

Coupe des Régions  
Rivière-du-Loup, 2- - 3-3-2024

Epreuve 20  
2024-03-03 - 9:11

Messieurs, 400m Libre

Cat. générale  
Liste résultats

Points: FINA 2023

Rang				Age						Temps	Pts	
<b>12 ans et moins</b>												
1.	MORNEAU, Thomas			12	LMRL Rivière-du-Loup					<b>5:17.58</b>	298	
	50m:	35.94	35.94	150m:	1:57.72	41.38	250m:	3:21.27	42.05	350m:	4:40.76	39.09
	100m:	1:16.34	40.40	200m:	2:39.22	41.50	300m:	4:01.67	40.40	400m:	5:17.58	36.82
2.	ST-PIERRE, Noah			12	LMRL Rivière-du-Loup					<b>5:37.55</b>	248	
	50m:	37.10	37.10	150m:	2:04.94	42.46	250m:	3:29.38	43.20	350m:	4:53.58	41.18
	100m:	1:22.48	45.38	200m:	2:46.18	41.24	300m:	4:12.40	43.02	400m:	5:37.55	43.97
3.	ARSENAULT, Taylor			12	C.Natation. Sept-Iles					<b>6:13.07</b>	184	
	50m:	40.13	40.13	150m:	2:12.21	46.51	250m:	3:48.92	49.12	350m:	5:25.92	49.74
	100m:	1:25.70	45.57	200m:	2:59.80	47.59	300m:	4:36.18	47.26	400m:	6:13.07	47.15
4.	TREMBLAY, François			12	C.Natation. Sept-Iles					<b>6:15.94</b>	179	
	50m:	38.33	38.33	150m:	2:13.83	48.09	250m:	3:51.20	48.51	350m:	5:27.05	48.11
	100m:	1:25.74	47.41	200m:	3:02.69	48.86	300m:	4:38.94	47.74	400m:	6:15.94	48.89
5.	LEVESQUE, Thomas			10	LMRL Rivière-du-Loup					<b>6:26.57</b>	165	
	50m:	45.66	45.66	150m:	2:25.53	50.49	250m:	4:04.52	48.61	350m:	5:39.88	46.86
	100m:	1:35.04	49.38	200m:	3:15.91	50.38	300m:	4:53.02	48.50	400m:	6:26.57	46.69
6.	GIRARD, Félix			12	Cpc					<b>6:47.30</b>	141	
	50m:	44.26	44.26	150m:	2:25.99	51.32	250m:	4:13.00	54.21	350m:	5:59.79	52.90
	100m:	1:34.67	50.41	200m:	3:18.79	52.80	300m:	5:06.89	53.89	400m:	6:47.30	47.51
<b>13 - 14 ans</b>												
1.	BROUILLET, Hugo			14	Les Dauphins de Rimouski					<b>4:31.55</b>	477	
	50m:	29.36	29.36	150m:	1:37.29	34.45	250m:	2:47.41	35.02	350m:	3:57.15	34.47
	100m:	1:02.84	33.48	200m:	2:12.39	35.10	300m:	3:22.68	35.27	400m:	4:31.55	34.40
2.	PHILIPPON, Léo			14	C.Natation. Sept-Iles					<b>5:02.22</b>	346	
	50m:	34.17	34.17	150m:	1:49.58	38.32	250m:	3:08.19	39.65	350m:	4:26.27	38.48
	100m:	1:11.26	37.09	200m:	2:28.54	38.96	300m:	3:47.79	39.60	400m:	5:02.22	35.95
3.	MORNEAU, Oly			14	LMRL Rivière-du-Loup					<b>5:07.00</b>	330	
	50m:	29.44	29.44	150m:	1:46.30	39.47	250m:	3:05.75	39.61	350m:	4:24.87	40.37
	100m:	1:06.83	37.39	200m:	2:26.14	39.84	300m:	3:44.50	38.75	400m:	5:07.00	42.13
4.	THIBEAULT, Antoine			14	C.Natation. Sept-Iles					<b>5:15.36</b>	304	
	50m:	34.01	34.01	150m:	1:50.86	39.35	250m:	3:11.84	40.81	350m:	4:34.65	41.28
	100m:	1:11.51	37.50	200m:	2:31.03	40.17	300m:	3:53.37	41.53	400m:	5:15.36	40.71
5.	RICARD, Bastien			13	Les Dauphins de Rimouski					<b>5:36.97</b>	249	
	50m:	35.43	35.43	150m:	2:01.42	43.43	250m:	3:28.00	42.92	350m:	4:52.72	41.64
	100m:	1:17.99	42.56	200m:	2:45.08	43.66	300m:	4:11.08	43.08	400m:	5:36.97	44.25
6.	VACHON, Raphaël			13	C.Natation. Sept-Iles					<b>5:42.71</b>	237	
	50m:	33.62	33.62	150m:	2:02.60	45.47	250m:	3:31.27	43.98	350m:	4:58.99	43.11
	100m:	1:17.13	43.51	200m:	2:47.29	44.69	300m:	4:15.88	44.61	400m:	5:42.71	43.72

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15 - 16 ans

1.	PELLETIER, Éli		16	Bg		<b>4:27.55</b>	499	
	50m: 28.37	28.37	150m: 1:34.40	33.85	250m: 2:44.31	35.14	350m: 3:55.04	35.43
	100m: 1:00.55	32.18	200m: 2:09.17	34.77	300m: 3:19.61	35.30	400m: 4:27.55	32.51
2.	CÔTÉ, Edouard		16	LMRL Rivière-du-Loup		<b>4:31.11</b>	479	
	50m: 31.08	31.08	150m: 1:40.09	34.98	250m: 2:49.27	34.32	350m: 3:57.69	34.52
	100m: 1:05.11	34.03	200m: 2:14.95	34.86	300m: 3:23.17	33.90	400m: 4:31.11	33.42
3.	DELAND, Caleb		16	Les Dauphins de Rimouski		<b>4:37.98</b>	445	
	50m: 29.38	29.38	150m: 1:38.20	34.84	250m: 2:50.41	35.97	350m: 4:03.27	36.31
	100m: 1:03.36	33.98	200m: 2:14.44	36.24	300m: 3:26.96	36.55	400m: 4:37.98	34.71
4.	DESJARDINS, Alexandre		15	Les Dauphins de Rimouski		<b>4:49.69</b>	393	
	50m: 32.02	32.02	150m: 1:44.57	36.82	250m: 2:58.48	36.83	350m: 4:13.17	37.29
	100m: 1:07.75	35.73	200m: 2:21.65	37.08	300m: 3:35.88	37.40	400m: 4:49.69	36.52
5.	BOUCHARD, Felix		15	LMRL Rivière-du-Loup		<b>5:27.13</b>	273	
	50m: 35.97	35.97	150m: 2:00.75	42.60	250m: 3:24.60	42.38	350m: 4:46.12	40.92
	100m: 1:18.15	42.18	200m: 2:42.22	41.47	300m: 4:05.20	40.60	400m: 5:27.13	41.01
6.	BURELLE, William		16	Les Dauphins de Rimouski		<b>5:35.15</b>	253	
	50m: 32.83	32.83	150m: 1:59.19	44.23	250m: 3:26.90	44.35	350m: 4:51.18	40.33
	100m: 1:14.96	42.13	200m: 2:42.55	43.36	300m: 4:10.85	43.95	400m: 5:35.15	43.97

17 ans et plus

1.	LÉVESQUE, Édouard		17	Aquanautes		<b>4:31.46</b>	477	
	50m: 29.99	29.99	150m: 1:37.93	34.64	250m: 2:48.58	35.38	350m: 3:58.29	34.14
	100m: 1:03.29	33.30	200m: 2:13.20	35.27	300m: 3:24.15	35.57	400m: 4:31.46	33.17
hc.	MARTIN, Lucas		12	Les Dauphins de Rimouski		<b>5:39.23</b>	244	
	50m: 37.52	37.52	150m: 2:02.94	43.48	250m: 3:31.24	44.47	350m: 4:59.04	44.00
	100m: 1:19.46	41.94	200m: 2:46.77	43.83	300m: 4:15.04	43.80	400m: 5:39.23	40.19
hc.	D'AUTEUIL, Charles		11	LMRL Rivière-du-Loup		<b>6:31.63</b>	159	
	50m: 44.46	44.46	150m: 2:24.43	50.25	250m: 4:06.70	51.79	350m: 5:45.62	50.28
	100m: 1:34.18	49.72	200m: 3:14.91	50.48	300m: 4:55.34	48.64	400m: 6:31.63	46.01
hc.	MORNEAU, Logan		11	LMRL Rivière-du-Loup		<b>6:54.41</b>	134	
	50m: 46.67	46.67	150m: 2:33.12	54.16	250m: 4:20.87	53.65	350m: 6:06.25	52.64
	100m: 1:38.96	52.29	200m: 3:27.22	54.10	300m: 5:13.61	52.74	400m: 6:54.41	48.16