

Campeonato Regional Cat 2024
Praia da Vitória, 1- - 3-3-2024

Prova 52
03-03-2024 - 9:50

Masc., 400m Livres

15 anos e mais velhos
Resultados

Juvenis B Masc Juv B: 5:30.00 / Juvenis A Masc Juv A: 5:10.00 / Juniores Masc Jun: 4:55.00 / Seniores Masc Sen: 4:50.00

Pontos: FINA 2021

Lugar			Ano					Tempo final	Pts	
Juvenis A										
1.	SANTOS, Rodrigo Canedo		08	Bombeiros de Ponta Delgada				4:25.83	509	
	50m:	30.21 30.21	150m:	1:36.70	33.74	250m:	2:44.68	34.02	350m:	3:52.85 33.93
	100m:	1:02.96 32.75	200m:	2:10.66	33.96	300m:	3:18.92	34.24	400m:	4:25.83 32.98
2.	FINOTI, Henrique		08	Clube Naval de Ponta Delgada				4:43.07	421	
	50m:	30.93 30.93	150m:	1:42.30	36.49	250m:	2:56.11	36.50	350m:	4:08.78 36.05
	100m:	1:05.81 34.88	200m:	2:19.61	37.31	300m:	3:32.73	36.62	400m:	4:43.07 34.29
3.	PIRES, Luis Maria		08	Clube Naval de Ponta Delgada				5:09.72	321	
	50m:	33.23 33.23	150m:	1:48.12	38.34	250m:	3:07.67	40.24	350m:	4:30.47 41.41
	100m:	1:09.78 36.55	200m:	2:27.43	39.31	300m:	3:49.06	41.39	400m:	5:09.72 39.25
Juniores										
1.	TOSTE, Martim Candido		06	Naval Praia da Vitoria				4:29.15	490	
	50m:	30.28 30.28	150m:	1:37.18	33.64	250m:	2:45.34	33.94	350m:	3:54.46 34.87
	100m:	1:03.54 33.26	200m:	2:11.40	34.22	300m:	3:19.59	34.25	400m:	4:29.15 34.69
2.	ALVES, Mateus Jose		07	Bombeiros de Ponta Delgada				4:43.32	420	
	50m:	30.73 30.73	150m:	1:40.53	35.42	250m:	2:53.45	36.53	350m:	4:07.22 36.63
	100m:	1:05.11 34.38	200m:	2:16.92	36.39	300m:	3:30.59	37.14	400m:	4:43.32 36.10