters de Almada				481
50m: 41.56 41.56	100m: 1:31.31	49.75	150m: 2:22.66	51.35	200m: 3:05.37	42.71
Grupo D						
1. Sara Filipa, CORTEZ	81	Masters de Almada				331
50m: 53.31 53.31	100m: 1:46.96	53.65	150m: 2:47.14	1:00.18	200m: 3:32.11	44.97
Grupo E						
1. Ana Cristina, OLIVEIRA	76	Galitos / Bresimar				434
50m: 42.37 42.37	100m: 1:33.17	50.80	150m: 2:29.93	56.76	200m: 3:18.19	48.26
Grupo G						
1. Maria Clara, SOUSA	68	Masters de Almada				276
<i>Rec Nacional</i>						
50m: 21.02 21.02	100m: 1:54.15	1:33.13	150m: 3:04.04	1:09.89	200m: 4:00.93	56.89



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Grupo H

1.	Helena Paula, CARVALHO	64	Sporting						3:47.58	449		
	50m:	53.44	53.44	100m:	1:57.96	1:04.52	150m:	2:57.00	59.04	200m:	3:47.58	50.58
2.	Maria Goncalves, VASCONCELOS	64	Masters de Almada						4:25.83	281		
	50m:	59.70	59.70	100m:	2:19.49	1:19.79	150m:	3:28.20	1:08.71	200m:	4:25.83	57.63