

Championnats FFBN Open 2024  
Charleroi, 24 - 25/2/2024

Epreuve 2  
24/02/2024

Dames, 400m 4 nages

Cat. générale  
Liste résultats Finale

Points: FINA 2021

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA	
	1.	FRANQUINET, Ambre	04	LGN	BEL	5:08.79	<b>4:57.49</b>	717	
		50m: 31.21 31.21	150m: 1:46.19 38.88	250m: 3:05.71 42.08	350m: 4:23.02 34.51				
		100m: 1:07.31 36.10	200m: 2:23.63 37.44	300m: 3:48.51 42.80	400m: 4:57.49 34.47				
	2.	MERCIER, Faustine	07	DM	BEL	5:11.00	<b>5:01.64</b>	688	
		50m: 30.84 30.84	150m: 1:45.64 38.49	250m: 3:07.61 44.23	350m: 4:27.49 35.28				
		100m: 1:07.15 36.31	200m: 2:23.38 37.74	300m: 3:52.21 44.60	400m: 5:01.64 34.15				
	3.	VACHAUDEZ, Ella	09	ENLN	BEL	5:10.89	<b>5:08.19</b>	645	
		50m: 33.80 33.80	150m: 1:50.45 39.29	250m: 3:12.78 47.52	350m: 4:34.03 36.97				
		100m: 1:11.16 37.36	200m: 2:25.26 34.81	300m: 3:57.06 44.28	400m: 5:08.19 34.16				
	4.	DECRAENE, Satheen	09	DM	BEL	5:21.02	<b>5:12.15</b>	621	
		50m: 34.13 34.13	150m: 1:53.07 39.80	250m: 3:15.81 44.48	350m: 4:37.48 36.94				
		100m: 1:13.27 39.14	200m: 2:31.33 38.26	300m: 4:00.54 44.73	400m: 5:12.15 34.67				
	5.	MACHALE, Julia	09	CNSW	IRL	5:31.95	<b>5:31.42</b>	519	
		50m: 36.44 36.44	150m: 2:03.44 42.29	250m: 3:31.41 47.40	350m: 4:56.66 37.70				
		100m: 1:21.15 44.71	200m: 2:44.01 40.57	300m: 4:18.96 47.55	400m: 5:31.42 34.76				
	6.	CATAKLI, Nazra	09	ESN	BEL	5:45.27	<b>5:42.41</b>	470	
		50m: 34.46 34.46	150m: 1:59.43 43.74	250m: 3:33.17 50.99	350m: 5:03.66 39.04				
		100m: 1:15.69 41.23	200m: 2:42.18 42.75	300m: 4:24.62 51.45	400m: 5:42.41 38.75				
	7.	PAIROUX, Eloise	08	PERRON	BEL	5:50.74	<b>5:43.09</b>	467	
		50m: 38.33 38.33	150m: 2:07.13 45.71	250m: 3:39.41 47.84	350m: 5:06.19 39.08				
		100m: 1:21.42 43.09	200m: 2:51.57 44.44	300m: 4:27.11 47.70	400m: 5:43.09 36.90				
	8.	GRIES, Anaïs	09	WN	BEL	5:50.58	<b>5:43.78</b>	465	
		50m: 35.25 35.25	150m: 2:01.85 44.66	250m: 3:33.82 48.13	350m: 5:05.25 41.87				
		100m: 1:17.19 41.94	200m: 2:45.69 43.84	300m: 4:23.38 49.56	400m: 5:43.78 38.53				