

Prova 15

Masc., 400m Livres

Infantis

03/03/2024 - 9:30

Resultados

Recordes Regionais Open	3:57.59	Nathan Keith, THEODORIS	LDC	Porto	12/12/2015
Recordes Regionais Inf. A	4:19.82	Joao Duarte, SANTOS	CNOL	Pinhal Novo	07/03/2009
Recordes Regionais Inf. B	4:37.22	Jose Miguel, RODEIA	CNFA	Sines	08/04/2017

Pontos: FINA 2023

Lugar			Ano							Tempo final	Pts	
<b>Infantis B</b>												
1.	Daniel, FISTICANU		11	Naval de Faro						<b>4:58.88</b>	358	
	50m:	33.29	33.29	150m:	1:51.02	39.12	250m:	3:07.54	37.39	350m:	4:23.23	36.55
	100m:	1:11.90	38.61	200m:	2:30.15	39.13	300m:	3:46.68	39.14	400m:	4:58.88	35.65
2.	Joao Agueda, MESTRE		11	RIA Aqua Tavira						<b>5:19.83</b>	292	
	50m:	36.53	36.53	150m:	1:58.26	40.58	250m:	3:19.85	40.54	350m:	4:41.88	41.21
	100m:	1:17.68	41.15	200m:	2:39.31	41.05	300m:	4:00.67	40.82	400m:	5:19.83	37.95
3.	Isaac Salavessa, HORTA		11	Nautico Guadiana						<b>5:23.11</b>	283	
	50m:	36.75	36.75	150m:	1:59.34	40.96	250m:	3:21.14	40.87	350m:	4:44.03	41.57
	100m:	1:18.38	41.63	200m:	2:40.27	40.93	300m:	4:02.46	41.32	400m:	5:23.11	39.08
4.	Pedro Afonso, LOPES		11	Portinado						<b>5:24.40</b>	280	
	50m:	36.84	36.84	150m:	2:02.45	43.17	250m:	3:27.01	42.81	350m:	4:46.88	39.24
	100m:	1:19.28	42.44	200m:	2:44.20	41.75	300m:	4:07.64	40.63	400m:	5:24.40	37.52
5.	Henrique Afonso, VIEIRA		11	RIA Aqua Tavira						<b>5:38.43</b>	246	
	50m:	38.12	38.12	150m:	2:01.76	41.69	250m:	3:29.03	43.55	350m:	4:57.96	44.77
	100m:	1:20.07	41.95	200m:	2:45.48	43.72	300m:	4:13.19	44.16	400m:	5:38.43	40.47
6.	Daniel Filipe, GAMEIRO		11	Nautico Guadiana						<b>6:16.92</b>	178	
	50m:	41.05	41.05	150m:	2:16.30	48.06	250m:	3:52.56	48.11	350m:	5:30.74	49.37
	100m:	1:28.24	47.19	200m:	3:04.45	48.15	300m:	4:41.37	48.81	400m:	6:16.92	46.18

Infantis A

1.	Goncalo Alexandre, RETRE		10	Naval de Faro						<b>4:56.75</b>	365	
	50m:	34.41	34.41	150m:	1:49.55	37.92	250m:	3:06.10	38.28	350m:	4:21.61	38.05
	100m:	1:11.63	37.22	200m:	2:27.82	38.27	300m:	3:43.56	37.46	400m:	4:56.75	35.14
2.	Rodrigo Ferreira, PLACIDO		10	Naval de Faro						<b>5:05.67</b>	334	
	50m:	34.05	34.05	150m:	1:50.32	38.60	250m:	3:07.97	38.89	350m:	4:26.71	39.26
	100m:	1:11.72	37.67	200m:	2:29.08	38.76	300m:	3:47.45	39.48	400m:	5:05.67	38.96
3.	Francisco Alfarra, GUERREIRO		10	RIA Aqua Tavira						<b>5:47.66</b>	227	
	50m:	40.09	40.09	150m:	2:11.01	46.74	250m:	3:40.41	44.19	350m:	5:09.09	43.47
	100m:	1:24.27	44.18	200m:	2:56.22	45.21	300m:	4:25.62	45.21	400m:	5:47.66	38.57