



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 44 Femin., 4 x 100m Livres Infantil
03/03/2024 - 17:40 Resultados

Recorde Distrital ANDS Inf A	4:33.44	CNTN	CNTN	Campo Maior	30/03/2014
Recorde Distrital ANDS Inf	4:32.74	CNRM	CNRM	Coruche	15/03/2015
Recorde Distrital ANDS Inf B	4:38.72	CNRM	CNRM	Tomar	30/11/2014
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

INF A E B : 6:00.00 / Inf A: 6:02.00; Inf B: 6:08.00

Pontos: FINA 2023

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. Torres Novas 2		Torres Novas	4:44.99		374						
50m:	32.57	32.57	150m:	1:45.41	36.93	250m:	2:58.31	33.52	350m:	4:07.77	33.40
100m:	1:08.48	35.91	200m:	2:24.79	39.38	300m:	3:34.37	36.06	400m:	4:44.99	37.22
2. BUZIOS-Coruche 1		BUZIOS-Coruche	4:50.96		351						
50m:	34.71	34.71	150m:	1:49.27	36.74	250m:	3:05.75	37.13	350m:	4:15.80	31.79
100m:	1:12.53	37.82	200m:	2:28.62	39.35	300m:	3:44.01	38.26	400m:	4:50.96	35.16
3. Uniao Samorense 1		Uniao Samorense	5:31.13		238						
50m:	37.37	37.37	150m:	1:58.55	40.31	250m:	3:23.40	41.66	350m:	4:47.63	39.39
100m:	1:18.24	40.87	200m:	2:41.74	43.19	300m:	4:08.24	44.84	400m:	5:31.13	43.50
DNS Torres Novas 3		Torres Novas									

Prova 44 Femin., 4 x 100m Livres Juvenil
03/03/2024 - 17:40 Resultados

Recorde Distrital ANDS Juv A	4:18.41	Clube de Natacao de Torres Novas	CNTN	Tomar	15/11/2015
Recorde Distrital ANDS Juv	4:15.57	Clube Natacao de Rio Maior	CNRM	Tomar	19/11/2017
Recorde Distrital ANDS Juv B	4:25.37	CNTN	CNTN	Leiria	14/12/2014
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

JUV A E B : 5:53.00 / Juv B: 5:50.00; Juv A: 5:36.00

Pontos: FINA 2023

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. BUZIOS-Coruche 2		BUZIOS-Coruche	4:36.66		409						
50m:	31.28	31.28	150m:	1:39.90	35.00	250m:	2:51.19	33.59	350m:	4:01.37	32.34
100m:	1:04.90	33.62	200m:	2:17.60	37.70	300m:	3:29.03	37.84	400m:	4:36.66	35.29
2. Nautico Abrantes 5		Nautico Abrantes	5:36.27		227						
FTL											
50m:	37.04	37.04	150m:	2:00.48	39.86	250m:	3:24.85	40.24	350m:	4:52.92	37.63
100m:	1:20.62	43.58	200m:	2:44.61	44.13	300m:	4:15.29	50.44	400m:	5:36.27	43.35

Prova 44 Femin., 4 x 100m Livres Junior/Senior
03/03/2024 - 17:40 Resultados

Recorde Distrital ANDS Jun	4:15.63	Clube Nautico de Abrantes	CNAB	Coruche	15/03/2015
Recorde Distrital ANDS Abs	4:05.02	CNTN	CNTN	Leiria	14/12/2019

: 5:20.00

Pontos: FINA 2023

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts					
1. Viver Santarem 10		Viver Santarem	4:28.50		447						
50m:	30.63	30.63	150m:	1:36.22	32.92	250m:	2:45.55	32.82	350m:	3:53.99	32.14
100m:	1:03.30	32.67	200m:	2:12.73	36.51	300m:	3:21.85	36.30	400m:	4:28.50	34.51
2. CLAC-Entroncamento 1		CLAC-Entroncamento	4:59.31		323						
50m:	33.19	33.19	150m:	1:46.35	36.24	250m:	3:03.34	35.95	350m:	4:18.50	35.39
100m:	1:10.11	36.92	200m:	2:27.39	41.04	300m:	3:43.11	39.77	400m:	4:59.31	40.81