

Competitie deel 4  
Nijverdal, 9-3-2024

Programmanr. 14  
9-3-2024 - 13:04

Meisjes, 400m wisselslag

Jeugd 2 en jonger  
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Esmee van Dijk	Het Ravijn	5:55.69	200803180	<b>5:44.92</b>			
	50m: 33.64	33.64	150m: 2:02.54	45.82	250m: 3:36.09	49.64	350m: 5:06.48	39.89
	100m: 1:16.72	43.08	200m: 2:46.45	43.91	300m: 4:26.59	50.50	400m: 5:44.92	38.44
2.	Iris Papen	WWW Winterswijk	5:59.56	200802842	<b>6:00.56</b>			
	50m: 37.21	37.21	150m: 2:07.50	44.87	250m: 3:43.55	53.23	350m: 5:21.03	42.65
	100m: 1:22.63	45.42	200m: 2:50.32	42.82	300m: 4:38.38	54.83	400m: 6:00.56	39.53
3.	Roos Vrugink	WWW Winterswijk	5:59.88	200801040	<b>6:02.14</b>			
	50m: 40.88	40.88	150m: 2:14.42	45.37	250m: 3:49.17	50.14	350m: 5:22.98	42.21
	100m: 1:29.05	48.17	200m: 2:59.03	44.61	300m: 4:40.77	51.60	400m: 6:02.14	39.16
4.	Femke Budde	WS Twente 2	6:01.21	200801460	<b>6:03.84</b>			
	50m: 35.91	35.91	150m: 2:05.19	53.37	250m: 3:41.54	52.65	350m: 5:20.43	45.36
	100m: 1:11.82	35.91	200m: 2:48.89	43.70	300m: 4:35.07	53.53	400m: 6:03.84	43.41
5.	Britt Huttenhuis	Sg - E Z C L	6:05.07	200802446	<b>6:08.03</b>			
	50m: 37.58	37.58	150m: 2:11.38	47.37	250m: 3:49.63	52.34	350m: 5:27.57	43.64
	100m: 1:24.01	46.43	200m: 2:57.29	45.91	300m: 4:43.93	54.30	400m: 6:08.03	40.46
6.	Kayleigh van Doeselaar	Sg - E Z C L	7:03.34	201000478	<b>6:11.69</b>			
	50m: 39.91	39.91	150m: 2:14.83	47.57	250m: 3:54.40	54.71	350m: 5:30.96	42.55
	100m: 1:27.26	47.35	200m: 2:59.69	44.86	300m: 4:48.41	54.01	400m: 6:11.69	40.73
7.	Jet Rötter	Livo	NT	200803192	<b>6:20.15</b>			
	50m: 44.57	44.57	150m: 2:23.85	45.67	250m: 4:01.36	52.60	350m: 5:39.84	45.80
	100m: 1:38.18	53.61	200m: 3:08.76	44.91	300m: 4:54.04	52.68	400m: 6:20.15	40.31
8.	Ine-Joy Tilburg	De Veene	7:17.60	201002036	<b>6:22.43</b>			
	50m: 39.56	39.56	150m: 2:19.09	50.23	250m: 4:01.58	54.60	350m: 5:41.67	45.38
	100m: 1:28.86	49.30	200m: 3:06.98	47.89	300m: 4:56.29	54.71	400m: 6:22.43	40.76
9.	Marlies Jansen	WWW Winterswijk	5:59.98	200701904	<b>6:29.95</b>			
	50m: 37.02	37.02	150m: 2:10.00	49.77	250m: 3:59.63	1:01.37	350m: 5:46.71	44.76
	100m: 1:20.23	43.21	200m: 2:58.26	48.26	300m: 5:01.95	1:02.32	400m: 6:29.95	43.24
10.	Jorien Hogebrug	WS Twente 2	6:47.36	200702260	<b>6:39.46</b>			
	50m: 43.38	43.38	150m: 2:24.50	49.49	250m: 4:09.39	56.82	350m: 5:53.73	47.23
	100m: 1:35.01	51.63	200m: 3:12.57	48.07	300m: 5:06.50	57.11	400m: 6:39.46	45.73
11.	Lieke Kamphuis	Sg - E Z C L	NT	200701448	<b>6:57.44</b>			
	50m: 41.16	41.16	150m: 2:29.14	54.18	250m: 4:21.58	59.32	350m: 6:12.45	50.98
	100m: 1:34.96	53.80	200m: 3:22.26	53.12	300m: 5:21.47	59.89	400m: 6:57.44	44.99
12.	Sophie Schuirink	Livo	NT	200802450	<b>7:10.64</b>			
	50m: 41.16	41.16	150m: 2:35.17	1:02.04	250m: 4:34.80	59.27	350m: 6:23.65	49.44
	100m: 1:33.13	51.97	200m: 3:35.53	1:00.36	300m: 5:34.21	59.41	400m: 7:10.64	46.99
13.	Elina Hendriks	De Grunte	7:25.48	200801178	<b>7:14.02</b>			
	50m: 43.96	43.96	150m: 2:33.66	54.92	250m: 4:30.60	1:02.39	350m: 6:27.15	51.27
	100m: 1:38.74	54.78	200m: 3:28.21	54.55	300m: 5:35.88	1:05.28	400m: 7:14.02	46.87
NG	Amber Lenters	De Grunte	6:21.82	200800700				