

Coupe des Régions
Rivière-du-Loup, 2- - 3-3-2024

Epreuve 13
2024-03-02 - 11:05

Dames, 400m 4 nages

Cat. générale
Liste résultats

Points: FINA 2023

Rang			Age							Temps	Pts	
12 ans et moins												
1.	GAGNON, Olivia		12	Aquanautes						6:39.53	272	
	50m:	45.53	45.53	150m:	2:34.04	50.32	250m:	4:18.37	52.68	350m:	5:57.69	44.24
	100m:	1:43.72	58.19	200m:	3:25.69	51.65	300m:	5:13.45	55.08	400m:	6:39.53	41.84
13 - 14 ans												
1.	BEAULIEU, Julianne		14	LMRL Rivière-du-Loup						5:29.81	483	
	50m:	36.61	36.61	150m:	1:57.55	40.47	250m:	3:23.24	46.85	350m:	4:51.41	40.20
	100m:	1:17.08	40.47	200m:	2:36.39	38.84	300m:	4:11.21	47.97	400m:	5:29.81	38.40
2.	TURBIDE, Florence		14	C.Natation. Sept-Iles						5:58.68	376	
	50m:	38.50	38.50	150m:	2:09.70	46.33	250m:	3:47.10	53.16	350m:	5:20.79	40.61
	100m:	1:23.37	44.87	200m:	2:53.94	44.24	300m:	4:40.18	53.08	400m:	5:58.68	37.89
3.	MELOATAM, Jade		13	LMRL Rivière-du-Loup						6:21.70	312	
	50m:	46.15	46.15	150m:	2:21.87	44.59	250m:	4:04.72	56.94	350m:	5:42.04	41.43
	100m:	1:37.28	51.13	200m:	3:07.78	45.91	300m:	5:00.61	55.89	400m:	6:21.70	39.66
4.	DOUCET, Simone		14	Les Dauphins de Rimouski						6:26.27	301	
	50m:	41.54	41.54	150m:	2:20.10	48.59	250m:	4:03.74	54.94	350m:	5:44.58	43.20
	100m:	1:31.51	49.97	200m:	3:08.80	48.70	300m:	5:01.38	57.64	400m:	6:26.27	41.69
disq.	D'AMOURS, Constance		13	Nataqui								
15 - 16 ans												
1.	BERUBE, Marie-Maude		15	LMRL Rivière-du-Loup						5:29.78	484	
	50m:	36.70	36.70	150m:	2:00.75	43.18	250m:	3:28.00	44.68	350m:	4:54.05	40.28
	100m:	1:17.57	40.87	200m:	2:43.32	42.57	300m:	4:13.77	45.77	400m:	5:29.78	35.73
2.	ESSIEMBRE, Léanne		15	Cpc						6:02.34	364	
	50m:	41.44	41.44	150m:	2:17.48	46.63	250m:	3:55.43	51.56	350m:	5:25.96	38.11
	100m:	1:30.85	49.41	200m:	3:03.87	46.39	300m:	4:47.85	52.42	400m:	6:02.34	36.38
3.	FOREST, Alice		15	Cpc						6:21.32	313	
	50m:	42.15	42.15	150m:	2:17.60	45.42	250m:	3:57.53	53.47	350m:	5:38.03	43.26
	100m:	1:32.18	50.03	200m:	3:04.06	46.46	300m:	4:54.77	57.24	400m:	6:21.32	43.29
17 ans et plus												
1.	METIVIER, Lea		17	LMRL Rivière-du-Loup						5:41.90	434	
	50m:	37.44	37.44	150m:	2:02.61	42.95	250m:	3:34.79	46.63	350m:	5:02.38	39.87
	100m:	1:19.66	42.22	200m:	2:48.16	45.55	300m:	4:22.51	47.72	400m:	5:41.90	39.52
hc.	SOZIO, Gabrielle		11	LMRL Rivière-du-Loup						7:08.85	220	
	50m:	46.20	46.20	150m:	2:40.96	53.54	250m:	4:34.35	1:03.14	350m:	6:24.03	48.10
	100m:	1:47.42	1:01.22	200m:	3:31.21	50.25	300m:	5:35.93	1:01.58	400m:	7:08.85	44.82