



Campeonato Distrital de INF, JUV, JUN, SEN (PC)  
Coruche, 1, 2, e 3 Março 2024

Prova 37 Masc., 400m Estilos Infantil B  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santar�m	07/03/2020
Recorde Distrital ANDS Inf B	5:18.20	Jo�o Jos� Calado	CNAB	Campo Maior	28/03/2014

: 7:28.00

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Duarte Moura Mendes	11		Torres Novas	<b>6:06.58</b>		262	
	50m: 41.60 150m: 2:17.76 250m: 3:53.31 350m: 5:26.48							
	100m: 1:31.01 200m: 3:03.40 300m: 4:43.12 400m: 6:06.58							
2.	Manuel Maria Moniz	11		20Km de Almeirim	<b>6:16.54</b>		242	
	50m: 42.42 150m: 2:23.03 250m: 4:02.06 350m: 5:37.86							
	100m: 1:33.56 200m: 3:10.85 300m: 4:54.68 400m: 6:16.54							
3.	Diogo Chambel Santos	11		Nautico Abrantes	<b>6:19.99</b>		235	
	50m: 47.59 150m: 2:30.88 250m: 4:06.34 350m: 5:39.83							
	100m: 1:42.66 200m: 3:16.72 300m: 4:57.33 400m: 6:19.99							
4.	Heliodoro Joao Sombreiro	11		BUZIOS-Coruche	<b>6:24.93</b>		226	
	50m: 44.99 150m: 2:22.42 250m: 4:05.94 350m: 5:45.85							
	100m: 1:34.73 200m: 3:10.10 300m: 5:03.02 400m: 6:24.93							
5.	Eduardo Domingos Rosa	11		BUZIOS-Coruche	<b>6:35.58</b>		209	
	50m: 42.95 150m: 2:23.93 250m: 4:09.76 350m: 5:53.44							
	100m: 1:34.76 200m: 3:11.67 300m: 5:10.11 400m: 6:35.58							
6.	Artur Alexandre Silva	11		20Km de Almeirim	<b>6:42.30</b>		198	
	50m: 44.38 150m: 2:33.49 250m: 4:19.63 350m: 6:01.28							
	100m: 1:37.23 200m: 3:24.74 300m: 5:18.63 400m: 6:42.30							

Prova 37 Masc., 400m Estilos Infantil A  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santar�m	07/03/2020
Recorde Distrital ANDS Inf A	4:55.60	Paulo Vakulyuk	CNTN	Sines	07/04/2017

: 7:00.00

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	David Filipe Pacheco	10		BUZIOS-Coruche	<b>5:14.19</b>		417	
	50m: 32.41 150m: 1:52.00 250m: 3:19.41 350m: 4:40.96							
	100m: 1:10.43 200m: 2:31.88 300m: 4:06.24 400m: 5:14.19							
2.	Daniel Filipe Jorge	10		Rio Maior	<b>5:28.06</b>		366	
	50m: 34.58 150m: 1:58.40 250m: 3:27.72 350m: 4:52.52							
	100m: 1:16.07 200m: 2:39.55 300m: 4:15.63 400m: 5:28.06							
3.	Guilherme Martins Conceicac	10		Viver Santarem	<b>5:55.72</b>		287	
	50m: 39.85 150m: 2:13.70 250m: 3:49.82 350m: 5:17.67							
	100m: 1:26.84 200m: 3:00.50 300m: 4:37.91 400m: 5:55.72							
4.	Lourenco Vicente Geada	10		Torres Novas	<b>6:07.80</b>		260	
	50m: 39.77 150m: 2:14.86 250m: 3:53.55 350m: 5:28.74							
	100m: 1:28.25 200m: 2:59.91 300m: 4:46.72 400m: 6:07.80							
5.	Pedro Figueiredo Ferreira	10		20Km de Almeirim	<b>6:19.63</b>		236	
	50m: 40.48 150m: 2:18.25 250m: 3:58.24 350m: 5:34.35							
	100m: 1:28.99 200m: 3:08.03 300m: 4:50.89 400m: 6:19.63							
6.	Tiago Goncalves Vieira	10		Gualdim Pais	<b>6:23.45</b>		229	
	50m: 41.21 150m: 2:24.11 250m: 4:03.96 350m: 5:40.50							
	100m: 1:33.56 200m: 3:12.09 300m: 4:54.74 400m: 6:23.45							
7.	Afonso Goncalves Leite	10		CLAC-Entroncamento	<b>6:24.89</b>		227	
	50m: 41.28 150m: 2:21.51 250m: 4:07.09 350m: 5:44.69							
	100m: 1:30.42 200m: 3:12.30 300m: 5:02.41 400m: 6:24.89							



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Prova 37, Masc., 400m Estilos

Prova 37 Masc., 400m Estilos Juvenil B  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Juv B	4:44.55	Paulo Vakulyuk	CNTN	Torres Novas	06/05/2018

: 6:48.00

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Dinis Maria Garcia	09	Nautico Abrantes	<b>5:16.67</b>		407	
	50m: 34.45 150m: 1:56.71 250m: 3:19.32 350m: 4:41.09						
	100m: 1:15.69 200m: 2:36.89 300m: 4:02.76 400m: 5:16.67						
2.	Gabriel Sa Chambel	09	CLAC-Entroncamento	<b>5:57.93</b>		282	
	50m: 37.76 150m: 2:07.26 250m: 3:42.86 350m: 5:17.91						
	100m: 1:22.58 200m: 2:51.50 300m: 4:35.14 400m: 5:57.93						
3.	Rodrigo Duque Dias	09	CLAC-Entroncamento	<b>6:47.24</b>		191	
	50m: 45.11 150m: 2:30.22 250m: 4:17.40 350m: 6:03.45						
	100m: 1:37.55 200m: 3:19.86 300m: 5:16.32 400m: 6:47.24						

Prova 37 Masc., 400m Estilos Juvenil A  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Juv A	4:33.58	Paulo Vakulyuk	CNTN	S Antonio dos Cavaleiros	09/12/2018

: 6:35.00

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Joao Pedro Monteiro	08	BUZIOS-Coruche	<b>5:01.47</b>		472	
	50m: 30.86 150m: 1:46.90 250m: 3:10.72 350m: 4:29.14						
	100m: 1:06.35 200m: 2:26.76 300m: 3:55.05 400m: 5:01.47						
2.	Afonso Bernardo Evaristo	08	Gualdim Pais	<b>5:03.10</b>		464	
	50m: 33.08 150m: 1:49.55 250m: 3:10.36 350m: 4:29.51						
	100m: 1:11.54 200m: 2:26.91 300m: 3:53.82 400m: 5:03.10						
3.	Miguel Ferreira Cruz	08	CLAC-Entroncamento	<b>5:37.96</b>		335	
	50m: 36.42 150m: 2:04.00 250m: 3:35.91 350m: 5:01.10						
	100m: 1:21.16 200m: 2:45.97 300m: 4:24.23 400m: 5:37.96						

Prova 37 Masc., 400m Estilos Junior  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open	4:24.97	Tiago Filipe Campos	CNRM	Santarém	07/03/2020
Recorde Distrital ANDS Jun18	4:34.82	Luis Afonso Lopes	VS	Praia da Vitória	09/04/2021
Recorde Distrital ANDS Jun17	4:35.64	Gustavo Manuel Santa	CNLA	Leiria	04/12/2009

Jun/Sen: 6:30.00

Pontos: FINA 2023

Lugar	Nome	Ano Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Bernardo Miguel Evaristo	06	Gualdim Pais	<b>4:53.55</b>		511	
	50m: 32.40 150m: 1:47.60 250m: 3:04.10 350m: 4:19.73						
	100m: 1:10.05 200m: 2:24.50 300m: 3:44.34 400m: 4:53.55						
2.	Joao Miguel Pinto	07	Viver Santarem	<b>5:09.75</b>		435	
	50m: 32.33 150m: 1:49.95 250m: 3:13.93 350m: 4:35.12						
	100m: 1:11.60 200m: 2:28.05 300m: 3:59.21 400m: 5:09.75						
3.	Rodrigo Alexandre Alves	06	CLAC-Entroncamento	<b>5:34.73</b>		345	
	50m: 35.51 150m: 2:03.48 250m: 3:32.23 350m: 4:57.95						
	100m: 1:19.39 200m: 2:47.52 300m: 4:19.28 400m: 5:34.73						
4.	Bernardo Marques Fernandes07		CLAC-Entroncamento	<b>5:55.95</b>		287	
	50m: 39.18 150m: 2:11.84 250m: 3:46.95 350m: 5:17.31						
	100m: 1:27.47 200m: 2:55.18 300m: 4:38.25 400m: 5:55.95						



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Prova 37 Masc., 400m Estilos Senior  
03/03/2024 - 15:15 Resultados

Recorde Distrital ANDS Open 4:24.97 Tiago Filipe Campos CNRM Santar m 07/03/2020  
Recorde Distrital ANDS Sen 4:24.97 Tiago Filipe Campos CNRM Santar m 07/03/2020

Jun/Sen: 6:30.00

Pontos: FINA 2023

Lugar	Nome	Ano	Cod	Clube	Tempo Final	TReac	Pts FINA	Pts
1.	Artur Rafael Saramago	97		BUZIOS-Coruche	<b>5:06.39</b>		450	
	50m: 29.90	150m: 1:46.94	250m: 3:12.07	350m: 4:31.91				
	100m: 1:06.02	200m: 2:27.79	300m: 3:56.33	400m: 5:06.39				
2.	Goncalo Catarino Dias	00		Gualdim Pais	<b>5:13.00</b>		422	
	50m: 31.44	150m: 1:50.61	250m: 3:17.51	350m: 4:38.11				
	100m: 1:07.65	200m: 2:33.09	300m: 4:02.22	400m: 5:13.00				
3.	Eduardo Terekhin Baptista	94		BUZIOS-Coruche	<b>5:22.40</b>		386	
	50m: 30.97	150m: 1:53.87	250m: 3:22.73	350m: 4:45.91				
	100m: 1:09.01	200m: 2:37.37	300m: 4:08.52	400m: 5:22.40				