

25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1 2/3/2024 - 16:00	400m Lliure				Open Resultats
CIR	4:02.22	CABANILLAS QUINTANILLA, Rafea	00069	Sabadell	29/11/2014
CIR	4:36.64	TORRAS PIEDEHIERRO, Judith	P0725	Salt	22/2/2020
CR	4:11.58	ALAEZ FARRERES, FERNANDO	00000	LLEIDA	8/2/2014
CR	4:44.84	GOMEZ ALBAREDA, MIREIA	00000	LLEIDA	11/3/2017

Classificació	ANY		Temps		Punts	CLUBS
<b>Open, Masc.</b>						
1.	CASTELLA FABREGUES, Jordi	00	C.N. Tortosa	<b>4:19.69</b>	720	720,00
	<i>Rècord del Campionat</i>					
	50m: 27.91 27.91	100m: 58.08 30.17	200m: 2:02.50 1:04.42	400m: 4:19.69 2:17.19		
2.	RODRIGUEZ RAMOS, Cristian	86	C.N. Swimfaster Salt	<b>4:22.84</b>	740	740,00
	50m: 29.07 29.07	100m: 1:01.01 31.94	200m: 2:07.09 1:06.08	400m: 4:22.84 2:15.75		
3.	TAPIAS RUBIO, Oriol	02	Cee Sant Gervasi	<b>4:28.79</b>	649	649,00
	50m: 29.75 29.75	100m: 1:02.12 32.37	200m: 2:10.08 1:07.96	400m: 4:28.79 2:18.71		
4.	CARO VAN DER POEL, Miguel	89	C.N. Tarraco	<b>4:35.49</b>	642	642,00
	50m: 32.00 32.00	100m: 1:07.15 35.15	200m: 2:17.72 1:10.57	400m: 4:35.49 2:17.77		
5.	VARAS ALIAU, Jordi	75	C.N. Tortosa	<b>4:44.60</b>	623	623,00
	50m: 31.50 31.50	200m: 2:17.94 1:11.83	400m: 4:44.60 1:12.68			
	100m: 1:06.11 34.61	300m: 3:31.92 1:13.98				
6.	ORTEGA FERRE, Diego	76	CV Platja Llarga Tarragona	<b>4:51.43</b>	580	580,00
	50m: 33.06 33.06	100m: 1:09.91 36.85	200m: 2:24.39 1:14.48	400m: 4:51.43 2:27.04		
7.	BOVE SOLANES, Albert	78	C.N. Tarraco	<b>4:53.84</b>	566	566,00
	50m: 34.52 34.52	100m: 1:11.45 36.93	200m: 2:26.81 1:15.36	400m: 4:53.84 2:27.03		
8.	PONS RODRIGUEZ, Joan	77	C.N. Granollers	<b>4:59.21</b>	536	536,00
	50m: 33.84 33.84	100m: 1:10.78 36.94	200m: 2:25.47 1:14.69	400m: 4:59.21 2:33.74		
9.	GRAU SOLE, Ferran	67	CV Platja Llarga Tarragona	<b>5:10.99</b>	557	557,00
	50m: 33.84 33.84	100m: 1:11.58 37.74	200m: 2:30.39 1:18.81	400m: 5:10.99 2:40.60		
10.	MONTEFUSCO DEL PINO, Bruno	99	Cee Sant Gervasi	<b>5:11.60</b>	417	417,00
	50m: 35.16 35.16	100m: 1:13.31 38.15	200m: 2:32.54 1:19.23	400m: 5:11.60 2:39.06		
11.	MICHANS OTAL, Toni	78	C.N. Lleida	<b>5:19.63</b>	439	439,00
	50m: 34.21 34.21	100m: 1:11.87 37.66	200m: 2:32.49 1:20.62	400m: 5:19.63 2:47.14		
12.	VALDES VILCHES, Manuel Angel	64	C.N. Tarraco	<b>5:39.81</b>	488	488,00
	50m: 37.74 37.74	100m: 1:19.08 41.34	200m: 2:45.53 1:26.45	400m: 5:39.81 2:54.28		
13.	BOZZO BALBASTRE, Oriol	82	C.N. Tarraco	<b>5:44.41</b>	341	-
	50m: 37.48 37.48	100m: 1:19.53 42.05	200m: 2:48.94 1:29.41	400m: 5:44.41 2:55.47		
14.	CHARLES ORMO, Ricard	81	C.N. Lleida	<b>5:46.97</b>	333	333,00
	50m: 36.36 36.36	100m: 1:15.80 39.44	200m: 2:42.12 1:26.32	400m: 5:46.97 3:04.85		
15.	ANGLES OLIVE, Josep	63	Cambrils C.N.	<b>6:05.20</b>	393	393,00
	50m: 36.62 36.62	100m: 1:24.83 48.21	200m: 2:58.02 1:33.19	400m: 6:05.20 3:07.18		
BX	SAPERAS BERGA, Xavier	74	CV Platja Llarga Tarragona			-

<https://live.swimrankings.net/41676/>

25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1, 400m Lliure

20+, Masc.

1.	CASTELLA FABREGUES, Jordi	00	C.N. Tortosa	<b>4:19.69</b>	720	720,00
	<i>Rècord del Campionat</i>					
	50m: 27.91 27.91	100m: 58.08 30.17	200m: 2:02.50 1:04.42	400m: 4:19.69 2:17.19		
2.	TAPIAS RUBIO, Oriol	02	Cee Sant Gervasi	<b>4:28.79</b>	649	649,00
	50m: 29.75 29.75	100m: 1:02.12 32.37	200m: 2:10.08 1:07.96	400m: 4:28.79 2:18.71		

25+, Masc.

1.	MONTEFUSCO DEL PINO, Bruno	99	Cee Sant Gervasi	<b>5:11.60</b>	417	417,00
	50m: 35.16 35.16	100m: 1:13.31 38.15	200m: 2:32.54 1:19.23	400m: 5:11.60 2:39.06		

35+, Masc.

1.	RODRIGUEZ RAMOS, Cristian	86	C.N. Swimfaster Salt	<b>4:22.84</b>	740	740,00
	50m: 29.07 29.07	100m: 1:01.01 31.94	200m: 2:07.09 1:06.08	400m: 4:22.84 2:15.75		
2.	CARO VAN DER POEL, Miguel	89	C.N. Tarraco	<b>4:35.49</b>	642	642,00
	50m: 32.00 32.00	100m: 1:07.15 35.15	200m: 2:17.72 1:10.57	400m: 4:35.49 2:17.77		

40+, Masc.

1.	BOZZO BALBASTRE, Oriol	82	C.N. Tarraco	<b>5:44.41</b>	341	-
	50m: 37.48 37.48	100m: 1:19.53 42.05	200m: 2:48.94 1:29.41	400m: 5:44.41 2:55.47		
2.	CHARLES ORMO, Ricard	81	C.N. Lleida	<b>5:46.97</b>	333	333,00
	50m: 36.36 36.36	100m: 1:15.80 39.44	200m: 2:42.12 1:26.32	400m: 5:46.97 3:04.85		

45+, Masc.

1.	VARAS ALIAU, Jordi	75	C.N. Tortosa	<b>4:44.60</b>	623	623,00
	50m: 31.50 31.50	200m: 2:17.94 1:11.83	400m: 4:44.60 1:12.68			
	100m: 1:06.11 34.61	300m: 3:31.92 1:13.98				
2.	ORTEGA FERRE, Diego	76	CV Platja Llarga Tarragona	<b>4:51.43</b>	580	580,00
	50m: 33.06 33.06	100m: 1:09.91 36.85	200m: 2:24.39 1:14.48	400m: 4:51.43 2:27.04		
3.	BOVE SOLANES, Albert	78	C.N. Tarraco	<b>4:53.84</b>	566	566,00
	50m: 34.52 34.52	100m: 1:11.45 36.93	200m: 2:26.81 1:15.36	400m: 4:53.84 2:27.03		
4.	PONS RODRIGUEZ, Joan	77	C.N. Granollers	<b>4:59.21</b>	536	536,00
	50m: 33.84 33.84	100m: 1:10.78 36.94	200m: 2:25.47 1:14.69	400m: 4:59.21 2:33.74		
5.	MICHANS OTAL, Toni	78	C.N. Lleida	<b>5:19.63</b>	439	439,00
	50m: 34.21 34.21	100m: 1:11.87 37.66	200m: 2:32.49 1:20.62	400m: 5:19.63 2:47.14		

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25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1, 400m Lliure

50+, Masc.

BX SAPERAS BERGA, Xavier 74 CV Platja Llarga Tarragona -

55+, Masc.

1. GRAU SOLE, Ferran 67 CV Platja Llarga Tarragona **5:10.99** 557 557,00  
50m: 33.84 33.84 100m: 1:11.58 37.74 200m: 2:30.39 1:18.81 400m: 5:10.99 2:40.60

60+, Masc.

1. VALDES VILCHES, Manuel Angel 64 C.N. Tarraco **5:39.81** 488 488,00  
50m: 37.74 37.74 100m: 1:19.08 41.34 200m: 2:45.53 1:26.45 400m: 5:39.81 2:54.28  
2. ANGLES OLIVE, Josep 63 Cambrils C.N. **6:05.20** 393 393,00  
50m: 36.62 36.62 100m: 1:24.83 48.21 200m: 2:58.02 1:33.19 400m: 6:05.20 3:07.18

Class Punts T. Catalana Màster, Masc.

1. RODRIGUEZ RAMOS, Cristian 86 C.N. Swimfaster Salt **4:22.84** 740 740,00  
50m: 29.07 29.07 100m: 1:01.01 31.94 200m: 2:07.09 1:06.08 400m: 4:22.84 2:15.75  
2. CASTELLA FABREGUES, Jordi 00 C.N. Tortosa **4:19.69** 720 720,00  
*Rècord del Campionat*  
50m: 27.91 27.91 100m: 58.08 30.17 200m: 2:02.50 1:04.42 400m: 4:19.69 2:17.19  
3. TAPIAS RUBIO, Oriol 02 Cee Sant Gervasi **4:28.79** 649 649,00  
50m: 29.75 29.75 100m: 1:02.12 32.37 200m: 2:10.08 1:07.96 400m: 4:28.79 2:18.71  
4. CARO VAN DER POEL, Miguel 89 C.N. Tarraco **4:35.49** 642 642,00  
50m: 32.00 32.00 100m: 1:07.15 35.15 200m: 2:17.72 1:10.57 400m: 4:35.49 2:17.77  
5. VARAS ALIAU, Jordi 75 C.N. Tortosa **4:44.60** 623 623,00  
50m: 31.50 31.50 200m: 2:17.94 1:11.83 400m: 4:44.60 1:12.68  
100m: 1:06.11 34.61 300m: 3:31.92 1:13.98  
6. ORTEGA FERRE, Diego 76 CV Platja Llarga Tarragona **4:51.43** 580 580,00  
50m: 33.06 33.06 100m: 1:09.91 36.85 200m: 2:24.39 1:14.48 400m: 4:51.43 2:27.04  
7. BOVE SOLANES, Albert 78 C.N. Tarraco **4:53.84** 566 566,00  
50m: 34.52 34.52 100m: 1:11.45 36.93 200m: 2:26.81 1:15.36 400m: 4:53.84 2:27.03  
8. GRAU SOLE, Ferran 67 CV Platja Llarga Tarragona **5:10.99** 557 557,00  
50m: 33.84 33.84 100m: 1:11.58 37.74 200m: 2:30.39 1:18.81 400m: 5:10.99 2:40.60  
9. PONS RODRIGUEZ, Joan 77 C.N. Granollers **4:59.21** 536 536,00  
50m: 33.84 33.84 100m: 1:10.78 36.94 200m: 2:25.47 1:14.69 400m: 4:59.21 2:33.74  
10. VALDES VILCHES, Manuel Angel 64 C.N. Tarraco **5:39.81** 488 488,00  
50m: 37.74 37.74 100m: 1:19.08 41.34 200m: 2:45.53 1:26.45 400m: 5:39.81 2:54.28  
11. MICHANS OTAL, Toni 78 C.N. Lleida **5:19.63** 439 439,00  
50m: 34.21 34.21 100m: 1:11.87 37.66 200m: 2:32.49 1:20.62 400m: 5:19.63 2:47.14

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25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1, Masc., 400m Lliure, Class Punts T. Catalana Màster

Classificació	ANY	Temps	Punts	CLUBS
12. MONTEFUSCO DEL PINO, Bruno	99 Cee Sant Gervasi	<b>5:11.60</b>	417	417,00
50m: 35.16 35.16 100m: 1:13.31 38.15 200m: 2:32.54 1:19.23		400m: 5:11.60 2:39.06		
13. ANGLES OLIVE, Josep	63 Cambrils C.N.	<b>6:05.20</b>	393	393,00
50m: 36.62 36.62 100m: 1:24.83 48.21 200m: 2:58.02 1:33.19		400m: 6:05.20 3:07.18		
14. BOZZO BALBASTRE, Oriol	82 C.N. Tarraco	<b>5:44.41</b>	341	-
50m: 37.48 37.48 100m: 1:19.53 42.05 200m: 2:48.94 1:29.41		400m: 5:44.41 2:55.47		
15. CHARLES ORMO, Ricard	81 C.N. Lleida	<b>5:46.97</b>	333	333,00
50m: 36.36 36.36 100m: 1:15.80 39.44 200m: 2:42.12 1:26.32		400m: 5:46.97 3:04.85		
BX SAPERAS BERGA, Xavier	74 CV Platja Llarga Tarragona			-

Open, Fem.

1. TORRAS PIEDEHIERRO, Judith	98 Cee Sant Gervasi	<b>5:06.52</b>	567	567,00
50m: 34.10 34.10 100m: 1:10.91 36.81 200m: 2:27.27 1:16.36		400m: 5:06.52 2:39.25		
2. ARMENGOU RIERA, Neus	00 C.N. Tortosa	<b>5:11.81</b>	538	538,00
50m: 32.95 32.95 100m: 1:09.70 36.75 200m: 2:27.48 1:17.78		400m: 5:11.81 2:44.33		
3. RAVÉS OLIVÉ, Maria Del Mar	67 C.N. Tarraco	<b>5:12.91</b>	696	696,00
<i>Rècord Catalunya Màsters</i>				
50m: 35.18 35.18 100m: 1:13.34 38.16 200m: 2:32.41 1:19.07		400m: 5:12.91 2:40.50		
4. FANECÀ PUIG, Claudia	02 C.N. Tortosa	<b>5:17.50</b>	510	510,00
50m: 35.06 35.06 100m: 1:13.39 38.33 200m: 2:33.48 1:20.09		400m: 5:17.50 2:44.02		
5. SÁNCHEZ MARQUÉS, Mireia	77 CV Platja Llarga Tarragona	<b>5:29.57</b>	519	519,00
50m: 36.67 36.67 100m: 1:17.06 40.39 200m: 2:41.30 1:24.24		400m: 5:29.57 2:48.27		
6. GARCÍA GUIRADO, María Victoria	64 CV Platja Llarga Tarragona	<b>5:55.23</b>	537	537,00
50m: 41.38 41.38 100m: 1:25.50 44.12 200m: 2:56.19 1:30.69		400m: 5:55.23 2:59.04		
7. CASTELLANO GRANELL, Carme	89 C.N. Tarraco	<b>6:11.84</b>	341	341,00
50m: 42.74 42.74 100m: 1:29.17 46.43 200m: 3:05.80 1:36.63		400m: 6:11.84 3:06.04		
8. LLIVINA CARBONELL, Maria Rosa	54 C.N. Aquamàsters	<b>7:40.14</b>	330	330,00
<i>Rècord Catalunya Màsters</i>				
50m: 51.49 51.49 100m: 1:47.85 56.36 200m: 3:44.05 1:56.20		400m: 7:40.14 3:56.09		

20+, Fem.

1. ARMENGOU RIERA, Neus	00 C.N. Tortosa	<b>5:11.81</b>	538	538,00
50m: 32.95 32.95 100m: 1:09.70 36.75 200m: 2:27.48 1:17.78		400m: 5:11.81 2:44.33		
2. FANECÀ PUIG, Claudia	02 C.N. Tortosa	<b>5:17.50</b>	510	510,00
50m: 35.06 35.06 100m: 1:13.39 38.33 200m: 2:33.48 1:20.09		400m: 5:17.50 2:44.02		

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25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1, 400m Lliure

25+, Fem.

1. TORRAS PIEDEHIERRO, Judith 98 Cee Sant Gervasi **5:06.52** 567 567,00  
50m: 34.10 34.10 100m: 1:10.91 36.81 200m: 2:27.27 1:16.36 400m: 5:06.52 2:39.25

35+, Fem.

1. CASTELLANO GRANELL, Carme 89 C.N. Tarraco **6:11.84** 341 341,00  
50m: 42.74 42.74 100m: 1:29.17 46.43 200m: 3:05.80 1:36.63 400m: 6:11.84 3:06.04

45+, Fem.

1. SÁNCHEZ MARQUÉS, Mireia 77 CV Platja Llarga Tarragona **5:29.57** 519 519,00  
50m: 36.67 36.67 100m: 1:17.06 40.39 200m: 2:41.30 1:24.24 400m: 5:29.57 2:48.27

55+, Fem.

1. RAVÉS OLIVÉ, Maria Del Mar 67 C.N. Tarraco **5:12.91** 696 696,00  
*Rècord Catalunya Màsters*  
50m: 35.18 35.18 100m: 1:13.34 38.16 200m: 2:32.41 1:19.07 400m: 5:12.91 2:40.50

60+, Fem.

1. GARCÍA GUIRADO, María Victoria 64 CV Platja Llarga Tarragona **5:55.23** 537 537,00  
50m: 41.38 41.38 100m: 1:25.50 44.12 200m: 2:56.19 1:30.69 400m: 5:55.23 2:59.04

70+, Fem.

1. LLIVINA CARBONELL, Maria Rosa 54 C.N. Aquamàsters **7:40.14** 330 330,00  
*Rècord Catalunya Màsters*  
50m: 51.49 51.49 100m: 1:47.85 56.36 200m: 3:44.05 1:56.20 400m: 7:40.14 3:56.09

Class Punts T. Catalana Màster, Fem.

1. RAVÉS OLIVÉ, Maria Del Mar 67 C.N. Tarraco **5:12.91** 696 696,00  
*Rècord Catalunya Màsters*  
50m: 35.18 35.18 100m: 1:13.34 38.16 200m: 2:32.41 1:19.07 400m: 5:12.91 2:40.50

2. TORRAS PIEDEHIERRO, Judith 98 Cee Sant Gervasi **5:06.52** 567 567,00  
50m: 34.10 34.10 100m: 1:10.91 36.81 200m: 2:27.27 1:16.36 400m: 5:06.52 2:39.25

3. ARMENGOU RIERA, Neus 00 C.N. Tortosa **5:11.81** 538 538,00  
50m: 32.95 32.95 100m: 1:09.70 36.75 200m: 2:27.48 1:17.78 400m: 5:11.81 2:44.33

4. GARCÍA GUIRADO, María Victoria 64 CV Platja Llarga Tarragona **5:55.23** 537 537,00  
50m: 41.38 41.38 100m: 1:25.50 44.12 200m: 2:56.19 1:30.69 400m: 5:55.23 2:59.04

5. SÁNCHEZ MARQUÉS, Mireia 77 CV Platja Llarga Tarragona **5:29.57** 519 519,00  
50m: 36.67 36.67 100m: 1:17.06 40.39 200m: 2:41.30 1:24.24 400m: 5:29.57 2:48.27

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25è TROFEU NATACIÓ MÀSTER CLUB E. INEF LLEIDA  
LLEIDA, 2/3/2024

Prova 1, Fem., 400m Lliure, Class Punts T. Catalana Màster

Classificació	ANY	CLUBS	Temps	Punts	CLUBS
6. FANECA PUIG, Claudia	02	C.N. Tortosa	<b>5:17.50</b>	510	510,00
50m: 35.06 35.06	100m: 1:13.39 38.33	200m: 2:33.48 1:20.09	400m: 5:17.50 2:44.02		
7. CASTELLANO GRANELL, Carme	89	C.N. Tarraco	<b>6:11.84</b>	341	341,00
50m: 42.74 42.74	100m: 1:29.17 46.43	200m: 3:05.80 1:36.63	400m: 6:11.84 3:06.04		
8. LLIVINA CARBONELL, Maria Rosa	54	C.N. Aquamàsters	<b>7:40.14</b>	330	330,00
<i>Rècord Catalunya Màsters</i>					
50m: 51.49 51.49	100m: 1:47.85 56.36	200m: 3:44.05 1:56.20	400m: 7:40.14 3:56.09		

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