



CAMPEONATO INTER- REGIONAL DE CLUBES
Santarem, 25/2/2024

Prova 7 25/02/2024 - 10:10	Masc., 200m Bruços				ABS MASC Resultados
Rec Nac 25m Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac 25m 19 +	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25/11/2012
Rec Nac 25m 18	2:12.17	Pedro Goncalves, BONNIZ	SLB	Leiria	09/12/2023
Rec Nac 25m 17	2:11.78	Rafael Miguel, MIMOSO	SLB	Leiria	09/12/2023
Rec Nac 25m 16	2:15.14	Rafael Miguel, MIMOSO	SLB	Albufeira	12/11/2022
Rec Nac 25m 15	2:18.99	Rafael Miguel, MIMOSO	SLB	Felgueiras	08/05/2022
Rec Nac 25m 14	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01/08/2018
Rec Nac 25m 13	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13/07/2003
Recorde Distrital ANDS Open	2:19.14	Carlos Daniel, NUNES	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS 19 +	2:22.88	Luis Afonso, LOPES	VS	Tomar	06/11/2021
Recorde Distrital ANDS 18	2:19.14	Carlos Daniel, NUNES	CNSM	Leiria	10/12/2022
Recorde Distrital ANDS 17	2:21.08	Francisco Costa Nunes, NUNES	CCDSM	Felgueiras	22/12/2018
Recorde Distrital ANDS 16	2:26.42	Francisco Costa, NUNES	CCDSM	Albufeira	17/12/2017
Recorde Distrital ANDS 15	2:31.58	Carlos Daniel, NUNES	CNSM	Sines	08/12/2019
Recorde Distrital ANDS 14	2:32.70	Francisco Costa, NUNES	CCDSM	Tomar	20/03/2016
Recorde Distrital ANDS 13	2:44.17	Miguel Carrico, CRUZ	SCALAB	Santo Antº Cavaleiros	17/03/2012

Pontos: FINA 2023

Lugar	Ano		Tempo final	Pts
1. Guilherme Bernardo, MARTINHO	10	Natacao do Fundao/GIRASSOL	2:39.99	423
50m: 36.56 100m: 1:16.62	150m: 1:57.72	200m: 2:39.99		
2. Dinis Maria, GARCIA	09	Nautico Abrantes	2:41.17	414
50m: 35.72 100m: 1:16.33	150m: 1:58.31	200m: 2:41.17		
3. Jose Pinto, CABRAL	05	Viver Santarem	2:41.92	408
50m: 35.33 100m: 1:17.87	150m: 2:01.07	200m: 2:41.92		
4. Joao Pedro, MONTEIRO	08	BUZIOS-Coruche	2:42.32	405
50m: 37.55 100m: 1:19.03	150m: 2:01.43	200m: 2:42.32		
5. Bernardo Miguel, AREDE	03	Penta da Covilha	2:43.62	396
50m: 37.11 100m: 1:17.95	150m: 2:00.70	200m: 2:43.62		
6. Rodrigo Alexandre, ALVES	06	CLAC-Entroncamento	2:53.55	331
50m: 39.13 100m: 1:23.76	150m: 2:09.05	200m: 2:53.55		
7. Manuel Maria, SANGUINHO	09	Elvense	3:10.48	251
50m: 43.07 100m: 1:31.81	150m: 2:21.51	200m: 3:10.48		
8. Maksim, PUDOV	08	Estremoz / Estremozcarnes	3:18.64	221
50m: 44.60 100m: 1:34.58	150m: 2:26.68	200m: 3:18.64		
9. Dinis Alexandre, CAEIRO	09	Desportivo de Mora	3:19.00	220
50m: 43.41 100m: 1:34.29	150m: 2:27.10	200m: 3:19.00		
10. Duarte Rafael, LOPES	10	Electrico Clube/ FGil.pt	3:30.37	186
50m: 47.73 100m: 1:41.86	150m: 2:37.12	200m: 3:30.37		
DSQ Manuel Rainho, BARBAS	10	Portalegre		
<i>SW 7.6 - O (a) atleta não tocou com as mãos na parede separadas e simultâneamente na viragem aos 125 metros</i>				