



Coupe du Québec junior et senior 2024  
Montréal, 15 - 18/2/2024



Epreuve 18

Messieurs, 400m 4 nages

Cat. générale

2/16/2024 - 20:12

Liste résultats Finales

Canadian Senior Records	4:11.41	JOHNS, Brian	UBCDS	Beijing (CHN)	8/9/2008
Canadian Age Group Records 15 - 17	4:12.81	WIGGINTON, Lorne	UCSC	Netanya (ISR)	9/8/2023
Canadian Age Group Records 13 - 14	4:31.72	KIM, Laon	HYACK	Toronto	4/1/2023
Canadian Age Group Records 11 - 12	4:57.84	WALKER, Connor	MAC	Etobicoke	4/26/2013
Quebec Provincial Senior Records	4:18.90	BROWN, Eric	PCSC	Greensboro (USA)	12/1/2023
Quebec Provincial Age Group Records 15 -4:26.99		PAQUIN-FOISY, Etienne	ELITE	Toronto	4/2/2015
Quebec Provincial Age Group Records 13 -4:43.08		CRUZ ZUNIGA, Guillermo	ELITE	Winnipeg	7/24/2014
Quebec Provincial Age Group Records - 125:00.53		CRUZ ZUNIGA, Guillermo	ELITE	Dollard-Des-Ormeaux	5/19/2013

CQjr/sr - 11: 6:28.66; 12: 5:59.71; 13: 5:39.22; 14: 5:22.94; 15: 5:10.40; 16: 5:05.85; 17: 4:59.86; 18 +: 4:56.89

Points: FINA 2023

Rang					Age					Temps	Pts	
<b>13 ans et moins</b>												
1.	<b>LEBEL, Théo</b>				13	Neptune Natation				<b>5:09.66</b>	488	
	50m:	31.51	31.51	150m:	1:49.17	40.24	250m:	3:13.61	46.06	350m:	4:34.81	35.90
	100m:	1:08.93	37.42	200m:	2:27.55	38.38	300m:	3:58.91	45.30	400m:	5:09.66	34.85
2.	<b>COOK, Ronan</b>				13	Ddo				<b>5:16.70</b>	456	
	50m:	34.29	34.29	150m:	1:57.89	44.28	250m:	3:23.60	42.94	350m:	4:43.24	35.20
	100m:	1:13.61	39.32	200m:	2:40.66	42.77	300m:	4:08.04	44.44	400m:	5:16.70	33.46
3.	<b>FAKIH, Mohamad</b>				13	Cdndg				<b>5:20.35</b>	441	
	50m:	33.37	33.37	150m:	1:54.42	43.04	250m:	3:21.30	45.28	350m:	4:44.11	37.17
	100m:	1:11.38	38.01	200m:	2:36.02	41.60	300m:	4:06.94	45.64	400m:	5:20.35	36.24
4.	<b>COOPER, William</b>				13	Ddo				<b>5:25.11</b>	421	
	50m:	34.44	34.44	150m:	1:55.88	43.33	250m:	3:24.47	47.23	350m:	4:49.82	36.89
	100m:	1:12.55	38.11	200m:	2:37.24	41.36	300m:	4:12.93	48.46	400m:	5:25.11	35.29
5.	<b>MENARD, Elliot</b>				13	Pointe-Claire Swim Club				<b>5:25.67</b>	419	
	50m:	35.41	35.41	150m:	2:03.10	45.54	250m:	3:31.20	45.17	350m:	4:52.10	36.10
	100m:	1:17.56	42.15	200m:	2:46.03	42.93	300m:	4:16.00	44.80	400m:	5:25.67	33.57
6.	<b>CHEN, Michael</b>				13	Ddo				<b>5:29.72</b>	404	
	50m:	33.65	33.65	150m:	1:54.99	43.43	250m:	3:25.54	48.89	350m:	4:52.44	37.99
	100m:	1:11.56	37.91	200m:	2:36.65	41.66	300m:	4:14.45	48.91	400m:	5:29.72	37.28
7.	<b>WONG, Mahilo</b>				13	Ddo				<b>5:31.98</b>	396	
	50m:	33.70	33.70	150m:	1:57.26	44.46	250m:	3:29.16	49.48	350m:	4:55.46	37.20
	100m:	1:12.80	39.10	200m:	2:39.68	42.42	300m:	4:18.26	49.10	400m:	5:31.98	36.52
8.	<b>GRIFFITHS, Caleb</b>				13	Fredericton Aquanaut Swim Team				<b>5:32.21</b>	395	
	50m:	35.34	35.34	150m:	2:05.30	45.86	250m:	3:33.98	42.38	350m:	4:55.63	38.38
	100m:	1:19.44	44.10	200m:	2:51.60	46.30	300m:	4:17.25	43.27	400m:	5:32.21	36.58
9.	<b>CHAISSON, Xander</b>				13	Fredericton Aquanaut Swim Team				<b>5:37.74</b>	376	
	50m:	32.29	32.29	150m:	1:59.77	45.91	250m:	3:31.83	47.29	350m:	4:59.12	38.86
	100m:	1:13.86	41.57	200m:	2:44.54	44.77	300m:	4:20.26	48.43	400m:	5:37.74	38.62
10.	<b>O'CONNELL, Tyler</b>				12	Pointe-Claire Swim Club				<b>5:40.13</b>	368	
	50m:	36.38	36.38	150m:	2:01.90	43.05	250m:	3:33.59	49.86	350m:	5:03.49	38.81
	100m:	1:18.85	42.47	200m:	2:43.73	41.83	300m:	4:24.68	51.09	400m:	5:40.13	36.64
forf.nd.	<b>THIFAUULT, Charles</b>				13	Elite						



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Epreuve 18, Messieurs, 400m 4 nages, Finale

14 - 15 ans

1.	TANGANELLI, Joao Gabriel	15	Neptune Natation	<b>4:49.47</b>	597
	50m: 29.96 29.96	150m: 1:43.35 38.54	250m: 3:02.69 42.44	350m: 4:18.95 34.35	
	100m: 1:04.81 34.85	200m: 2:20.25 36.90	300m: 3:44.60 41.91	400m: 4:49.47 30.52	
2.	ROUKEMA, Ivan	14	Club de Natation SAMAK de Bros	<b>4:49.59</b>	596
	50m: 29.54 29.54	150m: 1:40.74 37.73	250m: 3:01.12 43.25	350m: 4:18.27 33.81	
	100m: 1:03.01 33.47	200m: 2:17.87 37.13	300m: 3:44.46 43.34	400m: 4:49.59 31.32	
3.	LIU, Jerry	14	Pointe-Claire Swim Club	<b>4:55.84</b>	559
	50m: 30.21 30.21	150m: 1:45.10 40.24	250m: 3:06.12 42.39	350m: 4:23.42 34.10	
	100m: 1:04.86 34.65	200m: 2:23.73 38.63	300m: 3:49.32 43.20	400m: 4:55.84 32.42	
4.	MECTEAU, Zachary	15	Club de Natation des Riverains	<b>4:56.30</b>	557
	50m: 29.33 29.33	150m: 1:44.83 40.19	250m: 3:07.79 43.50	350m: 4:25.46 34.25	
	100m: 1:04.64 35.31	200m: 2:24.29 39.46	300m: 3:51.21 43.42	400m: 4:56.30 30.84	
5.	CHEUNG, Adrian	14	Pointe-Claire Swim Club	<b>4:56.33</b>	557
	50m: 29.58 29.58	150m: 1:43.66 40.08	250m: 3:07.01 44.47	350m: 4:25.00 33.21	
	100m: 1:03.58 34.00	200m: 2:22.54 38.88	300m: 3:51.79 44.78	400m: 4:56.33 31.33	
6.	CLEARY, Evan	14	Ddo	<b>4:57.76</b>	549
	50m: 31.09 31.09	150m: 1:46.44 40.47	250m: 3:09.24 44.10	350m: 4:26.15 32.59	
	100m: 1:05.97 34.88	200m: 2:25.14 38.70	300m: 3:53.56 44.32	400m: 4:57.76 31.61	
7.	BIROLLEAU-SGARD, Charly	14	Natation Gatineau	<b>4:57.82</b>	548
	50m: 30.86 30.86	150m: 1:45.60 38.10	250m: 3:06.20 42.22	350m: 4:24.80 34.13	
	100m: 1:07.50 36.64	200m: 2:23.98 38.38	300m: 3:50.67 44.47	400m: 4:57.82 33.02	
8.	CABANA, Clement	15	Club de Natation SAMAK de Bros	<b>5:01.17</b>	530
	50m: 30.46 30.46	150m: 1:43.77 38.52	250m: 3:07.95 47.10	350m: 4:27.79 34.55	
	100m: 1:05.25 34.79	200m: 2:20.85 37.08	300m: 3:53.24 45.29	400m: 5:01.17 33.38	
9.	NAULT, Xavier	14	Club Natation Bois Francs	<b>5:08.64</b>	493
	50m: 30.42 30.42	150m: 1:47.79 40.97	250m: 3:13.82 45.83	350m: 4:35.16 35.66	
	100m: 1:06.82 36.40	200m: 2:27.99 40.20	300m: 3:59.50 45.68	400m: 5:08.64 33.48	
10.	LI YING PIN, Aidan	14	Club de Natation SAMAK de Bros	<b>5:09.26</b>	490
	50m: 31.02 31.02	150m: 1:50.03 42.48	250m: 3:13.19 42.27	350m: 4:33.87 36.88	
	100m: 1:07.55 36.53	200m: 2:30.92 40.89	300m: 3:56.99 43.80	400m: 5:09.26 35.39	

16 - 17 ans

1.	LEE, Brian Soo Han	16	Camo	<b>4:39.41</b>	664
	50m: 28.22 28.22	150m: 1:38.13 37.50	250m: 2:56.31 41.56	350m: 4:09.45 31.94	
	100m: 1:00.63 32.41	200m: 2:14.75 36.62	300m: 3:37.51 41.20	400m: 4:39.41 29.96	
2.	RUSU, Eduard-Daniel	17	Camo	<b>4:39.43</b>	664
	50m: 28.74 28.74	150m: 1:39.41 37.54	250m: 2:56.09 40.03	350m: 4:09.64 32.39	
	100m: 1:01.87 33.13	200m: 2:16.06 36.65	300m: 3:37.25 41.16	400m: 4:39.43 29.79	
3.	ISSAKOV, Eitan	16	Neptune Natation	<b>4:43.84</b>	634
	50m: 29.14 29.14	150m: 1:40.85 37.41	250m: 2:59.04 42.40	350m: 4:13.25 32.56	
	100m: 1:03.44 34.30	200m: 2:16.64 35.79	300m: 3:40.69 41.65	400m: 4:43.84 30.59	
4.	CAYER, Eliot	16	Club de Natation des Riverains	<b>4:45.51</b>	622
	50m: 29.43 29.43	150m: 1:40.70 37.08	250m: 2:58.18 41.38	350m: 4:13.83 33.52	
	100m: 1:03.62 34.19	200m: 2:16.80 36.10	300m: 3:40.31 42.13	400m: 4:45.51 31.68	
5.	PURDY, Nicholas	17	Natation Gatineau	<b>4:50.48</b>	591
	50m: 30.61 30.61	150m: 1:45.45 39.32	250m: 3:03.81 40.56	350m: 4:18.39 33.47	
	100m: 1:06.13 35.52	200m: 2:23.25 37.80	300m: 3:44.92 41.11	400m: 4:50.48 32.09	



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Epreuve 18, Garçons, 400m 4 nages, Finale, 16 - 17 ans

Rang				Age						Temps	Pts	
6.	CASTONGUAY, Clovis			16	Elite					<b>4:51.59</b>	584	
	50m:	29.80	29.80	150m:	1:43.10	38.39	250m:	3:00.95	40.98	350m:	4:17.54	35.28
	100m:	1:04.71	34.91	200m:	2:19.97	36.87	300m:	3:42.26	41.31	400m:	4:51.59	34.05
7.	DUGUAY, Daniel			16	Fredericton Aquanaut Swim Team					<b>4:53.51</b>	573	
	50m:	29.03	29.03	150m:	1:41.30	37.61	250m:	3:04.33	44.95	350m:	4:22.28	33.28
	100m:	1:03.69	34.66	200m:	2:19.38	38.08	300m:	3:49.00	44.67	400m:	4:53.51	31.23
8.	TROTIER, Louis			17	Ddo					<b>4:57.05</b>	553	
	50m:	31.97	31.97	150m:	1:49.93	39.73	250m:	3:09.84	42.99	350m:	4:25.44	30.99
	100m:	1:10.20	38.23	200m:	2:26.85	36.92	300m:	3:54.45	44.61	400m:	4:57.05	31.61
9.	SAUVÉ, Antoine			16	Natation Gatineau					<b>4:57.61</b>	550	
	50m:	31.22	31.22	150m:	1:47.56	39.86	250m:	3:09.71	42.82	350m:	4:26.39	34.48
	100m:	1:07.70	36.48	200m:	2:26.89	39.33	300m:	3:51.91	42.20	400m:	4:57.61	31.22
10.	LAVOIE, Xavier			16	Natation Gatineau					<b>4:58.56</b>	544	
	50m:	30.84	30.84	150m:	1:46.43	39.79	250m:	3:10.64	45.63	350m:	4:27.38	32.74
	100m:	1:06.64	35.80	200m:	2:25.01	38.58	300m:	3:54.64	44.00	400m:	4:58.56	31.18
forf.nd.	MORIN, Lucas			16	Camo							
18 ans et plus												
1.	GONZALEZ BARBOZA, Sebastian			18	Camo					<b>4:34.16</b>	703	
	50m:	28.65	28.65	150m:	1:37.91	35.92	250m:	2:53.21	39.24	350m:	4:03.93	31.12
	100m:	1:01.99	33.34	200m:	2:13.97	36.06	300m:	3:32.81	39.60	400m:	4:34.16	30.23
2.	QUEVEDO, Zergio			18	Neptune Natation					<b>4:35.53</b>	693	
	50m:	28.14	28.14	150m:	1:37.83	37.24	250m:	2:53.51	39.34	350m:	4:04.82	31.15
	100m:	1:00.59	32.45	200m:	2:14.17	36.34	300m:	3:33.67	40.16	400m:	4:35.53	30.71
3.	YAZEDJIAN, Alexandre			18	Camo					<b>4:36.96</b>	682	
	50m:	28.34	28.34	150m:	1:36.72	35.66	250m:	2:51.73	39.73	350m:	4:05.10	33.09
	100m:	1:01.06	32.72	200m:	2:12.00	35.28	300m:	3:32.01	40.28	400m:	4:36.96	31.86
4.	XIE, Andrew			18	Pointe-Claire Swim Club					<b>4:37.12</b>	681	
	50m:	28.57	28.57	150m:	1:36.99	35.65	250m:	2:51.56	38.95	350m:	4:04.51	33.19
	100m:	1:01.34	32.77	200m:	2:12.61	35.62	300m:	3:31.32	39.76	400m:	4:37.12	32.61
5.	LABARRE, Tristan			19	Cnq					<b>4:39.80</b>	661	
	50m:	27.17	27.17	150m:	1:36.14	37.57	250m:	2:54.07	41.50	350m:	4:08.60	32.72
	100m:	58.57	31.40	200m:	2:12.57	36.43	300m:	3:35.88	41.81	400m:	4:39.80	31.20
6.	SEMENYUK, Yegor			18	Natation Gatineau					<b>4:41.75</b>	648	
	50m:	28.99	28.99	150m:	1:38.11	35.86	250m:	2:55.72	42.38	350m:	4:10.47	32.15
	100m:	1:02.25	33.26	200m:	2:13.34	35.23	300m:	3:38.32	42.60	400m:	4:41.75	31.28
7.	PLAMONDON, Léo			18	Neptune Natation					<b>4:53.25</b>	574	
	50m:	29.69	29.69	150m:	1:42.73	38.71	250m:	3:02.72	42.42	350m:	4:20.46	34.98
	100m:	1:04.02	34.33	200m:	2:20.30	37.57	300m:	3:45.48	42.76	400m:	4:53.25	32.79
8.	MCDOUGALL-VICK, Ryland			18	Ddo					<b>4:53.78</b>	571	
	50m:	29.74	29.74	150m:	1:41.61	38.05	250m:	3:03.60	43.85	350m:	4:21.27	33.15
	100m:	1:03.56	33.82	200m:	2:19.75	38.14	300m:	3:48.12	44.52	400m:	4:53.78	32.51
9.	DUFORT, Audrick			19	Club de Natation SAMAK de Bros					<b>4:56.42</b>	556	
	50m:	28.79	28.79	150m:	1:44.31	41.55	250m:	3:04.98	39.80	350m:	4:21.80	36.31
	100m:	1:02.76	33.97	200m:	2:25.18	40.87	300m:	3:45.49	40.51	400m:	4:56.42	34.62
forf.nd.	NARDUCCI, David			19	Dorval Swim Club							