

VI Torneio Natação de Conímbriga
Condeixa, 25/5/2024

Prova 13

Femin., 400m Estilos

Open

25/05/2024 - 15:30

Resultados

Recordes do Torneio Open	4:48.67	Camila Rodrigues, REBELO	ALN	13/06/2020
Recordes do Torneio Sen	4:48.67	Camila Rodrigues, REBELO	ALN	24/10/2020
Recordes do Torneio 17	4:52.71	Maria Miguel, VELOSO	CNAC	12/06/2009
Recordes do Torneio 16	4:54.82	Maria Carlota, REBELO	ALN	12/06/2018
Recordes do Torneio Juv A	4:58.18	Camila Rodrigues, REBELO	ALN	12/06/2018
Recordes do Torneio Juv B	5:04.01	Mariana Cunha, GUERRA	ASSSCC	12/06/2011
Recordes do Torneio Inf A	5:14.11	Mariana Cunha, GUERRA	ASSSCC	12/06/2011
Recordes do Torneio Inf B	5:25.15	Ana Miguel, REIS	ASSSCC	11/06/2012

Pontos: FINA 2023

Lugar			Ano					Tempo final	Pts		
1.	Maria Neto, SIMOES		10	Condeixa Aqua Clube				5:15.05	555		
	50m:	33.46 33.46	150m:	1:54.02	40.80	250m:	3:18.58	43.70	350m:	4:39.59	35.97
	100m:	1:13.22 39.76	200m:	2:34.88	40.86	300m:	4:03.62	45.04	400m:	5:15.05	35.46
2.	Rita Rocha, SILVA		08	Alcobaca				5:25.59	503		
	50m:	35.24 35.24	150m:	1:59.89	44.32	250m:	3:25.89	43.99	350m:	4:49.12	39.29
	100m:	1:15.57 40.33	200m:	2:41.90	42.01	300m:	4:09.83	43.94	400m:	5:25.59	36.47
3.	Bruna Maria, BARBOSA		08	Aquatico Pacense				5:34.53	463		
	50m:	35.54 35.54	150m:	1:59.96	42.70	250m:	3:30.94	50.14	350m:	4:58.15	38.37
	100m:	1:17.26 41.72	200m:	2:40.80	40.84	300m:	4:19.78	48.84	400m:	5:34.53	36.38
4.	Maria Joao, VALA		11	Pimpoes/Cimai				5:43.21	429		
	50m:	37.95 37.95	150m:	2:05.96	43.43	250m:	3:37.41	49.61	350m:	5:05.89	39.30
	100m:	1:22.53 44.58	200m:	2:47.80	41.84	300m:	4:26.59	49.18	400m:	5:43.21	37.32
5.	Leonor Sobreiro, ALMEIDA		10	CASPAE				5:48.66	409		
	50m:	39.89 39.89	150m:	2:09.55	45.51	250m:	3:41.44	48.00	350m:	5:10.41	41.35
	100m:	1:24.04 44.15	200m:	2:53.44	43.89	300m:	4:29.06	47.62	400m:	5:48.66	38.25
6.	Leonor Mosca, SILVA		10	Columbofila Cantanhedense				5:50.55	403		
	50m:	38.44 38.44	150m:	2:08.12	45.99	250m:	3:42.13	49.73	350m:	5:12.30	39.82
	100m:	1:22.13 43.69	200m:	2:52.40	44.28	300m:	4:32.48	50.35	400m:	5:50.55	38.25
7.	Carolina Santos, CARRILHO		08	CLAC-Entroncamento				6:13.89	332		
	50m:	41.90 41.90	150m:	2:19.06	47.78	250m:	3:56.96	51.11	350m:	5:32.85	43.94
	100m:	1:31.28 49.38	200m:	3:05.85	46.79	300m:	4:48.91	51.95	400m:	6:13.89	41.04
DSQ	Maria Teresa, OLIVEIRA		09	Bairro Anjos							
	<i>SW 7.1 - O/A atleta efectuou mais do que uma pernada de golfinho, após a viragem aos 225 metros.</i>										
DNS	Joana Rosa, FERREIRA		05	CNLeiria							