

LAC voorjaarsvakantie Zwolle
Zwolle, 19- - 23-2-2024

Programmanr. 201
23-2-2024 - 18:15

Heren, 1500m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging				intijd				tijd				RT
1.	Julian Zwarthoff	Swol 1894				NT 200800945				18:59.91				
	100m:	1:11.60	1:11.60	500m:	6:20.61	1:17.72	900m:	11:27.50	1:16.42	1300m:	16:31.33	1:15.49		
	200m:	2:28.03	1:16.43	600m:	7:37.59	1:16.98	1000m:	12:42.66	1:15.16	1400m:	17:47.49	1:16.16		
	300m:	3:45.20	1:17.17	700m:	8:54.54	1:16.95	1100m:	13:59.51	1:16.85	1500m:	18:59.91	1:12.42		
	400m:	5:02.89	1:17.69	800m:	10:11.08	1:16.54	1200m:	15:15.84	1:16.33					
2.	Tristan Meijers	Swol 1894				NT 201000089				20:11.97				
	100m:	1:13.42	1:13.42	500m:	6:35.76	1:21.80	900m:	12:02.76	1:21.88	1300m:	17:32.12	1:21.98		
	200m:	2:33.76	1:20.34	600m:	7:56.85	1:21.09	1000m:	13:24.38	1:21.62	1400m:	18:55.36	1:23.24		
	300m:	3:53.62	1:19.86	700m:	9:18.51	1:21.66	1100m:	14:47.16	1:22.78	1500m:	20:11.97	1:16.61		
	400m:	5:13.96	1:20.34	800m:	10:40.88	1:22.37	1200m:	16:10.14	1:22.98					
3.	Milan Eikenaar	Swol 1894				NT 201100599				23:04.28				
	100m:	1:24.23	1:24.23	500m:	7:39.84	1:35.06	900m:	13:53.83	1:34.38	1300m:	20:05.11	1:31.50		
	200m:	2:56.52	1:32.29	600m:	9:13.90	1:34.06	1000m:	15:27.05	1:33.22	1400m:	21:37.61	1:32.50		
	300m:	4:30.28	1:33.76	700m:	10:46.58	1:32.68	1100m:	17:00.75	1:33.70	1500m:	23:04.28	1:26.67		
	400m:	6:04.78	1:34.50	800m:	12:19.45	1:32.87	1200m:	18:33.61	1:32.86					
4.	Daan Emming	Swol 1894				NT 201003115				24:48.73				
	100m:	1:25.23	1:25.23	500m:	8:02.32	1:42.09	900m:	14:50.70	1:42.22	1300m:	21:42.32	1:41.16		
	200m:	3:03.29	1:38.06	600m:	9:44.26	1:41.94	1000m:	16:32.76	1:42.06	1400m:	23:22.64	1:40.32		
	300m:	4:40.23	1:36.94	700m:	11:26.00	1:41.74	1100m:	18:16.10	1:43.34	1500m:	24:48.73	1:26.09		
	400m:	6:20.23	1:40.00	800m:	13:08.48	1:42.48	1200m:	20:01.16	1:45.06					