

VI Torneio Natação de Conímbriga
Condeixa, 25/5/2024

Prova 14

Masc., 400m Estilos

Open

25/05/2024 - 15:45

Resultados

Recordes do Torneio Open	4:08.36	Gabriel José, LOPES	ALN		14/06/2018
Recordes do Torneio Sen	4:08.36	Gabriel José, LOPES	ALN		13/06/2018
Recordes do Torneio 18	4:26.81	Miguel Silva, OLIVEIRA	CNAC		13/06/2008
Recordes do Torneio 17	4:23.90	Tomás Miguel, VELOSO	CNAC		13/06/2012
Recordes do Torneio Juv A	4:30.93	Diogo Matos, RIBEIRO	CUC		06/12/2019
Recordes do Torneio Juv B	4:35.32	Diogo Matos, RIBEIRO	CUC	Coimbra	16/06/2019
Recordes do Torneio Inf A	4:53.35	Diogo Matos, RIBEIRO	CUC		13/06/2018
Recordes do Torneio Inf B	5:08.56	Diogo Matos, RIBEIRO	CNAC		13/06/2017

Pontos: FINA 2023

Lugar			Ano			Tempo final	Pts	
1.	Francisco Marques, SIMOES		07	CNLeiria		4:45.57	555	
	50m:	28.59 28.59	150m:	1:41.36 37.67	250m:	2:59.50 42.19	350m:	4:13.92 33.40
	100m:	1:03.69 35.10	200m:	2:17.31 35.95	300m:	3:40.52 41.02	400m:	4:45.57 31.65
2.	Rafael Pereira, RODRIGUES		08	Condeixa Aqua Clube		4:49.66	532	
	50m:	31.32 31.32	150m:	1:43.46 37.18	250m:	3:02.24 42.51	350m:	4:17.54 32.49
	100m:	1:06.28 34.96	200m:	2:19.73 36.27	300m:	3:45.05 42.81	400m:	4:49.66 32.12
3.	Rafael Dinis, PACHECO		07	Aquatico Pacense		4:58.47	486	
	50m:	30.05 30.05	150m:	1:43.39 39.07	250m:	3:04.71 42.58	350m:	4:23.91 36.28
	100m:	1:04.32 34.27	200m:	2:22.13 38.74	300m:	3:47.63 42.92	400m:	4:58.47 34.56
4.	Rodrigo Mosca, SILVA		08	Columbofila Cantanhedense		4:59.46	482	
	50m:	31.96 31.96	150m:	1:49.12 40.17	250m:	3:08.88 41.15	350m:	4:26.50 35.34
	100m:	1:08.95 36.99	200m:	2:27.73 38.61	300m:	3:51.16 42.28	400m:	4:59.46 32.96
5.	Tiago Santos, POMBO		08	Alcobaca		5:01.51	472	
	50m:	30.85 30.85	150m:	1:46.72 40.40	250m:	3:11.38 45.61	350m:	4:30.19 32.25
	100m:	1:06.32 35.47	200m:	2:25.77 39.05	300m:	3:57.94 46.56	400m:	5:01.51 31.32
6.	Santiago Marques, GOMES		09	Bairro Anjos		5:08.87	439	
	50m:	33.22 33.22	150m:	1:54.50 42.80	250m:	3:16.67 42.48	350m:	4:36.45 36.74
	100m:	1:11.70 38.48	200m:	2:34.19 39.69	300m:	3:59.71 43.04	400m:	5:08.87 32.42
7.	Guilherme Rodrigues, CABRAL		10	Pimpoes/Cimai		5:31.25	356	
	50m:	34.66 34.66	150m:	1:58.57 42.97	250m:	3:26.92 46.15	350m:	4:53.23 39.25
	100m:	1:15.60 40.94	200m:	2:40.77 42.20	300m:	4:13.98 47.06	400m:	5:31.25 38.02