

Campeonato Regional Cat 2024
Praia da Vitória, 1- - 3-3-2024

Prova 22
02-03-2024 - 10:55

Femin., 400m Livres

Infantis
Resultados

Infantis B Fem Inf B: 6:38.00 / Infantis A Fem Inf A: 6:16.00

Pontos: FINA 2021

Lugar	Ano	Tempo final	Pts
Infantis B			
1. SILVA, Maria Francisca	12	6:05.84	261
50m: 40.06 40.06	150m: 2:11.46 46.65	250m: 3:44.10 46.07	350m: 5:19.12 47.02
100m: 1:24.81 44.75	200m: 2:58.03 46.57	300m: 4:32.10 48.00	400m: 6:05.84 46.72
2. COSTA, Ines Rosa	12	6:20.22	232
50m: 42.50 42.50	150m: 2:19.23 49.12	250m: 3:56.91 48.88	350m: 5:35.28 48.86
100m: 1:30.11 47.61	200m: 3:08.03 48.80	300m: 4:46.42 49.51	400m: 6:20.22 44.94
3. ALMEIDA, Jamila Mendes	12	6:34.63	208
50m: 41.96 41.96	150m: 2:23.75 51.97	250m: 4:06.61 50.98	350m: 5:47.43 50.55
100m: 1:31.78 49.82	200m: 3:15.63 51.88	300m: 4:56.88 50.27	400m: 6:34.63 47.20
4. GAMA, Madalena Faustino	12	6:45.47	192
50m: 45.26 45.26	150m: 2:28.29 52.19	250m: 4:12.55 52.37	350m: 5:56.48 51.57
100m: 1:36.10 50.84	200m: 3:20.18 51.89	300m: 5:04.91 52.36	400m: 6:45.47 48.99
5. COSTA, Miriam Sebastiao	12	6:50.05	185
50m: 43.65 43.65	150m: 2:25.67 51.90	250m: 4:12.69 54.31	350m: 6:00.00 53.76
100m: 1:33.77 50.12	200m: 3:18.38 52.71	300m: 5:06.24 53.55	400m: 6:50.05 50.05
Infantis A			
1. CAPAREIRA, Alice Machado	11	4:52.29	512
50m: 32.43 32.43	150m: 1:45.41 37.04	250m: 3:00.84 37.76	350m: 4:16.50 37.62
100m: 1:08.37 35.94	200m: 2:23.08 37.67	300m: 3:38.88 38.04	400m: 4:52.29 35.79
2. FERREIRA, Carolina Morao	11	5:04.52	453
50m: 34.90 34.90	150m: 1:50.69 38.37	250m: 3:08.85 38.93	350m: 4:26.76 38.91
100m: 1:12.32 37.42	200m: 2:29.92 39.23	300m: 3:47.85 39.00	400m: 5:04.52 37.76
3. ARROJADO, Maria Abreu	11	5:32.69	347
50m: 36.69 36.69	150m: 1:59.79 41.09	250m: 3:25.53 43.43	350m: 4:51.36 42.97
100m: 1:18.70 42.01	200m: 2:42.10 42.31	300m: 4:08.39 42.86	400m: 5:32.69 41.33
4. FONSECA, Constanca Oliveira	11	5:38.50	330
50m: 37.47 37.47	150m: 2:02.66 42.68	250m: 3:27.94 43.01	350m: 4:56.93 44.69
100m: 1:19.98 42.51	200m: 2:44.93 42.27	300m: 4:12.24 44.30	400m: 5:38.50 41.57
5. SOARES, Isabella Nascimento	11	5:41.79	320
50m: 38.27 38.27	150m: 2:03.42 42.86	250m: 3:29.94 43.53	350m: 4:59.05 44.79
100m: 1:20.56 42.29	200m: 2:46.41 42.99	300m: 4:14.26 44.32	400m: 5:41.79 42.74
6. SILVA, Maria Joao	11	5:52.39	292
50m: 40.12 40.12	150m: 2:08.15 44.46	250m: 3:39.09 45.58	350m: 5:11.15 45.94
100m: 1:23.69 43.57	200m: 2:53.51 45.36	300m: 4:25.21 46.12	400m: 5:52.39 41.24
7. SILVA, Beatriz Soares	11	6:01.81	270
50m: 40.19 40.19	150m: 2:10.69 45.96	250m: 3:41.98 45.62	350m: 5:13.75 45.58
100m: 1:24.73 44.54	200m: 2:56.36 45.67	300m: 4:28.17 46.19	400m: 6:01.81 48.06
8. MENESES, Mafalda Rodrigues	11	6:03.60	266
50m: 40.41 40.41	150m: 2:11.67 46.11	250m: 3:44.01 46.27	350m: 5:17.72 46.66
100m: 1:25.56 45.15	200m: 2:57.74 46.07	300m: 4:31.06 47.05	400m: 6:03.60 45.88
9. ANDRADE, Joana Melo	11	6:23.76	226
50m: 41.25 41.25	150m: 2:15.91 47.81	250m: 3:54.76 49.28	350m: 5:35.39 49.84
100m: 1:28.10 46.85	200m: 3:05.48 49.57	300m: 4:45.55 50.79	400m: 6:23.76 48.37