

Prova 1
09/03/2024 - 15:00

Femin., 400m Livres

Cadetes A
Resultados

Pontos: FINA 2023

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	SILVA, Leonor Santos	11	CCDSerta	6:35.17		200	
	50m: 41.52 41.52	150m: 2:19.99 49.41	250m: 4:05.30 53.61	350m: 5:49.27 50.97			
	100m: 1:30.58 49.06	200m: 3:11.69 51.70	300m: 4:58.30 53.00	400m: 6:35.17 45.90			
2.	PEREIRA, Carlota Maria	11	AN Albicastrense	6:37.53		196	
	50m: 43.69 43.69	150m: 2:24.19 50.37	250m: 4:07.35 51.87	350m: 5:47.41 48.91			
	100m: 1:33.82 50.13	200m: 3:15.48 51.29	300m: 4:58.50 51.15	400m: 6:37.53 50.12			
3.	CALDEIRA, Rita Vidigal	11	Elvense	7:01.57		165	
	50m: 42.03 42.03	150m: 2:26.25 53.82	250m: 4:14.93 55.18	350m: 6:06.18 55.36			
	100m: 1:32.43 50.40	200m: 3:19.75 53.50	300m: 5:10.82 55.89	400m: 7:01.57 55.39			
4.	RODRIGUES, Iara Goncalves	11	Elvense	7:09.46		156	
	50m: 43.71 43.71	150m: 2:29.56 55.42	250m: 4:24.00 57.47	350m: 6:15.01 54.95			
	100m: 1:34.14 50.43	200m: 3:26.53 56.97	300m: 5:20.06 56.06	400m: 7:09.46 54.45			
5.	SARRATO, Daniela Moreira	11	Elvense	7:26.97		138	
	50m: 44.59 44.59	150m: 2:37.21 56.19	250m: 4:34.90 59.25	350m: 6:32.16 58.04			
	100m: 1:41.02 56.43	200m: 3:35.65 58.44	300m: 5:34.12 59.22	400m: 7:26.97 54.81			
6.	CACILHAS, Margarida Salaves	11	AN Albicastrense	7:27.52		138	
	50m: 50.51 50.51	150m: 2:43.26 57.16	250m: 4:39.18 57.22	350m: 6:36.86 59.03			
	100m: 1:46.10 55.59	200m: 3:41.96 58.70	300m: 5:37.83 58.65	400m: 7:27.52 50.66			