



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2/2024



Event 7

Women, 1500m Freestyle

Open
Results

2/15/2024 - 19:07

Canadian Senior Records	15:57.15	MACLEAN, Brittany	ESWIM	Gold Coast (AUS)	8/24/2014
Canadian Age Group Records 15 - 17	16:07.73	REIMER, Brittany	SKSC	Montreal	7/26/2005
Canadian Age Group Records 13 - 14	16:15.19	MCINTOSH, Summer	ESWIM	Toronto	5/7/2021
Canadian Age Group Records 11 - 12	17:07.33	MCINTOSH, Summer	ESWIM	Etobicoke	5/19/2019
Quebec Provincial Senior Records	16:46.32	ACKMAN, Alyson	PCSC	Toronto	6/23/2021
Quebec Provincial Age Group Records 15	16:49.64	SHEWCHUCK, Stephanie	PCSC	???	1/1/1989
Quebec Provincial Age Group Records 13	17:11.95	DUFOUR, Sophie	CRY	???	6/1/1985
Quebec Provincial Age Group Records - 11	17:31.64	SHEWCHUCK, Stephanie	PCSC	???	5/1/1987

CQjr/sr - 11: 22:23.26; 12: 21:07.23; 13: 20:24.20; 14: 19:57.19; 15: 19:39.44; 16: 19:27.76; 17 +: 19:19.06

Points: FINA 2023

Rank			Age			Time			Pts
10 years and older									
1.	PIATERA MERCIER, Delphine		15	Sher		17:27.43			678
	100m:	1:04.84	1:04.84	500m:	5:45.58	1:10.36	900m:	10:26.40	1:10.67
	200m:	2:15.22	1:10.38	600m:	6:55.13	1:09.55	1000m:	11:37.20	1:10.80
	300m:	3:25.40	1:10.18	700m:	8:05.34	1:10.21	1100m:	12:47.70	1:10.50
	400m:	4:35.22	1:09.82	800m:	9:15.73	1:10.39	1200m:	13:58.76	1:11.06
1300m:	15:09.17			1400m:	16:19.20			1:10.41	
1500m:	17:27.43							1:08.23	
2.	BESNER, Kaitlyn		18	Pointe-Claire Swim Club		17:53.56			630
	100m:	1:05.85	1:05.85	500m:	5:49.80	1:11.32	900m:	10:37.87	1:12.67
	200m:	2:16.65	1:10.80	600m:	7:01.41	1:11.61	1000m:	11:50.61	1:12.74
	300m:	3:27.35	1:10.70	700m:	8:13.34	1:11.93	1100m:	13:03.56	1:12.95
	400m:	4:38.48	1:11.13	800m:	9:25.20	1:11.86	1200m:	14:16.08	1:12.52
1300m:	15:29.37			1400m:	16:42.77			1:13.29	
1500m:	17:53.56							1:10.79	
3.	TURCOTTE, Annabelle		14	Cnq		17:58.32			622
	100m:	1:06.81	1:06.81	500m:	5:55.76	1:12.66	900m:	10:46.20	1:12.52
	200m:	2:18.39	1:11.58	600m:	7:08.14	1:12.38	1000m:	11:58.63	1:12.43
	300m:	3:30.64	1:12.25	700m:	8:20.70	1:12.56	1100m:	13:11.26	1:12.63
	400m:	4:43.10	1:12.46	800m:	9:33.68	1:12.98	1200m:	14:24.02	1:12.76
1300m:	15:36.82			1400m:	16:49.32			1:12.80	
1500m:	17:58.32							1:09.00	
4.	PHAM-SPICKLER, Alexia		20	Camo		18:07.95			605
	100m:	1:05.86	1:05.86	500m:	5:53.30	1:13.02	900m:	10:46.09	1:13.35
	200m:	2:16.55	1:10.69	600m:	7:06.33	1:13.03	1000m:	11:59.82	1:13.73
	300m:	3:28.08	1:11.53	700m:	8:19.35	1:13.02	1100m:	13:13.56	1:13.74
	400m:	4:40.28	1:12.20	800m:	9:32.74	1:13.39	1200m:	14:27.21	1:13.65
1300m:	15:40.93			1400m:				1:13.72	
1500m:	18:07.95								
5.	BELLEMARE, Maxim		17	Natation Gatineau		18:08.94			603
	100m:	1:07.82	1:07.82	500m:	6:01.46	1:13.50	900m:	10:54.51	1:13.13
	200m:	2:20.98	1:13.16	600m:	7:14.38	1:12.92	1000m:	12:07.82	1:13.31
	300m:	3:34.52	1:13.54	700m:	8:27.72	1:13.34	1100m:	13:20.51	1:12.69
	400m:	4:47.96	1:13.44	800m:	9:41.38	1:13.66	1200m:	14:33.60	1:13.09
1300m:	15:46.67			1400m:	16:58.88			1:13.07	
1500m:	18:08.94							1:10.06	
6.	LEFSRUD, Reilly		14	Pointe-Claire Swim Club		18:09.62			602
	100m:	1:08.16	1:08.16	500m:	6:01.52	1:13.24	900m:	10:53.78	1:13.06
	200m:	2:21.19	1:13.03	600m:	7:14.46	1:12.94	1000m:	12:07.03	1:13.25
	300m:	3:34.85	1:13.66	700m:	8:27.54	1:13.08	1100m:	13:19.93	1:12.90
	400m:	4:48.28	1:13.43	800m:	9:40.72	1:13.18	1200m:	14:33.07	1:13.14
1300m:	15:45.87			1400m:	16:59.10			1:12.80	
1500m:	18:09.62							1:10.52	
7.	MICHAUD, Elisabeth		18	Club de natation Saint-Laurent		18:15.33			593
	100m:	1:09.21	1:09.21	500m:	6:01.74	1:13.42	900m:	10:23.08	42.64
	200m:	2:21.89	1:12.68	600m:	7:14.70	1:12.96	1000m:	11:41.15	1:18.07
	300m:	3:35.08	1:13.19	700m:	8:27.51	1:12.81	1100m:	13:20.93	1:39.78
	400m:	4:48.32	1:13.24	800m:	9:40.44	1:12.93	1200m:	14:34.49	1:13.56
1300m:	15:48.90			1400m:	17:03.03			1:14.41	
1500m:	18:15.33							1:12.30	
8.	SHINK, Ariane		17	Cnq		18:18.24			588
	100m:	1:07.85	1:07.85	500m:	5:59.96	1:13.59	900m:	10:56.16	1:14.02
	200m:	2:20.25	1:12.40	600m:	7:13.91	1:13.95	1000m:	12:10.64	1:14.48
	300m:	3:33.27	1:13.02	700m:	8:28.00	1:14.09	1100m:	13:24.37	1:13.73
	400m:	4:46.37	1:13.10	800m:	9:42.14	1:14.14	1200m:	14:38.48	1:14.11
1300m:	15:52.46			1400m:	17:06.00			1:13.98	
1500m:	18:18.24							1:12.24	



Coupe du Québec junior et senior 2024
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Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age			Time	Pts	
9.	TURCOTTE, Juliette		16	Cnq		18:21.36	583	
	100m: 1:07.28	1:07.28	500m: 6:00.09	1:13.75	900m: 10:56.48	1:14.23	1300m: 15:53.43	1:14.19
	200m: 2:19.41	1:12.13	600m: 7:13.95	1:13.86	1000m: 12:10.84	1:14.36	1400m: 17:07.99	1:14.56
	300m: 3:32.81	1:13.40	700m: 8:27.98	1:14.03	1100m: 13:24.87	1:14.03	1500m: 18:21.36	1:13.37
	400m: 4:46.34	1:13.53	800m: 9:42.25	1:14.27	1200m: 14:39.24	1:14.37		
10.	RASHOTTE-GARCIA, Paige		15	Pointe-Claire Swim Club		18:21.47	583	
	100m: 1:09.44	1:09.44	500m: 6:04.56	1:13.79	900m: 10:57.87	1:13.44	1300m: 15:54.66	1:14.21
	200m: 2:23.16	1:13.72	600m: 7:17.83	1:13.27	1000m: 12:11.52	1:13.65	1400m: 17:08.78	1:14.12
	300m: 3:36.81	1:13.65	700m: 8:31.28	1:13.45	1100m: 13:25.94	1:14.42	1500m: 18:21.47	1:12.69
	400m: 4:50.77	1:13.96	800m: 9:44.43	1:13.15	1200m: 14:40.45	1:14.51		
11.	BOILY, Claudia		14	Pointe-Claire Swim Club		18:25.02	578	
	100m: 1:07.10	1:07.10	500m: 5:59.18	1:13.51	900m: 10:55.30	1:14.34	1300m: 15:54.72	1:15.22
	200m: 2:19.50	1:12.40	600m: 7:12.73	1:13.55	1000m: 12:09.69	1:14.39	1400m: 17:10.61	1:15.89
	300m: 3:32.49	1:12.99	700m: 8:26.79	1:14.06	1100m: 13:24.37	1:14.68	1500m: 18:25.02	1:14.41
	400m: 4:45.67	1:13.18	800m: 9:40.96	1:14.17	1200m: 14:39.50	1:15.13		
12.	GUY, Roxane		16	Cnq		18:25.78	576	
	100m: 1:10.41	1:10.41	500m: 6:10.67	1:15.25	900m: 11:07.35	1:13.79	1300m: 16:02.58	1:15.73
	200m: 2:25.62	1:15.21	600m: 7:25.13	1:14.46	1000m: 12:20.99	1:13.64	1400m: 17:13.28	1:10.70
	300m: 3:24.77	59.15	700m: 8:39.49	1:14.36	1100m: 13:33.99	1:13.00	1500m: 18:25.78	1:12.50
	400m: 4:55.42	1:30.65	800m: 9:53.56	1:14.07	1200m: 14:46.85	1:12.86		
13.	MARQUIS, Jade		19	Club de Natation SAMAK de Bros		18:25.96	576	
	100m: 1:07.20	1:07.20	500m: 6:01.47	1:14.68	900m: 10:59.03	1:14.17	1300m: 15:57.35	1:14.77
	200m: 2:19.40	1:12.20	600m: 7:15.78	1:14.31	1000m: 12:13.66	1:14.63	1400m: 17:11.87	1:14.52
	300m: 3:32.71	1:13.31	700m: 8:30.30	1:14.52	1100m: 13:28.04	1:14.38	1500m: 18:25.96	1:14.09
	400m: 4:46.79	1:14.08	800m: 9:44.86	1:14.56	1200m: 14:42.58	1:14.54		
14.	BOYER, Mariane		15	Natation Gatineau		18:29.20	571	
	100m: 1:08.67	1:08.67	500m: 6:07.59	1:15.00	900m: 11:06.05	1:14.69	1300m: 16:03.20	1:14.21
	200m: 2:22.76	1:14.09	600m: 7:22.21	1:14.62	1000m: 11:48.72	42.67	1400m: 17:16.95	1:13.75
	300m: 3:37.91	1:15.15	700m: 8:37.30	1:15.09	1100m: 13:34.28	1:45.56	1500m: 18:29.20	1:12.25
	400m: 4:52.59	1:14.68	800m: 9:51.36	1:14.06	1200m: 14:48.99	1:14.71		
15.	DROUIN, Laurie		17	club aquatique st-eustache		18:31.38	568	
	100m: 1:08.86	1:08.86	500m: 6:08.28	1:15.05	900m: 11:04.79	1:14.21	1300m: 16:04.58	1:15.36
	200m: 2:23.40	1:14.54	600m: 7:22.94	1:14.66	1000m: 12:19.23	1:14.44	1400m: 17:19.59	1:15.01
	300m: 3:38.44	1:15.04	700m: 8:37.09	1:14.15	1100m: 13:34.23	1:15.00	1500m: 18:31.38	1:11.79
	400m: 4:53.23	1:14.79	800m: 9:50.58	1:13.49	1200m: 14:49.22	1:14.99		
16.	KITAY, Lara		15	Natation Gatineau		18:38.74	557	
	100m: 1:07.53	1:07.53	500m: 6:30.44	1:40.45	900m:		1300m: 15:45.96	
	200m: 2:20.86	1:13.33	600m: 7:20.00	49.56	1000m:		1400m: 17:27.46	1:41.50
	300m: 3:35.23	1:14.37	700m: 9:08.29	1:48.29	1100m: 14:25.30		1500m: 18:38.74	1:11.28
	400m: 4:49.99	1:14.76	800m:		1200m:			
17.	SHINK, Laurie		15	Cnq		18:42.35	551	
	100m: 1:09.26	1:09.26	500m: 6:09.83	1:14.79	900m: 11:10.41	1:15.48	1300m: 16:14.03	1:15.96
	200m: 2:24.76	1:15.50	600m: 7:24.75	1:14.92	1000m: 12:26.85	1:16.44	1400m: 17:29.85	1:15.82
	300m: 3:26.72	1:01.96	700m: 8:39.63	1:14.88	1100m: 13:42.36	1:15.51	1500m: 18:42.35	1:12.50
	400m: 4:55.04	1:28.32	800m: 9:54.93	1:15.30	1200m: 14:58.07	1:15.71		
18.	PARE-LEVESQUE, Laurie		17	Neptune Natation		18:43.43	550	
	100m: 1:08.88	1:08.88	500m: 6:05.78	1:14.32	900m: 11:06.31	1:14.93	1300m: 16:12.07	1:16.85
	200m: 2:22.64	1:13.76	600m: 7:20.61	1:14.83	1000m: 12:22.48	1:16.17	1400m: 17:28.09	1:16.02
	300m: 3:36.88	1:14.24	700m: 8:35.92	1:15.31	1100m: 13:38.66	1:16.18	1500m: 18:43.43	1:15.34
	400m: 4:51.46	1:14.58	800m: 9:51.38	1:15.46	1200m: 14:55.22	1:16.56		



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2/2024



Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age						Time	Pts		
19.	MARCON, Isabella		17		Ddo				18:46.37	545		
	100m:	1:09.00	1:09.00	500m:	6:05.11	1:14.31	900m:	11:05.64	1:15.95	1300m:	16:12.57	1:17.25
	200m:	2:22.73	1:13.73	600m:	7:19.63	1:14.52	1000m:	12:21.67	1:16.03	1400m:	17:30.26	1:17.69
	300m:	3:36.70	1:13.97	700m:	8:34.53	1:14.90	1100m:	13:38.32	1:16.65	1500m:	18:46.37	1:16.11
	400m:	4:50.80	1:14.10	800m:	9:49.69	1:15.16	1200m:	14:55.32	1:17.00			
20.	MALENFANT, Viviane		16		Cnq				18:49.24	541		
	100m:	1:10.93	1:10.93	500m:	6:10.45	1:15.07	900m:	11:14.15	1:15.63	1300m:	16:18.66	1:16.25
	200m:	2:25.78	1:14.85	600m:	7:26.25	1:15.80	1000m:	12:30.12	1:15.97	1400m:	17:35.56	1:16.90
	300m:	3:40.21	1:14.43	700m:	8:41.90	1:15.65	1100m:	13:45.77	1:15.65	1500m:	18:49.24	1:13.68
	400m:	4:55.38	1:15.17	800m:	9:58.52	1:16.62	1200m:	15:02.41	1:16.64			
21.	POMERLEAU, Mikaelle		13		Pointe-Claire Swim Club				18:52.49	536		
	100m:	1:11.68	1:11.68	500m:	6:14.15	1:16.03	900m:	11:17.11	1:15.57	1300m:	16:21.63	1:16.12
	200m:	2:27.30	1:15.62	600m:	7:29.56	1:15.41	1000m:	12:33.08	1:15.97	1400m:	17:37.46	1:15.83
	300m:	3:42.77	1:15.47	700m:	8:45.39	1:15.83	1100m:	13:48.91	1:15.83	1500m:	18:52.49	1:15.03
	400m:	4:58.12	1:15.35	800m:	10:01.54	1:16.15	1200m:	15:05.51	1:16.60			
22.	IONCE, Marie-Anne		16		Elite				18:55.62	532		
	100m:	1:10.40	1:10.40	500m:	6:07.29	1:14.98	900m:	11:13.11	1:17.38	1300m:	15:54.85	50.68
	200m:	2:24.35	1:13.95	600m:	7:22.94	1:15.65	1000m:	11:54.03	40.92	1400m:	17:38.94	1:44.09
	300m:	3:38.08	1:13.73	700m:	8:39.01	1:16.07	1100m:	13:46.95	1:52.92	1500m:	18:55.62	1:16.68
	400m:	4:52.31	1:14.23	800m:	9:55.73	1:16.72	1200m:	15:04.17	1:17.22			
23.	LELIEVRE, Karelle		16		Club de Natation SAMAK de Bros				19:00.29	526		
	100m:	56.67	56.67	500m:	6:11.23	1:15.98	900m:	11:18.35	1:17.53	1300m:	16:28.00	1:18.25
	200m:	2:24.97	1:28.30	600m:	7:27.44	1:16.21	1000m:	12:35.00	1:16.65	1400m:	17:16.86	48.86
	300m:	3:25.10	1:00.13	700m:	8:44.75	1:17.31	1100m:	13:52.56	1:17.56	1500m:	19:00.29	1:43.43
	400m:	4:55.25	1:30.15	800m:	10:00.82	1:16.07	1200m:	15:09.75	1:17.19			
24.	PONTON, Emma		17		Ddo				19:01.52	524		
	100m:	1:08.40	1:08.40	500m:	6:09.42	1:16.16	900m:	11:17.25	1:17.28	1300m:	16:27.12	1:17.56
	200m:	2:22.81	1:14.41	600m:	7:26.06	1:16.64	1000m:	12:34.82	1:17.57	1400m:	17:44.51	1:17.39
	300m:	3:37.95	1:15.14	700m:	8:42.92	1:16.86	1100m:	13:52.31	1:17.49	1500m:	19:01.52	1:17.01
	400m:	4:53.26	1:15.31	800m:	9:59.97	1:17.05	1200m:	15:09.56	1:17.25			
25.	SMITH-THERIAULT, Alexa		16		Pointe-Claire Swim Club				19:02.19	523		
	100m:	1:07.45	1:07.45	500m:	6:06.91	1:16.00	900m:	11:16.37	1:19.01	1300m:	16:30.43	1:17.69
	200m:	2:21.08	1:13.63	600m:	7:23.51	1:16.60	1000m:	12:35.32	1:18.95	1400m:	17:47.94	1:17.51
	300m:	3:35.59	1:14.51	700m:	8:40.23	1:16.72	1100m:	13:54.31	1:18.99	1500m:	19:02.19	1:14.25
	400m:	4:50.91	1:15.32	800m:	9:57.36	1:17.13	1200m:	15:12.74	1:18.43			
26.	JUTRAS, Annalie		15		Club de Natation des Riverains				19:04.93	519		
	100m:	1:02.39	1:02.39	500m:	6:11.79	1:17.00	900m:	11:20.99	1:17.35	1300m:	16:32.51	1:18.05
	200m:	2:18.71	1:16.32	600m:	7:28.84	1:17.05	1000m:	12:38.23	1:17.24	1400m:	17:50.00	1:17.49
	300m:	3:36.29	1:17.58	700m:	8:46.19	1:17.35	1100m:	13:56.85	1:18.62	1500m:	19:04.93	1:14.93
	400m:	4:54.79	1:18.50	800m:	10:03.64	1:17.45	1200m:	15:14.46	1:17.61			
27.	GIBBONS-RENAUD, Gabrielle		14		Cnsp				19:04.97	519		
	100m:	1:12.22	1:12.22	500m:	6:23.77	1:18.51	900m:	11:31.59	1:16.24	1300m:	16:36.33	1:16.68
	200m:	2:29.79	1:17.57	600m:	7:41.50	1:17.73	1000m:	12:47.40	1:15.81	1400m:	17:52.42	1:16.09
	300m:	3:47.35	1:17.56	700m:	8:58.49	1:16.99	1100m:	14:03.67	1:16.27	1500m:	19:04.97	1:12.55
	400m:	5:05.26	1:17.91	800m:	10:15.35	1:16.86	1200m:	15:19.65	1:15.98			
28.	PRICE, Loriane		15		Club de Natation SAMAK de Bros				19:06.15	517		
	100m:	1:09.11	1:09.11	500m:	6:11.77	1:16.46	900m:	11:21.44	1:18.18	1300m:	16:33.72	1:17.77
	200m:	2:23.71	1:14.60	600m:	7:28.63	1:16.86	1000m:	12:39.56	1:18.12	1400m:	17:51.58	1:17.86
	300m:	3:39.06	1:15.35	700m:	8:45.59	1:16.96	1100m:	13:57.83	1:18.27	1500m:	19:06.15	1:14.57
	400m:	4:55.31	1:16.25	800m:	10:03.26	1:17.67	1200m:	15:15.95	1:18.12			



Coupe du Québec junior et senior 2024
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Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age			Time	Pts	
29.	SIAH, Kenza		18	Camo		19:09.93	512	
	100m: 1:11.38	1:11.38	500m: 6:16.04	900m: 11:22.42	1:16.92	1300m: 16:36.85	1:19.51	
	200m: 2:27.09	1:15.71	600m: 7:32.60	1:16.56	1000m: 12:39.90	1:17.48	1400m: 17:54.64	1:17.79
	300m: 4:59.38	2:32.29	700m: 8:48.84	1:16.24	1100m: 13:58.75	1:18.85	1500m: 19:09.93	1:15.29
	400m:		800m: 10:05.50	1:16.66	1200m: 15:17.34	1:18.59		
30.	FORTIER, Charlie-Rose		12	Sher		19:10.88	511	
	100m: 59.86	59.86	500m: 6:11.39	1:11.77	900m: 11:25.58	1:17.39	1300m: 16:36.46	1:18.08
	200m:		600m: 7:30.49	1:19.10	1000m: 12:43.10	1:17.52	1400m: 17:54.08	1:17.62
	300m: 3:34.48		700m: 8:49.96	1:19.47	1100m: 14:00.45	1:17.35	1500m: 19:10.88	1:16.80
	400m: 4:59.62	1:25.14	800m: 10:08.19	1:18.23	1200m: 15:18.38	1:17.93		
31.	DE VOGELAERE, Noemie		14	Club de Natation SAMAK de Bros		19:13.15	508	
	100m: 1:11.51	1:11.51	500m: 6:18.31	1:16.29	900m: 11:27.62	1:17.52	1300m: 16:40.23	1:18.46
	200m: 2:15.67	1:04.16	600m: 7:35.50	1:17.19	1000m: 12:45.66	1:18.04	1400m: 17:57.70	1:17.47
	300m: 3:45.27	1:29.60	700m: 8:52.74	1:17.24	1100m: 14:03.64	1:17.98	1500m: 19:13.15	1:15.45
	400m: 5:02.02	1:16.75	800m: 10:10.10	1:17.36	1200m: 15:21.77	1:18.13		
32.	AUGER, Sophie		13	Pointe-Claire Swim Club		19:13.24	508	
	100m: 1:10.88	1:10.88	500m: 6:20.01	1:17.51	900m: 11:31.36	1:17.91	1300m: 16:42.57	1:17.54
	200m: 2:28.18	1:17.30	600m: 7:37.53	1:17.52	1000m: 12:49.26	1:17.90	1400m: 18:00.01	1:17.44
	300m: 3:45.08	1:16.90	700m: 8:55.65	1:18.12	1100m: 14:07.33	1:18.07	1500m: 19:13.24	1:13.23
	400m: 5:02.50	1:17.42	800m: 10:13.45	1:17.80	1200m: 15:25.03	1:17.70		
33.	TALBOT, Alice		15	Sher		19:15.46	505	
	100m: 1:11.03	1:11.03	500m: 6:19.44	1:17.53	900m: 11:31.08	1:17.90	1300m: 16:41.80	1:17.81
	200m: 2:27.17	1:16.14	600m: 7:37.12	1:17.68	1000m: 12:48.93	1:17.85	1400m: 17:59.79	1:17.99
	300m: 3:43.96	1:16.79	700m: 8:54.86	1:17.74	1100m: 14:06.67	1:17.74	1500m: 19:15.46	1:15.67
	400m: 5:01.91	1:17.95	800m: 10:13.18	1:18.32	1200m: 15:23.99	1:17.32		
34.	KUDINOV, Catherine		14	Cote Saint-Luc Aquatics		19:16.22	504	
	100m: 1:11.29	1:11.29	500m: 6:20.48	1:18.32	900m: 11:31.57	1:18.18	1300m: 16:42.90	1:18.04
	200m: 2:27.41	1:16.12	600m: 7:37.58	1:17.10	1000m: 12:49.20	1:17.63	1400m: 18:00.51	1:17.61
	300m: 3:44.34	1:16.93	700m: 8:55.18	1:17.60	1100m: 14:07.04	1:17.84	1500m: 19:16.22	1:15.71
	400m: 5:02.16	1:17.82	800m: 10:13.39	1:18.21	1200m: 15:24.86	1:17.82		
35.	LAFRENIERE, Juliette		13	Cnq		19:16.39	504	
	100m: 1:04.49	1:04.49	500m: 7:34.60	2:35.72	900m: 12:48.11	1:18.89	1300m: 18:02.02	1:17.90
	200m: 2:24.81	1:20.32	600m: 8:52.38	1:17.78	1000m: 14:06.55	1:18.44	1400m: 19:16.39	1:14.37
	300m: 3:41.95	1:17.14	700m: 10:11.06	1:18.68	1100m: 15:25.92	1:19.37	1500m: 19:16.39	
	400m: 4:58.88	1:16.93	800m: 11:29.22	1:18.16	1200m: 16:44.12	1:18.20		
36.	LEMELIN, Emie		14	Cnq		19:18.61	501	
	100m: 1:13.10	1:13.10	500m: 7:35.52	1:31.22	900m: 11:29.03	1:18.34	1300m: 16:43.88	1:19.06
	200m: 2:17.37	1:04.27	600m:		1000m: 12:47.28	1:18.25	1400m: 18:02.44	1:18.56
	300m: 3:45.28	1:27.91	700m:		1100m: 14:06.02	1:18.74	1500m: 19:18.61	1:16.17
	400m: 6:04.30	2:19.02	800m: 10:10.69		1200m: 15:24.82	1:18.80		
37.	JOHNSON, Nicola		15	Ddo		19:19.02	500	
	100m: 1:02.15	1:02.15	500m: 6:11.37	1:17.74	900m: 11:31.39	1:17.88	1300m: 16:33.72	1:07.04
	200m: 2:19.21	1:17.06	600m: 7:38.23	1:26.86	1000m: 12:40.16	1:08.77	1400m: 18:02.78	1:29.06
	300m: 3:36.28	1:17.07	700m: 8:56.19	1:17.96	1100m: 14:07.88	1:27.72	1500m: 19:19.02	1:16.24
	400m: 4:53.63	1:17.35	800m: 10:13.51	1:17.32	1200m: 15:26.68	1:18.80		
38.	PICHETTE, Alexandra		13	Cnq		19:19.60	500	
	100m: 1:08.61	1:08.61	500m: 6:18.00	1:18.28	900m: 11:31.76	1:18.52	1300m: 16:45.87	1:18.23
	200m: 2:25.41	1:16.80	600m: 7:37.06	1:19.06	1000m: 12:50.06	1:18.30	1400m: 18:05.10	1:19.23
	300m: 3:42.20	1:16.79	700m: 8:54.49	1:17.43	1100m: 14:08.62	1:18.56	1500m: 19:19.60	1:14.50
	400m: 4:59.72	1:17.52	800m: 10:13.24	1:18.75	1200m: 15:27.64	1:19.02		



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Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age					Time	Pts		
39.	BROOKS, Lyssa		16	C,A, Regional De L'. Abit-Tem				19:20.09	499		
	100m:	1:11.30	500m:	6:21.19	1:18.26	900m:	11:31.91	1:17.62	1300m:	16:08.91	41.64
	200m:	2:28.02	600m:	7:38.61	1:17.42	1000m:	12:50.52	1:18.61	1400m:	18:04.66	1:55.75
	300m:	3:45.39	700m:	8:56.53	1:17.92	1100m:	14:08.53	1:18.01	1500m:	19:20.09	1:15.43
	400m:	5:02.93	800m:	10:14.29	1:17.76	1200m:	15:27.27	1:18.74			
40.	MOLANO, Camila		14	Sher				19:22.11	496		
	100m:	1:02.72	500m:	6:17.69	1:10.81	900m:	11:34.40	1:17.80	1300m:	16:49.06	1:18.61
	200m:	2:19.92	600m:	7:37.95	1:20.26	1000m:	12:53.09	1:18.69	1400m:	18:06.45	1:17.39
	300m:	3:38.30	700m:	8:58.45	1:20.50	1100m:	14:11.33	1:18.24	1500m:	19:22.11	1:15.66
	400m:	5:06.88	800m:	10:16.60	1:18.15	1200m:	15:30.45	1:19.12			
41.	FERGUSON, Taylor		12	Pointe-Claire Swim Club				19:22.16	496		
	100m:	57.19	500m:	6:20.68	1:36.14	900m:	11:33.48	1:18.34	1300m:	16:24.26	1:18.16
	200m:	2:12.27	600m:	7:39.15	1:18.47	1000m:	12:29.82	56.34	1400m:	17:41.26	1:17.00
	300m:	3:28.10	700m:	8:57.30	1:18.15	1100m:	14:10.29	1:40.47	1500m:	19:22.16	1:40.90
	400m:	4:44.54	800m:	10:15.14	1:17.84	1200m:	15:06.10	55.81			
42.	DUMAS, Annabelle		15	Club de Natation des Riverains				19:22.59	496		
	100m:	56.45	500m:	6:20.24	1:18.33	900m:	11:33.45	1:17.42	1300m:	16:48.02	1:19.06
	200m:	2:27.31	600m:	7:38.95	1:18.71	1000m:	12:24.02	50.57	1400m:	18:06.49	1:18.47
	300m:	3:26.28	700m:	8:57.79	1:18.84	1100m:	14:10.12	1:46.10	1500m:	19:22.59	1:16.10
	400m:	5:01.91	800m:	10:16.03	1:18.24	1200m:	15:28.96	1:18.84			
43.	NICHOLSON-JODOIN, Clementine		13	Pointe-Claire Swim Club				19:27.32	490		
	100m:	1:10.52	500m:	6:20.86	1:19.92	900m:	11:37.98	1:19.61	1300m:	16:53.17	1:18.87
	200m:	2:26.09	600m:	7:39.64	1:18.78	1000m:			1400m:	18:12.27	1:19.10
	300m:	3:44.32	700m:	8:58.98	1:19.34	1100m:	14:14.16		1500m:	19:27.32	1:15.05
	400m:	5:00.94	800m:	10:18.37	1:19.39	1200m:	15:34.30	1:20.14			
44.	GIRARDIN, Naomie		17	Rouge et Or/Universite Laval				19:29.42	487		
	100m:	1:12.84	500m:	6:24.99	1:18.30	900m:	11:38.80	1:18.65	1300m:	16:54.89	1:19.57
	200m:	2:30.48	600m:	7:43.10	1:18.11	1000m:	12:57.57	1:18.77	1400m:	18:13.16	1:18.27
	300m:	3:25.78	700m:	9:01.56	1:18.46	1100m:	14:16.39	1:18.82	1500m:	19:29.42	1:16.26
	400m:	5:06.69	800m:	10:20.15	1:18.59	1200m:	15:35.32	1:18.93			
45.	ORTEGA-LEMAY, Alyssa		16	Neptune Natation				19:34.19	481		
	100m:	1:09.67	500m:	6:19.25	1:18.13	900m:	11:34.32	1:17.57	1300m:	16:57.38	1:19.99
	200m:	2:25.61	600m:	7:38.23	1:18.98	1000m:	12:51.63	1:17.31	1400m:	18:02.88	1:05.50
	300m:	3:42.90	700m:	8:57.46	1:19.23	1100m:	14:17.20	1:25.57	1500m:	19:34.19	1:31.31
	400m:	5:01.12	800m:	10:16.75	1:19.29	1200m:	15:37.39	1:20.19			
46.	BACCUS, Bianca		11	Pointe-Claire Swim Club				19:37.11	478		
	100m:	56.26	500m:	6:22.01	1:18.65	900m:	11:37.68	1:19.41	1300m:	16:59.42	1:21.08
	200m:	2:28.01	600m:	7:41.12	1:19.11	1000m:	12:57.42	1:19.74	1400m:	18:19.22	1:19.80
	300m:	3:45.22	700m:	8:59.54	1:18.42	1100m:	14:17.53	1:20.11	1500m:	19:37.11	1:17.89
	400m:	5:03.36	800m:	10:18.27	1:18.73	1200m:	15:38.34	1:20.81			
47.	DESJARDINS, Katelyn		13	Pointe-Claire Swim Club				19:41.53	472		
	100m:	57.21	500m:	6:12.13	1:07.60	900m:	11:39.90	1:21.01	1300m:	17:02.03	1:20.59
	200m:	2:13.65	600m:	7:34.58	1:22.45	1000m:	13:00.04	1:20.14	1400m:	18:22.80	1:20.77
	300m:	3:46.46	700m:	8:58.08	1:23.50	1100m:	14:20.36	1:20.32	1500m:	19:41.53	1:18.73
	400m:	5:04.53	800m:	10:18.89	1:20.81	1200m:	15:41.44	1:21.08			
48.	CORNEAU, Elyza		13	Cnq				19:42.62	471		
	100m:	56.40	500m:	6:23.36	1:19.42	900m:	11:41.20	1:19.57	1300m:	17:04.53	1:21.25
	200m:	2:28.41	600m:	7:42.51	1:19.15	1000m:	13:01.33	1:20.13	1400m:	18:25.10	1:20.57
	300m:	3:46.04	700m:	9:02.08	1:19.57	1100m:	14:22.50	1:21.17	1500m:	19:42.62	1:17.52
	400m:	5:03.94	800m:	10:21.63	1:19.55	1200m:	15:43.28	1:20.78			



Coupe du Québec junior et senior 2024
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Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age							Time	Pts
49.	BELHUMEUR, Jeanne		12	Natation Gatineau						19:43.40	470
	100m:	1:01.47	1:01.47	500m:	6:19.61	1:09.70	900m:	11:48.40	1:20.59	1300m:	17:07.07
	200m:	2:21.11	1:19.64	600m:			1000m:	13:07.68	1:19.28	1400m:	18:21.23
	300m:	3:40.67	1:19.56	700m:			1100m:	14:27.57	1:19.89	1500m:	19:43.40
	400m:	5:09.91	1:29.24	800m:	10:27.81		1200m:				1:22.17
50.	BOUFFARD, Jeanne		14	Club de Natation des Riverains						19:45.41	468
	100m:	58.57	58.57	500m:	6:26.87	1:46.04	900m:	11:45.42	1:20.22	1300m:	17:07.31
	200m:	2:12.25	1:13.68	600m:	7:46.22	1:19.35	1000m:	13:05.57	1:20.15	1400m:	18:27.83
	300m:	3:26.07	1:13.82	700m:	9:06.08	1:19.86	1100m:	14:25.54	1:19.97	1500m:	19:45.41
	400m:	4:40.83	1:14.76	800m:	10:25.20	1:19.12	1200m:	15:46.36	1:20.82		1:17.58
51.	BROCHU, Aleni		12	Natation Gatineau						19:46.23	467
	100m:	58.57	58.57	500m:	6:30.97	1:40.40	900m:	11:51.32	1:20.10	1300m:	17:10.16
	200m:	2:32.32	1:33.75	600m:	7:51.06	1:20.09	1000m:	13:11.01	1:19.69	1400m:	18:30.19
	300m:	3:32.80	1:00.48	700m:	8:43.60	52.54	1100m:	14:30.53	1:19.52	1500m:	19:46.23
	400m:	4:50.57	1:17.77	800m:	10:31.22	1:47.62	1200m:	15:50.21	1:19.68		1:16.04
52.	CHALIFOUR, Mathilde		18	Rouge et Or/Universite Laval						19:48.82	464
	100m:	1:11.69	1:11.69	500m:	6:25.32	1:19.87	900m:	11:42.77	1:17.74	1300m:	16:56.75
	200m:	2:28.68	1:16.99	600m:	7:45.21	1:19.89	1000m:	13:01.34	1:18.57	1400m:	18:30.16
	300m:	3:46.52	1:17.84	700m:	9:05.84	1:20.63	1100m:	14:19.99	1:18.65	1500m:	19:48.82
	400m:	5:05.45	1:18.93	800m:	10:25.03	1:19.19	1200m:	15:38.31	1:18.32		1:18.66
53.	BELISLE, Viviane		14	Cnq						19:50.80	461
	100m:	1:12.46	1:12.46	500m:	6:30.36	1:18.86	900m:	11:49.05	1:19.61	1300m:	17:11.33
	200m:	2:31.91	1:19.45	600m:	7:50.02	1:19.66	1000m:	13:09.10	1:20.05	1400m:	18:31.99
	300m:	3:51.54	1:19.63	700m:	9:09.59	1:19.57	1100m:	14:30.05	1:20.95	1500m:	19:50.80
	400m:	5:11.50	1:19.96	800m:	10:29.44	1:19.85	1200m:	15:50.31	1:20.26		1:18.81
54.	BLUMEL, Margaret		13	Pointe-Claire Swim Club						19:55.60	456
	100m:	1:16.28	1:16.28	500m:	6:36.70	1:19.93	900m:	11:57.32	1:19.03	1300m:	17:17.59
	200m:	2:36.96	1:20.68	600m:	7:57.43	1:20.73	1000m:	13:16.50	1:19.18	1400m:	18:37.62
	300m:	3:57.25	1:20.29	700m:	9:17.98	1:20.55	1100m:	14:36.74	1:20.24	1500m:	19:55.60
	400m:	5:16.77	1:19.52	800m:	10:38.29	1:20.31	1200m:	15:56.74	1:20.00		1:17.98
55.	CHEN, Michelle		13	Ddo						19:56.46	455
	100m:	1:11.32	1:11.32	500m:	6:29.64	1:20.45	900m:	11:53.09	1:20.44	1300m:	17:18.12
	200m:	2:29.11	1:17.79	600m:	7:25.18	55.54	1000m:	13:13.68	1:20.59	1400m:	18:36.86
	300m:	3:48.88	1:19.77	700m:	8:43.48	1:18.30	1100m:	14:35.00	1:21.32	1500m:	19:56.46
	400m:	5:09.19	1:20.31	800m:	10:32.65	1:49.17	1200m:	15:56.59	1:21.59		1:19.60
56.	MCDONALD, Avery		15	Ddo						19:57.50	454
	100m:	1:15.25	1:15.25	500m:	6:35.40	1:19.93	900m:	11:57.75	1:21.23	1300m:	17:22.39
	200m:	2:19.13	1:03.88	600m:	7:55.29	1:19.89	1000m:	13:18.96	1:21.21	1400m:	18:41.58
	300m:	3:55.22	1:36.09	700m:	9:15.73	1:20.44	1100m:	14:40.68	1:21.72	1500m:	19:57.50
	400m:	5:15.47	1:20.25	800m:	10:36.52	1:20.79	1200m:	16:02.10	1:21.42		1:15.92
57.	BRUCHIG, Larissa		16	Club de Natation Mont-Tremblant						20:03.31	447
	100m:	1:07.61	1:07.61	500m:	6:18.17	1:18.80	900m:	11:47.52	1:22.00	1300m:	17:09.24
	200m:	2:22.80	1:15.19	600m:	7:41.84	1:23.67	1000m:	13:07.11	1:19.59	1400m:	18:30.42
	300m:	3:40.53	1:17.73	700m:	9:03.57	1:21.73	1100m:	14:37.36	1:30.25	1500m:	20:03.31
	400m:	4:59.37	1:18.84	800m:	10:25.52	1:21.95	1200m:	15:48.13	1:10.77		1:32.89
58.	HARVEY, Ellie		12	Cnq						20:09.93	440
	100m:	1:16.44	1:16.44	500m:	6:37.43	1:20.50	900m:	12:01.84	1:21.67	1300m:	17:29.42
	200m:	2:36.64	1:20.20	600m:	7:58.00	1:20.57	1000m:	13:23.47	1:21.63	1400m:	18:50.19
	300m:	3:56.95	1:20.31	700m:	9:19.10	1:21.10	1100m:	14:45.00	1:21.53	1500m:	20:09.93
	400m:	5:16.93	1:19.98	800m:	10:40.17	1:21.07	1200m:	16:07.44	1:22.44		1:19.74



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2024



Event 7, Women, 1500m Freestyle, 10 years and older

Rank			Age					Time	Pts			
59.	LESSARD, Emilie		13	Natation Gatineau				20:14.66	435			
	100m:	1:01.99	1:01.99	500m:	6:30.21	1:22.90	900m:	12:01.84	1:21.18	1300m:	17:31.28	1:23.47
	200m:	2:22.98	1:20.99	600m:	7:53.74	1:23.53	1000m:	13:23.60	1:21.76	1400m:	18:54.44	1:23.16
	300m:	3:44.76	1:21.78	700m:	9:17.45	1:23.71	1100m:	14:45.41	1:21.81	1500m:	20:14.66	1:20.22
	400m:	5:07.31	1:22.55	800m:	10:40.66	1:23.21	1200m:	16:07.81	1:22.40			
60.	NAULT, Laurence		13	Club Natation Bois Francs				20:15.26	434			
	100m:	1:14.87	1:14.87	500m:	6:33.84	1:22.73	900m:	12:01.26	1:22.08	1300m:	17:32.92	1:23.66
	200m:	2:35.44	1:20.57	600m:	7:55.62	1:21.78	1000m:	13:23.35	1:22.09	1400m:	18:55.08	1:22.16
	300m:	3:54.24	1:18.80	700m:	9:17.07	1:21.45	1100m:	14:46.18	1:22.83	1500m:	20:15.26	1:20.18
	400m:	5:11.11	1:16.87	800m:	10:39.18	1:22.11	1200m:	16:09.26	1:23.08			
61.	BILLETTE, Beatrice		12	Elite				20:15.76	434			
	100m:	1:16.09	1:16.09	500m:	6:44.33	1:22.25	900m:	12:10.58	1:22.21	1300m:	17:37.63	1:21.60
	200m:	2:38.05	1:21.96	600m:	8:05.47	1:21.14	1000m:	13:32.31	1:21.73	1400m:	18:57.75	1:20.12
	300m:	3:59.85	1:21.80	700m:	8:46.41	40.94	1100m:	14:54.72	1:22.41	1500m:	20:15.76	1:18.01
	400m:	5:22.08	1:22.23	800m:	10:48.37	2:01.96	1200m:	16:16.03	1:21.31			
62.	LE CLAIR, Okyana		15	Pointe-Claire Swim Club				20:18.46	431			
	100m:	1:11.71	1:11.71	500m:	6:21.06	1:17.80	900m:	11:46.73	1:20.84	1300m:	17:26.53	1:26.05
	200m:	2:27.99	1:16.28	600m:	7:38.15	1:17.09	1000m:	13:10.01	1:23.28	1400m:	18:53.20	1:26.67
	300m:	3:45.18	1:17.19	700m:	9:03.00	1:24.85	1100m:	14:34.34	1:24.33	1500m:	20:18.46	1:25.26
	400m:	5:03.26	1:18.08	800m:	10:25.89	1:22.89	1200m:	16:00.48	1:26.14			
63.	DION, Chloe		13	Ddo				20:19.70	429			
	100m:	1:02.34	1:02.34	500m:	6:31.70	1:22.93	900m:	12:03.44	1:21.93	1300m:	17:35.78	1:17.77
	200m:	2:23.97	1:21.63	600m:	7:55.50	1:23.80	1000m:	13:25.35	1:21.91	1400m:	18:55.52	1:19.74
	300m:	3:45.90	1:21.93	700m:	9:19.43	1:23.93	1100m:	14:48.66	1:23.31	1500m:	20:19.70	1:24.18
	400m:	5:08.77	1:22.87	800m:	10:41.51	1:22.08	1200m:	16:18.01	1:29.35			
64.	TANGUAY, Lily-Rose		13	Club de Natation des Riverains				20:23.48	425			
	100m:	1:12.65	1:12.65	500m:	6:41.13	1:23.47	900m:	12:13.22	1:22.57	1300m:	17:44.54	1:23.85
	200m:	2:34.03	1:21.38	600m:	8:04.18	1:23.05	1000m:	13:35.12	1:21.90	1400m:	19:06.54	1:22.00
	300m:	3:55.57	1:21.54	700m:	9:27.65	1:23.47	1100m:	14:57.56	1:22.44	1500m:	20:23.48	1:16.94
	400m:	5:17.66	1:22.09	800m:	10:50.65	1:23.00	1200m:	16:20.69	1:23.13			
65.	BRENNAN, Savannah		12	Pointe-Claire Swim Club				20:37.63	411			
	100m:	1:06.20	1:06.20	500m:	6:49.86	1:23.33	900m:	12:23.79	1:53.26	1300m:	17:55.65	1:57.57
	200m:	2:26.36	1:20.16	600m:	8:13.25	1:23.39	1000m:	13:46.86	1:23.07	1400m:	18:40.06	44.41
	300m:	3:46.46	1:20.10	700m:	9:36.54	1:23.29	1100m:	14:35.93	49.07	1500m:	20:37.63	1:57.57
	400m:	5:26.53	1:40.07	800m:	10:30.53	53.99	1200m:	15:58.08	1:22.15			
66.	HARVEY, Lea		14	Cnq				20:43.49	405			
	100m:	1:12.39	1:12.39	500m:	6:39.31	1:22.90	900m:	12:14.26	1:24.19	1300m:	17:55.84	1:25.01
	200m:	2:32.96	1:20.57	600m:	8:02.28	1:22.97	1000m:	13:39.75	1:25.49	1400m:	19:20.09	1:24.25
	300m:	3:54.39	1:21.43	700m:	9:26.34	1:24.06	1100m:	15:05.29	1:25.54	1500m:	20:43.49	1:23.40
	400m:	5:16.41	1:22.02	800m:	10:50.07	1:23.73	1200m:	16:30.83	1:25.54			
67.	LAPOINTE, Alexandra		11	Pointe-Claire Swim Club				21:11.88	379			
	100m:	1:18.41	1:18.41	500m:	6:59.89	1:24.82	900m:	12:44.28	1:26.48	1300m:	17:59.41	58.57
	200m:	2:43.40	1:24.99	600m:	8:25.92	1:26.03	1000m:			1400m:	19:49.66	1:50.25
	300m:	4:09.51	1:26.11	700m:	9:51.56	1:25.64	1100m:			1500m:	21:11.88	1:22.22
	400m:	5:35.07	1:25.56	800m:	11:17.80	1:26.24	1200m:	17:00.84				
DNS	BEASSE, Blanche		19	Camo								
DNS	DURAN, Christina		18	Camo								
WDR	HART, Lydia		17	Pointe-Claire Swim Club								
WDR	MICHAUD, Maelie		17	Pointe-Claire Swim Club								
WDR	WILLAR, Megan		19	Pointe-Claire Swim Club								



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Event 7, Women, 1500m Freestyle

12 years and younger

1. FORTIER, Charlie-Rose	12	Sher	19:10.88	511
100m: 59.86 59.86	500m: 6:11.39 1:11.77	900m: 11:25.58 1:17.39	1300m: 16:36.46 1:18.08	
200m:	600m: 7:30.49 1:19.10	1000m: 12:43.10 1:17.52	1400m: 17:54.08 1:17.62	
300m: 3:34.48	700m: 8:49.96 1:19.47	1100m: 14:00.45 1:17.35	1500m: 19:10.88 1:16.80	
400m: 4:59.62 1:25.14	800m: 10:08.19 1:18.23	1200m: 15:18.38 1:17.93		
2. FERGUSON, Taylor	12	Pointe-Claire Swim Club	19:22.16	496
100m: 57.19 57.19	500m: 6:20.68 1:36.14	900m: 11:33.48 1:18.34	1300m: 16:24.26 1:18.16	
200m: 2:12.27 1:15.08	600m: 7:39.15 1:18.47	1000m: 12:29.82 56.34	1400m: 17:41.26 1:17.00	
300m: 3:28.10 1:15.83	700m: 8:57.30 1:18.15	1100m: 14:10.29 1:40.47	1500m: 19:22.16 1:40.90	
400m: 4:44.54 1:16.44	800m: 10:15.14 1:17.84	1200m: 15:06.10 55.81		
3. BACCUS, Bianca	11	Pointe-Claire Swim Club	19:37.11	478
100m: 56.26 56.26	500m: 6:22.01 1:18.65	900m: 11:37.68 1:19.41	1300m: 16:59.42 1:21.08	
200m: 2:28.01 1:31.75	600m: 7:41.12 1:19.11	1000m: 12:57.42 1:19.74	1400m: 18:19.22 1:19.80	
300m: 3:45.22 1:17.21	700m: 8:59.54 1:18.42	1100m: 14:17.53 1:20.11	1500m: 19:37.11 1:17.89	
400m: 5:03.36 1:18.14	800m: 10:18.27 1:18.73	1200m: 15:38.34 1:20.81		
4. BELHUMEUR, Jeanne	12	Natation Gatineau	19:43.40	470
100m: 1:01.47 1:01.47	500m: 6:19.61 1:09.70	900m: 11:48.40 1:20.59	1300m: 17:07.07	
200m: 2:21.11 1:19.64	600m:	1000m: 13:07.68 1:19.28	1400m: 18:21.23 1:14.16	
300m: 3:40.67 1:19.56	700m:	1100m: 14:27.57 1:19.89	1500m: 19:43.40 1:22.17	
400m: 5:09.91 1:29.24	800m: 10:27.81	1200m:		
5. BROCHU, Aleni	12	Natation Gatineau	19:46.23	467
100m: 58.57 58.57	500m: 6:30.97 1:40.40	900m: 11:51.32 1:20.10	1300m: 17:10.16 1:19.95	
200m: 2:32.32 1:33.75	600m: 7:51.06 1:20.09	1000m: 13:11.01 1:19.69	1400m: 18:30.19 1:20.03	
300m: 3:32.80 1:00.48	700m: 8:43.60 52.54	1100m: 14:30.53 1:19.52	1500m: 19:46.23 1:16.04	
400m: 4:50.57 1:17.77	800m: 10:31.22 1:47.62	1200m: 15:50.21 1:19.68		
6. HARVEY, Ellie	12	Cnq	20:09.93	440
100m: 1:16.44 1:16.44	500m: 6:37.43 1:20.50	900m: 12:01.84 1:21.67	1300m: 17:29.42 1:21.98	
200m: 2:36.64 1:20.20	600m: 7:58.00 1:20.57	1000m: 13:23.47 1:21.63	1400m: 18:50.19 1:20.77	
300m: 3:56.95 1:20.31	700m: 9:19.10 1:21.10	1100m: 14:45.00 1:21.53	1500m: 20:09.93 1:19.74	
400m: 5:16.93 1:19.98	800m: 10:40.17 1:21.07	1200m: 16:07.44 1:22.44		
7. BILLETTE, Beatrice	12	Elite	20:15.76	434
100m: 1:16.09 1:16.09	500m: 6:44.33 1:22.25	900m: 12:10.58 1:22.21	1300m: 17:37.63 1:21.60	
200m: 2:38.05 1:21.96	600m: 8:05.47 1:21.14	1000m: 13:32.31 1:21.73	1400m: 18:57.75 1:20.12	
300m: 3:59.85 1:21.80	700m: 8:46.41 40.94	1100m: 14:54.72 1:22.41	1500m: 20:15.76 1:18.01	
400m: 5:22.08 1:22.23	800m: 10:48.37 2:01.96	1200m: 16:16.03 1:21.31		
8. BRENNAN, Savannah	12	Pointe-Claire Swim Club	20:37.63	411
100m: 1:06.20 1:06.20	500m: 6:49.86 1:23.33	900m: 12:23.79 1:53.26	1300m: 17:55.65 1:57.57	
200m: 2:26.36 1:20.16	600m: 8:13.25 1:23.39	1000m: 13:46.86 1:23.07	1400m: 18:40.06 44.41	
300m: 3:46.46 1:20.10	700m: 9:36.54 1:23.29	1100m: 14:35.93 49.07	1500m: 20:37.63 1:57.57	
400m: 5:26.53 1:40.07	800m: 10:30.53 53.99	1200m: 15:58.08 1:22.15		
9. LAPOINTE, Alexandra	11	Pointe-Claire Swim Club	21:11.88	379
100m: 1:18.41 1:18.41	500m: 6:59.89 1:24.82	900m: 12:44.28 1:26.48	1300m: 17:59.41 58.57	
200m: 2:43.40 1:24.99	600m: 8:25.92 1:26.03	1000m:	1400m: 19:49.66 1:50.25	
300m: 4:09.51 1:26.11	700m: 9:51.56 1:25.64	1100m:	1500m: 21:11.88 1:22.22	
400m: 5:35.07 1:25.56	800m: 11:17.80 1:26.24	1200m: 17:00.84		



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Event 7, Women, 1500m Freestyle

13 - 14 years

1. TURCOTTE, Annabelle	14	Cnq	17:58.32	622
100m: 1:06.81 1:06.81	500m: 5:55.76 1:12.66	900m: 10:46.20 1:12.52	1300m: 15:36.82 1:12.80	
200m: 2:18.39 1:11.58	600m: 7:08.14 1:12.38	1000m: 11:58.63 1:12.43	1400m: 16:49.32 1:12.50	
300m: 3:30.64 1:12.25	700m: 8:20.70 1:12.56	1100m: 13:11.26 1:12.63	1500m: 17:58.32 1:09.00	
400m: 4:43.10 1:12.46	800m: 9:33.68 1:12.98	1200m: 14:24.02 1:12.76		
2. LEFSRUD, Reilly	14	Pointe-Claire Swim Club	18:09.62	602
100m: 1:08.16 1:08.16	500m: 6:01.52 1:13.24	900m: 10:53.78 1:13.06	1300m: 15:45.87 1:12.80	
200m: 2:21.19 1:13.03	600m: 7:14.46 1:12.94	1000m: 12:07.03 1:13.25	1400m: 16:59.10 1:13.23	
300m: 3:34.85 1:13.66	700m: 8:27.54 1:13.08	1100m: 13:19.93 1:12.90	1500m: 18:09.62 1:10.52	
400m: 4:48.28 1:13.43	800m: 9:40.72 1:13.18	1200m: 14:33.07 1:13.14		
3. BOILY, Claudia	14	Pointe-Claire Swim Club	18:25.02	578
100m: 1:07.10 1:07.10	500m: 5:59.18 1:13.51	900m: 10:55.30 1:14.34	1300m: 15:54.72 1:15.22	
200m: 2:19.50 1:12.40	600m: 7:12.73 1:13.55	1000m: 12:09.69 1:14.39	1400m: 17:10.61 1:15.89	
300m: 3:32.49 1:12.99	700m: 8:26.79 1:14.06	1100m: 13:24.37 1:14.68	1500m: 18:25.02 1:14.41	
400m: 4:45.67 1:13.18	800m: 9:40.96 1:14.17	1200m: 14:39.50 1:15.13		
4. POMERLEAU, Mikaelle	13	Pointe-Claire Swim Club	18:52.49	536
100m: 1:11.68 1:11.68	500m: 6:14.15 1:16.03	900m: 11:17.11 1:15.57	1300m: 16:21.63 1:16.12	
200m: 2:27.30 1:15.62	600m: 7:29.56 1:15.41	1000m: 12:33.08 1:15.97	1400m: 17:37.46 1:15.83	
300m: 3:42.77 1:15.47	700m: 8:45.39 1:15.83	1100m: 13:48.91 1:15.83	1500m: 18:52.49 1:15.03	
400m: 4:58.12 1:15.35	800m: 10:01.54 1:16.15	1200m: 15:05.51 1:16.60		
5. GIBBONS-RENAUD, Gabrielle	14	Cnfs	19:04.97	519
100m: 1:12.22 1:12.22	500m: 6:23.77 1:18.51	900m: 11:31.59 1:16.24	1300m: 16:36.33 1:16.68	
200m: 2:29.79 1:17.57	600m: 7:41.50 1:17.73	1000m: 12:47.40 1:15.81	1400m: 17:52.42 1:16.09	
300m: 3:47.35 1:17.56	700m: 8:58.49 1:16.99	1100m: 14:03.67 1:16.27	1500m: 19:04.97 1:12.55	
400m: 5:05.26 1:17.91	800m: 10:15.35 1:16.86	1200m: 15:19.65 1:15.98		
6. DE VOGELAERE, Noemie	14	Club de Natation SAMAK de Bros	19:13.15	508
100m: 1:11.51 1:11.51	500m: 6:18.31 1:16.29	900m: 11:27.62 1:17.52	1300m: 16:40.23 1:18.46	
200m: 2:15.67 1:04.16	600m: 7:35.50 1:17.19	1000m: 12:45.66 1:18.04	1400m: 17:57.70 1:17.47	
300m: 3:45.27 1:29.60	700m: 8:52.74 1:17.24	1100m: 14:03.64 1:17.98	1500m: 19:13.15 1:15.45	
400m: 5:02.02 1:16.75	800m: 10:10.10 1:17.36	1200m: 15:21.77 1:18.13		
7. AUGER, Sophie	13	Pointe-Claire Swim Club	19:13.24	508
100m: 1:10.88 1:10.88	500m: 6:20.01 1:17.51	900m: 11:31.36 1:17.91	1300m: 16:42.57 1:17.54	
200m: 2:28.18 1:17.30	600m: 7:37.53 1:17.52	1000m: 12:49.26 1:17.90	1400m: 18:00.01 1:17.44	
300m: 3:45.08 1:16.90	700m: 8:55.65 1:18.12	1100m: 14:07.33 1:18.07	1500m: 19:13.24 1:13.23	
400m: 5:02.50 1:17.42	800m: 10:13.45 1:17.80	1200m: 15:25.03 1:17.70		
8. KUDINOV, Catherine	14	Cote Saint-Luc Aquatics	19:16.22	504
100m: 1:11.29 1:11.29	500m: 6:20.48 1:18.32	900m: 11:31.57 1:18.18	1300m: 16:42.90 1:18.04	
200m: 2:27.41 1:16.12	600m: 7:37.58 1:17.10	1000m: 12:49.20 1:17.63	1400m: 18:00.51 1:17.61	
300m: 3:44.34 1:16.93	700m: 8:55.18 1:17.60	1100m: 14:07.04 1:17.84	1500m: 19:16.22 1:15.71	
400m: 5:02.16 1:17.82	800m: 10:13.39 1:18.21	1200m: 15:24.86 1:17.82		
9. LAFRENIERE, Juliette	13	Cnq	19:16.39	504
100m: 1:04.49 1:04.49	500m: 7:34.60 2:35.72	900m: 12:48.11 1:18.89	1300m: 18:02.02 1:17.90	
200m: 2:24.81 1:20.32	600m: 8:52.38 1:17.78	1000m: 14:06.55 1:18.44	1400m: 19:16.39 1:14.37	
300m: 3:41.95 1:17.14	700m: 10:11.06 1:18.68	1100m: 15:25.92 1:19.37	1500m: 19:16.39	
400m: 4:58.88 1:16.93	800m: 11:29.22 1:18.16	1200m: 16:44.12 1:18.20		
10. LEMELIN, Emie	14	Cnq	19:18.61	501
100m: 1:13.10 1:13.10	500m: 7:35.52 1:31.22	900m: 11:29.03 1:18.34	1300m: 16:43.88 1:19.06	
200m: 2:17.37 1:04.27	600m: 8:52.38 1:17.78	1000m: 12:47.28 1:18.25	1400m: 18:02.44 1:18.56	
300m: 3:45.28 1:27.91	700m: 10:11.06 1:18.68	1100m: 14:06.02 1:18.74	1500m: 19:18.61 1:16.17	
400m: 6:04.30 2:19.02	800m: 10:10.69	1200m: 15:24.82 1:18.80		



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2/2024



Event 7, Girls, 1500m Freestyle, 13 - 14 years

Rank			Age						Time	Pts
11.	PICHETTE, Alexandra		13	Cnq					19:19.60	500
	100m:	1:08.61 1:08.61	500m:	6:18.00 1:18.28	900m:	11:31.76 1:18.52	1300m:	16:45.87 1:18.23		
	200m:	2:25.41 1:16.80	600m:	7:37.06 1:19.06	1000m:	12:50.06 1:18.30	1400m:	18:05.10 1:19.23		
	300m:	3:42.20 1:16.79	700m:	8:54.49 1:17.43	1100m:	14:08.62 1:18.56	1500m:	19:19.60 1:14.50		
	400m:	4:59.72 1:17.52	800m:	10:13.24 1:18.75	1200m:	15:27.64 1:19.02				
12.	MOLANO, Camila		14	Sher					19:22.11	496
	100m:	1:02.72 1:02.72	500m:	6:17.69 1:10.81	900m:	11:34.40 1:17.80	1300m:	16:49.06 1:18.61		
	200m:	2:19.92 1:17.20	600m:	7:37.95 1:20.26	1000m:	12:53.09 1:18.69	1400m:	18:06.45 1:17.39		
	300m:	3:38.30 1:18.38	700m:	8:58.45 1:20.50	1100m:	14:11.33 1:18.24	1500m:	19:22.11 1:15.66		
	400m:	5:06.88 1:28.58	800m:	10:16.60 1:18.15	1200m:	15:30.45 1:19.12				
13.	NICHOLSON-JODOIN, Clementine		13	Pointe-Claire Swim Club					19:27.32	490
	100m:	1:10.52 1:10.52	500m:	6:20.86 1:19.92	900m:	11:37.98 1:19.61	1300m:	16:53.17 1:18.87		
	200m:	2:26.09 1:15.57	600m:	7:39.64 1:18.78	1000m:		1400m:	18:12.27 1:19.10		
	300m:	3:44.32 1:18.23	700m:	8:58.98 1:19.34	1100m:	14:14.16	1500m:	19:27.32 1:15.05		
	400m:	5:00.94 1:16.62	800m:	10:18.37 1:19.39	1200m:	15:34.30 1:20.14				
14.	DESJARDINS, Katelyn		13	Pointe-Claire Swim Club					19:41.53	472
	100m:	57.21 57.21	500m:	6:12.13 1:07.60	900m:	11:39.90 1:21.01	1300m:	17:02.03 1:20.59		
	200m:	2:13.65 1:16.44	600m:	7:34.58 1:22.45	1000m:	13:00.04 1:20.14	1400m:	18:22.80 1:20.77		
	300m:	3:46.46 1:32.81	700m:	8:58.08 1:23.50	1100m:	14:20.36 1:20.32	1500m:	19:41.53 1:18.73		
	400m:	5:04.53 1:18.07	800m:	10:18.89 1:20.81	1200m:	15:41.44 1:21.08				
15.	CORNEAU, Elyza		13	Cnq					19:42.62	471
	100m:	56.40 56.40	500m:	6:23.36 1:19.42	900m:	11:41.20 1:19.57	1300m:	17:04.53 1:21.25		
	200m:	2:28.41 1:32.01	600m:	7:42.51 1:19.15	1000m:	13:01.33 1:20.13	1400m:	18:25.10 1:20.57		
	300m:	3:46.04 1:17.63	700m:	9:02.08 1:19.57	1100m:	14:22.50 1:21.17	1500m:	19:42.62 1:17.52		
	400m:	5:03.94 1:17.90	800m:	10:21.63 1:19.55	1200m:	15:43.28 1:20.78				
16.	BOUFFARD, Jeanne		14	Club de Natation des Riverains					19:45.41	468
	100m:	58.57 58.57	500m:	6:26.87 1:46.04	900m:	11:45.42 1:20.22	1300m:	17:07.31 1:20.95		
	200m:	2:12.25 1:13.68	600m:	7:46.22 1:19.35	1000m:	13:05.57 1:20.15	1400m:	18:27.83 1:20.52		
	300m:	3:26.07 1:13.82	700m:	9:06.08 1:19.86	1100m:	14:25.54 1:19.97	1500m:	19:45.41 1:17.58		
	400m:	4:40.83 1:14.76	800m:	10:25.20 1:19.12	1200m:	15:46.36 1:20.82				
17.	BELISLE, Viviane		14	Cnq					19:50.80	461
	100m:	1:12.46 1:12.46	500m:	6:30.36 1:18.86	900m:	11:49.05 1:19.61	1300m:	17:11.33 1:21.02		
	200m:	2:31.91 1:19.45	600m:	7:50.02 1:19.66	1000m:	13:09.10 1:20.05	1400m:	18:31.99 1:20.66		
	300m:	3:51.54 1:19.63	700m:	9:09.59 1:19.57	1100m:	14:30.05 1:20.95	1500m:	19:50.80 1:18.81		
	400m:	5:11.50 1:19.96	800m:	10:29.44 1:19.85	1200m:	15:50.31 1:20.26				
18.	BLUMEL, Margaret		13	Pointe-Claire Swim Club					19:55.60	456
	100m:	1:16.28 1:16.28	500m:	6:36.70 1:19.93	900m:	11:57.32 1:19.03	1300m:	17:17.59 1:20.85		
	200m:	2:36.96 1:20.68	600m:	7:57.43 1:20.73	1000m:	13:16.50 1:19.18	1400m:	18:37.62 1:20.03		
	300m:	3:57.25 1:20.29	700m:	9:17.98 1:20.55	1100m:	14:36.74 1:20.24	1500m:	19:55.60 1:17.98		
	400m:	5:16.77 1:19.52	800m:	10:38.29 1:20.31	1200m:	15:56.74 1:20.00				
19.	CHEN, Michelle		13	Ddo					19:56.46	455
	100m:	1:11.32 1:11.32	500m:	6:29.64 1:20.45	900m:	11:53.09 1:20.44	1300m:	17:18.12 1:21.53		
	200m:	2:29.11 1:17.79	600m:	7:25.18 55.54	1000m:	13:13.68 1:20.59	1400m:	18:36.86 1:18.74		
	300m:	3:48.88 1:19.77	700m:	8:43.48 1:18.30	1100m:	14:35.00 1:21.32	1500m:	19:56.46 1:19.60		
	400m:	5:09.19 1:20.31	800m:	10:32.65 1:49.17	1200m:	15:56.59 1:21.59				
20.	LESSARD, Emilie		13	Natation Gatineau					20:14.66	435
	100m:	1:01.99 1:01.99	500m:	6:30.21 1:22.90	900m:	12:01.84 1:21.18	1300m:	17:31.28 1:23.47		
	200m:	2:22.98 1:20.99	600m:	7:53.74 1:23.53	1000m:	13:23.60 1:21.76	1400m:	18:54.44 1:23.16		
	300m:	3:44.76 1:21.78	700m:	9:17.45 1:23.71	1100m:	14:45.41 1:21.81	1500m:	20:14.66 1:20.22		
	400m:	5:07.31 1:22.55	800m:	10:40.66 1:23.21	1200m:	16:07.81 1:22.40				



Coupe du Québec junior et senior 2024
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Event 7, Girls, 1500m Freestyle, 13 - 14 years

Rank			Age					Time	Pts			
21.	NAULT, Laurence		13	Club Natation Bois Francs				20:15.26	434			
	100m:	1:14.87	1:14.87	500m:	6:33.84	1:22.73	900m:	12:01.26	1:22.08	1300m:	17:32.92	1:23.66
	200m:	2:35.44	1:20.57	600m:	7:55.62	1:21.78	1000m:	13:23.35	1:22.09	1400m:	18:55.08	1:22.16
	300m:	3:54.24	1:18.80	700m:	9:17.07	1:21.45	1100m:	14:46.18	1:22.83	1500m:	20:15.26	1:20.18
	400m:	5:11.11	1:16.87	800m:	10:39.18	1:22.11	1200m:	16:09.26	1:23.08			
22.	DION, Chloe		13	Ddo				20:19.70	429			
	100m:	1:02.34	1:02.34	500m:	6:31.70	1:22.93	900m:	12:03.44	1:21.93	1300m:	17:35.78	1:17.77
	200m:	2:23.97	1:21.63	600m:	7:55.50	1:23.80	1000m:	13:25.35	1:21.91	1400m:	18:55.52	1:19.74
	300m:	3:45.90	1:21.93	700m:	9:19.43	1:23.93	1100m:	14:48.66	1:23.31	1500m:	20:19.70	1:24.18
	400m:	5:08.77	1:22.87	800m:	10:41.51	1:22.08	1200m:	16:18.01	1:29.35			
23.	TANGUAY, Lily-Rose		13	Club de Natation des Riverains				20:23.48	425			
	100m:	1:12.65	1:12.65	500m:	6:41.13	1:23.47	900m:	12:13.22	1:22.57	1300m:	17:44.54	1:23.85
	200m:	2:34.03	1:21.38	600m:	8:04.18	1:23.05	1000m:	13:35.12	1:21.90	1400m:	19:06.54	1:22.00
	300m:	3:55.57	1:21.54	700m:	9:27.65	1:23.47	1100m:	14:57.56	1:22.44	1500m:	20:23.48	1:16.94
	400m:	5:17.66	1:22.09	800m:	10:50.65	1:23.00	1200m:	16:20.69	1:23.13			
24.	HARVEY, Lea		14	Cnq				20:43.49	405			
	100m:	1:12.39	1:12.39	500m:	6:39.31	1:22.90	900m:	12:14.26	1:24.19	1300m:	17:55.84	1:25.01
	200m:	2:32.96	1:20.57	600m:	8:02.28	1:22.97	1000m:	13:39.75	1:25.49	1400m:	19:20.09	1:24.25
	300m:	3:54.39	1:21.43	700m:	9:26.34	1:24.06	1100m:	15:05.29	1:25.54	1500m:	20:43.49	1:23.40
	400m:	5:16.41	1:22.02	800m:	10:50.07	1:23.73	1200m:	16:30.83	1:25.54			

15 - 16 years

1.	PIATERA MERCIER, Delphine		15	Sher				17:27.43	678			
	100m:	1:04.84	1:04.84	500m:	5:45.58	1:10.36	900m:	10:26.40	1:10.67	1300m:	15:09.17	1:10.41
	200m:	2:15.22	1:10.38	600m:	6:55.13	1:09.55	1000m:	11:37.20	1:10.80	1400m:	16:19.20	1:10.03
	300m:	3:25.40	1:10.18	700m:	8:05.34	1:10.21	1100m:	12:47.70	1:10.50	1500m:	17:27.43	1:08.23
	400m:	4:35.22	1:09.82	800m:	9:15.73	1:10.39	1200m:	13:58.76	1:11.06			
2.	TURCOTTE, Juliette		16	Cnq				18:21.36	583			
	100m:	1:07.28	1:07.28	500m:	6:00.09	1:13.75	900m:	10:56.48	1:14.23	1300m:	15:53.43	1:14.19
	200m:	2:19.41	1:12.13	600m:	7:13.95	1:13.86	1000m:	12:10.84	1:14.36	1400m:	17:07.99	1:14.56
	300m:	3:32.81	1:13.40	700m:	8:27.98	1:14.03	1100m:	13:24.87	1:14.03	1500m:	18:21.36	1:13.37
	400m:	4:46.34	1:13.53	800m:	9:42.25	1:14.27	1200m:	14:39.24	1:14.37			
3.	RASHOTTE-GARCIA, Paige		15	Pointe-Claire Swim Club				18:21.47	583			
	100m:	1:09.44	1:09.44	500m:	6:04.56	1:13.79	900m:	10:57.87	1:13.44	1300m:	15:54.66	1:14.21
	200m:	2:23.16	1:13.72	600m:	7:17.83	1:13.27	1000m:	12:11.52	1:13.65	1400m:	17:08.78	1:14.12
	300m:	3:36.81	1:13.65	700m:	8:31.28	1:13.45	1100m:	13:25.94	1:14.42	1500m:	18:21.47	1:12.69
	400m:	4:50.77	1:13.96	800m:	9:44.43	1:13.15	1200m:	14:40.45	1:14.51			
4.	GUY, Roxane		16	Cnq				18:25.78	576			
	100m:	1:10.41	1:10.41	500m:	6:10.67	1:15.25	900m:	11:07.35	1:13.79	1300m:	16:02.58	1:15.73
	200m:	2:25.62	1:15.21	600m:	7:25.13	1:14.46	1000m:	12:20.99	1:13.64	1400m:	17:13.28	1:10.70
	300m:	3:24.77	59.15	700m:	8:39.49	1:14.36	1100m:	13:33.99	1:13.00	1500m:	18:25.78	1:12.50
	400m:	4:55.42	1:30.65	800m:	9:53.56	1:14.07	1200m:	14:46.85	1:12.86			
5.	BOYER, Mariane		15	Natation Gatineau				18:29.20	571			
	100m:	1:08.67	1:08.67	500m:	6:07.59	1:15.00	900m:	11:06.05	1:14.69	1300m:	16:03.20	1:14.21
	200m:	2:22.76	1:14.09	600m:	7:22.21	1:14.62	1000m:	11:48.72	42.67	1400m:	17:16.95	1:13.75
	300m:	3:37.91	1:15.15	700m:	8:37.30	1:15.09	1100m:	13:34.28	1:45.56	1500m:	18:29.20	1:12.25
	400m:	4:52.59	1:14.68	800m:	9:51.36	1:14.06	1200m:	14:48.99	1:14.71			
6.	KITAY, Lara		15	Natation Gatineau				18:38.74	557			
	100m:	1:07.53	1:07.53	500m:	6:30.44	1:40.45	900m:			1300m:	15:45.96	
	200m:	2:20.86	1:13.33	600m:	7:20.00	49.56	1000m:			1400m:	17:27.46	1:41.50
	300m:	3:35.23	1:14.37	700m:	9:08.29	1:48.29	1100m:	14:25.30		1500m:	18:38.74	1:11.28
	400m:	4:49.99	1:14.76	800m:			1200m:					



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Event 7, Girls, 1500m Freestyle, 15 - 16 years

Rank			Age			Time	Pts	
7.	SHINK, Laurie		15	Cnq		18:42.35	551	
	100m:	1:09.26 1:09.26	500m:	6:09.83 1:14.79	900m:	11:10.41 1:15.48	1300m:	16:14.03 1:15.96
	200m:	2:24.76 1:15.50	600m:	7:24.75 1:14.92	1000m:	12:26.85 1:16.44	1400m:	17:29.85 1:15.82
	300m:	3:26.72 1:01.96	700m:	8:39.63 1:14.88	1100m:	13:42.36 1:15.51	1500m:	18:42.35 1:12.50
	400m:	4:55.04 1:28.32	800m:	9:54.93 1:15.30	1200m:	14:58.07 1:15.71		
8.	MALENFANT, Viviane		16	Cnq		18:49.24	541	
	100m:	1:10.93 1:10.93	500m:	6:10.45 1:15.07	900m:	11:14.15 1:15.63	1300m:	16:18.66 1:16.25
	200m:	2:25.78 1:14.85	600m:	7:26.25 1:15.80	1000m:	12:30.12 1:15.97	1400m:	17:35.56 1:16.90
	300m:	3:40.21 1:14.43	700m:	8:41.90 1:15.65	1100m:	13:45.77 1:15.65	1500m:	18:49.24 1:13.68
	400m:	4:55.38 1:15.17	800m:	9:58.52 1:16.62	1200m:	15:02.41 1:16.64		
9.	IONCE, Marie-Anne		16	Elite		18:55.62	532	
	100m:	1:10.40 1:10.40	500m:	6:07.29 1:14.98	900m:	11:13.11 1:17.38	1300m:	15:54.85 50.68
	200m:	2:24.35 1:13.95	600m:	7:22.94 1:15.65	1000m:	11:54.03 40.92	1400m:	17:38.94 1:44.09
	300m:	3:38.08 1:13.73	700m:	8:39.01 1:16.07	1100m:	13:46.95 1:52.92	1500m:	18:55.62 1:16.68
	400m:	4:52.31 1:14.23	800m:	9:55.73 1:16.72	1200m:	15:04.17 1:17.22		
10.	LELIEVRE, Karelle		16	Club de Natation SAMAK de Bros		19:00.29	526	
	100m:	56.67 56.67	500m:	6:11.23 1:15.98	900m:	11:18.35 1:17.53	1300m:	16:28.00 1:18.25
	200m:	2:24.97 1:28.30	600m:	7:27.44 1:16.21	1000m:	12:35.00 1:16.65	1400m:	17:16.86 48.86
	300m:	3:25.10 1:00.13	700m:	8:44.75 1:17.31	1100m:	13:52.56 1:17.56	1500m:	19:00.29 1:43.43
	400m:	4:55.25 1:30.15	800m:	10:00.82 1:16.07	1200m:	15:09.75 1:17.19		
11.	SMITH-THERIAULT, Alexa		16	Pointe-Claire Swim Club		19:02.19	523	
	100m:	1:07.45 1:07.45	500m:	6:06.91 1:16.00	900m:	11:16.37 1:19.01	1300m:	16:30.43 1:17.69
	200m:	2:21.08 1:13.63	600m:	7:23.51 1:16.60	1000m:	12:35.32 1:18.95	1400m:	17:47.94 1:17.51
	300m:	3:35.59 1:14.51	700m:	8:40.23 1:16.72	1100m:	13:54.31 1:18.99	1500m:	19:02.19 1:14.25
	400m:	4:50.91 1:15.32	800m:	9:57.36 1:17.13	1200m:	15:12.74 1:18.43		
12.	JUTRAS, Annalie		15	Club de Natation des Riverains		19:04.93	519	
	100m:	1:02.39 1:02.39	500m:	6:11.79 1:17.00	900m:	11:20.99 1:17.35	1300m:	16:32.51 1:18.05
	200m:	2:18.71 1:16.32	600m:	7:28.84 1:17.05	1000m:	12:38.23 1:17.24	1400m:	17:50.00 1:17.49
	300m:	3:36.29 1:17.58	700m:	8:46.19 1:17.35	1100m:	13:56.85 1:18.62	1500m:	19:04.93 1:14.93
	400m:	4:54.79 1:18.50	800m:	10:03.64 1:17.45	1200m:	15:14.46 1:17.61		
13.	PRICE, Loriane		15	Club de Natation SAMAK de Bros		19:06.15	517	
	100m:	1:09.11 1:09.11	500m:	6:11.77 1:16.46	900m:	11:21.44 1:18.18	1300m:	16:33.72 1:17.77
	200m:	2:23.71 1:14.60	600m:	7:28.63 1:16.86	1000m:	12:39.56 1:18.12	1400m:	17:51.58 1:17.86
	300m:	3:39.06 1:15.35	700m:	8:45.59 1:16.96	1100m:	13:57.83 1:18.27	1500m:	19:06.15 1:14.57
	400m:	4:55.31 1:16.25	800m:	10:03.26 1:17.67	1200m:	15:15.95 1:18.12		
14.	TALBOT, Alice		15	Sher		19:15.46	505	
	100m:	1:11.03 1:11.03	500m:	6:19.44 1:17.53	900m:	11:31.08 1:17.90	1300m:	16:41.80 1:17.81
	200m:	2:27.17 1:16.14	600m:	7:37.12 1:17.68	1000m:	12:48.93 1:17.85	1400m:	17:59.79 1:17.99
	300m:	3:43.96 1:16.79	700m:	8:54.86 1:17.74	1100m:	14:06.67 1:17.74	1500m:	19:15.46 1:15.67
	400m:	5:01.91 1:17.95	800m:	10:13.18 1:18.32	1200m:	15:23.99 1:17.32		
15.	JOHNSON, Nicola		15	Ddo		19:19.02	500	
	100m:	1:02.15 1:02.15	500m:	6:11.37 1:17.74	900m:	11:31.39 1:17.88	1300m:	16:33.72 1:07.04
	200m:	2:19.21 1:17.06	600m:	7:38.23 1:26.86	1000m:	12:40.16 1:08.77	1400m:	18:02.78 1:29.06
	300m:	3:36.28 1:17.07	700m:	8:56.19 1:17.96	1100m:	14:07.88 1:27.72	1500m:	19:19.02 1:16.24
	400m:	4:53.63 1:17.35	800m:	10:13.51 1:17.32	1200m:	15:26.68 1:18.80		
16.	BROOKS, Lyssa		16	C,A, Regional De L'. Abit-Tem		19:20.09	499	
	100m:	1:11.30 1:11.30	500m:	6:21.19 1:18.26	900m:	11:31.91 1:17.62	1300m:	16:08.91 41.64
	200m:	2:28.02 1:16.72	600m:	7:38.61 1:17.42	1000m:	12:50.52 1:18.61	1400m:	18:04.66 1:55.75
	300m:	3:45.39 1:17.37	700m:	8:56.53 1:17.92	1100m:	14:08.53 1:18.01	1500m:	19:20.09 1:15.43
	400m:	5:02.93 1:17.54	800m:	10:14.29 1:17.76	1200m:	15:27.27 1:18.74		



Coupe du Québec junior et senior 2024
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Event 7, Girls, 1500m Freestyle, 15 - 16 years

Rank			Age					Time	Pts			
17.	DUMAS, Annabelle		15	Club de Natation des Riverains				19:22.59	496			
	100m:	56.45	56.45	500m:	6:20.24	1:18.33	900m:	11:33.45	1:17.42	1300m:	16:48.02	1:19.06
	200m:	2:27.31	1:30.86	600m:	7:38.95	1:18.71	1000m:	12:24.02	50.57	1400m:	18:06.49	1:18.47
	300m:	3:26.28	58.97	700m:	8:57.79	1:18.84	1100m:	14:10.12	1:46.10	1500m:	19:22.59	1:16.10
	400m:	5:01.91	1:35.63	800m:	10:16.03	1:18.24	1200m:	15:28.96	1:18.84			
18.	ORTEGA-LEMAY, Alyssa		16	Neptune Natation				19:34.19	481			
	100m:	1:09.67	1:09.67	500m:	6:19.25	1:18.13	900m:	11:34.32	1:17.57	1300m:	16:57.38	1:19.99
	200m:	2:25.61	1:15.94	600m:	7:38.23	1:18.98	1000m:	12:51.63	1:17.31	1400m:	18:02.88	1:05.50
	300m:	3:42.90	1:17.29	700m:	8:57.46	1:19.23	1100m:	14:17.20	1:25.57	1500m:	19:34.19	1:31.31
	400m:	5:01.12	1:18.22	800m:	10:16.75	1:19.29	1200m:	15:37.39	1:20.19			
19.	MCDONALD, Avery		15	Ddo				19:57.50	454			
	100m:	1:15.25	1:15.25	500m:	6:35.40	1:19.93	900m:	11:57.75	1:21.23	1300m:	17:22.39	1:20.29
	200m:	2:19.13	1:03.88	600m:	7:55.29	1:19.89	1000m:	13:18.96	1:21.21	1400m:	18:41.58	1:19.19
	300m:	3:55.22	1:36.09	700m:	9:15.73	1:20.44	1100m:	14:40.68	1:21.72	1500m:	19:57.50	1:15.92
	400m:	5:15.47	1:20.25	800m:	10:36.52	1:20.79	1200m:	16:02.10	1:21.42			
20.	BRUCHIG, Larissa		16	Club de Natation Mont-Tremblant				20:03.31	447			
	100m:	1:07.61	1:07.61	500m:	6:18.17	1:18.80	900m:	11:47.52	1:22.00	1300m:	17:09.24	1:21.11
	200m:	2:22.80	1:15.19	600m:	7:41.84	1:23.67	1000m:	13:07.11	1:19.59	1400m:	18:30.42	1:21.18
	300m:	3:40.53	1:17.73	700m:	9:03.57	1:21.73	1100m:	14:37.36	1:30.25	1500m:	20:03.31	1:32.89
	400m:	4:59.37	1:18.84	800m:	10:25.52	1:21.95	1200m:	15:48.13	1:10.77			
21.	LE CLAIR, Okyana		15	Pointe-Claire Swim Club				20:18.46	431			
	100m:	1:11.71	1:11.71	500m:	6:21.06	1:17.80	900m:	11:46.73	1:20.84	1300m:	17:26.53	1:26.05
	200m:	2:27.99	1:16.28	600m:	7:38.15	1:17.09	1000m:	13:10.01	1:23.28	1400m:	18:53.20	1:26.67
	300m:	3:45.18	1:17.19	700m:	9:03.00	1:24.85	1100m:	14:34.34	1:24.33	1500m:	20:18.46	1:25.26
	400m:	5:03.26	1:18.08	800m:	10:25.89	1:22.89	1200m:	16:00.48	1:26.14			
17 years and older												
1.	BESNER, Kaitlyn		18	Pointe-Claire Swim Club				17:53.56	630			
	100m:	1:05.85	1:05.85	500m:	5:49.80	1:11.32	900m:	10:37.87	1:12.67	1300m:	15:29.37	1:13.29
	200m:	2:16.65	1:10.80	600m:	7:01.41	1:11.61	1000m:	11:50.61	1:12.74	1400m:	16:42.77	1:13.40
	300m:	3:27.35	1:10.70	700m:	8:13.34	1:11.93	1100m:	13:03.56	1:12.95	1500m:	17:53.56	1:10.79
	400m:	4:38.48	1:11.13	800m:	9:25.20	1:11.86	1200m:	14:16.08	1:12.52			
2.	PHAM-SPICKLER, Alexia		20	Camo				18:07.95	605			
	100m:	1:05.86	1:05.86	500m:	5:53.30	1:13.02	900m:	10:46.09	1:13.35	1300m:	15:40.93	1:13.72
	200m:	2:16.55	1:10.69	600m:	7:06.33	1:13.03	1000m:	11:59.82	1:13.73	1400m:	16:42.77	1:13.40
	300m:	3:28.08	1:11.53	700m:	8:19.35	1:13.02	1100m:	13:13.56	1:13.74	1500m:	18:07.95	
	400m:	4:40.28	1:12.20	800m:	9:32.74	1:13.39	1200m:	14:27.21	1:13.65			
3.	BELLEMARE, Maxim		17	Natation Gatineau				18:08.94	603			
	100m:	1:07.82	1:07.82	500m:	6:01.46	1:13.50	900m:	10:54.51	1:13.13	1300m:	15:46.67	1:13.07
	200m:	2:20.98	1:13.16	600m:	7:14.38	1:12.92	1000m:	12:07.82	1:13.31	1400m:	16:58.88	1:12.21
	300m:	3:34.52	1:13.54	700m:	8:27.72	1:13.34	1100m:	13:20.51	1:12.69	1500m:	18:08.94	1:10.06
	400m:	4:47.96	1:13.44	800m:	9:41.38	1:13.66	1200m:	14:33.60	1:13.09			
4.	MICHAUD, Elisabeth		18	Club de natation Saint-Laurent				18:15.33	593			
	100m:	1:09.21	1:09.21	500m:	6:01.74	1:13.42	900m:	10:23.08	42.64	1300m:	15:48.90	1:14.41
	200m:	2:21.89	1:12.68	600m:	7:14.70	1:12.96	1000m:	11:41.15	1:18.07	1400m:	17:03.03	1:14.13
	300m:	3:35.08	1:13.19	700m:	8:27.51	1:12.81	1100m:	13:20.93	1:39.78	1500m:	18:15.33	1:12.30
	400m:	4:48.32	1:13.24	800m:	9:40.44	1:12.93	1200m:	14:34.49	1:13.56			
5.	SHINK, Ariane		17	Cnq				18:18.24	588			
	100m:	1:07.85	1:07.85	500m:	5:59.96	1:13.59	900m:	10:56.16	1:14.02	1300m:	15:52.46	1:13.98
	200m:	2:20.25	1:12.40	600m:	7:13.91	1:13.95	1000m:	12:10.64	1:14.48	1400m:	17:06.00	1:13.54
	300m:	3:33.27	1:13.02	700m:	8:28.00	1:14.09	1100m:	13:24.37	1:13.73	1500m:	18:18.24	1:12.24
	400m:	4:46.37	1:13.10	800m:	9:42.14	1:14.14	1200m:	14:38.48	1:14.11			



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2024



Event 7, Women, 1500m Freestyle, 17 years and older

Rank			Age					Time	Pts			
6.	MARQUIS, Jade		19	Club de Natation SAMAK de Bros				18:25.96	576			
	100m:	1:07.20	1:07.20	500m:	6:01.47	1:14.68	900m:	10:59.03	1:14.17	1300m:	15:57.35	1:14.77
	200m:	2:19.40	1:12.20	600m:	7:15.78	1:14.31	1000m:	12:13.66	1:14.63	1400m:	17:11.87	1:14.52
	300m:	3:32.71	1:13.31	700m:	8:30.30	1:14.52	1100m:	13:28.04	1:14.38	1500m:	18:25.96	1:14.09
	400m:	4:46.79	1:14.08	800m:	9:44.86	1:14.56	1200m:	14:42.58	1:14.54			
7.	DROUIN, Laurie		17	club aquatique st-eustache				18:31.38	568			
	100m:	1:08.86	1:08.86	500m:	6:08.28	1:15.05	900m:	11:04.79	1:14.21	1300m:	16:04.58	1:15.36
	200m:	2:23.40	1:14.54	600m:	7:22.94	1:14.66	1000m:	12:19.23	1:14.44	1400m:	17:19.59	1:15.01
	300m:	3:38.44	1:15.04	700m:	8:37.09	1:14.15	1100m:	13:34.23	1:15.00	1500m:	18:31.38	1:11.79
	400m:	4:53.23	1:14.79	800m:	9:50.58	1:13.49	1200m:	14:49.22	1:14.99			
8.	PARE-LEVESQUE, Laurie		17	Neptune Natation				18:43.43	550			
	100m:	1:08.88	1:08.88	500m:	6:05.78	1:14.32	900m:	11:06.31	1:14.93	1300m:	16:12.07	1:16.85
	200m:	2:22.64	1:13.76	600m:	7:20.61	1:14.83	1000m:	12:22.48	1:16.17	1400m:	17:28.09	1:16.02
	300m:	3:36.88	1:14.24	700m:	8:35.92	1:15.31	1100m:	13:38.66	1:16.18	1500m:	18:43.43	1:15.34
	400m:	4:51.46	1:14.58	800m:	9:51.38	1:15.46	1200m:	14:55.22	1:16.56			
9.	MARCON, Isabella		17	Ddo				18:46.37	545			
	100m:	1:09.00	1:09.00	500m:	6:05.11	1:14.31	900m:	11:05.64	1:15.95	1300m:	16:12.57	1:17.25
	200m:	2:22.73	1:13.73	600m:	7:19.63	1:14.52	1000m:	12:21.67	1:16.03	1400m:	17:30.26	1:17.69
	300m:	3:36.70	1:13.97	700m:	8:34.53	1:14.90	1100m:	13:38.32	1:16.65	1500m:	18:46.37	1:16.11
	400m:	4:50.80	1:14.10	800m:	9:49.69	1:15.16	1200m:	14:55.32	1:17.00			
10.	PONTON, Emma		17	Ddo				19:01.52	524			
	100m:	1:08.40	1:08.40	500m:	6:09.42	1:16.16	900m:	11:17.25	1:17.28	1300m:	16:27.12	1:17.56
	200m:	2:22.81	1:14.41	600m:	7:26.06	1:16.64	1000m:	12:34.82	1:17.57	1400m:	17:44.51	1:17.39
	300m:	3:37.95	1:15.14	700m:	8:42.92	1:16.86	1100m:	13:52.31	1:17.49	1500m:	19:01.52	1:17.01
	400m:	4:53.26	1:15.31	800m:	9:59.97	1:17.05	1200m:	15:09.56	1:17.25			
11.	SIAH, Kenza		18	Camo				19:09.93	512			
	100m:	1:11.38	1:11.38	500m:	6:16.04		900m:	11:22.42	1:16.92	1300m:	16:36.85	1:19.51
	200m:	2:27.09	1:15.71	600m:	7:32.60	1:16.56	1000m:	12:39.90	1:17.48	1400m:	17:54.64	1:17.79
	300m:	4:59.38	2:32.29	700m:	8:48.84	1:16.24	1100m:	13:58.75	1:18.85	1500m:	19:09.93	1:15.29
	400m:			800m:	10:05.50	1:16.66	1200m:	15:17.34	1:18.59			
12.	GIRARDIN, Naomie		17	Rouge et Or/Universite Laval				19:29.42	487			
	100m:	1:12.84	1:12.84	500m:	6:24.99	1:18.30	900m:	11:38.80	1:18.65	1300m:	16:54.89	1:19.57
	200m:	2:30.48	1:17.64	600m:	7:43.10	1:18.11	1000m:	12:57.57	1:18.77	1400m:	18:13.16	1:18.27
	300m:	3:25.78	55.30	700m:	9:01.56	1:18.46	1100m:	14:16.39	1:18.82	1500m:	19:29.42	1:16.26
	400m:	5:06.69	1:40.91	800m:	10:20.15	1:18.59	1200m:	15:35.32	1:18.93			
13.	CHALIFOUR, Mathilde		18	Rouge et Or/Universite Laval				19:48.82	464			
	100m:	1:11.69	1:11.69	500m:	6:25.32	1:19.87	900m:	11:42.77	1:17.74	1300m:	16:56.75	1:18.44
	200m:	2:28.68	1:16.99	600m:	7:45.21	1:19.89	1000m:	13:01.34	1:18.57	1400m:	18:30.16	1:33.41
	300m:	3:46.52	1:17.84	700m:	9:05.84	1:20.63	1100m:	14:19.99	1:18.65	1500m:	19:48.82	1:18.66
	400m:	5:05.45	1:18.93	800m:	10:25.03	1:19.19	1200m:	15:38.31	1:18.32			
DNS	BEASSE, Blanche		19	Camo								
DNS	DURAN, Christina		18	Camo								
WDR	HART, Lydia		17	Pointe-Claire Swim Club								
WDR	MICHAUD, Maelie		17	Pointe-Claire Swim Club								
WDR	WILLAR, Megan		19	Pointe-Claire Swim Club								