



Coupe du Québec junior et senior 2024
Montréal, 15 - 18/2/2024



Epreuve 17
2/16/2024 - 19:44

Dames, 400m 4 nages

Cat. générale
Liste résultats Finales

Canadian Senior Records	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	4/1/2023
Canadian Age Group Records 15 - 17	4:25.87	MCINTOSH, Summer	UNCAN	Toronto	4/1/2023
Canadian Age Group Records 13 - 14	4:46.69	BELLIO, Katrina	ESWIM	Toronto	4/4/2019
Canadian Age Group Records 11 - 12	4:50.21	MCINTOSH, Summer	ESWIM	Toronto	4/4/2019
Quebec Provincial Senior Records	4:36.60	HARVEY, Mary-Sophie	NN	Victoria	4/7/2017
Quebec Provincial Age Group Records 15 - 4:36.60		HARVEY, Mary-Sophie	NN	Victoria	4/7/2017
Quebec Provincial Age Group Records 13 - 4:50.79		HARVEY, Mary-Sophie	NN	Saskatoon	7/17/2014
Quebec Provincial Age Group Records - 125:06.41		HARVEY, Mary-Sophie	MEGO	Montreal	7/28/2011

CQjr/sr - 11: 6:22.58; 12: 6:04.36; 13: 5:46.81; 14: 5:39.18; 15: 5:30.01; 16: 5:26.74; 17 +: 5:25.14

Points: FINA 2023

Rang			Age					Temps	Pts			
12 ans et moins												
1.	FERGUSON, Taylor		12	Pointe-Claire Swim Club				5:22.90	561			
	50m:	33.34	33.34	150m:	1:54.31	41.44	250m:	3:22.08	47.76	350m:	4:46.78	37.08
	100m:	1:12.87	39.53	200m:	2:34.32	40.01	300m:	4:09.70	47.62	400m:	5:22.90	36.12
2.	FORTIER, Charlie-Rose		12	Sher				5:29.80	526			
	50m:	34.86	34.86	150m:	1:58.78	42.50	250m:	3:27.37	46.58	350m:	4:52.62	37.98
	100m:	1:16.28	41.42	200m:	2:40.79	42.01	300m:	4:14.64	47.27	400m:	5:29.80	37.18
3.	BACCUS, Bianca		11	Pointe-Claire Swim Club				5:36.73	494			
	50m:	34.55	34.55	150m:	2:00.88	44.41	250m:	3:31.02	46.64	350m:	4:58.14	38.30
	100m:	1:16.47	41.92	200m:	2:44.38	43.50	300m:	4:19.84	48.82	400m:	5:36.73	38.59
4.	DELANEY, Harper		11	Fredericton Aquanaut Swim Team				5:42.05	472			
	50m:	35.64	35.64	150m:	2:03.34	47.55	250m:	3:37.32	48.41	350m:	5:04.70	39.01
	100m:	1:15.79	40.15	200m:	2:48.91	45.57	300m:	4:25.69	48.37	400m:	5:42.05	37.35
5.	TESSIER, Elyanne		11	Unik				5:48.27	447			
	50m:	37.71	37.71	150m:	2:11.56	47.65	250m:	3:41.63	44.75	350m:	5:09.45	41.08
	100m:	1:23.91	46.20	200m:	2:56.88	45.32	300m:	4:28.37	46.74	400m:	5:48.27	38.82
6.	FANG, Brenda		12	Pointe-Claire Swim Club				5:48.77	445			
	50m:	35.98	35.98	150m:	2:06.61	45.91	250m:	3:38.40	48.27	350m:	5:08.47	41.44
	100m:	1:20.70	44.72	200m:	2:50.13	43.52	300m:	4:27.03	48.63	400m:	5:48.77	40.30
7.	BROCHU, Aleni		12	Natation Gatineau				5:51.35	435			
	50m:	37.55	37.55	150m:	2:05.21	44.13	250m:	3:42.10	53.79	350m:	5:13.20	39.57
	100m:	1:21.08	43.53	200m:	2:48.31	43.10	300m:	4:33.63	51.53	400m:	5:51.35	38.15
8.	BILLETTE, Béatrice		12	Elite				5:55.35	421			
	50m:	38.29	38.29	150m:	2:10.87	43.58	250m:	3:46.67	52.80	350m:	5:18.05	40.02
	100m:	1:27.29	49.00	200m:	2:53.87	43.00	300m:	4:38.03	51.36	400m:	5:55.35	37.30
9.	BELHUMEUR, Jeanne		12	Natation Gatineau				5:55.80	419			
	50m:	36.30	36.30	150m:	2:06.14	46.06	250m:	3:42.28	51.63	350m:	5:16.30	40.38
	100m:	1:20.08	43.78	200m:	2:50.65	44.51	300m:	4:35.92	53.64	400m:	5:55.80	39.50
10.	MOFFET, Raphaëlle		11	Camo				5:58.84	408			
	50m:	38.01	38.01	150m:	2:08.84	47.32	250m:	3:45.82	50.75	350m:	5:19.65	41.55
	100m:	1:21.52	43.51	200m:	2:55.07	46.23	300m:	4:38.10	52.28	400m:	5:58.84	39.19



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Epreuve 17, Dames, 400m 4 nages, Finale

13 - 14 ans

1.	DAGSAAN, Jadyn	14	Pointe-Claire Swim Club	5:13.82	611
	50m: 31.78 31.78	150m: 1:48.23 40.07	250m: 3:15.12 47.92	350m: 4:38.71 35.39	
	100m: 1:08.16 36.38	200m: 2:27.20 38.97	300m: 4:03.32 48.20	400m: 5:13.82 35.11	
2.	MONETTE, Mathilde	14	Neptune Natation	5:18.00	587
	50m: 33.79 33.79	150m: 1:54.69 40.70	250m: 3:19.70 46.48	350m: 4:43.19 37.25	
	100m: 1:13.99 40.20	200m: 2:33.22 38.53	300m: 4:05.94 46.24	400m: 5:18.00 34.81	
3.	ABETTI, Douae	14	Cnq	5:26.18	544
	50m: 35.38 35.38	150m: 2:01.55 44.84	250m: 3:28.21 43.88	350m: 4:50.03 37.57	
	100m: 1:16.71 41.33	200m: 2:44.33 42.78	300m: 4:12.46 44.25	400m: 5:26.18 36.15	
4.	GOSSELIN, Mélia	13	Rouge et Or/Université Laval	5:29.29	529
	50m: 34.42 34.42	150m: 1:58.38 43.25	250m: 3:28.19 47.53	350m: 4:54.22 38.34	
	100m: 1:15.13 40.71	200m: 2:40.66 42.28	300m: 4:15.88 47.69	400m: 5:29.29 35.07	
5.	LETENDRE, Emma	14	Sher	5:30.18	524
	50m: 35.03 35.03	150m: 1:59.82 42.27	250m: 3:25.96 44.88	350m: 4:51.52 39.38	
	100m: 1:17.55 42.52	200m: 2:41.08 41.26	300m: 4:12.14 46.18	400m: 5:30.18 38.66	
6.	BOUFFARD, Jeanne	14	Club de Natation des Riverains	5:31.66	517
	50m: 34.31 34.31	150m: 1:57.89 42.84	250m: 3:28.04 48.92	350m: 4:55.25 37.74	
	100m: 1:15.05 40.74	200m: 2:39.12 41.23	300m: 4:17.51 49.47	400m: 5:31.66 36.41	
7.	MARTINEAU, Alyssa	13	Natation Gatineau	5:32.11	515
	50m: 33.74 33.74	150m: 1:54.13 42.33	250m: 3:27.68 52.03	350m: 4:56.16 37.05	
	100m: 1:11.80 38.06	200m: 2:35.65 41.52	300m: 4:19.11 51.43	400m: 5:32.11 35.95	
8.	AUGER, Sophie	13	Pointe-Claire Swim Club	5:32.91	512
	50m: 34.30 34.30	150m: 2:01.06 46.36	250m: 3:33.74 47.88	350m: 4:57.97 37.64	
	100m: 1:14.70 40.40	200m: 2:45.86 44.80	300m: 4:20.33 46.59	400m: 5:32.91 34.94	
9.	DESJARDINS, Katelyn	13	Pointe-Claire Swim Club	5:36.45	496
	50m: 33.77 33.77	150m: 1:56.57 43.70	250m: 3:29.59 48.20	350m: 4:58.39 39.82	
	100m: 1:12.87 39.10	200m: 2:41.39 44.82	300m: 4:18.57 48.98	400m: 5:36.45 38.06	
10.	CHEN, Michelle	13	Ddo	5:40.50	478
	50m: 34.17 34.17	150m: 1:58.70 45.40	250m: 3:33.29 49.16	350m: 5:02.21 39.23	
	100m: 1:13.30 39.13	200m: 2:44.13 45.43	300m: 4:22.98 49.69	400m: 5:40.50 38.29	

15 - 16 ans

1.	BLANCHARD, Kamila	16	Pointe-Claire Swim Club	4:58.01	714
	50m: 31.59 31.59	150m: 1:46.77 38.81	250m: 3:07.07 41.90	350m: 4:23.83 34.41	
	100m: 1:07.96 36.37	200m: 2:25.17 38.40	300m: 3:49.42 42.35	400m: 4:58.01 34.18	
2.	NICHOLSON-JODOIN, Annie	15	Pointe-Claire Swim Club	5:03.00	679
	50m: 31.94 31.94	150m: 1:47.53 38.26	250m: 3:08.02 42.74	350m: 4:28.11 36.74	
	100m: 1:09.27 37.33	200m: 2:25.28 37.75	300m: 3:51.37 43.35	400m: 5:03.00 34.89	
3.	YAZEDJIAN, Elsa	16	Camo	5:06.48	656
	50m: 31.00 31.00	150m: 1:47.56 40.15	250m: 3:12.53 45.51	350m: 4:32.35 34.49	
	100m: 1:07.41 36.41	200m: 2:27.02 39.46	300m: 3:57.86 45.33	400m: 5:06.48 34.13	
4.	LAPIERRE, Justine	16	Camo	5:09.39	638
	50m: 33.62 33.62	150m: 1:53.39 40.57	250m: 3:15.12 42.09	350m: 4:33.95 35.63	
	100m: 1:12.82 39.20	200m: 2:33.03 39.64	300m: 3:58.32 43.20	400m: 5:09.39 35.44	
5.	BROUSSEAU, Charlotte	16	Camo	5:11.89	622
	50m: 31.93 31.93	150m: 1:50.93 41.90	250m: 3:16.50 45.87	350m: 4:37.89 35.77	
	100m: 1:09.03 37.10	200m: 2:30.63 39.70	300m: 4:02.12 45.62	400m: 5:11.89 34.00	



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Epreuve 17, Filles, 400m 4 nages, Finale, 15 - 16 ans

Rang				Age						Temps	Pts	
6.	LACROIX, Charlotte			16	Cnq						5:13.78	611
	50m:	31.85	31.85	150m:	1:52.19	42.33	250m:	3:17.92	45.62	350m:	4:39.51	36.06
	100m:	1:09.86	38.01	200m:	2:32.30	40.11	300m:	4:03.45	45.53	400m:	5:13.78	34.27
7.	ROBITAILLE, Florence			15	Neptune Natation						5:14.17	609
	50m:	32.98	32.98	150m:	1:52.24	39.88	250m:	3:17.38	46.67	350m:	4:39.62	36.28
	100m:	1:12.36	39.38	200m:	2:30.71	38.47	300m:	4:03.34	45.96	400m:	5:14.17	34.55
8.	BOYER, Mariane			15	Natation Gatineau						5:18.64	584
	50m:	33.50	33.50	150m:	1:55.91	42.62	250m:	3:22.41	45.11	350m:	4:43.64	36.71
	100m:	1:13.29	39.79	200m:	2:37.30	41.39	300m:	4:06.93	44.52	400m:	5:18.64	35.00
9.	LEFRANCOIS, Audrey			15	Cote Saint-Luc Aquatics						5:19.65	578
	50m:	33.29	33.29	150m:	1:54.52	41.27	250m:	3:21.80	47.10	350m:	4:45.94	35.50
	100m:	1:13.25	39.96	200m:	2:34.70	40.18	300m:	4:10.44	48.64	400m:	5:19.65	33.71
10.	BEAUDOIN, Shanelle			16	Club de Natation SAMAK de Bros						5:23.51	558
	50m:	33.93	33.93	150m:	1:57.16	41.14	250m:	3:21.40	44.83	350m:	4:46.27	39.43
	100m:	1:16.02	42.09	200m:	2:36.57	39.41	300m:	4:06.84	45.44	400m:	5:23.51	37.24

17 ans et plus

1.	MACRI, Sara			17	Pointe-Claire Swim Club						5:12.33	620
	50m:	32.28	32.28	150m:	1:53.32	42.63	250m:	3:17.35	43.28	350m:	4:37.46	35.63
	100m:	1:10.69	38.41	200m:	2:34.07	40.75	300m:	4:01.83	44.48	400m:	5:12.33	34.87
2.	LORTIE, Maryanne			20	Club de Natation SAMAK de Bros						5:15.45	602
	50m:	31.21	31.21	150m:	1:49.52	42.38	250m:	3:16.41	45.79	350m:	4:39.79	37.37
	100m:	1:07.14	35.93	200m:	2:30.62	41.10	300m:	4:02.42	46.01	400m:	5:15.45	35.66
3.	MICHAUD, Élisabeth			18	Club de natation Saint-Laurent						5:16.40	596
	50m:	32.40	32.40	150m:	1:52.61	42.62	250m:	3:18.64	44.70	350m:	4:41.53	36.01
	100m:	1:09.99	37.59	200m:	2:33.94	41.33	300m:	4:05.52	46.88	400m:	5:16.40	34.87
4.	PARÉ-LÉVESQUE, Laurie			17	Neptune Natation						5:21.17	570
	50m:	34.61	34.61	150m:	1:57.38	41.45	250m:	3:22.66	44.12	350m:	4:44.95	37.10
	100m:	1:15.93	41.32	200m:	2:38.54	41.16	300m:	4:07.85	45.19	400m:	5:21.17	36.22
5.	PONTON, Emma			17	Ddo						5:33.54	509
	50m:	33.97	33.97	150m:	1:58.76	42.65	250m:	3:29.95	49.98	350m:	4:57.22	36.43
	100m:	1:16.11	42.14	200m:	2:39.97	41.21	300m:	4:20.79	50.84	400m:	5:33.54	36.32