



Campeonato Distrital de INF, JUV, JUN, SEN (PC)
Coruche, 1, 2, e 3 Março 2024

Prova 43 Masc., 4 x 100m Livres Infantil
03/03/2024 - 17:30 Resultados

Recorde Distrital ANDS Inf A	4:01.44	CNTN	CNTN	Pinhal Novo	08/03/2009
Recorde Distrital ANDS Inf	4:01.44	CNTN	CNTN	Pinhal Novo	08/03/2009
Recorde Distrital ANDS Inf B	4:24.07	Soc Cult Desp Turismo Gestao Urb	V Sitarem, ETomar		19/03/2016
Recorde Distrital ANDS Abs	3:29.76	CNLA	CNLA	Ponte de Sor	12/12/2009

INF A E B : 5:43.00 / Inf A: 5:38.00; Inf B: 5:50.00

Pontos: FINA 2023

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1. BUZIOS-Coruche 1		BUZIOS-Coruche	4:41.94			272
50m: 29.40 29.40	150m: 1:37.13	36.73	250m: 2:51.28	35.19	350m: 4:04.07	35.01
100m: 1:00.40 31.00	200m: 2:16.09	38.96	300m: 3:29.06	37.78	400m: 4:41.94	37.87
2. Torres Novas 2		Torres Novas	4:48.26			254
50m: 32.84 32.84	150m: 1:41.86	33.59	250m: 2:56.58	37.58	350m: 4:11.64	32.54
100m: 1:08.27 35.43	200m: 2:19.00	37.14	300m: 3:39.10	42.52	400m: 4:48.26	36.62
3. Nautico Abrantes 4		Nautico Abrantes	5:10.89			203
50m: 39.82 39.82	150m: 2:00.14	37.23	250m: 3:20.09	37.57	350m: 4:34.58	33.67
100m: 1:22.91 43.09	200m: 2:42.52	42.38	300m: 4:00.91	40.82	400m: 5:10.89	36.31

Prova 43 Masc., 4 x 100m Livres Junior/Senior
03/03/2024 - 17:30 Resultados

Recorde Distrital ANDS Sen	3:33.27	CNTN	CNTN	Silves	21/12/2007
Recorde Distrital ANDS Jun18	3:59.26	SFUS	SFUS	Tomar	25/11/2012
Recorde Distrital ANDS Jun	4:02.33	Clube Nautico de Abrantes	CNAB	Tomar	19/11/2023
Recorde Distrital ANDS Jun17	3:39.86	Viver Santarem-Soc Cult Desporto	V Ssmo GeSantarém: M SA		08/03/2020
Recorde Distrital ANDS Abs	3:29.76	CNLA	CNLA	Ponte de Sor	12/12/2009

: 4:43.00

Pontos: FINA 2023

Lugar	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1. Torres Novas 1		Torres Novas	3:40.26			571
50m: 26.75 26.75	150m: 1:20.98	25.71	250m: 2:15.84	26.71	350m: 3:11.75	26.28
100m: 55.27 28.52	200m: 1:49.13	28.15	300m: 2:45.47	29.63	400m: 3:40.26	28.51
2. Viver Santarem 9		Viver Santarem	3:46.00			528
50m: 26.94 26.94	150m: 1:25.10	29.31	250m: 2:22.13	27.35	350m: 3:17.44	26.73
100m: 55.79 28.85	200m: 1:54.78	29.68	300m: 2:50.71	28.58	400m: 3:46.00	28.56
3. BUZIOS-Coruche 2		BUZIOS-Coruche	3:58.19			451
50m: 28.86 28.86	150m: 1:30.59	30.28	250m: 2:30.77	27.94	350m: 3:29.16	26.05
100m: 1:00.31 31.45	200m: 2:02.83	32.24	300m: 3:03.11	32.34	400m: 3:58.19	29.03