

Garo distan u maratons  
Sigulda, 13.2.2024

Event 1  
13.02.2024

Women, 400m Freestyle

Open  
Results

Points: FINA 2024

Rank			YB					Time	Pts
<b>2014 and younger</b>									
1.	FOGELE Anna Aleksandra		14	Siguldas SS				<b>6:08.16</b>	
	50m:	42.01	42.01	150m:	2:17.35	48.08	250m:	3:54.25	48.99
	100m:	1:29.27	47.26	200m:	3:05.26	47.91	300m:	4:41.05	46.80
				350m:	5:27.88		400m:	6:08.16	46.83
				400m:	6:08.16				40.28
2.	RUKKALNE Evita		14	Siguldas SS				<b>7:48.66</b>	
	50m:	50.65	50.65	150m:	2:47.85	1:00.52	250m:	4:49.88	1:01.08
	100m:	1:47.33	56.68	200m:	3:48.80	1:00.95	300m:	5:51.96	1:02.08
				350m:	6:52.51		400m:	7:48.66	1:00.55
				400m:	7:48.66				56.15
3.	LAGZDINA Eliza		14	Siguldas SS				<b>11:22.68</b>	
	50m:	1:08.65	1:08.65	150m:	4:00.75	1:25.67	250m:	6:58.65	1:29.51
	100m:	2:35.08	1:26.43	200m:	5:29.14	1:28.39	300m:	8:28.35	1:29.70
				350m:	10:00.23		400m:	11:22.68	1:31.88
				400m:	11:22.68				1:22.45
4.	BRIEDE Matilde		14	Siguldas SS				<b>11:25.19</b>	
	50m:	1:15.89	1:15.89	150m:	4:12.44	1:29.63	250m:	7:07.98	1:26.30
	100m:	2:42.81	1:26.92	200m:	5:41.68	1:29.24	300m:	8:36.98	1:29.00
				350m:	10:05.63		400m:	11:25.19	1:28.65
				400m:	11:25.19				1:19.56
5.	LAGZDINA Lelde		14	Siguldas SS				<b>11:55.90</b>	
	50m:	1:13.48	1:13.48	150m:	4:01.72	1:25.81	250m:	7:04.82	1:32.95
	100m:	2:35.91	1:22.43	200m:	5:31.87	1:30.15	300m:	8:40.98	1:36.16
				350m:	10:15.08		400m:	11:55.90	1:34.10
				400m:	11:55.90				1:40.82
6.	BRIEDE Helena		16	Siguldas SS				<b>12:22.45</b>	
	50m:	1:15.49	1:15.49	150m:	4:32.28	1:39.47	250m:	7:55.02	1:41.52
	100m:	2:52.81	1:37.32	200m:	6:13.50	1:41.22	300m:	9:28.82	1:33.80
				350m:	10:57.81		400m:	12:22.45	1:28.99
				400m:	12:22.45				1:24.64
<b>YOB 2011 - 2013</b>									
1.	GRINBERGA Elza		11	Siguldas SS				<b>6:04.43</b>	
	50m:	39.02	39.02	150m:	2:10.29	46.28	250m:	3:45.77	48.31
	100m:	1:24.01	44.99	200m:	2:57.46	47.17	300m:	4:34.22	48.45
				350m:	5:22.31		400m:	6:04.43	48.09
				400m:	6:04.43				42.12
2.	STRASERE Enija		11	Siguldas SS				<b>6:10.58</b>	
	50m:	41.87	41.87	150m:	2:17.68	48.47	250m:	3:54.34	48.39
	100m:	1:29.21	47.34	200m:	3:05.95	48.27	300m:	4:42.59	48.25
				350m:	5:30.57		400m:	6:10.58	47.98
				400m:	6:10.58				40.01
3.	BERZINA Undine		11	Siguldas SS				<b>6:19.19</b>	
	50m:	42.33	42.33	150m:	2:18.80	49.25	250m:	3:57.74	49.49
	100m:	1:29.55	47.22	200m:	3:08.25	49.45	300m:	4:47.56	49.82
				350m:	5:36.56		400m:	6:19.19	49.00
				400m:	6:19.19				42.63
4.	BERTINA Asnate		11	Siguldas SS				<b>6:39.68</b>	
	50m:	41.88	41.88	150m:	2:22.28	51.78	250m:	4:10.75	54.26
	100m:	1:30.50	48.62	200m:	3:16.49	54.21	300m:	5:04.01	53.26
				350m:	5:54.23		400m:	6:39.68	50.22
				400m:	6:39.68				45.45
5.	PAVLOVA Margarita		13	Siguldas SS				<b>6:40.12</b>	
	50m:	44.92	44.92	150m:	2:28.44	52.45	250m:	4:12.91	53.19
	100m:	1:35.99	51.07	200m:	3:19.72	51.28	300m:	5:06.52	53.61
				350m:	5:53.02		400m:	6:40.12	46.50
				400m:	6:40.12				47.10
6.	ZVAIGZNE Rota		11	Siguldas SS				<b>7:03.58</b>	
	50m:	44.15	44.15	150m:	2:34.59	56.42	250m:	4:26.14	54.85
	100m:	1:38.17	54.02	200m:	3:31.29	56.70	300m:	5:21.75	55.61
				350m:	6:14.73		400m:	7:03.58	52.98
				400m:	7:03.58				48.85
7.	EZERINA Darta		12	Siguldas SS				<b>8:02.63</b>	
	50m:	51.40	51.40	150m:	2:52.77	1:02.03	250m:	4:59.09	1:03.44
	100m:	1:50.74	59.34	200m:	3:55.65	1:02.88	300m:	6:01.86	1:02.77
				350m:	7:06.42		400m:	8:02.63	1:04.56
				400m:	8:02.63				56.21
8.	MAZITE Monta		12	Siguldas SS				<b>8:06.28</b>	
	50m:	46.37	46.37	150m:	2:51.43	1:04.46	250m:	5:00.99	1:04.02
	100m:	1:46.97	1:00.60	200m:	3:56.97	1:05.54	300m:	6:03.89	1:02.90
				350m:	7:07.42		400m:	8:06.28	1:03.53
				400m:	8:06.28				58.86

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Event 1, Girls, 400m Freestyle, YOB 2011 - 2013

Rank				YB					Time	Pts		
9.	JANKEVICA Darta			13	Siguldas SS				<b>8:07.94</b>			
	50m:	49.65	49.65	150m:	2:53.10	1:02.01	250m:	5:01.13	1:04.34	350m:	7:08.19	1:02.77
	100m:	1:51.09	1:01.44	200m:	3:56.79	1:03.69	300m:	6:05.42	1:04.29	400m:	8:07.94	59.75
10.	KALNINA-DZAFARA Keisija			11	Siguldas SS				<b>9:17.46</b>			
	50m:	56.24	56.24	150m:	3:14.59	1:10.43	250m:	5:36.56	1:11.70	350m:	8:03.89	1:15.83
	100m:	2:04.16	1:07.92	200m:	4:24.86	1:10.27	300m:	6:48.06	1:11.50	400m:	9:17.46	1:13.57
11.	PATASA Elizabete			12	Siguldas SS				<b>9:41.98</b>			
	50m:	59.18	59.18	150m:	3:27.77	1:16.54	250m:	6:04.03	1:18.10	350m:	8:33.71	1:09.90
	100m:	2:11.23	1:12.05	200m:	4:45.93	1:18.16	300m:	7:23.81	1:19.78	400m:	9:41.98	1:08.27

2010 and older

1.	ANSPOKA Anete			09	Siguldas SS				<b>5:24.38</b>			
	50m:	36.14	36.14	150m:	2:00.33	42.32	250m:	3:25.52	42.07	350m:	4:47.96	40.66
	100m:	1:18.01	41.87	200m:	2:43.45	43.12	300m:	4:07.30	41.78	400m:	5:24.38	36.42
2.	KEDE Sanija			09	Siguldas SS				<b>6:04.34</b>			
	50m:	36.91	36.91	150m:	2:06.77	46.63	250m:	3:44.74	48.64	350m:	5:22.57	48.19
	100m:	1:20.14	43.23	200m:	2:56.10	49.33	300m:	4:34.38	49.64	400m:	6:04.34	41.77
3.	ZALMANE Ance			08	Siguldas SS				<b>6:11.69</b>			
	50m:	39.09	39.09	150m:	2:11.54	47.81	250m:	3:48.42	48.74	350m:	5:26.12	48.43
	100m:	1:23.73	44.64	200m:	2:59.68	48.14	300m:	4:37.69	49.27	400m:	6:11.69	45.57
EXH	LEONOVŠ Patriks			11	Siguldas SS				<b>6:35.10</b>			
	50m:	43.30	43.30	150m:	2:23.83	51.92	250m:	4:07.76	52.13	350m:	5:51.65	52.05
	100m:	1:31.91	48.61	200m:	3:15.63	51.80	300m:	4:59.60	51.84	400m:	6:35.10	43.45